Non-isotopic Heegaard splittings of Seifert fibered spaces

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We find a geometric invariant of isotopy classes of strongly irreducible Heegaard splittings of toroidal 3-manifolds. Combining this invariant with a theorem of R Weidmann, proved here in the appendix, we show that a closed, totally orientable Seifert fibered space M has infinitely many isotopy classes of Heegaard splittings of the same genus if and only if M has an irreducible, horizontal Heegaard splitting, has a base orbifold of positive genus, and is not a circle bundle. This characterizes precisely which Seifert fibered spaces satisfy the converse of Waldhausen's conjecture.

57M27; 57N10, 57M60

1 Introduction

The recent proof of Waldhausen's conjecture (Li [7]) (see also work of Jaco and Rubinstein [6; 5]) establishes that a 3-manifold M admits infinitely many non-isotopic Heegaard splittings of some genus only if M contains an incompressible torus. We are interested in the converse of this statement. The only known examples of 3-manifolds that admit infinitely many non-isotopic Heegaard splittings of the same genus are given by Morimoto and Sakuma [11; 10]. However, these examples are somewhat special. In this paper, we give a complete characterization of closed, totally orientable Seifert fibered spaces that satisfy the converse of Waldhausen's conjecture.

In light of Li's result one would expect to use an essential torus when trying to distinguish isotopy classes of Heegaard splittings. To this end we have the following result, which is a weak version of Theorem 4.5.

Theorem 4.5' Let T be an essential torus in an irreducible 3-manifold M. Suppose H is a strongly irreducible Heegaard surface in M whose minimal essential intersection number with T is greater than two, and H' is any other Heegaard surface in M. If H and H' meet T in different slopes then they are not isotopic.

The term essential intersection number refers to the value of $|H \cap T|$ when the two surfaces are isotoped to meet in a collection of loops that are essential on both. It is

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well known that any strongly irreducible Heegaard surface can be isotoped to meet any essential surface in such a fashion.

Our primary goal is to distinguish non-isotopic splittings of Seifert fibered spaces. In this context we prove the following strengthening of Theorem 4.5':

Theorem 5.1 Let M be a closed, totally orientable Seifert fibered space which is not a circle bundle with Euler number ± 1 . Let H be a strongly irreducible Heegaard surface in M and T be a non-separating, vertical, essential torus. Then the isotopy class of H determines at most two slopes on T.

In particular, if three strongly irreducible Heegaard surfaces in such a Seifert fibered space meet some essential torus in different slopes then at most two of them are isotopic. This result is stronger than Theorem 4.5' because there is no assumption on how many times any of these Heegaard surfaces meets the torus T.

Theorem 5.1 leaves open the possibility that a circle bundle over a surface may admit an irreducible Heegaard splitting that can be isotoped to meet some vertical essential torus in infinitely many slopes. The appendix, by R Weidmann, includes a proof that this phenomenon does happen. Moreover, the Heegaard splitting in this case is unique:

1.1 Theorem (Weidmann) Suppose M is an orientable circle bundle over an orientable surface of positive genus. Then M admits a unique irreducible Heegaard splitting up to isotopy.

In addition to this Weidmann proves in the appendix an algebraic analog of the above theorem when the Euler number is ± 1 : Nielsen equivalence classes of the generating sets of the fundamental group of such a manifold are equivalent. Interestingly, the algebraic formulation of this theorem motivates his topological argument used to establish Theorem 1.1.

The following characterization of Seifert fibered spaces that contain an infinite collection of non-isotopic Heegaard splittings of some genus now follows from Theorems 5.1 and 1.1.

- **1.2 Theorem** Let M be a closed, totally orientable Seifert fibered space. Then M admits infinitely many non-isotopic Heegaard splittings of some genus if and only if
 - (1) M has at least one irreducible, horizontal Heegaard splitting,
 - (2) *M* has a base orbifold with positive genus, and
 - (3) *M* is not a circle bundle.

See Section 2 below for the relevant definitions.

Proof Moriah and Schultens have shown that irreducible Heegaard splittings of totally orientable Seifert fibered spaces are either vertical or horizontal [9]. It follows from this classification and results of Lustig and Moriah [8] and Schultens [12] that a Seifert fibered space can admit infinitely many non-isotopic Heegaard splittings of some genus only if it admits an irreducible, horizontal Heegaard splitting. Precisely which Seifert fibered spaces have irreducible horizontal Heegaard splittings have been classified by Sedgwick in terms of the Seifert data [13]. In particular, however, note that Moriah and Schultens had previously shown that a circle bundle can only admit an irreducible horizontal Heegaard splitting if its Euler number is ± 1 (see [9, Corollary 0.5]).

An understanding of horizontal Heegaard splittings reveals that any infinite collection must be obtained by Dehn twists in vertical tori (see, for example, Hatcher's proof that incompressible surfaces in Seifert fibered spaces are either vertical or horizontal [3]). So the question of whether a given closed, totally orientable Seifert fibered space admits an infinite collection of non-isotopic splittings of some genus is reduced to determining when Dehn twisting a horizontal splitting in a vertical torus produces a non-isotopic splitting. This is recognized by Sedgwick in the following:

The author suspects ... that some Seifert fibered spaces will posses an infinite number of non-isotopic but homeomorphic splittings obtained by twisting a given horizontal splitting in vertical tori [13, page 178, line -2].

Suppose, then, that $\mathcal{V} \cup_H \mathcal{W}$ is an irreducible, horizontal Heegaard splitting of a Seifert fibered space M and T is a vertical torus. Assume first that T separates M into X and Y. Then T separates H into a horizontal surface H_X in X (say) and a surface which is not horizontal in Y. But then H_X is a union of fibers in a fibration of X over S^1 (see Jaco [4, Theorem VI.34]). Hence, the effect of Dehn twisting H about T can be undone by pushing H_X around the fibration. The conclusion is that a Dehn twist about a separating, vertical torus produces an isotopic Heegaard splitting. In particular, if the base orbifold of M is a sphere then every vertical torus separates, and hence M has finitely many non-isotopic Heegaard splittings in each genus.

Now assume the base orbifold of M has positive genus. If M is a circle bundle, then by Theorem 1.1 M admits finitely many Heegaard splittings, up to isotopy. Henceforth, assume M is not a circle bundle.

It follows from Theorems 2.6 and 5.1 of Moriah–Schultens [9] that in Seifert fibered spaces with positive genus base orbifold, all irreducible, horizontal Heegaard splittings are strongly irreducible. Hence, the surface H is strongly irreducible. As the base

orbifold has positive genus, we may find a pair of non-separating vertical tori T_1 and T_2 which meet in a single fiber f. A horizontal Heegaard surface such as H meets each of these tori in loops that are transverse to f. Dehn twisting H about T_2 has the same effect, on T_1 , as Dehn twisting $H \cap T_1$ about f. Hence the new splitting surface meets T_1 in a different slope than the original splitting surface. Iterating the Dehn twist about T_2 thus produces an infinite collection of Heegaard splittings, all of which meet T_1 in distinct slopes. It now follows from Theorem 5.1 that this collection contains infinitely many non-isotopic splittings.

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2 Definitions

2.1 Essential curves, surfaces and intersections

A sphere in a 3-manifold is *essential* if it does not bound a ball. If a 3-manifold does not contain any essential spheres then it is said to be *irreducible*.

A loop γ on a surface F if called *inessential* if it bounds a disk in F and *essential* otherwise. The intersection between surfaces H and T in a 3-manifold is *compression* free if the surfaces are transverse and every loop contained in their intersection is either essential or inessential on both surfaces. Their intersection is *essential* if every loop contained in their intersection is essential on both.

If T is a torus then a slope on T is the isotopy class of an essential loop. If H is some other surface then the slope of $H\cap T$ is the slope of any component of $H\cap T$ which is essential on T. Note that this is only defined when there is such a component of $H\cap T$.

Suppose F is embedded in a 3-manifold M. A compressing disk for F is a disk D such that $D \cap F = \partial D$ is essential on F. A surface is compressible if there is a compressing disk for it, and incompressible otherwise. A surface of positive genus in a 3-manifold is said to be essential if it is incompressible and non-boundary parallel.

2.2 Heegaard splittings

A handlebody is a 3-manifold which is homeomorphic to the neighborhood of a connected graph in \mathbb{R}^3 . An expression of a 3-manifold M as $\mathcal{V} \cup_H \mathcal{W}$ is called a Heegaard splitting if \mathcal{V} and \mathcal{W} are handlebodies. The surface H is called the Heegaard surface.

A Heegaard splitting $\mathcal{V} \cup_H \mathcal{W}$ is said to be *reducible* if there are compressing disks $V \subset \mathcal{V}$ and $W \subset \mathcal{W}$ for the surface H such that $\partial V = \partial W$, and *irreducible* otherwise. A Heegaard splitting is said to be *weakly reducible* if there are similar disks V and W such that $V \cap W = \emptyset$, and *strongly irreducible* otherwise.

2.3 Seifert fibered spaces

A 3-manifold M is a Seifert fibered space if there is a projection map $p: M \to \mathcal{O}$, where \mathcal{O} is a surface and $p^{-1}(x)$ is a circle for each $x \in \mathcal{O}$. The surface \mathcal{O} is called the base surface of the fibration, and inherits from p a natural structure as an orbifold. If x is a cone point of \mathcal{O} then we say $p^{-1}(x)$ is an exceptional fiber. For all other x we say $p^{-1}(x)$ is a regular fiber. A Seifert fibered space M is totally orientable if it is orientable and its base orbifold \mathcal{O} is orientable.

A surface in a Seifert fibered space is *horizontal* if it is transverse to each fiber. The following facts are known about horizontal surfaces. See, for example, Jaco [4].

- (1) If a Seifert fibered space contains an essential surface with non-zero Euler characteristic then it can be made horizontal.
- (2) Every Seifert fibered space with boundary contains a horizontal surface.
- (3) If a totally orientable Seifert fibered space M contains a connected, horizontal surface F then M can be obtained from $F \times I$ by identifying $F \times \{0\}$ with $F \times \{1\}$ via some homeomorphism.
- (4) If a Seifert fibered space contains a horizontal surface which meets a regular fiber once, then it contains no exceptional fibers.

A Heegaard splitting $\mathcal{V} \cup_H \mathcal{W}$ of a Seifert fibered space M is said to be *horizontal* if the surface H can be obtained by the following construction. Let M(f) denote the Seifert fibered space obtained from M by removing a neighborhood of some fiber f. Then M(f) has boundary, and can therefore be obtained from some surface F with connected boundary by forming $F \times I$ and identifying $F \times \{0\}$ with $F \times \{1\}$ via some homeomorphism. Now take two parallel copies of F and join them by a subannulus of $\partial M(f)$ to form H. Let D denote a meridional disk for the solid torus attached to M(f) to form M. The surface H obtained by the above procedure will be a Heegaard surface in M when ∂D meets ∂F in a point.

3 Sweepouts

Let H denote a Heegaard surface in a 3-manifold M. Then there is a *sweepout* of M by surfaces parallel to H. To be precise, there is a pair of graphs Σ_0 and Σ_1 embedded in M and a continuous map $\Phi: H \times I \to M$ such that

- $\Phi(H \times \{0\}) = \Sigma_0$,
- $\Phi(H \times \{1\}) = \Sigma_1$,
- there is an s such that $\Phi(H \times \{s\}) = H$, and
- Φ is a homeomorphism when restricted to $H \times (0, 1)$.

Henceforth, we denote $\Phi(H \times \{s\})$ as H_s .

Now suppose M is irreducible, T is an essential torus in M and H is strongly irreducible. The sweepout Φ induces a height function $h: T \to I$ as follows: if $x \in T \cap H_s$ then h(x) = s. We assume Φ is chosen so that h is Morse on $h^{-1}(0, 1)$.

3.1 Lemma There are values $s_- < s_+$ corresponding to saddle tangencies such that $H_s \cap T$ is compression free if and only if H_s is transverse to T and $s_- \le s \le s_+$.

The fact that there exists a regular value s such that $H_s \cap T$ is compression free is a well known result, and is established here in Claims 3.2 through 3.5 of the following proof. The real content of Lemma 3.1 is that the closure of all s such that $H_s \cap T$ is compression free is a connected interval. This is established in Claim 3.6, which is reminiscent of Bachman–Schleimer [1, Claim 6.7].

Proof For each $s \in (0, 1)$ the surface H_s separates M into handlebodies \mathcal{V}_s and \mathcal{W}_s , where a < b implies $\mathcal{V}_a \subset \mathcal{V}_b$. Let $s_0 = 0$, $\{s_i\}_{i=1}^{n-1}$ the values of s where H_s is not transverse to T, and $s_n = 1$.

We now label the intervals $[s_i, s_{i+1}]$ as follows. If, for some value of $s \in (s_i, s_{i+1})$, the intersection set $H_s \cap T$ contains a loop which is essential on H_s and bounds a disk in \mathcal{V}_s then we label the interval $[s_i, s_{i+1}]$ with the letter "V". Similarly, if the intersection set $H_s \cap T$ contains a loop which is essential on H_s and bounds a disk in \mathcal{W}_s then we label the interval $[s_i, s_{i+1}]$ with the letter "W". Note that $H_s \cap T$ is compression free if and only if s is in an unlabeled interval.

3.2 Claim For every $s \in (0,1)$ the intersection $H_s \cap T$ contains a loop which is essential on H_s .

Proof Suppose not. Then a standard innermost disk argument would show that T may be isotoped to be disjoint from H_s , and hence lie in a handlebody. This is a contradiction, as T is incompressible.

3.3 Claim The interval $[s_0, s_1]$ is labeled "V" and the interval $[s_{n-1}, s_n]$ is labeled "W".

Proof Choose some s just larger than $s_0 = 0$. Then H_s meets T in a collection of loops which all bound disks in \mathcal{V}_s . By the previous claim at least one of these loops is essential on H_s , so the interval $[s_0, s_1]$ is labeled "V". A symmetric argument completes the proof.

3.4 Claim No interval is labeled with both a "V" and a "W".

Proof Suppose this is the case for the interval $[s_i, s_{i+1}]$. Choose some $s \in (s_i, s_{i+1})$. Then there are loops in $H_s \cap T$ bounding disks in V_s and W_s . This contradicts the strong irreducibility of H_s .

3.5 Claim Intervals with the labels "V" and "W" cannot be adjacent.

Proof Suppose $[s_{i-1}, s_i]$ and $[s_i, s_{i+1}]$ are adjacent intervals with different labels. Then the surface H_{s_i} meets T in a saddle tangency. Let Ω denote the graph $H_{s_i} \cap T$ and $N(\Omega)$ a regular neighborhood of this graph on H_{s_i} .

Without loss of generality assume the label of $[s_{i-1}, s_i]$ is "V". For small ϵ the intersection $H_{s_i-\epsilon} \cap T$ contains a loop bounding a disk in $\mathcal{V}_{s_i-\epsilon}$ (say), so there is a loop of $\partial N(\Omega)$ bounding a disk in \mathcal{V}_{s_i} . Similarly, $H_{s_i+\epsilon} \cap T$ contains a loop bounding a disk in $\mathcal{W}_{s_i+\epsilon}$, so there is a loop $\partial N(\Omega)$ bounding a disk in \mathcal{W}_{s_i} . As these loops are either the same or are disjoint we again contradict strong irreducibility.

It follows from the preceding claims that there exists an unlabeled interval. The proof of the lemma is then complete once we establish the following:

3.6 Claim The union of the unlabelled intervals is connected.

Proof Suppose $[s_i, s_{i+1}], [s_j, s_{j+1}]$ and $[s_k, s_{k+1}]$ are intervals where i < j < k, $[s_i, s_{i+1}]$ and $[s_k, s_{k+1}]$ are unlabeled, and $[s_j, s_{j+1}]$ has a label. Without loss of generality assume the label of $[s_j, s_{j+1}]$ is "V". Then there is a disk $V \subset \mathcal{V}_s$ such that $\partial V = \alpha \subset H_s \cap T$ for some $s \in (s_j, s_{j+1})$. As T is incompressible an innermost disk argument can be used to show that the loop α bounds a disk $V' \subset T$.

Choose $s' \in (s_i, s_{i+1})$. As i < j we have s' < s. We claim that $V' \cap H_{s'}$ contains a loop which is essential on $H_{s'}$. If not then an innermost disk argument would show that V' can be isotoped to be disjoint from $H_{s'}$. Now let α' denote a loop of $V' \cap H_s$ which is innermost (on V') among all loops which are essential on H_s (possibly $\alpha' = \alpha$). Let V'' denote the subdisk of V' bounded by α' . Then an innermost disk argument shows that V'' can be isotoped to a compressing disk for H_s , while still being disjoint from $H_{s'}$. As the region between H_s and $H_{s'}$ is a product it follows that $V'' \subset \mathcal{W}_s$.

We conclude α is a loop of H_s bounding a compressing disk in \mathcal{V}_s and α' is a loop bounding a compressing disk in \mathcal{W}_s , contradicting the strong irreducibility of H_s .

We conclude that $V' \cap H_{s'}$ contains a loop which is essential on $H_{s'}$. Let β denote such a loop which is innermost (on V'). Note that as $V' \subset T$ we have $\beta \subset H_{s'} \cap T$. Since the interior of the subdisk of T bounded by β meets $H_{s'}$ in loops that are inessential on both surfaces we may remove them by an innermost disk argument. Hence, β bounds a compressing disk for $H_{s'}$, which must lie in either $\mathcal{V}_{s'}$ or $\mathcal{W}_{s'}$. In either case the interval $[s_i, s_{i+1}]$ would have had a label.

If, initially, the label of $[s_j, s_{j+1}]$ was "W" we would have chosen $s' \in (s_k, s_{k+1})$ and used a symmetric argument.

4 Compression free isotopies

4.1 Definition Let T be an essential torus in a 3-manifold M. An isotopy $H \times I \to M$ is *compression free with respect to* T if, for all $t \in I$ such that H_t is transverse to T, the intersection $H_t \cap T$ is compression free.

4.2 Lemma Let H_0 and H_1 denote isotopic, strongly irreducible Heegaard surfaces in an irreducible 3-manifold M. Let T be an essential torus in M. Suppose $H_i \cap T$ is compression free, for i = 0, 1. Then there is an isotopy from H_0 to H_1 which is compression free with respect to T. Furthermore, there is such an isotopy such that the tangencies of $H_t \cap T$ which develop are either centers, saddles, or double-saddles.

Proof Let H_t denote any isotopy from H_0 to H_1 . We now define a two-parameter family of Heegaard surfaces. Note that for each t the surface H_t defines a sweepout $\Phi_t: H_t \times I \to M$. We denote $\Phi_t(H_t \times \{s\})$ as $H_{(t,s)}$. This defines a map from $H \times I \times I$ into M, which we can choose to be continuous in s and t. Furthermore, there are values s_0 and s_1 such that $H_{(0,s_0)} = H_0$ and $H_{(1,s_1)} = H_1$.

Now suppose T is an essential torus in M. Let Γ denote the set of points in $I \times I$ such that $H_{(t,s)}$ is not transverse to T. According to Cerf theory [2] we may assume Γ is a graph with vertices of valence two and four, and for each t at most one vertex of Γ is contained in $t \times I$. We say t is a *regular value* if there is no vertex of Γ in $t \times I$.

Let S denote the closure of the set of points $(t,s) \subset I \times I$ such that $H_{(t,s)} \cap T$ is compression free. We now claim that there is a path from $(0,s_0)$ to $(1,s_1)$ in S. Such a path defines the desired compression free isotopy from H_0 to H_1 . It may pass through edges of Γ corresponding to center or saddle tangencies, or a valence four vertex of Γ which will correspond to two saddle tangencies.

Let $\pi: I \times I \to I$ denote projection onto the first factor. Let p and q denote paths in $S \subset I \times I$ (ie, embedded intervals) such that

- (1) $(0, s_0) \in p$,
- (2) $(1, s_1) \in q$,
- (3) the lengths of $\pi(p)$ and $\pi(q)$ are maximal.
- **4.3 Claim** If the sum of the lengths of $\pi(p)$ and $\pi(q)$ is greater than one then there is a path in S from $(0, s_0)$ to $(1, s_1)$.

Proof In this case there is an $x \in p$ and a $y \in q$ such that $\pi(x) = \pi(y)$ is a regular value of t. By Lemma 3.1 the subinterval r of $\pi(x) \times I$ connecting x to y is in S. Let p' denote the subpath of p connecting $(0, s_0)$ to x and q' the subpath of q connecting y to $(1, s_1)$. Then the path $p' \cup r \cup q'$ is the desired path from $(0, s_0)$ to $(1, s_1)$.

4.4 Claim The lengths of $\pi(p)$ and $\pi(q)$ are equal to one.

Proof By way of contradiction, assume the length of $\pi(p)$ is less than one. Let (t^*, s^*) denote the endpoint of p which is not $(0, s_0)$.

For each t there is at most one vertex of Γ in $t \times I$. We may thus choose an ϵ small enough so that there is at most one vertex of Γ in the rectangle $R = [t^* - \epsilon, t^* + \epsilon] \times I$. Let $t^- = t^* - \epsilon$ and $t^+ = t^* + \epsilon$. We may assume that t^- and t^+ are regular values of t. Finally, as ϵ is chosen to be small we may assume that there is at most one component of $\Gamma \cap R$ which is not an arc connecting $t^- \times I$ to $t^+ \times I$.

Let p' denote the closure of $p \setminus R$. Let x denote the endpoint of p' which is not $(0, s_0)$. Note that $\pi(x) = t^-$ (see Figure 1). Let S' be the closure of the component of $R \setminus \Gamma$ that contains x. Since $x \in S$ it follows that $S' \subset S$. If S' meets the edge $t^+ \times I$ of R then there is a path p'' in S' (and hence in S) from x to a point of $t^+ \times I$. The path $p' \cup p''$ thus contradicts the maximality of the length of $\pi(p)$.

We assume then that S' does not meet $t^+ \times I$. Let S'' denote the closure of a component of $R \setminus \Gamma$ which is a subset of S and meets the edge $t^+ \times I$ (such a component exists by Lemma 3.1). By Lemma 3.1 the set $S \cap (t^- \times I)$ is connected. Hence, if S'' also meets $t^- \times I$ then as before we can extend the path p to $t^+ \times I$, contradicting our assumption that $\pi(p)$ is maximal.

We are now reduced to the case that S' does not meet $t^+ \times I$ and S'' does not meet $t^- \times I$. The only way in which this can happen is if S' meets S'' in a valence four vertex v of Γ . We conclude that there is a path p'' which goes from x, through S', across v, through S'', and connects to $t^+ \times I$. The path $p' \cup p''$ again contradicts the maximality of the length of $\pi(p)$.

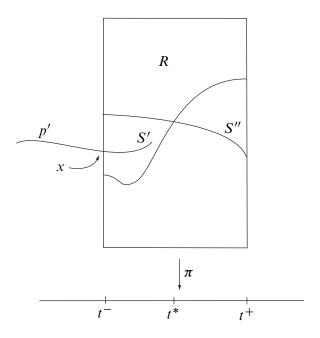


Figure 1: The rectangle R

The preceding claims complete the proof of Lemma 4.2.

4.5 Theorem Let T be an essential torus in an irreducible 3-manifold M. Suppose H_0 and H_1 are isotopic, strongly irreducible Heegaard surfaces which meet T essentially. Then either H_0 can be isotoped to meet a neighborhood of T in a toggle or H_0 determines the same slope on T as H_1 .

The term toggle refers to the configuration depicted in Figure 5. It can be constructed as follows. Let α and β be essential loops on T which meet in a point p. Let Σ be the graph $(\alpha \times \{0\}) \cup (p \times I) \cup (\beta \times \{1\})$ in $T \times I$. Then the frontier of a neighborhood of Σ in $T \times I$ is a toggle. The word "toggle" comes from the fact that such a configuration allows one to switch back and forth between two slopes in a neighborhood of T.

Proof By Lemma 4.2 we know that there is a compression free isotopy from H_0 to H_1 . We now discuss the various tangencies with T that can develop during such an isotopy, and how they effect the slope of $H_t \cap T$.

Center Tangencies The simplest is a center tangency. Such tangencies only introduce or eliminate inessential loops, and hence do not change the slope of $H_t \cap T$.

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Saddle Tangencies The next type of tangency is a saddle. If H' is obtained from H by passing through a saddle with T then there is a disk S such that $\partial S = \alpha \cup \beta$, where $S \cap T = \alpha$ and $S \cap H = \beta$ (see Figure 2). The surface H' is then obtained from H by an isotopy guided by S. Hence the intersection set $H' \cap T$ can be obtained from $H \cap T$ by a band sum along the arc α . We call such a disk S a *saddle disk*.

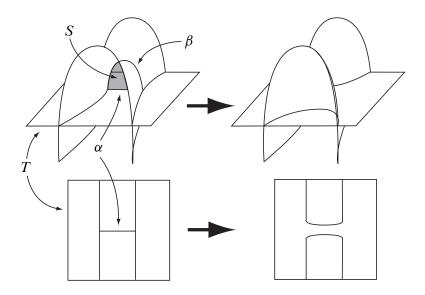


Figure 2: A saddle disk

Note that the only way that the slope of $H \cap T$ can be different from the slope of $H' \cap T$ is if somehow all of the essential loops of $H \cap T$ were effected during the saddle move. But the only such loops that will be effected are those that contain the endpoints of α . It follows that $H \cap T$ contains exactly two essential loops, and α is an arc which connects them. But then a band sum along α will produce an intersection set with no essential loops on T. This is impossible, as $H' \cap T$ is compression free.

Double-saddle Tangencies Finally we consider what happens at double-saddles. Suppose H' is obtained from H by passing through a double-saddle with T. Then there are two saddle disks S_1 and S_2 , where $\partial S_i = \alpha_i \cup \beta_i$, $S_i \cap T = \alpha_i$, and $S_i \cap H = \beta_i$. The intersection set $H' \cap T$ is obtained from $H \cap T$ by simultaneous band sums along α_1 and α_2 .

In order for the slope of $H' \cap T$ to be different from the slope of $H \cap T$ all of the essential loops of $H \cap T$ must contain an endpoint of either α_1 or α_2 . This immediately implies $H \cap T$ contains at most four essential loops. The possibility that there are

one or three such loops is ruled out by the fact that H is separating. If there are four such loops, and each contains an endpoint of α_1 or α_2 , then $H' \cap T$ contains only inessential loops. This is ruled out by the fact that $H' \cap T$ is compression free.

We conclude that if the slope of $H' \cap T$ is different from that of $H \cap T$ then $H \cap T$ contains exactly two essential loops, γ_1 and γ_2 . Up to relabeling, there are now the following cases:

- (1) $\partial \alpha_1 \subset \gamma_1$. Then a band sum along α_1 transforms γ_1 into an essential loop γ_1' with the same slope on T, and an inessential loop δ . The arc α_2 can either connect γ_2 to itself, connect γ_2 to δ , or connect γ_2 to γ_1' . In the first two cases a slope change does not occur. The third case implies $H' \cap T$ contains only inessential loops, which cannot happen.
- (2) Both α_1 and α_2 connect γ_1 to γ_2 . If α_1 and α_2 are on the same side of H then a simultaneous band sum results in all inessential loops. We conclude α_1 and α_2 are are on opposite sides of H, as in Figure 3.

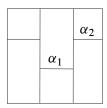


Figure 3: The set $H \cap T$ when there is a slope change at a double saddle

Now that we have narrowed down the possibilities for $H \cap T$ and α_1 and α_2 we must analyze the saddle disks S_1 and S_2 . Before proceeding further note that if there are any inessential loops on $H \cap T$ they may be removed by an isotopy of H, as $H \cap T$ is compression free and M is irreducible. After performing such an isotopy let A_i be the annulus on T bounded by $\gamma_1 \cup \gamma_2$ containing the arc α_i . Let D_i denote the disk obtained by gluing two parallel copies of S_i to the disk obtained from A_i by removing a neighborhood of α_i .

First note that if, for some i, the disk D_i failed to be a compressing disk for H it would follow that the component H^* of $H \setminus T$ containing β_i was an annulus which is parallel into T. Hence, a further isotopy of H could push H^* past T, removing all intersections of H with T. As this is impossible, we conclude both D_1 and D_2 are compressing disks for H.

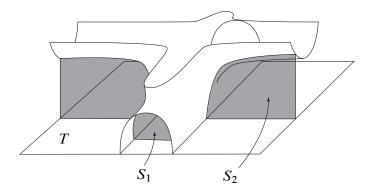


Figure 4: The surface $H \cap N(T)$

Now note that if S_1 and S_2 are incident to opposite sides of T then the disks D_1 and D_2 would be disjoint. This violates the strong irreducibility of H. We conclude S_1 and S_2 are on the same side of T. Let N(T) denote a copy of $T^2 \times I$ embedded in M so that T is the image of $T^2 \times \{0\}$. We may thus assume that S_1 and S_2 are contained in N(T). This forces $H \cap N(T)$ to be as depicted in Figure 4. It is now an easy exercise to see that $H \cap N(T)$ is a toggle, as depicted in Figure 5.

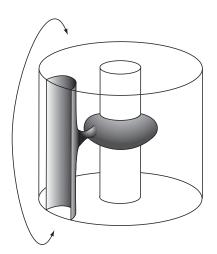


Figure 5: A toggle

5 Toggles in Seifert fibered spaces

The results of the previous section leave open the possibility that if H can be isotoped to meet T in a toggle then H may be isotoped to meet T in an arbitrarily large number of slopes. In the appendix R Wedimann shows that this can, indeed, happen. Here we prove that for "most" Seifert fibered spaces it does not. In particular, we prove the following:

5.1 Theorem Let M be a closed, totally orientable Seifert fibered space which is not a circle bundle with Euler number ± 1 . Let H be a strongly irreducible Heegaard surface in M and T be a non-separating, vertical, essential torus. Then the isotopy class of H determines at most two slopes on T.

Remark The hypotheses of Theorem 5.1 can be relaxed to include any 3-manifold constructed in the following way. Begin with a Seifert fibered space which is not a circle bundle, with exactly two boundary components T_1 and T_2 . Let f_i denote a regular fiber on T_i . Construct M by gluing T_1 to T_2 so that $|f_1 \cap f_2| \neq 1$. Let T denote the image of T_1 and T_2 in M. If H is any strongly irreducible Heegaard surface in M then the conclusion of Theorem 5.1 holds for the pair (T, H).

Proof Let H_t be a compression free isotopy in which there are values t_0 , t_1 and t_2 such H_0 , H_1 and H_2 meet T in different slopes (where $H_i = H_{t_i}$). Assume that t_0 , t_1 , and t_2 are consecutive with respect to this property, in the sense that there is no value $t \in (t_0, t_2)$ such that H_t meets T in some fourth slope.

Let N(T) denote a fibered, closed neighborhoood of T. Let T_{μ} and T_{ν} denote the boundary tori of N(T). By Theorem 4.5 we know there is some $t_x \in (t_0, t_1)$ such that H_{t_x} meets N(T) in a toggle. Let $H_x = H_{t_x}$ and μ_x and ν_x denote the slopes of $H_x \cap T_{\mu}$ and $H_x \cap T_{\nu}$, respectively. Similarly, there is a $t_y \in (t_1, t_2)$ such that H_{t_y} meets N(T) in a toggle. Let $H_y = H_{t_y}$ and μ_y and ν_y denote the slopes of $H_y \cap T_{\mu}$ and $H_y \cap T_{\nu}$.

Let M(T) denote the closure of $M \setminus N(T)$. As $H_x \cap N(T)$ contains compressions on both sides of H_x (the disks D_1 and D_2 from the proof of Theorem 4.5) it follows from strong irreducibility that $H_x \cap M(T)$ is incompressible in M(T). By [4, Theorem VI.34] we may thus assume that each component of $H_x \cap M(T)$ is horizontal or vertical. Similarly, we may assume that each component of $H_y \cap M(T)$ is horizontal or vertical.

We now show that $H_x \cap M(T)$ must be horizontal. First, note that since T is non-separating M(T) is connected. It follows that if $H_x \cap M(T)$ is not connected and one

component is vertical then every component is vertical. This is because a horizontal component will meet every fiber, and hence will meet the fibers contained in the vertical components. We conclude the entire surface $H_x \cap M(T)$ is either vertical or horizontal. If it is vertical then μ_x and ν_x will be fibers, and hence will represent the same slope on T. This contradicts the fact that they are on opposite sides of a toggle.

We conclude the surface $H_x \cap M(T)$ is horizontal. We now assert that it consists of precisely two components, each with a single boundary component on each component of $\partial M(T)$. Suppose not. Then the surface $H_x \cap M(T)$ is a connected, horizontal surface. The two loops of $H_x \cap T_\mu$ inherit, from $H_x \cap M(T)$, orientations that agree on T_μ . (In a totally orientable Seifert fibered space we can consistently orient each fiber. This defines a normal vector at every point of a horizontal surface.) Inspection of Figure 5 indicates that these two loops inherit, from $H_x \cap N(T)$, orientations that disagree. As H_x is orientable we have thus obtained a contradiction.

A symmetric argument shows that $H_y\cap M(T)$ is a horizontal surface, made up of two components, each with one boundary component on each component of $\partial M(T)$. Any two horizontal surfaces in a Seifert fibered space differ by Dehn twists in vertical annuli and tori. (This is because given a spine Σ of the base orbifold $\Sigma \times S^1$ cuts M(T) into solid tori. As a horizontal surface intersects each such solid torus in meridian disks the only ambiguity arises from gluing the solid tori back together along vertical tori and annuli.) A Dehn twist in a vertical torus, however, does not change the boundary slopes of the surface. Similarly, as M(T) is totally orientable a Dehn twist in a vertical annulus that has both boundary components on the same component of M(T) will not change boundary slopes. We conclude that the pair (μ_y, ν_y) can be obtained from the pair (μ_x, ν_x) by Dehn twisting in annuli that have each of their boundary loops on different components of $\partial M(T)$. In other words, (μ_y, ν_y) can be obtained from (μ_x, ν_x) by simultaneous Dehn twisting along fibers. It follows that if $\mu_x = \mu_y$ then $\nu_x = \nu_y$, which is not the case, since by assumption there are exactly three distinct slopes among μ_x , μ_y , ν_x , and ν_y .

We conclude, then, that $\mu_X = \nu_y$ or $\mu_y = \nu_x$. Without loss of generality assume the former. Now note that μ_y meets ν_y in a point, as one is obtained from the other by passing a toggle across T. Finally, this implies μ_x meets μ_y in a point. But μ_y is obtained from μ_x by Dehn twisting along a fiber. This can only happen if μ_x (and μ_y) meets each fiber once. We conclude that each component of the horizontal surface $H_x \cap M(T)$ meets a regular fiber once, and hence M(T) has no exceptional fibers (see Section 2.3 above).

Finally, note that M can be recovered from M(T) by identifying its boundary components. But this must be done in such a way so that μ_X and ν_X meet in a point. Since

these loops are at the boundary of a horizontal surface in M(T), it must be the case that the Euler number of M is positive or negative one.

Appendix A Irreducible Heegaard splittings of circle bundles are unique (by R Weidmann)

The goal of this appendix is to prove Theorem 1.1. We denote the orientable circle bundle over the orientable surface S_g of genus $g \ge 1$ with Euler number e by $M_{g,e}$.

In [9] Y Moriah and J Schultens show that all irreducible Heegaard splittings of Seifert manifolds are isotopic to horizontal or vertical Heegaard splittings. Moreover in the case of manifolds of type $M_{g,e}$ they show (see [9], Corollary 0.5) that all irreducible Heegaard splittings of $M_{g,e}$ are vertical and of genus 2g+1 if $e\neq \pm 1$ and horizontal of genus 2g if $e=\pm 1$. They further show that in the case $e\neq \pm 1$ the vertical splitting is unique up to isotopy. To prove Theorem 1.1 it therefore suffices to show that all genus 2g horizontal Heegaard splittings of $M_{g,e}$ with $e=\pm 1$ are isotopic. The algebraic analogue of this statement is:

A.1 Theorem Let M be an orientable circle bundle over an orientable surface of genus $g \ge 1$ with Euler number equal to ± 1 . Then any two generating tuples for $\pi_1(M)$ of cardinality 2g are Nielsen equivalent.

We prove this theorem first, as the proof motivates the proof of Theorem 1.1.

Let G be a group and $\mathcal{T} = (g_1, \ldots, g_n)$ and $\mathcal{T}' = (g'_1, \ldots, g'_n)$ be two tuples of elements. Recall that \mathcal{T} and \mathcal{T}' are called *elementary equivalent* if one of the following holds.

- (1) There exists some $\sigma \in S_n$ such that $g'_i = g_{\sigma(i)}$ for $1 \le i \le n$.
- (2) $g'_i = g_i^{-1}$ and $g'_j = g_j$ for $j \neq i$.
- (3) $g_i' = g_i g_j^{\varepsilon}$ for some $i \neq j$ and $\varepsilon \in \{-1, 1\}$. Furtermore $g_k' = g_k$ for $k \neq i$.

We further say that \mathcal{T} and \mathcal{T}' are *Nielsen equivalent* if there exists a sequence of tuples $\mathcal{T} = \mathcal{T}_0, \dots, \mathcal{T}_k = \mathcal{T}'$ such that \mathcal{T}_{i-1} and \mathcal{T}_i are elementary equivalent for $1 \le i \le k$.

Proof of Theorem A.1 Let $g \ge 1$ and $e = \pm 1$. Note that

$$\pi_1(M_{g,e}) = \langle a_1, \dots, a_{2g}, f | [a_1, f], \dots, [a_{2g}, f], [a_1, a_2] \cdot \dots \cdot [a_{2g-1}, a_{2g}] f^e \rangle.$$

Let further

$$p: \pi_1(M_{g,e}) \to \pi_1(S_g) = \langle \overline{a}_1, \dots, \overline{a}_{2g} \mid [\overline{a}_1, \overline{a}_2] \cdot \dots \cdot [\overline{a}_{2g-1}, \overline{a}_{2g}] \rangle$$

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be the projection given by $a_i \mapsto \overline{a}_i$ and $f \mapsto 1$. Recall that $\ker p = \langle f \rangle$.

Note that (a_1, \ldots, a_{2g}) is a generating tuple of $\pi_1(M_{g,e})$. To prove Theorem A.1 it suffices to show that any generating tuple (y_1, \ldots, y_{2g}) of $\pi_1(M_{g,e})$ is Nielsen equivalent to (a_1, \ldots, a_{2g}) .

A theorem of Zieschang [14] states that in $\pi_1(S_g)$ any is Nielsen equivalent to $(\overline{a}_1,\ldots,\overline{a}_{2g})$. It follows that for any generating tuple (y_1,\ldots,y_{2g}) of $\pi_1(M_{g,e})$ the tuple $(p(y_1),\ldots,p(y_{2g}))$ is Nielsen equivalent to $(\overline{a}_1,\ldots,\overline{a}_{2g})$. Thus (y_1,\ldots,y_{2g}) and $(a_1f^{z_1},\ldots,a_{2g}f^{z_{2g}})$ are Nielsen equivalent for some $z_i \in \mathbb{Z}$ for $1 \le i \le 2g$.

It clearly suffices to show that for any $i=1,\ldots,2g$ and $\eta\in\{-1,1\}$ there exists a sequence of Nielsen equivalences that replaces the tuple $(a_1f^{z_1},\ldots,a_{2g}f^{z_{2g}})$ with $(a_1f^{z_1},\ldots,a_{i-1}^{z_{i-1}},a_if^{z_i+\eta},a_{i+1}^{z_{i+1}},\ldots,a_{2g}f^{z_{2g}})$, ie, that replaces $a_if^{z_i}$ with $a_if^{z_i+\eta}$ and leaves all other elements unchanged. Note first that there is a cyclic conjugate r of the relator $[a_1,a_2]\cdot\ldots\cdot[a_{2g-1},a_{2g}]f^e$ if $\eta=-e$ and of its inverse if $\eta=e$ such that (after using the fact that f commutes with the a_i)

$$r = f^{-\eta} a_i^{-1} w_1 a_i w_2$$

where w_1 and w_2 are words in $a_1, \ldots, a_{i-1}, a_{i+1}, \ldots, a_{2g}$ such that any of the a_j $(j \neq i)$ occurs in w_1 and w_2 once with exponent +1 and once with exponent -1. In particular we have the identity $a_i f^{\eta} = w_1 a_i w_2$ in G.

With appropriate Nielsen moves (left and right multiplication with the elements $a_j f^{z_j}$) we can replace $a_i f^{z_i}$ with $w_1 a_i w_2 f^{z_i}$. (Note that the $f^{\pm z_j}$ cancel out as every $a_j f^{z_j}$ occurs once with exponent +1 and once with exponent -1.) As $w_1 a_i w_2 f^{z_i} = a_i f^{\eta} f^{z_i} = a_i f^{z_i + \eta}$ this proves the claim as all these Nielsen moves have left the $a_j f^{z_j}$ with $j \neq i$ untouched.

We illustrate the main step of the above proof with an example. Suppose that g=2 and e=1 and that we want to show that

$$(a_1 f^{z_1}, a_2 f^{z_2}, a_3 f^{z_3}, a_4 f^{z_4})$$

is Nielsen equivalent to

$$(a_1 f^{z_1}, a_2 f^{z_2+1}, a_3 f^{z_3}, a_4 f^{z_4}),$$

this is the case with i = 2 and $\eta = 1$.

Note that the inverse of the long relation from the presentation of $\pi_1(M_{2,1})$ is

$$f^{-1}a_4a_3a_4^{-1}a_3^{-1}a_2a_1a_2^{-1}a_1^{-1}$$
,

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a cylic conjugate is

$$a_2^{-1}a_1^{-1}f^{-1}a_4a_3a_4^{-1}a_3^{-1}a_2a_1.$$

As f commutes with all a_i we have the relation

$$r = f^{-1}a_2^{-1}w_1a_2w_2$$

with $w_1 = a_1^{-1} a_4 a_3 a_4^{-1} a_3^{-1}$ and $w_2 = a_1$. Clearly a_1 , a_3 and a_4 all occur twice in w_1 and w_2 , once with exponent +1 and once with exponent -1.

It follows that by applying six Nielsen moves (where each takes one of the elements $a_1 f^{z_1}$, $a_3 f^{z_3}$, $a_4 f^{z_4}$ or their inverse and multiplies the second element in the tuple from the left or right we can replace $(a_1 f^{z_1}, a_2 f^{z_2}, a_3 f^{z_3}, a_4 f^{z_4})$ by

$$(a_1 f^{z_1}, (a_1 f^{z_1})^{-1} (a_4 f^{z_4}) (a_3 f^{z_3}) (a_4 f^{z_4})^{-1} (a_3 f^{z_3})^{-1}$$

 $a_2 f^{z_2} (a_1 f^{z_1}), a_3 f^{z_3}, a_4 f^{z_4})$

All the $f^{\pm z_j}$ with $j \neq 2$ cancel in the second element of the tuple, it follows that this new tuple is nothing but

$$(a_1 f^{z_1}, a_1^{-1} a_4 a_3 a_4^{-1} a_3^{-1} a_2 f^{z_2} a_1, a_3 f^{z_3}, a_4 f^{z_4})$$

$$= (a_1 f^{z_1}, w_1 a_2 w_2 f^{z_2}, a_3 f^{z_3}, a_4 f^{z_4}) = (a_1 f^{z_1}, a_2 f \cdot f^{z_2}, a_3 f^{z_3}, a_4 f^{z_4})$$

$$= (a_1 f^{z_1}, a_2 f^{z_2+1}, a_3 f^{z_3}, a_4 f^{z_4})$$

Proof of Theorem 1.1 As mentioned above, to prove Theorem 1.1 it suffices to show that any two genus 2g horizontal Heegaard splittings of $M=M_{g,e}$ with $e=\pm 1$ are isotopic. We illustrate our proof of this assertion in Figure 6, in the case where the base orbifold of M is a torus. The higher genus case is more difficult to see.

Let f be a fiber of M. Note that $\widehat{M} = M - N(f) \approx S_g^* \times S_1$ where $S_g^* \subset S_g$ is the once punctured orientable surface of genus g.

Let further $\alpha_1, \ldots \alpha_{2g} \subset S_g^*$ be a canonical system of curves of S_g with common base point x. Thus $\Gamma = \bigcup \alpha_i$ is a wedge of 2g circles and $S_g - \Gamma$ is a disk. Clearly we can assume that $\overline{a}_i = [\alpha_i]$ for $1 \le i \le 2g$ if

$$\pi_1(S_g, x) = \langle \overline{a}_1, \dots, \overline{a}_{2g} \mid [\overline{a}_1, \overline{a}_2], \dots, [\overline{a}_{2g-1}, \overline{a}_{2g}] \rangle.$$

Let now S be a horizontal Heegaard surface of genus 2g. After an isotopy of S we can assume that S is horizontal at the fibre f. Thus we can assume that $M = V \cup_S W$ where V is the regular neighborhood in \hat{M} of a horizontal surface. In particular there exists a Heegaard graph $\hat{\Gamma}$ (a core of V) that gets mapped homeomorphically to Γ under the projection map $\pi: \hat{M} \to S_g^* \subset S_g$, $(x, z) \mapsto x$, in particular $\hat{\Gamma}$ is a wedge

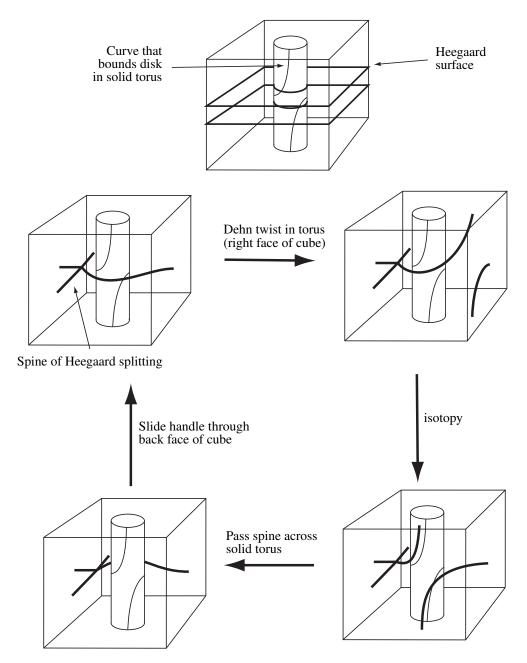


Figure 6: In $M_{1,\pm 1}$ Dehn twisting a horizontal Heegaard splitting about a vertical torus produces an isotopic splitting.

of 2g circles with single vertex \hat{x} of valence greater than 2. Denote the arc of $\hat{\Gamma}$ that gets mapped to α_i by β_i .

It is clear that the (ambient) isotopy class and in fact the homotopy class of such a graph $\hat{\Gamma}$ is determined by the homotopy classes $[\beta_i] = a_i f^{z_i}$ of the β_i in

$$\pi_1(M, \hat{x}) = \langle a_1, \dots, a_{2g}, f | [a_1, f], \dots, [a_{2g}, f], [a_1, a_2] \cdot \dots \cdot [a_{2g-1}, a_{2g}] f^e \rangle.$$

In particular we have a one to one correspondence between these types of Heegaard graphs and generating tuples $(a_1 f^{z_i}, \dots, a_{2g} f^{z_{2g}})$ of $\pi_1(M, \hat{x})$.

As in the proof of Theorem A.1 it suffices to show that for any i and $\eta \in \{-1, 1\}$ the Heegaard graph $\hat{\Gamma}_1$ corresponding to the tuple $(a_1 f^{z_i}, \dots, a_{2g} f^{z_{2g}})$ of $\pi_1(M, \hat{x})$ is isotopic to the graph $\hat{\Gamma}_2$ corresponding to the tuple

$$(a_1 f^{z_1}, \dots, a_{i-1}^{z_{i-1}}, a_i f^{z_i+\eta}, a_{i+1}^{z_{i+1}}, \dots, a_{2g} f^{z_{2g}}).$$

Choose a relation $r = f^{-\eta} a_i^{-1} w_1 a_i w_2$ as in the proof of Theorem A.1. Recall that $[\beta_j] = a_j f^{z_j}$ for $1 \le j \le 2g$. Let \widehat{w}_1 and \widehat{w}_2 be the words obtained from w_1 and w_2 by replacing every occurrence of $a_j^{\pm 1}$ by $[\beta_j]^{\pm 1}$. As the fibre commutes with all a_1 it follows that we have the relation

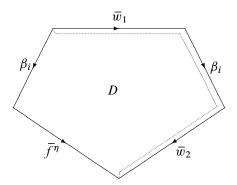
$$\hat{r} = f^{-\eta} [\beta_i]^{-1} \hat{w}_1 [\beta_i] \hat{w}_2.$$

Let \overline{w}_1 and \overline{w}_2 be the path in $M_{g,e}$ obtained from w_1 and w_2 by replacing a_i with β_i . Let further \overline{f} be the fibre over x, clearly $[\overline{f}] = f$.

We have $[\overline{w}_i] = \hat{w}_i$ for i = 1, 2. Now there exists a map $h: D \to M_{g,e}$ of a disk D such that $h(\partial D)$ is the path $\overline{f}^{-\eta}\beta_i^{-1}\overline{w}_1\beta_i\overline{w}_2$, such that h is injective on the interior D_0 of D and the projection onto the base space maps $h(D_0)$ homeomorphically onto $S_g - \Gamma$.

To see this note that any lift $\tilde{\gamma}$ of $\gamma = \bar{f}^{-\eta}\beta_i^{-1}\bar{w}_1\beta_i\bar{w}_2$ to the universal covering of M is a simple closed curve that is contained in the boundary of the closure \bar{N} of some component $\tilde{N} \approx D^2 \times \mathbb{R}$ of the preimage of $N = M - \Gamma \times S_1 \approx D^2 \times S^1$ under the covering map. Clearly $\tilde{\gamma}$ bounds a properly embedded disk D in \bar{N} . Note that $\tilde{\gamma}$ is transverse to the induced foliation of \bar{N} by lines except in the subpath which is the lift of $\bar{f}^{-\eta}$. This subpath is contained in a leaf of the foliation. It follows that D can be chosen to be horizontal in its interior, ie, transverse to the foliation. In particular the interior of D intersects every line of the foliation of \tilde{N} (the intrior of \bar{N}) exactly once. If follows that the restriction of the covering projection to D is the desired map h.

We can now slide the edge β_i over \overline{w}_1 and \overline{w}_2 which yields a new edge homotopic to $\beta_i \overline{f}^{\eta}$. No other edge is moved and the new edge can again be isotoped to map to α_i .



This proves the claim as the homotopy class of the new edge is $[\beta_i \bar{f}^{\eta}] = [\beta_i][\bar{f}^{\eta}] = a_i f^{z_i} f^{\eta} = a_i f^{z_i+\eta}$.

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