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\mathcal{G}_{\mathcal{T}}^{\mathcal{T}} \\
\mathcal{G}_{\mathcal{G}}^{\mathcal{T}}
\end{gathered}{ }^{\mathcal{T}}
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The infimum of the dual volume of convex cocompact hyperbolic 3-manifolds

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# The infimum of the dual volume of convex cocompact hyperbolic 3-manifolds 

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#### Abstract

We show that the infimum of the dual volume of the convex core of a convex cocompact hyperbolic 3-manifold with incompressible boundary coincides with the infimum of the Riemannian volume of its convex core, as we vary the geometry by quasi-isometric deformations. We deduce a linear lower bound of the volume of the convex core of a quasi-Fuchsian manifold in terms of the length of its bending measured lamination, with optimal multiplicative constant.


30F40; 52A15, 57M50

## Introduction

Let $M$ be a complete hyperbolic 3-manifold and let $C M$ be its convex core, namely the smallest nonempty convex subset of $M$. Then $M$ is said to be convex cocompact if $C M$ is a compact subset. The notion of dual volume of the convex core $V_{C}^{*}(M)$ arises from the polarity correspondence between the hyperbolic and the de Sitter spaces; see Schlenker [36, Section 1] and Mazzoli [28]. If $M$ is a convex cocompact hyperbolic 3-manifold, then $V_{C}^{*}(M)$ coincides with $V_{C}(M)-\frac{1}{2} \ell_{m}(\mu)$, where $V_{C}(M)$ stands for the usual Riemannian volume of the convex core and $\ell_{m}(\mu)$ denotes the length of the bending measured lamination $\mu$ with respect to the hyperbolic metric $m$ of the boundary of the convex core of $M$. Our aim is to study the infimum of $V_{C}^{*}$, considered as a function over the space $\mathcal{Q D}(M)$ of quasi-isometric deformations of a given convex cocompact hyperbolic 3-manifold $M$ with incompressible boundary. In particular, we will prove:

Theorem A For a convex cocompact hyperbolic 3-manifold $M$ with incompressible boundary,

$$
\inf _{M^{\prime} \in \mathcal{Q D}(M)} V_{C}^{*}\left(M^{\prime}\right)=\inf _{M^{\prime} \in \mathcal{Q} \mathcal{D}\left(M^{\prime}\right)} V_{C}\left(M^{\prime}\right)
$$

Moreover, $V_{C}^{*}\left(M^{\prime}\right)=V_{C}\left(M^{\prime}\right)$ if and only if the boundary of the convex core of $M^{\prime}$ is totally geodesic.

[^0]When $M$ is a quasi-Fuchsian manifold, Theorem A can be equivalently stated as

$$
\begin{equation*}
V_{C}\left(M^{\prime}\right) \geq \frac{1}{2} \ell_{m^{\prime}}\left(\mu^{\prime}\right) \tag{1}
\end{equation*}
$$

for every $M^{\prime} \in \mathcal{Q D}(M)$, where $\ell_{m^{\prime}}\left(\mu^{\prime}\right)$ is the length of the bending measure of $\partial C M^{\prime}$. As a consequence of the variation formulae of $V_{C}$ (see Bonahon [4]) and of $V_{C}^{*}$ (see Mazzoli [29] and see also Krasnov and Schlenker [20]), we will see in Corollary 4.1 that the multiplicative constant $\frac{1}{2}$ is optimal, and is realized near the Fuchsian locus. Theorem A is to the dual volume as the following result of Bridgeman, Brock and Bromberg is to the renormalized volume:

Theorem [9, Theorem 3.11] For every convex cocompact hyperbolic 3-manifold $M$ with incompressible boundary,

$$
\inf _{M^{\prime} \in \mathcal{Q D}(M)} V_{R}\left(M^{\prime}\right)=\inf _{M^{\prime} \in \mathcal{Q} \mathcal{D}(M)} V_{C}\left(M^{\prime}\right)
$$

Moreover, $V_{R}\left(M^{\prime}\right)=V_{C}\left(M^{\prime}\right)$ if and only if the boundary of the convex core of $M$ is totally geodesic.

By work of W P Thurston, if the compact 3-manifold with boundary $N:=M \cup \partial_{\infty} M$ is acylindrical, then there exists a unique convex cocompact structure $M_{0} \in \mathcal{Q D}(M)$ whose convex core has totally geodesic boundary. In [41] (see also [40]), Storm proved that the infimum of the volume of the convex core function $V_{C}: \mathcal{Q D}(M) \rightarrow \mathbb{R}$ is equal to half the simplicial volume of the doubled manifold $D(N)$. Moreover, the infimum is realized exactly when $N$ is acylindrical, and it is achieved at $M_{0}$. Theorem A and [9, Theorem 3.11] then imply that the same characterization holds true for the infimum of the dual volume and the renormalized volume, respectively. In the case of the renormalized volume $V_{R}$, such description of inf $V_{R}$ was first established by Pallete [31], without making use of Storm's result. Bridgeman, Brock and Bromberg [10] recently introduced a notion of surgered gradient flow of the renormalized volume in the relatively acylindrical case, which allowed them to obtain new comparisons between the renormalized volume and the Weil-Petersson geometry of the deformation spaces of convex cocompact 3-manifolds, generalizing in particular the works of Brock [12] and Schlenker [38]. In the same work, a new proof of Storm's result in the acylindrical case is obtained as a byproduct of their analysis; see in particular [10, Corollary 6.5].

Dual volume, renormalized volume and Riemannian volume of the convex core are related by the chain of inequalities

$$
V_{C}^{*}(M):=V_{C}(M)-\frac{1}{2} \ell_{m}(\mu) \leq V_{R}(M) \leq V_{C}(M)-\frac{1}{4} \ell_{m}(\mu) \leq V_{C}(M)
$$

Here the second inequality is due to Schlenker [38], and the lower bound of $V_{R}$ is proved in [9, Theorem 3.7]. Observe in particular that Theorem A implies [9, Theorem 3.11], which concerns the infimum of the renormalized volume. The requirement on $M$ to have incompressible boundary is necessary; indeed, it has been shown by Pallete [32] that there exist Schottky groups with negative renormalized volume.

Our proof of Theorem A broadly follows the same strategy as the work of Bridgeman, Brock and Bromberg [9], with some necessary differences. The authors of [9] interpret the renormalized volume as a function $V_{R}$ over the Teichmüller space $\mathcal{T}\left(\partial_{\infty} M\right)$ of the conformal boundary at infinity of $M$ (by the works of Bers [1], Kra [18] and Maskit [27]), and they estimate the difference $\left|V_{R}-V_{C}\right|$ as one follows the (opposite of the) Weil-Petersson gradient flow of $V_{R}$ on $\mathcal{T}\left(\partial_{\infty} M\right)$. In order to study the dual volume function, the analogy between the variation formula of the renormalized volume (see the work of Krasnov and Schlenker [19, Lemma 5.8], or Section 1.6) and the dual Bonahon-Schläfli formula [29] would tempt us to consider $V_{C}^{*}$ as a function of the Teichmüller space $\mathcal{T}(\partial C M)$, seen as the deformation space of hyperbolic structures on the boundary of the convex core of $M$. However, the hyperbolic structure on $\partial C M$ is only conjecturally thought to provide a parametrization of the quasi-isometric deformation space of $M$. To avoid this difficulty, we rather focus our attention on a family of functions $V_{k}^{*}$ approximating $V_{C}^{*}$, for which a similar procedure is possible.

Given $k$, a real number in the interval $(-1,0)$, we say that an embedded surface $\Sigma_{k} \subset M$ is a $k$-surface if its first fundamental form (namely the restriction of the metric of $M$ on the tangent space to $\Sigma_{k}$ ) is a Riemannian metric with constant Gaussian curvature equal to $k$. Then, by the work of Labourie [21], the complementary region of the convex core of $M$ is foliated by $k$-surfaces, which converge to $\partial C M$ as $k$ goes to -1 , and tend towards the conformal boundary at infinity $\partial_{\infty} M$ as $k$ goes to 0 . The function $V_{k}^{*}(M)$ is then defined to be the dual volume of the region $M_{k}$ of $M$ enclosed by its $k$-surfaces, one for each geometrically finite end of $M$. By the works of Labourie [22] and Schlenker [37], the hyperbolic structures of the $k$-surfaces do provide a parametrization of $\mathcal{Q D}(M)$, a fact that allows us to study $V_{k}^{*}$ as a function over the Teichmüller space of $\partial M_{k}$. At this point, studying the Weil-Petersson gradient of $V_{k}^{*}$ on $\mathcal{T}\left(\partial M_{k}\right)$, we prove that the difference between the dual volume and the standard volume of the regions $M_{k}$ is well-behaved as one follows the lines of the flow backwards, and finally we deduce the statement of Theorem A by taking a limit for $k$ that goes to -1 . While the methods of [9] for the study of the renormalized volume heavily rely on the relations between the geometry of the boundary of the convex
core and the properties of the Schwarzian at infinity of $\partial_{\infty} M$, here we use a more analytical approach to determine the necessary bounds on the geometric quantities of the $k$-surfaces $\partial_{k} M$ of $M$, which will guarantee us the existence and the good behavior of the flow of the Weil-Petersson gradient vector fields of $V_{k}^{*}$.

## Outline of the paper

After the first section of background, we suggest the reader move backwards (as with the flow of the gradient of the functions $V_{k}^{*}$ ) while going through this exposition. In Section 4 the proof of Theorem A is described. Here the analogy with the work of Bridgeman, Brock and Bromberg [9] is manifest; the required technical ingredients (Lemmas 3.4 and 3.7 and Corollary 3.6 ) are formally very similar to the ones developed for the renormalized volume.

Section 3 focuses on the study of the Weil-Petersson gradient $\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}$ of the dual volume functions $V_{k}^{*}$ and the proofs of the ingredients mentioned above. In Lemma 3.4 we determine a lower bound of the norm of $\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}$ in terms of the integral of the mean curvature of $\partial M_{k}$ (which replaces the role of the length $\ell_{m}(\mu)$ in the definition of the dual volume of the regions $M_{k}$ ). In Corollary 3.6 we show that the flow of the vector field $\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}$ is defined for all times, and in Lemma 3.7 we prove the existence of a global lower bound of the dual volumes $V_{k}^{*}$ over $\mathcal{Q D}(M)$. All the proofs in this section rely on differential-geometric methods and are consequences of an explicit description of the Weil-Petersson gradient of $V_{k}^{*}$ developed in Proposition 3.2. This presentation of the vector field $\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}$ is inspired by an orthogonal decomposition of the space of symmetric tensors due to Fischer and Marsden [15], and it involves the solution $u_{k}$ of a simple PDE (4) over the $k$-surface $\partial M_{k}$. In particular, the proof of Corollary 3.6 will require us to have uniform control of the $\mathscr{C}^{2}$-norm of the function $u_{k}$. Section 2 (and in particular Lemma 2.3) provides us this last ingredient, and it is essentially based on the classical regularity theory for linear elliptic differential operators (see eg Evans [14]), and on the following property of $k$-surfaces:

Proposition (see Proposition 2.1) For any $k \in(0,1)$ and $n \in \mathbb{N}$ there exists a positive constant $N_{k, n}$ such that, for every convex cocompact hyperbolic 3-manifold $M$ and for every incompressible $k$-surface $\Sigma_{k}$ in $M$, the $\mathscr{C}^{n}$-norm of the mean curvature of $\Sigma_{k}$ is bounded above by $N_{n, k}$.

The existence of such a universal upper bound was proved (with weaker assumptions than the ones appearing above) by Bonsante, Danciger, Maloni and Schlenker in
[6, Proposition 3.8] for $n=0$ (and the same strategy actually shows that the statement holds for any $n$ ), and its proof heavily relies on a compactness criterion for isometric immersions of surfaces established by Labourie [21]; see also Bonsante, Danciger, Maloni and Schlenker [6, Proposition 3.6]. As will be manifest in the proof of Proposition 2.1, the constants $N_{n, k}$ that we will produce are unfortunately not explicit.

## Acknowledgments

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## 1 Preliminaries

### 1.1 Hyperbolic 3-manifolds

Let $M$ be an orientable complete hyperbolic 3-manifold, namely a complete Riemannian 3-manifold with constant sectional curvature equal to -1 , and let $\Gamma$ be a discrete and torsion-free group of orientation-preserving isometries of the hyperbolic 3-space $\mathbb{H}^{3}$, such that $M$ is isometric to $\mathbb{H}^{3} / \Gamma$. We define the limit set of $\Gamma$ to be

$$
\Lambda_{\Gamma}:=\overline{\Gamma \cdot x_{0}} \cap \partial_{\infty} \mathbb{H}^{3},
$$

where $\overline{\Gamma \cdot x_{0}}$ denotes the closure of the $\Gamma$-orbit of $x_{0}$ in $\overline{\mathbb{H}^{3}}:=\mathbb{H}^{3} \cup \partial_{\infty} \mathbb{H}^{3}$. It is simple to see that the definition of $\Lambda_{\Gamma}$ does not depend on the choice of basepoint $x_{0} \in \mathbb{H}^{3}$. If $\Gamma$ is nonelementary (it does not have any finite orbit in $\overline{\mathbb{H}}^{3}$ ), then $\Lambda_{\Gamma}$ can be characterized as the smallest closed $\Gamma$-invariant subset of $\partial_{\infty} \mathbb{H}^{3}$; see eg [33, Chapter 12]. The complementary region $\Omega_{\Gamma}$ of the limit set in $\partial_{\infty} \mathbb{H}^{3}$ is called the domain of discontinuity of $\Gamma$.

### 1.2 The convex core

If $\pi: \mathbb{H}^{3} \rightarrow \mathbb{H}^{3} / \Gamma \cong M$ denotes the universal cover of $M$, then a subset $C$ of $M$ is con$v e x$ if and only if $\pi^{-1}(C)$ is convex in $\mathbb{H}^{3}$. If $\Gamma$ is nonelementary, then every nonempty $\Gamma$-invariant convex subset of $\mathbb{H}^{3}$ contains the convex hull $C_{\Gamma}$ of $\Gamma$, which consists of the intersection of all half-spaces $H$ of $\mathbb{H}^{3}$ satisfying $\bar{H} \supseteq \Lambda_{\Gamma}(\bar{H}$ stands for the closure of $H$ in $\overline{\mathbb{H}}^{3}$ ). The image $C M:=\pi\left(C_{\Gamma}\right)$ describes a convex subset of $M$, called the convex core of $M$, which is minimal among the family of nonempty convex subsets of $M$.

Now let $M$ be a convex cocompact hyperbolic 3-manifold, namely a noncompact complete hyperbolic 3-manifold whose convex core is compact. The boundary of the convex core $\partial C M$ of $M$ is the union of a finite collection of connected surfaces, each of which is totally geodesic outside a subset of Hausdorff dimension 1. As described in [13], the hyperbolic metrics on the totally geodesic pieces "merge" together, defining a complete hyperbolic metric $m$ on $\partial C M$. The locus where the boundary of the convex core is not flat is a geodesic lamination $\lambda$, ie a closed subset that is union of disjoint simple geodesics. The surface $\partial C M$ is bent along $\lambda$, and the amount of bending can be described by a measured lamination $\mu$ called the bending measure of $\partial C M$. The $\mu$-measure along an arc $k$ transverse to $\lambda$ consists of an integral sum of the exterior dihedral angles along the leaves that $k$ meets. By locally integrating the lengths of the leaves of the lamination in $\mathrm{d} \mu$, we obtain the notion of length of the bending measure with respect to the hyperbolic structure $m$, which will be denoted by $\ell_{m}(\mu)$. For a more detailed description we refer to [13, Section II.1.11] or [2].

### 1.3 Incompressible boundary

When $M$ is convex cocompact and $\Gamma$ is a discrete and torsion-free subgroup of isometries of $\mathbb{H}^{3}$ such that $M \cong \mathbb{H}^{3} / \Gamma, \Gamma$ acts freely and properly discontinuously on the domain of discontinuity $\Omega_{\Gamma}$, and the quotient of $\mathbb{H}^{3} \cup \Omega_{\Gamma}$ by $\Gamma$ determines a natural compactification of $M$, which will be denoted by $\bar{M}=M \cup \partial_{\infty} M$. Then $M$ is said to have incompressible boundary if the inclusion $S \rightarrow \bar{M}$ of each connected component $S$ of $\partial_{\infty} M$ induces an injection at the level of the fundamental groups. This implies in particular that any lift of the inclusion $S \rightarrow \bar{M}$ to the universal covers $\widetilde{S} \rightarrow \widetilde{M}$ is a homeomorphism onto its image.

### 1.4 Constant Gaussian curvature surfaces

Definition 1.1 Let $S$ be an immersed surface inside a Riemannian 3-manifold $N$. The first fundamental form $I$ of $S$ is the Riemannian metric of $S$ given by the restriction of
the metric of $N$ to the tangent spaces of $S$. If $S$ admits a unitary normal vector field $\nu: S \rightarrow T^{1} N$, we define its shape operator $B$ to be the endomorphism of $T S$ given by $B U:=-\mathcal{D}_{U} \nu$, for every tangent vector field $U$ of $S$ (here $\mathcal{D}$ denotes the Levi-Civita connection of $N$ ). The trace of the shape operator will be called the mean curvature of $S$, and the tensor $I I:=I(B \cdot, \cdot)$ the second fundamental form of $S$.

Let $\Sigma$ be a surface immersed in a hyperbolic 3-manifold $M$, with first and second fundamental forms $I$ and $I I$, and shape operator $B$. We denote by $K_{e}$ its extrinsic curvature, $K_{e}=\operatorname{det} B$, and by $K_{i}$ its intrinsic curvature, the Gaussian curvature of the Riemannian metric $I$. Then the Gauss-Codazzi equations of $(\Sigma, I, I I)$ can be expressed as

$$
K_{i}=K_{e}-1, \quad\left(\nabla_{U} B\right) V=\left(\nabla_{V} B\right) U \quad \text { for all } U, V
$$

where $U$ and $V$ are tangent vector fields to $\Sigma$, and $\nabla$ is the Levi-Civita connection of $I$.
Definition 1.2 Let $\Sigma$ be an immersed surface inside a hyperbolic 3-manifold, and let $k \in(-1,0)$. If the intrinsic curvature of $\Sigma$ is constantly equal to $k$, it is a $k$-surface.

If $\Sigma$ is a $k$-surface, then its extrinsic curvature $K_{e}=k+1$ is positive, since $k \in(-1,0)$. In particular, $\Sigma$ is a (locally) strictly convex surface.

In every convex cocompact 3-manifold $M$, the subset $M \backslash C M$ is the disjoint union of a finite number of geometrically finite hyperbolic ends $\left(E_{i}\right)_{i}$, each of which is homeomorphic to $\Sigma_{i} \times(0, \infty)$ for some compact orientable surface $\Sigma_{i}$ of genus larger than or equal to 2. By the work of Labourie [21], the sets $E_{i}$ are foliated by embedded $k$-surfaces $\left(\Sigma_{i, k}\right)_{k}$, with $k$ that varies in $(-1,0)$. The surfaces $\Sigma_{i, k}$ approach the components of the pleated boundary $\partial C M$ of the convex core of $M$ as $k$ goes to -1 , and the components of conformal boundary at infinity $\partial_{\infty} M$ as $k$ goes to 0 .

We will denote by $M_{k}$ the compact region of $M$ whose boundary $\partial M_{k}$ consists of the union of the surfaces $\bigcup_{i} \Sigma_{i, k}$, and we will endow $\partial M_{k}$ with the second fundamental form $I_{k}$ defined by the normal vector field pointing towards the interior of $M_{k}$, so that $I_{k}$ is positive definite, and $H_{k}$ is a positive function (observe that the eigenvalues of the shape operator have the same sign since $\left.K_{e}=\operatorname{det} B>0\right)$.

### 1.5 Deformation spaces

Let $\Sigma$ be a compact orientable surface of genus larger than or equal to 2 . The Teichmüller space of $\Sigma$, denoted by $\mathcal{T}(\Sigma)$, is the space of isotopy classes of hyperbolic metrics
on $\Sigma$. Equivalently, in light of the uniformization theorem, $\mathcal{T}(\Sigma)$ can be described as the space of isotopy classes of conformal structures over $\Sigma$ (compatible with the choice of a fixed orientation on $\Sigma$ ).

Since convex cocompact hyperbolic 3-manifolds are not closed, several different notions of deformation spaces can be introduced. In this exposition we will consider the quasi-isometric (or quasiconformal) deformation space.

Definition 1.3 Given $M$ and $M^{\prime}$ hyperbolic manifolds, a diffeomorphism $M \rightarrow M^{\prime}$ is a quasi-isometric deformation of $M$ if it is globally bi-Lipschitz. We denote by $\mathcal{Q D}(M)$ the space of quasi-isometric deformations of $M$, where we identify two deformations $M \rightarrow M^{\prime}$ and $M \rightarrow M^{\prime \prime}$ if their pullback metrics are isotopic to each other.

Remark 1.4 By a theorem of Thurston [42, Proposition 8.3.4], two hyperbolic $n-$ manifolds $M$ and $M^{\prime}$ are quasi-isometric if and only if their fundamental groups $\Gamma$ and $\Gamma^{\prime}$ (as subgroups of the isometry group of $\mathbb{H}^{n}$ ) are quasiconformally conjugated, ie there exists a quasiconformal self-homeomorphism $\varphi$ of $\partial_{\infty} \mathbb{H}^{n}$ such that $\varphi \Gamma \varphi^{-1}=\Gamma^{\prime}$.

We denote by $m_{k}(M) \in \mathcal{T}\left(\partial M_{k}\right)=\prod_{i} \mathcal{T}\left(\Sigma_{i}\right)$ the isotopy class of the hyperbolic metric $(-k) I_{k}$, where $I_{k}$ is the first fundamental form of the $k$-surface $\partial_{k} M$ of $M$. Then for every $k \in(-1,0)$ we have maps

$$
T_{k}: \mathcal{Q D}(M) \rightarrow \mathcal{T}\left(\partial M_{k}\right), \quad M \mapsto m_{k}(M)
$$

The convenience in considering foliations by $k$-surfaces relies in the following result, based on the works of Labourie [22] and Schlenker [37]:

Theorem 1.5 If $M$ has incompressible boundary, the map $T_{k}$ is a $\mathscr{C}^{1}$-diffeomorphism for every $k \in(-1,0)$.

In the compressible case a similar statement can be recovered, replacing the role of the Teichmüller space $\mathcal{T}\left(\partial M_{k}\right)$ with its quotient by the action of a suitable subgroup of the mapping class group of $\partial M_{k}$; see eg [26, Theorem 5.1.3] for the corresponding statement concerning the conformal structure of the boundary at infinity.

As mentioned in the introduction it is an open question, asked by Thurston, whether the same statement is true for the hyperbolic structures on the boundary of the convex core, which could be considered as the case $k=-1$ in Theorem 1.5. More precisely, the
map $T_{-1}$ is known to be continuously differentiable by [5] and surjective by the work of Sullivan (described in [13]), but there are no results concerning its global injectivity.

### 1.6 Dual volume

Let $M$ be a convex cocompact hyperbolic 3-manifold. If $N$ is a compact convex subset of $M$ with smooth boundary, we define the dual volume of $N$ to be

$$
V^{*}(N):=V(N)-\frac{1}{2} \int_{\partial N} H \mathrm{~d} a
$$

where $H$ stands for the mean curvature of $\partial N$ defined using the inner normal vector field, and $V(N)$ is the Riemannian volume of $N$. We refer to [28] for a description of the relation between the notion of dual volume and the polarity correspondence between the hyperbolic and de Sitter spaces.
For every $k \in(-1,0)$ we let $V_{k}^{*}: \mathcal{T}\left(\partial M_{k}\right) \rightarrow \mathbb{R}$ denote the function that associates, with a hyperbolic structure $m_{k} \in \mathcal{T}\left(\partial M_{k}\right)$, the dual volume of the region $\partial M_{k}^{\prime}$ enclosed by the $k$-surfaces of the unique convex cocompact hyperbolic 3-manifold $M^{\prime}=T_{k}^{-1}\left(m_{k}\right)$ whose $k$-surfaces have hyperbolic structure $m_{k}$.

If $\left(N_{h}\right)_{h}$ is a sequence of convex compact subsets approaching $C M$, then the integral of the mean curvature over $\partial N_{h}$ approaches $\ell_{m}(\mu)$, the length of the bending measure $\mu$ with respect to the hyperbolic structure of $\partial C M$; see eg [9, Proposition 3.4]. This suggests we should set the dual volume of the convex core of $M$ as

$$
V_{C}^{*}(M):=V(C M)-\frac{1}{2} \ell_{m}(\mu) .
$$

In [29], a first-order variation formula for the function $V_{C}^{*}$ over $\mathcal{Q D}(M)$ is studied, called the dual Bonahon-Schläfi formula,

$$
\mathrm{d} V_{C}^{*}(\dot{M})=-\frac{1}{2} \mathrm{~d} L_{\mu}(\dot{m})
$$

Here $\dot{m}$ denotes the first-order variation of the hyperbolic metric on $\partial C M$ along $\dot{M}$, and $L_{\mu}: \mathcal{T}(\partial C M) \rightarrow \mathbb{R}$ is the function that associates with every hyperbolic structure $m$ the length of the $m$-geodesic realization of $\mu$.

A strong similarity between dual and renormalized volumes is displayed by their variation formulae. The renormalized volume satisfies

$$
\mathrm{d} V_{R}(\dot{M})=-\frac{1}{2} \operatorname{dext}_{\mathcal{F}_{\infty}}\left(\dot{c}_{\infty}\right)
$$

where $\dot{c}_{\infty}$ denotes the first-order variation of the conformal structure on $\partial_{\infty} M$ along $\dot{M}$, and $\operatorname{ext}_{\mathcal{F}_{\infty}}: \mathcal{T}\left(\partial_{\infty} M\right) \rightarrow \mathbb{R}$ is the function that associates with every conformal structure
$c$ the extremal length of the horizontal measured foliation of the Schwarzian at infinity of $M$ with respect to $c$; see Schlenker [39] for a proof of this relation.

### 1.7 Norms on $\boldsymbol{T} \mathcal{T}(\Sigma)$

First we introduce the necessary notation for the "Riemannian geometric tools" that will be used in the rest of the paper. Let $(N, g)$ be a Riemannian manifold with Levi-Civita connection ${ }^{g} \nabla$, and consider $\left(e_{i}\right)_{i}$, a local $g$-orthonormal frame. Given $T$, a symmetric 2 -tensor on $N$, we define its $g$-divergence as the 1 -form

$$
\left(\operatorname{div}_{g} T\right)(X):=\sum_{i}\left({ }^{g} \nabla_{e_{i}} T\right)\left(e_{i}, X\right)
$$

for every tangent vector field $X$. Similarly, the $g$-divergence of a vector field $X$ is the function

$$
\operatorname{div}_{g} X=\sum_{i} g\left({ }^{g} \nabla_{e_{i}} X, e_{i}\right)
$$

The Laplace-Beltrami operator can be expressed as $\Delta_{g} f=\operatorname{div}_{g} \operatorname{grad}_{g} f$. Given two symmetric 2-tensors $T$ and $T^{\prime}$, their scalar product is defined as

$$
\left(T, T^{\prime}\right)_{g}:=g^{i j} g^{h k} T_{i h} T_{j k}^{\prime}=\operatorname{tr}\left(g^{-1} T g^{-1} T^{\prime}\right)
$$

In particular, we set $\operatorname{tr}_{g} T:=(g, T)_{g}=\operatorname{tr}\left(g^{-1} T\right)$. In the next sections it will also be useful to keep in mind the way that these operators change if we replace $g$ with $\lambda g$, for some positive constant $\lambda$. If $\operatorname{dim} N=n$,

$$
\begin{gather*}
\operatorname{div}_{\lambda g} T=\lambda^{-1} \operatorname{div}_{g} T, \quad \Delta_{\lambda g} f=\lambda^{-1} \Delta_{g} f, \quad \mathrm{~d} a_{\lambda g}=\lambda^{n / 2} \mathrm{~d} a_{g}  \tag{2}\\
\left(T, T^{\prime}\right)_{\lambda g}=\lambda^{-2}\left(T, T^{\prime}\right)_{g}, \quad \operatorname{tr}_{\lambda g} T=\lambda^{-1} \operatorname{tr}_{g} T \tag{3}
\end{gather*}
$$

Now let $\mathcal{M}$ be the set of Riemannian metrics on $\Sigma$, and let $\mathcal{H}$ be the subset of hyperbolic ones. The first-order variations $\dot{g}$ of elements of $\mathcal{M}$ identify with smooth symmetric 2-tensors on $\Sigma$. The choice of a metric $g \in \mathcal{M}$ determines a scalar product on $T_{g} \mathcal{M}$, which can be expressed as

$$
(\sigma, \tau)_{\mathrm{FT}, g}:=\int_{\Sigma}(\sigma, \tau)_{g} \mathrm{~d} a_{g}
$$

where FT stands for Fischer-Tromba. We define $S_{2}^{\mathrm{tt}}(\Sigma, g)$ to be the space of those symmetric tensors $\sigma$ that are traceless with respect to $g$ (meaning $(\sigma, g)_{g}=0$ ) and $g$-divergence-free (meaning $\operatorname{div}_{g} \sigma=0$, as defined above). Such tensors are also called transverse traceless. A simple way to characterize the space $S_{2}^{\mathrm{tt}}(\Sigma, g)$ is through
holomorphic quadratic differentials. A holomorphic quadratic differential $\phi$ on $(\Sigma, g)$ is a $\mathbb{C}$-valued symmetric tensor that can be locally written as $\phi=f \mathrm{~d} z^{2}$, where $z$ is a local coordinate conformal to the metric $g$ (and compatible with a given orientation), and $f=f(z)$ is a holomorphic function. Transverse traceless tensors are exactly those 2-tensors that can be written as $\mathfrak{R \phi}$ for some $\phi$ holomorphic quadratic differential on ( $\Sigma, h$ ).

It is shown in [43] that, for every hyperbolic metric $h, S_{2}^{\mathrm{tt}}(\Sigma, h)$ coincides with

$$
T_{h} \mathcal{H} \cap\left(T_{h}\left(\operatorname{Diff}_{0}(\Sigma) \cdot h\right)\right)^{\perp}
$$

where $T_{h}\left(\operatorname{Diff}_{0}(\Sigma) \cdot h\right)$ is the tangent space to the orbit of $h$ by the action of the group of diffeomorphisms of $\Sigma$ isotopic to the identity, and $(\cdot)^{\perp}$ is taken with respect to the scalar product $(\cdot, \cdot)_{\mathrm{FT}, h}$ on $T_{h} \mathcal{M}$. Therefore, if $m=[h]$ denotes the isotopy class of a hyperbolic metric on $\Sigma$, we can identify $S_{2}^{\mathrm{tt}}(\Sigma, h)$ with $T_{m} \mathcal{T}(\Sigma)$, the tangent space at $m$ to the Teichmüller space $\mathcal{T}(\Sigma)=\mathcal{H} / \operatorname{Diff}_{0}(\Sigma)$, seen as the space of isotopy classes of hyperbolic metrics on $\Sigma$. Moreover, the restriction of the scalar product $(\cdot, \cdot)_{\mathrm{FT}, h}$ to $S_{2}^{\mathrm{tt}}(\Sigma, h)$ coincides with (a multiple of) the Weil-Petersson metric $\langle\cdot, \cdot\rangle_{\mathrm{WP}}$ (see Lemma 1.6 for the explicit multiplicative constant).

The Teichmüller space can also be endowed with another Finsler norm that arises from its conformal (or quasiconformal) interpretation, namely the Teichmüller norm. The Teichmüller norm $\|\cdot\|_{\mathcal{T}}$ of a tangent vector $\dot{m} \in T_{m} \mathcal{T}(\Sigma)$ is the infimum of the $L^{\infty}$-norms of the Beltrami differentials representing $\dot{m}$. It is not difficult to see that the Beltrami differential associated to the tangent direction $2 \mathfrak{R} \phi$ coincides with $v_{\phi}$, the harmonic Beltrami differential associated to $\phi$ (see eg [16] for a detailed description of these notions, and [30, Lemma 1.2] for a direct computation of this relation). Moreover, the $L^{\infty}-$ norm of $v_{\phi}$ can be computed as

$$
\left\|v_{\phi}\right\|_{\infty}=\frac{1}{\sqrt{2}} \sup _{\Sigma}\|\Re \phi\|_{h}
$$

We summarize what we observed:
Lemma 1.6 For every hyperbolic metric $h$ representing the isotopy class $m \in \mathcal{T}(\Sigma)$, the tangent space $T_{m} \mathcal{T}(\Sigma)$ identifies with $S_{2}^{\mathrm{tt}}(\Sigma, h)$. For every $\dot{m} \in T_{m} \mathcal{T}(\Sigma)$,

$$
\|\dot{m}\|_{\mathrm{WP}}=\frac{1}{\sqrt{2}}\|\Re \phi\|_{\mathrm{FT}, h}, \quad\|\dot{m}\|_{\mathcal{T}} \leq \frac{1}{\sqrt{2}} \sup _{\Sigma}\|\Re \phi\|_{h}
$$

where $\phi$ is a holomorphic quadratic differential such that $2 \Re \phi$ represents $\dot{m}$ inside $S_{2}^{\mathrm{tt}}(\Sigma, h)$.

## 2 Some useful estimates

In this section we determine estimates for the solution $u_{k}$ of a certain linear PDEs, defined over a $k$-surface lying inside an end of a convex cocompact hyperbolic 3manifold with incompressible boundary. The function $u_{k}$ will be later used to describe the Weil-Petersson gradient of the dual volume functions $V_{k}^{*}$, and the bounds produced in this section will play an important role in the study of its flow.

Given $(N, g)$ a Riemannian manifold with Levi-Civita connection ${ }^{g} \nabla$ and area form $\mathrm{d} a_{g}$, we denote by $H^{n}\left(N, \mathrm{~d} a_{g}\right)$ the Sobolev space of real-valued functions $f$ on $N$ with $L^{2}\left(N, \mathrm{~d} a_{g}\right)$-integrable weak derivatives $\left(^{g} \nabla\right)^{i} f$ for all $i \leq n$. The space $H^{n}\left(N, \mathrm{~d} a_{g}\right)$ is Hilbert if endowed with the scalar product

$$
\left(f, f^{\prime}\right):=\sum_{i=0}^{n} \int_{N}\left(\left({ }^{g} \nabla\right)^{i} f,\left({ }^{g} \nabla\right)^{i} f^{\prime}\right)_{g} \mathrm{~d} a_{g} \quad \text { for } f, f^{\prime} \in H^{n}\left(N, \mathrm{~d} a_{g}\right)
$$

where $(\cdot, \cdot)_{g}$ denotes the scalar product induced by $g$ on the space of $i$-tensors over $N$. Given $f: N \rightarrow \mathbb{R}$ a $\mathscr{C}^{n}$-function, we define its $\mathscr{C}^{n}(N, g)$-norm as

$$
\|f\|_{\mathscr{C}^{n}(N, g)}:=\sum_{i=0}^{n} \sup _{p \in N}\left\|\left.\left({ }^{g} \nabla\right)^{i} f\right|_{p}\right\|_{g}
$$

where $\|T\|_{g}=\sqrt{(T, T)_{g}}$.
Now let $h_{k}$ denote the hyperbolic metric $(-k) I_{k}$ on the $k$-surface $\partial M_{k}$, with LeviCivita connection ${ }^{k} \nabla$ and Laplace-Beltrami operator $\Delta_{k}$ (here we consider $\Delta_{k} u$ to be the trace of the Hessian of $u$ ). We define the linear differential operator $L_{k}$ to be

$$
L_{k} u:=\left(\Delta_{k}-2 \mathbb{1}\right) u=\Delta_{k} u-2 u .
$$

Let $A$ be the symmetric bilinear form on $H^{1}\left(\partial M_{k}, \mathrm{~d} a_{k}\right)$ with quadratic form

$$
A(u, u):=-\left(L_{k} u, u\right)=\int_{\Sigma}\left(\|\mathrm{d} u\|_{k}^{2}+2 u^{2}\right) \mathrm{d} a_{k}
$$

where $\|\cdot\|_{k}$ and $\mathrm{d} a_{k}$ denote the norm and the area form of $h_{k}$, respectively. By the Lax-Milgram theorem (see eg [7, Corollary 5.8]) applied to the Sobolev space $H^{1}\left(\partial M_{k}, \mathrm{~d} a_{k}\right)$ and to the coercive symmetric bilinear form $A$, we have that, for every $f \in L^{2}\left(\partial M_{k}, \mathrm{~d} a_{k}\right)$, there exists a unique weak solution $u \in H^{1}\left(\partial M_{k}, \mathrm{~d} a_{k}\right)$ of the equation $L_{k} u=f$. We will in particular denote by $u_{k}$ the function satisfying

$$
\begin{equation*}
L_{k} u_{k}=-k^{-1} H_{k} \Longleftrightarrow \Delta_{I_{k}} u_{k}+2 k u_{k}=H_{k} \tag{4}
\end{equation*}
$$

where $H_{k}$ denotes the mean curvature of the $k$-surface $\partial M_{k}$. By the classical regularity theory for linear elliptic PDEs (see eg [14, Section 6.3]), the smoothness of the mean curvature $H_{k}$ and the compactness of $\partial M_{k}$ imply that the function $u_{k}$ is smooth and it is a strong solution of (4).
By the work of Rosenberg and Spruck [35, Theorem 4], for every Jordan curve $c$ in $\partial_{\infty} \mathbb{H}^{3}$ there exist exactly two $k$-surfaces $\tilde{\Sigma}_{k}^{ \pm}(c)$ asymptotic to $c$. A fundamental property of $k$-surfaces, which will be crucial in Lemma 2.3, is:

Proposition 2.1 [6, Proposition 3.8] Let $k \in(-1,0)$ and $n \in \mathbb{N}$. Then there exists a constant $N_{k, n}>0$ such that, for every Jordan curve $c$ in $\partial_{\infty} \mathbb{H}^{3}$, the mean curvature $H_{c, k}$ of the $k$-surface $\widetilde{\Sigma}_{k}(c)=\widetilde{\Sigma}_{k}^{+}(c) \sqcup \widetilde{\Sigma}_{k}^{-}(c)$ asymptotic to $c$ satisfies

$$
\left\|H_{c, k}\right\|_{\mathscr{C}^{n}\left(\tilde{\Sigma}_{k}(c)\right)} \leq N_{n, k}
$$

Proof We briefly recall here the proof of this statement (which was stated in [6] for $n=0$ ). First, recall that $k$-surfaces satisfy the following compactness criterion:

Proposition 2.2 [6, Proposition 3.6] Let $k \in(-1,0)$, and consider $f_{n}: \mathbb{H}_{k}^{2} \rightarrow \mathbb{H}^{3}$ a sequence of proper isometric embeddings of the hyperbolic plane $\mathbb{H}_{k}^{2}$ with constant Gaussian curvature $k$. If there exists a point $p \in \mathbb{H}^{2}$ such that $\left(f_{n}(p)\right)_{n}$ is precompact, then there exists a subsequence of $\left(f_{n}\right)_{n}$ that converges $\mathscr{C}^{\infty}$-uniformly on compact sets to an isometric immersion $f: \mathbb{H}_{k}^{2} \rightarrow \mathbb{H}^{3}$.

Fixing $k \in(-1,0)$ and $n \in \mathbb{N}$, assume by contradiction that there exists a sequence of Jordan curves $\left(c_{m}\right)_{m}$ such that the mean curvatures $H_{m}=H_{c_{m}, k}$ of the $k$-surfaces $\tilde{\Sigma}_{k}\left(c_{m}\right)$ satisfy $\left\|H_{m}\right\|_{\mathscr{C} n\left(\tilde{\Sigma}_{k}\left(c_{m}\right)\right)}>m$. Up to extracting a subsequence, there exists an $i \leq n$ such that for every $m \in \mathbb{N}$

$$
\sup _{\tilde{\Sigma}_{k}\left(c_{m}\right)}\left\|\left({ }^{k} \nabla\right)^{i} H_{m}\right\|>\frac{m}{n+1}=C_{n} m
$$

Now choose $q_{m} \in \widetilde{\Sigma}_{k}\left(c_{m}\right)$ for which the norm of $\left({ }^{k} \nabla\right)^{i} H_{m}$ at $q_{m}$ is at least $C_{n} m$. Since each component of $\widetilde{\Sigma}_{k}\left(c_{m}\right)$ is embedded and isometric to the hyperbolic plane $\mathbb{H}_{k}^{2}$ (which is homogeneous), we can find a sequence of proper isometric embeddings $f_{m}: \mathbb{H}_{k}^{2} \rightarrow \mathbb{H}^{3}$, parametrizing a component of $\tilde{\Sigma}_{k}\left(c_{m}\right)$, such that $f_{m}(\bar{p})=q_{m}$ for some fixed basepoint $\bar{p} \in \mathbb{H}_{k}^{2}$. Up to postcomposing $f_{m}$ by an isometry of $\mathbb{H}^{3}$, we can also assume that $f_{m}(\bar{p})=\bar{q}$ is fixed. In this way, we have found a sequence of proper isometric embeddings $f_{m}: \mathbb{H}_{k}^{2} \rightarrow \mathbb{H}^{3}$ satisfying

- $f_{m}(\bar{p})=\bar{q} \in \mathbb{H}^{3}$ is independent of $m \in \mathbb{N}$,
- the mean curvature of the surfaces $f_{m}\left(\mathbb{H}_{k}^{2}\right)$ at $\bar{q}$ has some $i^{\text {th }}$-order derivative that is unbounded as $m$ goes to $\infty$.

This clearly contradicts the compactness criterion mentioned above.
From this result we can now obtain a uniform control on $u_{k}$ :
Lemma 2.3 Let $M$ be a convex cocompact hyperbolic 3-manifold. Then the function $u_{k}: \partial M_{k} \rightarrow \mathbb{R}$, the solution of (4), satisfies

$$
\frac{\max _{\partial M_{k}} H_{k}}{2 k} \leq u_{k} \leq \frac{\min _{\partial M_{k}} H_{k}}{2 k}=\frac{\sqrt{k+1}}{k}<0
$$

Moreover, if $M$ has incompressible boundary, then there exists a constant $C_{k}>0$ depending only on the intrinsic curvature $k \in(-1,0)$, and in particular not on the hyperbolic structure of $M$, such that

$$
\max _{\partial M_{k}}\left\|^{k} \nabla^{2} u_{k}\right\|_{k} \leq C_{k}
$$

Proof The first assertion is an immediate consequence of the maximum principle applied to $u_{k}$ as a solution of the PDE (4). Moreover, since the product of the principal curvatures (the eigenvalues of the shape operator) of a $k$-surface is everywhere equal to $k+1$, the trace of the shape operator is bounded from below by $2 \sqrt{k+1}$ (see Remark 2.5 for an explanation of the equality $\min _{\partial M_{k}} H_{k}=2 \sqrt{k+1}$ ).

The proof of the second assertion requires more care. Let $\Sigma_{k}$ be a connected component of the $k$-surface $\partial M_{k}$, and let $\tilde{M} \cong \mathbb{H}^{3}$ denote the universal cover of $M$. Since $M$ is a convex cocompact hyperbolic 3-manifold with incompressible boundary, every component $\tilde{\Sigma}_{k}$ of the preimage of $\Sigma_{k}$ in $\tilde{M}$ is stabilized by a subgroup $\Gamma \cong \pi_{1}\left(\Sigma_{k}\right)$ of the fundamental group of $M$, acting by isometries on $\tilde{M}$. Each of these subgroups $\Gamma$ is quasi-Fuchsian (see eg [17, Corollary 4.112 and Theorem 8.17] for a proof of this assertion), and the surface $\widetilde{\Sigma}_{k}$ is a $k$-surface asymptotic to some Jordan curve in $\partial_{\infty} \tilde{M} \cong \partial_{\infty} \mathbb{H}^{3}$. In particular, by Proposition 2.1, we can find a universal constant $N_{k}=N_{2, k}>0$ that satisfies

$$
\begin{equation*}
\left\|\tilde{H}_{k}\right\|_{\mathscr{C}^{2}\left(\tilde{\Sigma}_{k}\right)} \leq N_{k} \tag{5}
\end{equation*}
$$

Here we stress that the constant $N_{k}$ does not depend on the hyperbolic structure of $M$ or $\Sigma_{k}$, but only on the value of $k \in(-1,0)$.

Our goal is now to make use of this control to obtain a uniform bound of the norm of the Hessian of $u_{k}$. For this purpose, we will need a classical result of regularity for linear elliptic differential equations:

Theorem $2.4\left[14\right.$, Theorem 2, page 314] Let $m, n \in \mathbb{N}$ and $U \subset \mathbb{R}^{n}$ be a bounded open set. We consider a differential operator $L$ of the form

$$
L f=-\sum_{i, j=1}^{n} a^{i j}(x) \partial_{x_{i}, x_{j}}^{2} f+\sum_{i=0}^{n} b^{i}(x) \partial_{x_{i}} f+c(x) f
$$

where $a^{i j}=a^{j i}, b^{i}, c \in \mathscr{C}^{m+1}(U, \mathbb{R})$. Assume that $L$ is uniformly elliptic, ie there exists a constant $\varepsilon>0$ such that $\sum_{i, j} a^{i j}(x) v_{i} v_{j} \geq \varepsilon\|v\|^{2}$ for all $v \in \mathbb{R}^{n}$ and $x \in U$. If $f \in H^{1}(U)$ is a weak solution of the equation $L f=\lambda$ for some $\lambda \in H^{m}(U)$, then for every bounded open set $V$ with closure contained in $U$ there exists a constant $C$, depending only on $m, U$ and $V$ and the functions $a^{i j}, b^{i}$ and $c$, such that

$$
\|f\|_{H^{m+2}(V)} \leq C\left(\|\lambda\|_{H^{m}(U)}+\|f\|_{L^{2}(U)}\right)
$$

where the Sobolev spaces $H^{m+2}(V), H^{m}(U)$ and $L^{2}(U)$ are defined with respect to the Euclidean metric of $U \subset \mathbb{R}^{n}$.

The surface $\tilde{\Sigma}_{k}$ endowed with the lift of the hyperbolic metric $h_{k}$ of $\Sigma_{k}$ is isometric to the hyperbolic plane $\mathbb{H}^{2}$. In the rest of the proof we will identify $\widetilde{\Sigma}_{k}$ with the Poincaré disk model $\mathbb{H}^{2}:=\left(B_{1}, g\right)$, where $B_{1}$ is the Euclidean ball of radius 1 and center 0 in $\mathbb{C}$, and $g$ is the Riemannian metric

$$
g=\left(\frac{2}{1-|z|^{2}}\right)^{2}|\mathrm{~d} z|^{2}
$$

Now we choose $U$ and $V$ to be the $g$-geodesic balls of center $0 \in B_{1}$ and hyperbolic radius equal to 2 and 1 , respectively. The lift of the operator $-L_{k}$ over $U$ is clearly uniformly elliptic because of the compactness of $\bar{U}$ and its expression in coordinates

$$
-L_{k} f=-g^{i j}\left(\partial_{i j}^{2} f-\Gamma_{i j}^{h}(g) \partial_{h} f\right)+2 f
$$

where the $\Gamma_{i j}^{h}(g)$ denote the Christoffel symbols of $g$. Again by the compactness of $\bar{U}$ and $\bar{V}$, the norms of the Sobolev spaces $\|\cdot\|_{H^{j}(U)}$ and $\|\cdot\|_{H^{j}(V)}$, computed with respect to the flat connection of $B_{1} \subset \mathbb{R}^{2}$ and the Euclidean volume form, are equivalent to the norms of the corresponding Sobolev spaces defined using the LeviCivita connection of $g$ and the $g$-volume form. Moreover, the bi-Lipschitz constants involved in the equivalence only depend on a bound of the $\mathscr{C}^{j+1}$-norm of $g$ over $U$, so they can be chosen to depend only on $j \in \mathbb{N}$. From now on, we will consider the norms on the spaces $H^{j}(U)$ and $H^{j}(V)$ to be defined using the metric $g$ and its connection.
Now we apply Theorem 2.4 to $m=n=2$, the operator $-L_{k}$ and the functions $f=\tilde{u}_{k}$ and $\lambda=-k^{-1} \tilde{H}_{k}$, where $\widetilde{F}$ denotes the lift of the function $F$ over $\widetilde{\Sigma}_{k}$. We can find
a universal constant $C>0$ (depending only on the open sets $U$ and $V$, and on the metric $\left.g\right|_{U}$ ) such that

$$
\left\|\tilde{u}_{k}\right\|_{H^{4}(V)} \leq C\left(-k^{-1}\left\|\tilde{H}_{k}\right\|_{H^{2}(U)}+\left\|\tilde{u}_{k}\right\|_{L^{2}(U)}\right)
$$

By the first part of Lemma 2.3, $\left\|\tilde{u}_{k}\right\|_{\mathscr{C}^{0}(U)} \leq-(2 k)^{-1}\left\|\tilde{H}_{k}\right\|_{\mathscr{C}^{0}\left(\mathbb{H}^{2}\right)}$. In addition,

$$
\left\|\tilde{u}_{k}\right\|_{L^{2}(U)} \leq \operatorname{Area}(U, g)^{1 / 2}\left\|\tilde{u}_{k}\right\|_{\mathscr{C}^{0}(U)} \leq-(2 k)^{-1} \operatorname{Area}(U, g)^{1 / 2}\left\|\tilde{H}_{k}\right\|_{\mathscr{C}^{0}\left(\mathbb{H}^{2}\right)}
$$

and

$$
\left\|\tilde{H}_{k}\right\|_{H^{2}(U)} \leq \operatorname{Area}(U, g)^{1 / 2}\left\|\tilde{H}_{k}\right\|_{\mathscr{C}^{2}\left(\mathbb{H}^{2}\right)}
$$

In conclusion, we deduce that

$$
\left\|\tilde{u}_{k}\right\|_{H^{4}(V)} \leq-2 k^{-1} C \operatorname{Area}(U, g)^{1 / 2}\left\|\tilde{H}_{k}\right\|_{\mathscr{C}^{2}\left(\mathbb{H}^{2}\right)}
$$

By the Sobolev embedding theorem (see eg [7, Corollary 9.13, page 283]), given $W$ an open set satisfying $0 \in W \subset \bar{W} \subset V$, the $\mathscr{C}^{2}(W)$-norm of $\tilde{u}_{k}$ (again, computed with respect to the Levi-Civita connection of $g$ ) is controlled by a multiple of its $H^{4}$-norm over $V$, and the multiplicative factor depends only on $W$ and $V$. Therefore, if we choose for instance $W=B_{\mathbb{H}^{2}}\left(0, \frac{1}{2}\right)$,

$$
\left\|^{k} \nabla^{2} \tilde{u}_{k}\right\|_{\mathscr{C}^{0}(W)} \leq C^{\prime}(k)\left\|\tilde{H}_{k}\right\|_{\mathscr{C}^{2}\left(\mathbb{H}^{2}\right)} .
$$

Now the desired statement easily follows. From relation (5) and the last inequality, we obtain a uniform bound of the Hessian of $\tilde{u}_{k}$ over $W \ni 0$. Now let $q$ be any other point of $\mathbb{H}^{2}$, and choose a $g$-isometry $\varphi_{q}: B_{1} \rightarrow B_{1}$ such that $\varphi_{q}(0)=q$. If we replace $\tilde{u}_{k}$ and $\tilde{H}_{k}$ with $\tilde{u}_{k} \circ \varphi_{q}$ and $\tilde{H}_{k} \circ \varphi_{q}$, respectively, the exact same argument above applies, since the operator $L_{k}$ and the norms $\|\cdot\|_{H^{j}}$ and $\|\cdot\|_{\mathscr{C}_{l} l}$ are invariant under the action of the isometry group of $\mathbb{H}^{2}$ (and since $\left.\left\|\tilde{H}_{k}\right\|_{\mathscr{C}^{2}\left(\mathbb{H}^{2}\right)}=\left\|\tilde{H}_{k} \circ \varphi_{q}\right\|_{\mathscr{C}^{2}\left(\mathbb{H}^{2}\right)}\right)$. In particular, this gives us a control on the norm of ${ }^{k} \nabla^{2} \tilde{u}_{k}$ over $\varphi_{q}(W)$ for any point $q \in \mathbb{H}^{2}$, and the last part of our assertion follows.

Remark 2.5 The minimum of the mean curvature $2 \sqrt{k+1}$ is always realized. As described by Labourie in [23], whenever we have a $k$-surface $\Sigma_{k}$ with first and second fundamental forms $I_{k}$ and $I_{k}$, respectively, the identity map id: $\left(\Sigma_{k}, I_{k}\right) \rightarrow\left(\Sigma_{k}, I_{k}\right)$ is harmonic, with Hopf differential $\psi_{k}$ satisfying

$$
2 \Re \psi_{k}=I_{k}-\frac{H_{k}}{2(k+1)} I_{k}
$$

Its squared norm with respect to $I_{k}$ can be expressed as

$$
\left\|2 \Re \psi_{k}\right\|_{I_{k}}^{2}=\frac{H_{k}^{2}-4(k+1)}{(k+1)^{2}}
$$

In particular, at each zero of $\psi_{k}$ (which necessarily exist because $\chi\left(\Sigma_{k}\right)<0$ ), we have $H_{k}=2 \sqrt{k+1}$.

We stress that, even if the maximum of the mean curvature $H_{k}$ will clearly depend on the hyperbolic structure of $M$, Proposition 2.1 guarantees that max $H_{k}$ is controlled by a function of $k$ independent of the geometry of $M$, as long as $\partial M$ is incompressible. We will make use of the upper bound $u_{k} \leq \sqrt{k+1} / k$ in Lemma 3.4, where we will determine a lower bound of the Weil-Petersson norm of the differential of $V_{k}^{*}$ in terms of the integral of the mean curvature.

## 3 The gradient of the dual volume

The aim of this section is to describe the gradient of the dual volume function $V_{k}^{*}$ with respect to the Weil-Petersson metric on the Teichmüller space of $\partial M_{k}$ in terms of the function $u_{k}$ studied in the previous section.
The first-order variation of the dual volume of $M_{k}$ as we vary the convex cocompact hyperbolic structure of $M$ can be computed by applying the differential Schläfli formula due to Rivin and Schlenker [34]. In particular:

Proposition 3.1 We have

$$
\begin{aligned}
\mathrm{d}\left(V_{k}^{*} \circ T_{k}\right)(\dot{M}) & =\frac{1}{4} \int_{\partial M_{k}}\left(\dot{I}_{k}, I_{k}-H_{k} I_{k}\right)_{I_{k}} \mathrm{~d} a_{I_{k}} \\
& =\frac{1}{4} \int_{\partial M_{k}}\left(\dot{h}_{k}, I I_{k}+k^{-1} H_{k} h_{k}\right)_{h_{k}} \mathrm{~d} a_{h_{k}}
\end{aligned}
$$

where $\dot{I}_{k}=-k^{-1} \dot{h}_{k}$ is the first-order variation of the first fundamental form on $\partial M_{k}$ along the variation $\dot{M}$, and $T_{k}: \mathcal{Q D}(M) \rightarrow \mathcal{T}\left(\partial M_{k}\right)$ is the diffeomorphism introduced in Section 1.5.

A proof of this relation based on the results of Rivin and Schlenker can be found in [29, Proposition 2.5]. From its variation formula, we can give an explicit description of the Weil-Petersson gradient of the dual volume function $V_{k}^{*}$, which will turn out to be useful for the study of its flow.

Proposition 3.2 The vector field $\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}$ is represented by the symmetric 2-tensor $2 \mathfrak{R} \phi_{k}$, where $\phi_{k}$ is the (unique) holomorphic quadratic differential satisfying

$$
\Re \phi_{k}=I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k},
$$

where $u_{k}$ denotes the solution of (4).

Proof Let $\dot{m}_{k}$ denote a tangent vector to the Teichmüller space of $\partial M_{k}$ at $m_{k}$. As described in Section 1.5, given any hyperbolic metric $h_{k}$ representing the isotopy class $m_{k} \in \mathcal{T}\left(\partial M_{k}\right)$, we can find a unique transverse traceless tensor $\dot{h}_{k} \in S_{2}^{\mathrm{tt}}\left(\Sigma, h_{k}\right)$ representing $\dot{m}_{k}$. Assume for a moment that we can find a decomposition of the symmetric tensor $I_{k}+k^{-1} H_{k} h_{k}$ of the form

$$
I_{k}+k^{-1} H_{k} h_{k}=S_{\mathrm{tt}}+\mathcal{L}_{X} h_{k}+\lambda h_{k}
$$

where $S_{\mathrm{tt}}$ is a transverse traceless tensor with respect to $h_{k}, \mathcal{L}_{X} h_{k}$ is the Lie derivative of $h_{k}$ with respect to a vector field $X$, and $\lambda$ is a smooth function on $\partial M_{k}$. Then, by Proposition 3.1, we can express the variation of the dual volume $V_{k}^{*}$ along a transverse traceless variation $\dot{h}_{k}$ :

$$
\mathrm{d} V_{k}^{*}\left(\dot{h}_{k}\right)=\frac{1}{4} \int_{\partial M_{k}}\left(\dot{h}_{k}, S_{\mathrm{tt}}+\mathcal{L}_{X} h_{k}+\lambda h_{k}\right)_{h_{k}} \mathrm{~d} a_{h_{k}} .
$$

Since $\dot{h}_{k}$ is traceless, the scalar product $\left(\dot{h}_{k}, h_{k}\right)_{h_{k}}=\operatorname{tr}_{h_{k}}\left(\dot{h}_{k}\right)$ vanishes identically. The $L^{2}$-scalar product between $\dot{h}_{k}$ and $\mathcal{L}_{X} h_{k}$ vanishes too, because $\mathcal{L}_{X} h_{k}$ is tangent to the orbit of $h_{k}$ by the action of $\operatorname{Diff}_{0}(\Sigma)$; see Section 1.7. In particular,

$$
\mathrm{d} V_{k}^{*}\left(\dot{h}_{k}\right)=\frac{1}{4} \int_{\partial M_{k}}\left(\dot{h}_{k}, S_{\mathrm{tt}}\right)_{h_{k}} \mathrm{~d} a_{h_{k}}=\frac{1}{8}\left(\dot{h}_{k}, 2 S_{t t}\right)_{\mathrm{FT}, h_{k}}
$$

In light of Lemma 1.6, by varying the tangent vector $\dot{m}_{k} \in T_{m_{k}} \mathcal{T}\left(\partial M_{k}\right)$, we deduce that the tensor $2 S_{\mathrm{tt}}$ is the element of $S_{2}^{\mathrm{tt}}\left(\Sigma, h_{k}\right)$ that represents $\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}$.

In conclusion, this argument shows us that, in order to prove our assertion, we need to determine a decomposition of the tensor $I_{k}+k^{-1} H_{k} h_{k}$ of the form we described above, with $S_{\mathrm{tt}}=I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}$. For this purpose, we consider the expression

$$
\begin{aligned}
I_{k}+k^{-1} H_{k} h_{k} & =\left(I I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}\right)+{ }^{k} \nabla^{2} u_{k}+\left(k^{-1} H_{k}-u_{k}\right) h_{k} \\
& =\left(I I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}\right)+\frac{1}{2} \mathcal{L}_{\operatorname{grad}_{h_{k}}} u_{k} h_{k}+\left(k^{-1} H_{k}-u_{k}\right) h_{k}
\end{aligned}
$$

where we used the relation $\mathcal{L}_{\operatorname{grad}_{h_{k}}} u_{k} h_{k}=2\left({ }^{k} \nabla^{2} u_{k}\right)$. In this expression, the second term of the sum is of the type $\mathcal{L}_{X} h_{k}$, while the third term has the form $\lambda h_{k}$. Therefore, by the argument above, it is enough to show that the first term is $h_{k}$-traceless and $h_{k}$-divergence-free. The trace of $I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}$ satisfies

$$
\operatorname{tr}_{h_{k}}\left(I I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}\right)=-k^{-1} H_{k}-\Delta_{k} u_{k}+2 u_{k}
$$

This expression vanishes because $u_{k}$ is a solution of (4). In order to compute the divergence of our tensor, we will need the relations

$$
\operatorname{div}_{h_{k}} I_{k}=-k^{-1} \mathrm{~d} H_{k}, \quad \operatorname{div}_{g}\left({ }^{g} \nabla^{2} f\right)=\mathrm{d}\left(\Delta_{g} f\right)+\operatorname{Ric}_{g}\left(\operatorname{grad}_{g} f, \cdot\right)
$$

The first equality follows from the Codazzi equation $\left({ }^{k} \nabla_{X} B_{k}\right) Y=\left({ }^{k} \nabla_{Y} B_{k}\right) X$ satisfied by the shape operator $B_{k}$ of $\partial M_{k}$ (the Levi-Civita connections of $h_{k}$ and the first fundamental form $I_{k}$ are the same, since they differ by a multiplicative constant). The second relation is true for any Riemannian metric $g$, and we will apply it in the case $g=h_{k}$ and $f=u_{k}$. Since $h_{k}$ is a hyperbolic metric on a 2-manifold, we have $\operatorname{Ric}_{h_{k}}=-h_{k}$. Therefore

$$
\begin{aligned}
\operatorname{div}_{h_{k}}\left(I I_{k}-\nabla_{k}^{2} u_{k}+u_{k} h_{k}\right) & =-k^{-1} \mathrm{~d} H_{k}-\mathrm{d}\left(\Delta_{k} u_{k}\right)+\mathrm{d} u_{k}+\mathrm{d} u_{k} \\
& =\mathrm{d}\left(-k^{-1} H_{k}-\Delta_{k} u_{k}+2 u_{k}\right)
\end{aligned}
$$

where we used the relation $\operatorname{div}_{g}(f g)=\mathrm{d} f$. Again, the expression above vanishes because $u_{k}$ solves (4). Then we have shown that $I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}$ is a transverse traceless tensor, as desired.

Remark 3.3 In fact, the decomposition we presented for the tensor $I_{k}+k^{-1} H_{k} h_{k}$ is related to the orthogonal decomposition of the space of symmetric tensors due to Fischer and Marsden [15]. Given $g$, a hyperbolic metric, every symmetric tensor $S$ admits an orthogonal decomposition of the form

$$
S=S_{\mathrm{tt}}+\mathcal{L}_{X} g+\left(\left(-\Delta_{g} f+f\right) g+{ }^{g} \nabla^{2} f\right)
$$

where:

- $S_{\mathrm{tt}}$ is transverse traceless with respect to $g$.
- $S_{\mathrm{tt}}+\mathcal{L}_{X} g$ is tangent to the space of Riemannian metrics with constant Gaussian curvature equal to -1 . That is, if $g^{\prime} \mapsto K\left(g^{\prime}\right)$ denotes the operator that associates to the Riemannian metric $g^{\prime}$ its Gaussian curvature, then $S_{\mathrm{tt}}+\mathcal{L}_{X} g \in \operatorname{kerd} K_{g}$.
- $\left(-\Delta_{g} f+f\right) g+^{g} \nabla^{2} f$ is $L^{2}$-orthogonal to ker $\mathrm{d} K_{g}$.

Then, the expression

$$
\begin{aligned}
I_{k}+k^{-1} H_{k} h_{k} & =\left(I I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}\right)+0+\left(\left(k^{-1} H_{k}-u_{k}\right) h_{k}+{ }^{k} \nabla^{2} u_{k}\right) \\
& =\left(I I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}\right)+0+\left(\left(-\Delta_{k} u_{k}+u_{k}\right) h_{k}+{ }^{k} \nabla^{2} u_{k}\right)
\end{aligned}
$$

is the Fischer-Marsden decomposition of $I_{k}+k^{-1} H_{k} h_{k}$, where $f=u_{k}, X=0$ and $S_{\mathrm{tt}}=\left(I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}\right)$.

Using this explicit description of the Weil-Petersson gradient of the dual volume function $V_{k}^{*}$, we can determine a lower bound of its norm in terms of the integral of the mean curvature:

Lemma 3.4 For every $k \in(-1,0)$,

$$
\left\|\mathrm{d} V_{k}^{*}\right\|_{\mathrm{WP}}^{2} \geq-\frac{\sqrt{k+1}}{2 k} \int_{\partial M_{k}} H_{k} \mathrm{~d} a_{I_{k}}-\frac{2 \pi(k+1)}{k^{2}}|\chi(\partial M)|
$$

Proof In what follows, we will prove the expression

$$
\begin{equation*}
\left\|I_{k}-\nabla_{k}^{2} u_{k}+u_{k} h_{k}\right\|_{I_{k}}^{2}=k u_{k} H_{k}-2(k+1)+\operatorname{div}_{I_{k}} W \tag{6}
\end{equation*}
$$

for some tangent vector field $W$ on $\partial M_{k}$. Assuming for the moment this relation,

$$
\begin{array}{rlr}
\left\|\mathrm{d} V_{k}^{*}\right\|_{\mathrm{WP}}^{2} & =\frac{1}{2} \int_{\partial M_{k}}\left\|\Re \phi_{k}\right\|_{h_{k}}^{2} \mathrm{~d} a_{h_{k}} & \text { (Proposition 3) } \\
& =\frac{1}{2} \int_{\partial M_{k}}(-k)^{-2}\left\|\Re \phi_{k}\right\|_{I_{k}}^{2}(-k) \mathrm{d} a_{I_{k}} \\
& =-\frac{1}{2 k} \int_{\partial M_{k}}\left(k u_{k} H_{k}-2(k+1)\right) \mathrm{d} a_{I_{k}} \quad \text { (relation (6)), }
\end{array}
$$

where we used that $h_{k}=(-k) I_{k}$, relations (2) and (3), and that the integral of the term $\operatorname{div}_{I_{k}} W$ vanishes by the divergence theorem. By Lemma $2.3 u_{k} \leq \sqrt{k+1} / k$, so

$$
\left\|\mathrm{d} V_{k}^{*}\right\|_{\mathrm{WP}}^{2} \geq-\frac{\sqrt{k+1}}{2 k} \int_{\partial M_{k}} H_{k} \mathrm{~d} a_{I_{k}}-\frac{2 \pi(k+1)}{k^{2}}|\chi(\partial M)|
$$

where we applied the Gauss-Bonnet theorem to say that the area of $\partial M_{k}$ with respect to $I_{k}$ is equal to $-2 \pi k^{-1}|\chi(\partial M)|$.

The only ingredient left to prove is relation (6). For this computation, we will use Bochner's formula (see eg [25, page 223]),
(7) $\frac{1}{2} \Delta_{g}\|\mathrm{~d} f\|_{g}^{2}=\left\|^{g} \nabla^{2} f\right\|_{g}^{2}+g\left(\operatorname{grad}_{g} f, \operatorname{grad}_{g} \Delta_{g} f\right)+\operatorname{Ric}_{g}\left(\operatorname{grad}_{g} f, \operatorname{grad}_{g} f\right)$, and the expressions

$$
\begin{align*}
\operatorname{div}_{g}(f X) & =g\left(\operatorname{grad}_{g} f, X\right)+f \operatorname{div}_{g} X,  \tag{8}\\
\frac{1}{2}\left(\mathcal{L}_{X} g, T\right)_{g} & =-\left(\operatorname{div}_{g} T\right)(X)+\operatorname{div}_{g} Y, \tag{9}
\end{align*}
$$

where $X$ is a tangent vector field, $f$ is a smooth function, $T$ is a symmetric 2-tensor, and $Y=T(X, \cdot)^{\#}$ is the vector field defined by requiring that $g(Y, Z)=T(X, Z)$ for all vector fields $Z$. From now on, we will omit everywhere the dependence of the connections, norms, gradients, and the Laplace-Beltrami operator on the Riemannian
metric $g$, and everything has to be interpreted as associated to $g=I_{k}$. Observe also that the Levi-Civita connections of $I_{k}$ and $h_{k}$ are equal, since these metrics differ by multiplication by a constant and, in particular, the $h_{k}$ - and $I_{k}$-Hessians coincide. Then

$$
\begin{align*}
\left\|I I_{k}-\nabla^{2} u_{k}+u_{k} h_{k}\right\|^{2}= & \left\|I_{k}-\nabla^{2} u_{k}-k u_{k} I_{k}\right\|^{2}  \tag{10}\\
= & \left\|I_{k}\right\|^{2}+\left\|\nabla^{2} u_{k}\right\|^{2}+k^{2} u_{k}^{2}\left\|I_{k}\right\|^{2}-2\left(I I_{k}, \nabla^{2} u_{k}\right) \\
& -2 k u_{k}\left(I_{k}, I_{k}\right)+2 k u_{k}\left(\nabla^{2} u_{k}, I_{k}\right) .
\end{align*}
$$

First, we focus our attention on the terms $\left\|\nabla^{2} u_{k}\right\|^{2}$ and $\left(I_{k}, \nabla^{2} u_{k}\right)$. In order to simplify the notation, we say that two functions $a$ and $b$ on $\partial M_{k}$ are equal "modulo divergence", and we write $a \equiv_{\text {div }} b$, if their difference coincides with the divergence of some smooth vector field. Then

$$
\begin{aligned}
\left\|\nabla^{2} u_{k}\right\|^{2} & =\frac{1}{2} \Delta\left\|\mathrm{~d} u_{k}\right\|^{2}-\left\langle\operatorname{grad} u_{k}, \operatorname{grad} \Delta u_{k}\right\rangle-k\left\|\mathrm{~d} u_{k}\right\|^{2} & & (\text { relation (7)) } \\
& \equiv \operatorname{div}-\left\langle\operatorname{grad} u_{k}, \operatorname{grad} \Delta u_{k}\right\rangle-k\left\|\mathrm{~d} u_{k}\right\|^{2} & & \left(\Delta_{g} f=\operatorname{div}_{g} \operatorname{grad}_{g} f\right) \\
& =-\operatorname{div}\left(\Delta u_{k} \operatorname{grad} u_{k}\right)+\left(\Delta u_{k}\right)^{2}-k\left\|\mathrm{~d} u_{k}\right\|^{2} & & (\text { relation (8)) } \\
& \equiv \varliminf_{\operatorname{div}}\left(\Delta u_{k}\right)^{2}-k \operatorname{div}\left(u_{k} \operatorname{grad} u_{k}\right)+k u_{k} \Delta u_{k} & & \text { (relation (8)) } \\
& \equiv \sum_{\operatorname{div}} \Delta u_{k}\left(\Delta u_{k}+k u_{k}\right) & &
\end{aligned}
$$

and

$$
\begin{aligned}
\left(I I_{k}, \nabla^{2} u_{k}\right) & =\frac{1}{2}\left(I I_{k}, \mathcal{L}_{\operatorname{grad} u_{k}} I_{k}\right) & & \left(\mathcal{L}_{\text {grad }_{g} f} g=2^{g} \nabla^{2} f\right) \\
& \equiv & & \left(\text { div }-\left(\operatorname{div} I_{k}\right)\left(\operatorname{grad} u_{k}\right)\right. \\
& =-\left\langle\operatorname{grad} H_{k}, \operatorname{grad} u_{k}\right\rangle & & \left(\operatorname{div} I_{k}=\mathrm{d} H_{k}\right) \\
& =-\operatorname{div}\left(H_{k} \operatorname{grad} u_{k}\right)+H_{k} \Delta u_{k} & & (\text { relation }(8)) \\
& \equiv_{\operatorname{div}} H_{k} \Delta u_{k} . & &
\end{aligned}
$$

The other terms in (10) are simpler to handle. In particular,

$$
\begin{aligned}
\left\|I_{k}\right\|^{2} & =H_{k}^{2}-2(k+1), & \left\|I_{k}\right\|^{2} & =2 \\
\left(I I_{k}, I_{k}\right) & =H_{k}, & \left(\nabla^{2} u_{k}, I_{k}\right) & =\Delta u_{k}
\end{aligned}
$$

Replacing all the relations we found in (10), we obtain

$$
\begin{aligned}
\| I_{k}-\nabla^{2} u_{k}+ & u_{k} h_{k} \|^{2} \\
& \equiv \begin{array}{l}
\text { div }
\end{array} H_{k}^{2}-2(k+1)+\Delta u_{k}\left(\Delta u_{k}+k u_{k}\right)+2 k^{2} u_{k}^{2} \\
& \quad-2 H_{k} \Delta u_{k}-2 k u_{k} H_{k}+2 k u_{k} \Delta u_{k} \\
& =H_{k}^{2}-2(k+1)+2 k^{2} u_{k}^{2}-2 k u_{k} H_{k}+\Delta u_{k}\left(\Delta u_{k}+3 k u_{k}-2 H_{k}\right) .
\end{aligned}
$$

Finally, by replacing $\Delta u_{k}=\Delta_{I_{k}} u_{k}$ using (4) in the equality above, we find that

$$
\left\|I_{k}-\nabla^{2} u_{k}+u_{k} h_{k}\right\|^{2} \equiv_{\operatorname{div}} k u_{k} H_{k}-2(k+1)
$$

which is equivalent to relation (6).

Since the Weil-Petersson metric of the Teichmüller space is noncomplete, a control from above of the quantity $\left\|\mathrm{d} V_{k}^{*}\right\|_{\mathrm{WP}}$ would not suffice to guarantee the existence of the flow for every time. For this purpose, we rather study the $L^{\infty}$-norm of the Beltrami differentials equivalent to $\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}$, which gives a control with respect to the Teichmüller metric (that is complete). At this point, the estimates determined in Lemma 2.3 will play an essential role.

Proposition 3.5 There exists a constant $D_{k}>0$ depending only on the intrinsic curvature $k \in(-1,0)$ such that

$$
\left\|\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}\right\|_{\mathcal{T}} \leq D_{k}
$$

where $\|\cdot\|_{\mathcal{T}}$ denotes the Teichmüller norm on $T \mathcal{T}\left(\partial M_{k}\right)$.
Proof Let $m_{k}$ be a point of the Teichmüller space $\mathcal{T}\left(\partial M_{k}\right)$ and let $h_{k}$ be a hyperbolic metric in the isotopy class $m_{k}$. In Proposition 3.2, we showed that the vector field $\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}$ at a point $m_{k} \in \mathcal{T}\left(\partial M_{k}\right)$ is represented by the transverse traceless tensor $2 \Re \phi_{k} \in S_{2}^{\mathrm{tt}}\left(\partial M_{k}, h_{k}\right)$. Therefore by Lemma 1.6,

$$
\left\|\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}\right\|_{\mathcal{T}} \leq \frac{1}{\sqrt{2}} \sup _{\partial \boldsymbol{M}_{k}}\left\|\Re \phi_{k}\right\|_{h_{k}}
$$

So it is enough to show that the norm $\left\|I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}\right\|_{h_{k}}$ is uniformly bounded by a constant depending only on $k$. The norm of $I_{k}$ is equal to $-k^{-1} \sqrt{H_{k}^{2}-2(k+1)}$, and $\left\|u_{k} h_{k}\right\|_{h_{k}}=\sqrt{2}\left|u_{k}\right|$. Therefore

$$
\left\|I_{k}-{ }^{k} \nabla^{2} u_{k}+u_{k} h_{k}\right\|_{h_{k}} \leq-k^{-1} \sqrt{\left\|H_{k}\right\|_{\mathscr{C}^{0}}^{2}-2(k+1)}+\left\|^{k} \nabla^{2} u_{k}\right\|_{h_{k}}+\sqrt{2}\left\|u_{k}\right\|_{\mathscr{C} 0} .
$$

Our assertion is now an immediate consequence of Proposition 2.1 and Lemma 2.3.
Corollary 3.6 The flow $\Theta_{t}$ of the vector field $-\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}$ over $\mathcal{T}\left(\partial M_{k}\right)$ is defined for all times $t \in \mathbb{R}$.

Proof The assertion follows from the fact that the Teichmüller distance is complete, and the bound shown in Proposition 3.5.

The last ingredient that we will need for the proof of Theorem A is the existence of some lower bound for the dual volume function $V_{k}^{*}$. To find one, we will make use of the properties of the dual volume proved in [29], and of an upper bound for the length of the bending measure of the boundary of the convex core of a convex cocompact manifold with incompressible boundary, whose existence was first proved by Bridgeman [8] and improved in later works; see [11]. We will make use of the best result currently known in this direction for convex cocompact manifolds with incompressible boundary, which is due to Bridgeman, Brock and Bromberg [9].

Lemma 3.7 For every $k \in(-1,0)$ and for every convex cocompact hyperbolic 3manifold $M$ with incompressible boundary,

$$
V_{k}^{*}(M) \geq F(k, \chi(\partial M))
$$

where $F$ is an explicit function of the curvature $k \in(-1,0)$ and the Euler characteristic of $\partial M$.

Proof Since the $k$-surfaces foliate the complement of the convex core $C M$, a simple application of the geometric maximum principle (see for instance [24, lemme 2.5.1]) shows that the $k$-surface $\partial M_{k}$ is contained in $N_{\varepsilon_{k}} C M$, the $\varepsilon_{k}$-neighborhood of the convex core $C M$, for $\varepsilon_{k}=\operatorname{arctanh} \sqrt{k+1}$. The dual volume of a convex set is a decreasing function with respect to inclusion (see [29, Proposition 2.6] for a proof of this assertion), therefore the quantity $V_{k}^{*}(M)$ is bounded from below by the dual volume of the $\varepsilon_{k}$-neighborhood of the convex core. It is not difficult to show that, for every $\varepsilon>0$,

$$
V^{*}\left(N_{\varepsilon} C M\right)=V(C M)-\frac{1}{4} \ell_{m}(\mu)(\cosh 2 \varepsilon+1)-\frac{1}{2} \pi|\chi(\partial C M)|(\sinh 2 \varepsilon-2 \varepsilon),
$$

where $\ell_{m}(\mu)$ denotes the length of the bending measured lamination on the boundary of the convex core of $M$; see eg [29, Proposition 2.4]. By [9, Theorem 2.16], the term $\ell_{m}(\mu)$ is less than or equal to $6 \pi|\chi(\partial M)|$. Combining these observations,

$$
\begin{aligned}
V_{k}^{*}(M) & \geq V^{*}\left(N_{\varepsilon_{k}} C M\right) \\
& =V(C M)-\frac{1}{4} \ell_{m}(\mu)\left(\cosh 2 \varepsilon_{k}+1\right)-\frac{1}{2} \pi|\chi(\partial C M)|\left(\sinh 2 \varepsilon_{k}-2 \varepsilon_{k}\right) \\
& \geq-\frac{1}{4} \ell_{m}(\mu)\left(\cosh 2 \varepsilon_{k}+1\right)-\frac{1}{2} \pi|\chi(\partial C M)|\left(\sinh 2 \varepsilon_{k}-2 \varepsilon_{k}\right) \\
& \geq-\frac{1}{2} \pi|\chi(\partial M)|\left(3 \cosh \varepsilon_{k}+3+\sinh 2 \varepsilon_{k}-2 \varepsilon_{k}\right),
\end{aligned}
$$

which proves the desired inequality.

## 4 The proof of Theorem A

This section is dedicated to the proof of our main theorem, and to the proof of the optimality of the multiplicative constant appearing in (1).

Proof of Theorem A Let $M$ be a convex cocompact hyperbolic 3-manifold with incompressible boundary. We denote by $M_{t}:=\Theta_{t}(M)$ the hyperbolic 3-manifold obtained by following the flow of the vector field $-\operatorname{grad}_{\mathrm{WP}} V_{k}^{*}$, which is defined for every $t \in \mathbb{R}$ in light of Corollary 3.6. In order to simplify the notation, we will continue to denote by $V_{k}^{*}$ the $k$-dual volume as a function over the space of quasi-isometric deformations of $M$. This abuse is justified by the fact that, for every $k \in(-1,0)$, a convex cocompact manifold is uniquely determined by the hyperbolic structures on its $k$-surfaces (see Theorem 1.5). We have

$$
V_{k}^{*}(M)-V_{k}^{*}\left(M_{t}\right)=\int_{0}^{t}\left\|\mathrm{~d} V_{k}^{*}\right\|_{M_{s}}^{2} \mathrm{~d} s
$$

By Lemma 3.7, the left side of the relation is bounded from above with respect to $t$. In particular, the integral on the right side has to converge as $t$ goes to $+\infty$. Therefore we can find an unbounded increasing sequence $\left(t_{n}\right)_{n}$ for which the Weil-Petersson norm $\left\|\mathrm{d} V_{k}^{*}\right\|^{2}$ evaluated at $M_{t_{n}}$ goes to 0 as $n$ goes to $\infty$. Then, by Lemma 3.4,

$$
\limsup _{n \rightarrow \infty} \int_{\partial M_{t_{n}, k}} H_{k} \mathrm{~d} a_{I_{k}} \leq-4 \pi k^{-1} \sqrt{k+1}|\chi(\partial M)|
$$

where $M_{t_{n}, k}$ stands for $\left(M_{t_{n}}\right)_{k}$, the region of $M_{t_{n}}$ enclosed by its $k$-surfaces. Therefore

$$
\begin{aligned}
V_{k}^{*}(M) & \geq \lim _{n \rightarrow \infty} V_{k}^{*}\left(M_{t_{n}}\right)=\lim _{n \rightarrow \infty}\left(V_{k}\left(M_{t_{n}}\right)-\frac{1}{2} \int_{\partial M_{t_{n} \cdot k}} H_{k} \mathrm{~d} a_{I_{k}}\right) \\
& \geq \inf _{M^{\prime} \in \mathcal{Q D}(M)} V_{k}\left(M^{\prime}\right)-\frac{1}{2} \limsup _{n \rightarrow \infty} \int_{\partial M_{t_{n}, k}} H_{k} \mathrm{~d} a_{I_{k}} \\
& \geq \inf _{M^{\prime} \in \mathcal{Q D}(M)} V_{k}\left(M^{\prime}\right)+2 \pi k^{-1} \sqrt{k+1}|\chi(\partial M)|,
\end{aligned}
$$

where $V_{k}\left(M^{\prime}\right)$ denotes the Riemannian volume of the region $M_{k}^{\prime}$ of $M^{\prime}$ enclosed by its $k$-surface. Observe that the term $2 \pi k^{-1} \sqrt{k+1}|\chi(\partial M)|$ is equal to $-\frac{1}{2} \int_{\partial M_{k}^{\prime}} H_{k} \mathrm{~d} a_{I_{k}}$ when the boundary of the convex core of $M^{\prime}$ is totally geodesic.

Finally, by taking the limit as $k$ goes to $(-1)^{+}$, we obtain that $V_{C}^{*}(M) \geq \inf _{M^{\prime}} V_{C}\left(M^{\prime}\right)$ for every convex cocompact structure $M$. This proves that

$$
\inf _{\mathcal{Q} \mathcal{D}(M)} V_{C}^{*} \geq \inf _{\mathcal{Q} \mathcal{D}(M)} V_{C}
$$

On the other hand, the dual volume $V_{C}^{*}(M):=V_{C}(M)-\frac{1}{2} \ell_{m}(\mu)$ is always smaller than or equal to $V_{C}(M)$, so the other inequality between the infima is clearly satisfied. If $V_{C}^{*}(M)=V_{C}(M)$, then the length of the bending measured lamination $\mu$ of the convex core of $M$ has to vanish. Therefore $\mu=0$ or, in other words, $\partial C M$ is totally geodesic.

Corollary 4.1 For every quasi-Fuchsian manifold $M, V_{C}(M) \geq \frac{1}{2} \ell_{m}(\mu)$, where $m=m(M)$ and $\mu=\mu(M)$ denote the hyperbolic metric and the bending measure of the boundary of the convex core of $M$, respectively. Moreover, for every positive $\varepsilon$ and for every neighborhood $U$ of a Fuchsian manifold $M_{0}$ inside $\mathcal{Q D}\left(M_{0}\right)=\mathcal{Q D}(M)$, there exists a quasi-Fuchsian manifold $M_{\varepsilon}$ in $U$ that satisfies $V_{C}\left(M_{\varepsilon}\right)<\left(\frac{1}{2}+\varepsilon\right) \ell_{m_{\varepsilon}}\left(\mu_{\varepsilon}\right)$, where $m_{\varepsilon}=m\left(M_{\varepsilon}\right)$ and $\mu_{\varepsilon}=\mu\left(M_{\varepsilon}\right)$.

Proof If $M$ is quasi-Fuchsian, the infimum of the volume of the convex core over the space of quasi-isometric deformations $\mathcal{Q D}(M)$ is equal to 0 , and it is realized on the Fuchsian locus.

For the second part of the statement, consider $M_{0}$ a Fuchsian manifold whose convex core is a totally geodesic surface homeomorphic to $\Sigma$ with hyperbolic metric $m_{0}$. Let $\alpha:[0,1] \rightarrow \mathcal{Q} \mathcal{D}(M)$ be a path starting at $\alpha(0)=M_{0}$ and for which the right derivative of the bending measure $\dot{\mu}_{0}^{+}$exists and it is equal to a nonzero measured lamination on $\Sigma \sqcup \Sigma$. A fairly explicit way to produce such a path is to choose a measured lamination $\lambda \in \mathcal{M} \mathcal{L}(\Sigma)$ and consider the deformation of $M_{0}$ given by the holonomies of pleated surfaces with bending Hölder cocycle equal to $t \lambda$ and hyperbolic metric $m_{0}$, as $t$ varies in [0, 1]; compare with [3]. Then, for every $\varepsilon>0$, we define

$$
f_{\varepsilon}(t):=V_{C}(\alpha(t))-\left(\frac{1}{2}+\varepsilon\right) \ell_{m_{t}}\left(\mu_{t}\right)=V_{C}^{*}(\alpha(t))-\varepsilon \ell_{m_{t}}\left(\mu_{t}\right) \quad \text { for } t \in[0,1]
$$

where $m_{t}=m\left(M_{t}\right)$ and $\mu_{t}=\mu\left(M_{t}\right)$ denote the hyperbolic metric and the bending measure of the boundary of the convex core of $M_{t}=\alpha(t)$. As shown in [20, (4)],

$$
\left.\frac{\mathrm{d}}{\mathrm{~d} t} \ell_{m_{t}}\left(\mu_{t}\right)\right|_{t=0^{+}}=\mathrm{d}\left(L_{\mu_{0}}\right)\left(\dot{m}_{0}\right)+\ell_{m_{0}}\left(\dot{\mu}_{0}^{+}\right)=\ell_{m_{0}}\left(\dot{\mu}_{0}^{+}\right)
$$

where we use that $\mu_{0}=0$ (here $L_{\mu_{0}}: \mathcal{T}(\partial C M) \rightarrow \mathbb{R}$ is the function that associates with every hyperbolic structure $m$ the length of the $m$-geodesic realization of $\mu_{0}$ ). Then

$$
\begin{aligned}
f_{\varepsilon}(t) & =f_{\varepsilon}(0)+f_{\varepsilon}^{\prime}(0) t+o(t ; \varepsilon) \\
& =0+\left(\mathrm{d}\left(V_{C}{ }^{*}\right)_{M_{0}}(v)-\varepsilon \ell_{m_{0}}\left(\dot{\mu}_{0}^{+}\right)\right) t+o(t ; \varepsilon)
\end{aligned}
$$

$$
=-\varepsilon \ell_{m_{0}}\left(\dot{\mu}_{0}^{+}\right) t+o(t ; \varepsilon) \quad\left(V_{C}^{*} \in \mathscr{C}^{1} \text { and } M_{0} \text { minimum }\right)
$$

This proves that $f_{\varepsilon}(t)<0$ for $t$ sufficiently small (depending on $\varepsilon$ ), and therefore the existence of a quasi-Fuchsian manifold $M_{\varepsilon}$ satisfying the desired properties.

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