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ON EXTREMAL FIGURES ADMISSIBLE RELATIVE TO RECTANGULAR LATTICES

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A theorem of Bender states that if a convex figure F contains no point of the two dimensional lattice G, where G is generated by the vectors \overline{V}_1 and \overline{V}_2 having enclosed angle θ , then $A(F) \leq 1/2 P(F) \max (|\overline{V}_1|, |\overline{V}_2| \sin \theta)$ where $|\overline{V}_1| \leq |\overline{V}_2|$. In this paper, two questions are answered: (1) Among all convex figures of perimeter L which are admissible relative to a rectangular lattice G, which encloses the maximum area? (2) Can the constant 1/2 in Bender's theorem be improved? By using the result of (1), the "sharpest possible" inequality of the Bender type is found.

NOTATION.

$$w_1 = \min\left(|\bar{V}_1|, |\bar{V}_2|\sin\theta\right)$$
$$w_2 = \max\left(|\bar{V}_1|, |\bar{V}_2|\sin\theta\right)$$

A(F) is the area of F, P(F) is the perimeter of F. A figure F is *admissible* relative to the lattice G, if no points of G are in the interior of F.

THEOREM. If F is an admissible convex figure relative to the lattice G, then

(i) for
$$0 < P(F) \leq \pi (w_1^2 + w_2^2)^{1/2}$$
, $A(F) \leq (P^2(F))/(4\pi)$

(ii) for $\pi (w_{\scriptscriptstyle 1}^{\scriptscriptstyle 2} + w_{\scriptscriptstyle 2}^{\scriptscriptstyle 2})^{\scriptscriptstyle 1/2} < P(F) < 4w_{\scriptscriptstyle 1} + \pi w_{\scriptscriptstyle 2}$,

$$A(F) \leq \frac{P^{2}(F)}{4\pi} - \frac{\left(P^{2}(F) - \pi \left(w_{1} \sin q/2 + w_{2} \cos \frac{q}{2}\right)\right)^{2}}{\pi (4 - \pi \sin q)}$$

where q is the root of equation (9).

(iii) for $4w_1 + \pi w_2 \leq P(F)$, $A(F) \leq 1/2 w_2 P(F) - \pi/4 w_2^2$. Further, if G is rectangular the extremal figures relative to G are shown for (i), (ii) and (iii) in Figure 1 (i), (ii) and (iii) respectively; in these cases, equality holds.

By Bender's Lemma [1], only rectangular lattices and admissible convex figures symmetric about the lines x' = 1/2, y' = 1/2 need be considered (x' and y' are coordinates relative to the lattice); in the remainder of this paper only such figures and lattices will be considered.

DEFINITION. Let G be a (rectangular) lattice and denote by R the set of all admissible rhombi whose vertices lie on the lines x' =



1/2, y' = 1/2 and each of whose sides pass through at least one lattice point of G (see Figure 2). $R(\varphi)$ denotes the rhombus in R with base angle φ (Figure 2) where $0 \leq \varphi \leq \pi$ ($\varphi = 0$ and $\varphi = \pi$ yield the two infinite strips).



LEMMA 1. Every figure F is contained in at least one rhombus $R(\varphi)$ of the set R.

Proof. Let g be one of the four lattice points which contain the intersection of the lines x' = 1/2 and y' = 1/2. Consider the following two cases: (i) g is a boundary point of F, (ii) g is not a boundary point of F.

(i) Since F is convex and g is a boundary point, there exists a line of support S of F at the point G. Construct the three remaining lines symmetric to S about the lines x' = 1/2 and y' = 1/2. By the symmetry of F, all four of these lines are support lines of F and the rhombus formed contains F and belongs to R.

(ii) Since g is exterior to F, there exists a line S' which separates g and F. Construct S through g parallel to S'. Clearly S lies in the exterior of F and the proof is completed as in (i).

Proof of the Theorem. The inequalities are proven by finding the admissible convex figure of perimeter L which encloses the maximum area (extremal figure). The problem has been reduced to rectangular lattices and symmetric figures which are contained in rhombi of R. Denote by $Y(L, \varphi)$ the extremal figure of perimeter L contained in $R(\varphi)$. The existence, uniqueness, form, etc., of the extremal figure are discussed in references [2] and [4], pp. 124-5. For fixed L, define q by A(Y(L, $(q) = sup_{\varphi} A(Y(L, \varphi))$. The maximum area is thus attained by the extremal figure contained in the rhombus R(q). Since any figure F is contained in $R(\varphi)$ for some φ (Lemma 1), $A(F) \leq A(Y(L, \varphi)) \leq A(Y(L, \varphi))$ A(Y(L, q)). The inequalities (ii) and (iii) are nothing other than A(Y(L, q)). (q)) expressed in terms of L and the lattice constants; (i) means simply that Y(L, q) is a circle. In (ii) and (iii), Y(L, q) contains lattice points on its boundary; otherwise, it is easy to construct a figure of perimeter L having larger area. Hence, for a rectangular lattice, the inequalities of the theorem are the "sharpest possible".

In the remainder of the proof, $A(Y(L, \varphi))$ and A(Y(L, q)) are determined.

 $Y(L, \varphi)$

From Figure 2, it follows for $0 < \varphi < \pi$

(1)
$$S = \frac{1}{2}w_1 \sec \frac{\varphi}{2} + \frac{1}{2}w_2 \csc \frac{\varphi}{2}$$

or

(2)
$$S\sin\varphi = w_1\sin\frac{\varphi}{2} + w_2\cos\frac{\varphi}{2}$$

 $Y(L, \varphi)$ is the parallel figure of radius r taken about a concentric subrhombus of $R(\varphi)$ (see reference 3, p. 124-5). Denoting by v the length of a side of the subrhombus,

(3) $A(Y(L, \varphi)) = v^2 \sin \varphi + 4rv + \pi r^2$ (see Figure 3).



FIGURE 3

The perimeter of $Y(L, \varphi)$ is given by

(4)
$$P(Y(L, \varphi)) = L = 2\pi r + 4v$$
.

Use (4) to eliminate r from (3). After simplification it follows that

(5)
$$\frac{L^2}{4\pi} - A(Y(L,\varphi)) = v^2 \left(\frac{4}{\pi} - \sin\varphi\right).$$

The right side of (5) is, of course, the classical isoperimetric deficit. From Figure 3,

(6)
$$S\cos\frac{\varphi}{2} = v\cos\frac{\varphi}{2} + r\csc\frac{\varphi}{2}$$

Using equation (4), eliminate r from equation (6); use the resulting equation to eliminate v from equation (5), and finally, use equation (2) to eliminate S:

(7)
$$A(Y(L, \varphi)) = \frac{L^2}{4\pi} - \frac{\left(\frac{L}{\pi} - \left(w_1 \sin \frac{\varphi}{2} + w_2 \cos \frac{\varphi}{2}\right)\right)^2}{\frac{4}{\pi} - \sin \varphi}$$

Equation (7) is valid for $0 < \varphi < \pi$. If $\varphi = 0$ or π , the extremal figure consists of two parallel lines connected by semicircles [3]. Calculation shows that the area agrees in both cases with (7). Hence, (7) is valid for $0 \leq \varphi \leq \pi$.

Y(L, q)

From equation (7), $A(Y(L, \varphi))$ is a single valued continuous function of L and φ which possesses neither a singularity nor a cusp. To find Y(L, q), the isoperimetric deficit

(8)
$$D = \frac{\left(\frac{L}{\pi} - \left(w_1 \sin \frac{\varphi}{2} + w_2 \cos \frac{\varphi}{2}\right)\right)^2}{\frac{4}{\pi} - \sin \varphi}$$

must be minimized.

If $L \leq \pi (w_1^2 + w_2^2)^{1/2}$, the solution is trivial; viz. the circle. In the remainder of the proof, it is assumed that $L > \pi (w_1^2 + w_2^2)^{1/2}$. Setting $dD/d\varphi = 0$, the condition for an extremum becomes:

(9)
$$L \cos \varphi = (4w_1 + \pi w_2) \cos \frac{\varphi}{2} - (4w_2 + \pi w_1) \sin \frac{\varphi}{2}$$
.

The value (s) of φ which yield an extremum of D must be either 0, π or a root of equation (9).

The case $w_1 = w_2$ will be treated separately; if not otherwise stated, it is assumed that $w_2 > w_1$.

LEMMA 2. The absolute minimum of $D(L, \varphi)$ lies in the interval $0 \leq \varphi \leq \pi/2$.

Proof. Consider an arbitrary rhombus $R(\mathcal{P}) \in \mathbb{R}$. From the midpoint of $R(\mathcal{P})$ mark off the distance $1/2 \ w_2$ along the line x' = 1/2; at this point construct the perpendicular d. From similar triangles,

$$rac{d}{S\sinrac{arphi}{2}}=rac{S\cosrac{arphi}{2}-rac{1}{2}w_{ ext{2}}}{S\cosrac{arphi}{2}}\;.$$

Using equation (1), eliminate S and solve for d:

(10)
$$d = \frac{1}{2}w_2 - \frac{1}{2}(w_2 - w_1)\tan\frac{\varphi}{2}.$$

If $R(\varphi)$ is rotated through 90° about its midpoint, it will not contain a lattice point (the boundary included) if $d < 1/2 w_1$. Applying this condition to equation (10), it follows that (11) $\tan \varphi/2 > 1$. Hence, $R(\varphi)$ does not contain a lattice point when rotated about its midpoint through 90° if $\varphi > \pi/2$. Suppose $Y(L, \varphi)$ is the extremal figure of the rhombus $R(\varphi)$ where $\varphi > \pi/2$. Rotate $R(\varphi)$ through 90° about its midpoint. By the preceding argument, $R(\varphi)$ and thus $Y(L, \varphi)$ contains no lattice point (boundary included). Thus, $Y(L, \varphi)$ cannot be Y(L, q). Thus, q is either 0 or a root of equation (8) $(w_1 \neq w_2)$.

LEMMA 3. For $0 \leq \varphi \leq \pi/2$ equation (9) has (i) exactly one root if $L < 4w_1 + \pi w_2$ (ii) exactly one root (viz., $\varphi = 0$) if $L = 4w_1 + \pi w_2$ (iii) no roots if $L > 4w_1 + \pi w_2$

Proof. Form the auxiliary functions $y_1 = L \cos \varphi$ and

$$egin{aligned} y_2 &= (4w_1 + \pi w_2)\,\cosrac{arphi}{2} - (4w_2 + \pi w_1)\,\sin\!rac{arphi}{2} \ &= ((4w_1 + \pi w_2)^2 + (4w_2 + \pi w_1)^2)^{1/2}\,\sin\Big(eta - rac{arphi}{2}\Big) \end{aligned}$$

where

$$aneta=rac{4w_{\scriptscriptstyle 1}+\pi w_{\scriptscriptstyle 2}}{\pi w_{\scriptscriptstyle 1}+4w_{\scriptscriptstyle 2}}$$
 .

Clearly, $38^{\circ} < \beta < 45^{\circ}$. The roots of equation (9) are the points of intersection of y_1 and y_2 . Divide the problem into three parts

(i) $y_1(0) < y_2(0);$ i.e., $L < 4w_1 + \pi w_2$

(ii) $y_1(0) = y_2(0)$; i.e., $L = 4w_1 + \pi w_2$

(iii) $y_1(0) > y_2(0)$; i.e., $L > 4w_1 + \pi w_2$

 y_1 and y_2 are cosine and sine curves; the lemma follows from the elementary properties of these curves.

From Lemma 3, it follows for (iii) and (ii) that q = 0. In case (i), D'(0) is negative and q must be the (single) root of equation (9). Thus, the extremal figures have been found and inserting the value of q into equation (7) gives the theorem (for $w_1 \neq w_2$).

The Solution for $w_1 = w_2 = w$.

This is the most important single case; viz., the square lattice. Geometrically it is obvious that equation (7) and therefore (8) are symmetric about $\pi/2$; viz., $R(\varphi)$ is identical with $R(\pi - \varphi)$ except for a rotation of $\pi/2$ about the midpoint. Hence $Y(L, \varphi)$ is identical with $Y(L, \pi - \varphi)$, except for a rotation of $\pi/2$ about its midpoint. φ can therefore be restricted to the interval $0 \leq \varphi \leq \pi/2$. In this case, equation (9) becomes:

(12)
$$\left(\cos\frac{\varphi}{2} - \sin\frac{\varphi}{2}\right)\left(\cos\frac{\varphi}{2} + \sin\frac{\varphi}{2} - \frac{(4+\pi)w}{L}\right) = 0$$

Equation (12) has two roots

(13)
$$\varphi = \frac{\pi}{2} ,$$

(14)
$$\sin \varphi = \left(\frac{w}{L}\right)^2 (4 + \pi)^2 - 1.$$

(i) $0 < L \le \sqrt{2\pi w}$. The circle is admissible and $A(B) \le (P^2(B))/4\pi$. (iii) $L > (4 + \pi)w$. Equation (14) does not yield an admissible root; since $D(\varphi)$ is strictly increasing, q = 0. The extremal figure is of the form shown in Figure 1 (iii) and $A(B) \le 1/2wP(B) - 1/4\pi w^2$

- (ii) $\sqrt{2} \pi w < L \leq (4 + \pi)w$. Case (ii) decomposes into two cases:
- (iia) $\sqrt{2\pi w} < L \leq \sqrt{2} (4+\pi)w$
- (iib) $\sqrt{2} (4 + \pi)w < L \leq (4 + \pi)w$

Case (iia) If $L \leq 1/\sqrt{2}$ $(4 + \pi)w$, equation (14) offers no solution; since $D(\varphi)$ is strictly decreasing, $q = \pi/2$. Thus, for all L in (iia), the extremal figure is contained in $R(\pi/2)$. The desired inequality becomes $A(B) \leq \frac{1}{(4 - \pi)} (-1/4L^2 + \sqrt{8}wL - 2\pi w^2)$. Note that there is no analogy if $w_1 \neq w_2$.

Case (iib) q occurs in $(0, \pi/2)$ and is given by equation (14). The extremal figure has the form shown in Figure 1 (ii) and $A(B) \leq (L^2)/(4 + \pi)4 + w^2$.

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