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Journal of  
Mathematics*

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LAPLACIAN ON COMPACT SUBMANIFOLDS

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# UPPER BOUNDS FOR THE FIRST EIGENVALUE OF THE LAPLACIAN ON COMPACT SUBMANIFOLDS

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Let  $(M^m, g)$  be a compact Riemannian manifold isometrically immersed in a simply connected space form (euclidean space, sphere or hyperbolic space). The purpose of this paper is to give optimal upper bounds for the first nonzero eigenvalue of the Laplacian of  $(M^m, g)$  in terms of  $r$ -th mean curvatures and scalar curvature. As consequences, we obtain some rigidity results. In particular, we prove that if  $(M^n, g)$  is a compact hypersurface of positive scalar curvature immersed in  $\mathbb{R}^{n+1}$  and if  $g$  is a Yamabe metric, then  $(M^n, g)$  is a standard sphere.

## 1. Introduction.

Let  $(M^m, g)$  be a compact, connected  $m$ -dimensional Riemannian manifold without boundary isometrically immersed into a simply connected space form  $N^n(\kappa)$  ( $\kappa = 0, 1$  or  $-1$  respectively for Euclidean space, sphere or hyperbolic space) whose canonical metric will be denoted by  $h$ . A well-known inequality gives an extrinsic upper bound for the first nonzero eigenvalue  $\lambda_1(M)$  of the Laplacian of  $(M^m, g)$  in terms of the square of the length of the mean curvature, denoted by  $|H|^2$ . Indeed, we have

$$(1) \quad \lambda_1(M)V(M) \leq m \int_M (|H|^2 + \kappa) dv_g$$

where  $dv_g$  and  $V(M)$  denote respectively the Riemannian volume element and the volume of  $(M^m, g)$ . Moreover the equality holds if and only if  $(M^m, g)$  is minimally immersed in a geodesic sphere of  $N^n(\kappa)$ . For  $\kappa = 0$ , this inequality was proved by Reilly ([16]) and can easily be extended to the spherical case  $\kappa = 1$  by considering the canonical embedding of  $S^n$  in  $\mathbb{R}^{n+1}$  and by applying the inequality (1) for  $\kappa = 0$  to the obtained immersion of  $(M^m, g)$  in  $\mathbb{R}^{n+1}$ . For immersions of  $(M^m, g)$  in the hyperbolic space, Heintze ([10]) first proved an  $L_\infty$  equivalent of (1) and conjectured (1) which was finally obtained by El Soufi and Ilias in [7]. In [16], Reilly has shown estimates of the  $\lambda_1(M)$  of orientable manifolds  $(M^m, g)$  isometrically immersed in  $\mathbb{R}^n$  in terms of more general invariants called  $r$ -th mean

curvatures. Let us first define these invariants. Let  $B$  be the second fundamental form of the immersion, which is normal-vector valued, and let  $(B_{ij})$ , be its matrix with respect to an orthonormal frame  $(e_i)_{1 \leq i \leq m}$  at a point  $x$  of  $(M^m, g)$ . For any integer  $r \in \{1, \dots, m\}$ , the  $r$ -th mean curvature of the immersion is the quantity, if  $r$  is even

$$H_r = \binom{m}{r}^{-1} \frac{1}{r!} \sum_{\substack{i_1 \dots i_r \\ j_1 \dots j_r}} \epsilon \left( \begin{matrix} i_1 \dots i_r \\ j_1 \dots j_r \end{matrix} \right) h(B_{i_1 j_1}, B_{i_2 j_2}) \dots h(B_{i_{r-1} j_{r-1}}, B_{i_r j_r})$$

and if  $r$  is odd

$$H_r = \binom{m}{r}^{-1} \frac{1}{r!} \sum_{\substack{i_1 \dots i_r \\ j_1 \dots j_r}} \epsilon \left( \begin{matrix} i_1 \dots i_r \\ j_1 \dots j_r \end{matrix} \right) \cdot h(B_{i_1 j_1}, B_{i_2 j_2}) \dots h(B_{i_{r-2} j_{r-2}}, B_{i_{r-1} j_{r-1}}) B_{i_r j_r}$$

where  $\epsilon \left( \begin{matrix} i_1 \dots i_r \\ j_1 \dots j_r \end{matrix} \right)$  is zero if  $\{i_1, \dots, i_r\} \neq \{j_1, \dots, j_r\}$  or if there exists  $p$  and  $q$  such that  $i_p = i_q$ , and in the contrary case  $\epsilon \left( \begin{matrix} i_1 \dots i_r \\ j_1 \dots j_r \end{matrix} \right)$  is the signature of the permutation of  $\left( \begin{matrix} i_1 \dots i_r \\ j_1 \dots j_r \end{matrix} \right)$ . By convention, we put  $H_0 = 1$  and  $H_{m+1} = 0$ . Note that  $H_1$  is nothing but the usual mean curvature vector and for submanifolds of  $\mathbb{R}^n$ ,  $H_2$  is up to a multiplicative coefficient the scalar curvature. If the codimension is 1 and if  $(M^m, g)$  is oriented by a normal vector field  $\nu$ , it is convenient to work with the real valued second fundamental form  $b$  by:  $b(X, Y) = h(B(X, Y), \nu)$ . Therefore, the  $r$ -th mean curvatures of odd order can be defined as real valued (we replace in this case the vector field  $H_r$  by the scalar  $h(H_r, \nu)$ ). Choosing an orthonormal frame at  $x$  such that  $b_x(e_i, e_j) = \mu_i \delta_{ij}$ , we get the following unified formulae, for any integer  $r \in \{1, \dots, m\}$

$$(2) \quad H_r = \binom{m}{r}^{-1} \sum_{i_1 < \dots < i_r} \mu_{i_1} \dots \mu_{i_r}.$$

In [16], Reilly proved a sharp bound for  $\lambda_1(M)$  of manifolds immersed in a Euclidean space, in terms of  $r$ -th mean curvatures. Recall this result:

**Theorem 1.1** (see Reilly [16], Theorem A). *Let  $(M^m, g)$  be a compact, orientable  $m$ -dimensional Riemannian manifold isometrically immersed by  $\phi$  into  $\mathbb{R}^n$ .*

1. If  $m < n - 1$  and if  $r$  is an even integer such that  $r \in \{0, \dots, m - 1\}$ , then

$$\lambda_1(M) \left( \int_M H_r dv_g \right)^2 \leq mV(M) \int_M |H_{r+1}|^2 dv_g.$$

Moreover if  $H_{r+1}$  doesn't vanish identically and if equality holds, then  $\phi$  immerses  $(M^m, g)$  minimally into some hypersphere in  $\mathbb{R}^n$ .

2. If  $m = n - 1$  and  $r \in \{0, \dots, m - 1\}$ , then

$$\lambda_1(M) \left( \int_M H_r dv_g \right)^2 \leq mV(M) \int_M H_{r+1}^2 dv_g.$$

Moreover if  $H_{r+1}$  doesn't vanish identically, equality holds if and only if  $\phi$  immerses  $(M^m, g)$  as a hypersphere in  $\mathbb{R}^n$ .

Note that, if  $m < n - 1$  and  $r$  is odd, there is no inequality, because in the proof it is necessary that  $H_r$  can be viewed as a real quantity.

The purpose of this paper is to find similar upper bounds for submanifolds of the other space forms. In a first part, we extend Reilly's result to the sphere and the hyperbolic space (Theorems 2.1 and 2.2). In a second part, as a consequence of such estimates and using a different approach, we obtain for hypersurfaces of a simply connected space form upper bounds of  $\lambda_1(M)$  in terms of the scalar curvature (Corollary 3.1 and Theorem 3.1). Moreover, these estimates allow us to obtain rigidity results (Remark 3.1). In particular, we prove that if  $(M^n, g)$  is a compact hypersurface of positive scalar curvature immersed in the Euclidean space and if  $g$  is a Yamabe metric, then  $(M^n, g)$  is a standard sphere (Corollary 3.2).

## 2. Upper bounds of $\lambda_1(M)$ in terms of $r$ -th mean curvatures.

Let  $(M^m, g)$  be an orientable  $m$ -dimensional Riemannian manifold isometrically immersed by  $\phi$  in an  $n$ -dimensional Riemannian manifold  $(N^n, h)$  of constant sectional curvature. Let  $B$  be the second fundamental form associated to  $\phi$ . Before stating our results, we need some definitions. Let  $(e_i)_{1 \leq i \leq m}$  be an orthonormal frame at  $x \in M$ ,  $(e_i^*)_{1 \leq i \leq m}$  its dual coframe and  $(B_{ij})$  the matrix of  $B$  with respect to the frame  $(e_i)_{1 \leq i \leq m}$ . We define the following  $(0, 2)$ -tensors  $T_r$  for  $r \in \{1, \dots, m\}$ :

- If  $r$  is even, we set

$$T_r = \frac{1}{r!} \sum_{\substack{i_1 \dots i_r \\ j_1 \dots j_r}} \epsilon \begin{pmatrix} i_1 & i_1 & \dots & i_r \\ j_1 & j_1 & \dots & j_r \end{pmatrix} h(B_{i_1 j_1}, B_{i_2 j_2}) \dots h(B_{i_{r-1} j_{r-1}}, B_{i_r j_r}) e_i^* \otimes e_j^*.$$

- If  $r$  is odd, we set

$$T_r = \frac{1}{r!} \sum_{\substack{i_1 \dots i_r \\ j_1 \dots j_r}} \epsilon \left( \begin{array}{c} i_1 \dots i_r \\ j_1 \dots j_r \end{array} \right) h(B_{i_1 j_1}, B_{i_2 j_2}) \dots \\ h(B_{i_{r-2} j_{r-2}}, B_{i_{r-1} j_{r-1}}) B_{i_r j_r} \otimes e_i^* \otimes e_j^*.$$

By convention  $T_0 = g$ . As for the  $r$ -th mean curvatures, we have an unified formulae if the codimension of  $(M^m, g)$  is 1 (i.e.,  $m = n - 1$ ); indeed, choosing a unit normal field  $\nu$  and a  $g$ -orthonormal frame  $(e_i)_{1 \leq i \leq m}$  at a point  $x \in M$  which diagonalizes the scalar valued second fundamental form  $b$  (i.e.,  $b_x(e_i, e_j) = \mu_i \delta_{ij}$ ), the tensors  $T_r$  can be viewed as scalar valued  $(0, 2)$ -tensors (if  $r$  is odd we replace  $T_r$  by the tensor  $h(T_r(\cdot, \cdot), \nu)$ ) and we have at  $x$

$$(3) \quad T_r = \binom{m}{r}^{-1} \sum_{\substack{i_1 < \dots < i_r \\ i_j \neq i}} \mu_{i_1} \dots \mu_{i_r} e_i^* \otimes e_i^*.$$

We first prove a lemma which is well-known in codimension 1:

**Lemma 2.1.** *Let  $(M^m, g)$  be a  $n$ -dimensional Riemannian manifold isometrically immersed in a  $n$ -dimensional Riemannian manifold of constant sectional curvature. Let  $r \in \{1, \dots, m\}$ , and if  $m < n - 1$ , assume that  $r$  is even. Then we have*

$$\operatorname{div}_M T_r = 0.$$

*Proof.* The proof is known when  $m = n - 1$  (see for instance [17]). Assume that  $m < n - 1$  and  $r$  is even and let  $\nabla^M$  denote the Riemannian connection of  $(M^m, g)$ . Let  $x \in M$  and  $(e_i)_{1 \leq i \leq m}$  be an orthonormal parallel frame at  $x$ , then we have

$$\begin{aligned} & \operatorname{div}_M T_r(e_j) \\ &= \frac{1}{r!} \sum_i \nabla_{e_i} T_r(e_i, e_j) \\ &= \frac{1}{(r-1)!} \sum_{\substack{i_1 \dots i_r \\ j_1 \dots j_r \\ i}} \epsilon \left( \begin{array}{c} i_1 \dots i_r \\ j_1 \dots j_r \end{array} \right) h((\nabla_{e_i} B)_{i_1 j_1}, B_{i_2 j_2}) \dots h(B_{i_{r-1} j_{r-1}}, B_{i_r j_r}) \\ &= \frac{1}{(r-1)!} \sum_{\substack{i_1 \dots i_r \\ j_1 \dots j_r}} \epsilon \left( \begin{array}{c} i_1 \dots i_r \\ j_1 \dots j_r \end{array} \right) h((\nabla_{e_{i_1}} B)_{i_1 j_1}, B_{i_2 j_2}) \dots h(B_{i_{r-1} j_{r-1}}, B_{i_r j_r}) \end{aligned}$$

where we used in the last equality the Codazzi equation and the fact that the sectional curvature of  $(N^n, h)$  is constant. Therefore

$$\begin{aligned} \operatorname{div}_M T_r(e_j) &= \frac{1}{(r-1)!} \sum_{\substack{i_1 \dots i_r \\ j_1 \dots j_r \\ i}} \epsilon \binom{i_1 \ i \dots i_r}{j \ j_1 \dots j_r} h((\nabla_{e_i} B)_{i_1 j_1}, B_{i_2 j_2}) \dots \\ &\hspace{20em} h(B_{i_{r-1} j_{r-1}}, B_{i_r j_r}) \\ &= -\frac{1}{(r-1)!} \sum_{\substack{i_1 \dots i_r \\ j_1 \dots j_r \\ i}} \epsilon \binom{i \ i_1 \dots i_r}{j \ j_1 \dots j_r} h((\nabla_{e_i} B)_{i_1 j_1}, B_{i_2 j_2}) \dots \\ &\hspace{20em} h(B_{i_{r-1} j_{r-1}}, B_{i_r j_r}) \\ &= -\operatorname{div}_M T_r(e_j). \end{aligned}$$

This completes the proof. □

In the following lemma, we give some relations between the  $r$ -th mean curvatures and the tensors  $T_r$ . These relations are also well-known in codimension 1 (see for instance [17]).

**Lemma 2.2.** *For any integer  $r \in \{1, \dots, m\}$ , we have*

$$\operatorname{tr}(T_r) = k(r)H_r.$$

Moreover, if  $r$  is even

$$\sum_{ij} T_r(e_i, e_j)B(e_i, e_j) = k(r)H_{r+1}$$

and if  $r$  is odd

$$\sum_{ij} h(T_r(e_i, e_j), B(e_i, e_j)) = k(r)H_{r+1}$$

where  $k(r) = (m-r) \binom{m}{r}$ .

*Proof.* It follows easily from the definitions of  $T_r$  and  $H_r$ , so we will omit it. □

Now, we extend Theorem 1.1 of Reilly mentioned in the introduction to submanifolds of the sphere.

**Theorem 2.1.** *Let  $(M^m, g)$  be a compact, orientable  $m$ -dimensional Riemannian manifold isometrically immersed by  $\phi$  into  $\mathbb{S}^n$ .*

1. If  $m < n - 1$  and if  $r$  is an even integer such that  $r \in \{0, \dots, m - 1\}$ , then

$$\lambda_1(M) \left( \int_M H_r dv_g \right)^2 \leq mV(M) \int_M (|H_{r+1}|^2 + H_r^2) dv_g.$$

Moreover, if  $H_r$  doesn't vanish identically, and if equality holds then  $\phi$  immerses  $M$  minimally into  $\mathbb{S}^n$  or some geodesic hypersphere of  $\mathbb{S}^n$ .

2. If  $m = n - 1$  and  $r \in \{0, \dots, m - 1\}$ , then

$$(4) \quad \lambda_1(M) \left( \int_M H_r dv_g \right)^2 \leq mV(M) \int_M (H_{r+1}^2 + H_r^2) dv_g.$$

If  $H_r$  doesn't vanish identically and if equality holds, then  $(M^m, g)$  is minimally immersed in  $\mathbb{S}^n$  or  $\phi(M)$  is a geodesic sphere. Moreover, if  $\phi(M)$  is contained in a hemisphere, we have equality if and only if  $\phi$  immerses  $(M^m, g)$  as a geodesic hypersphere of  $\mathbb{S}^n$ .

**Remark 2.1.** As in Theorem 1.1, the method used doesn't allow us to have an inequality if  $m < n - 1$  and  $r$  is odd.

On the other hand, this theorem can't be deduced from Theorem 1.1 of Reilly by considering the canonical embedding of  $\mathbb{S}^n$  in  $\mathbb{R}^{n+1}$ , but is a consequence of a more general result given in Proposition 2.1 below.

Let  $(M^m, g)$  be a compact  $m$ -dimensional Riemannian manifold isometrically immersed by  $\phi$  in  $\mathbb{R}^n$  and denotes by  $B$  its second fundamental form. We assume that  $(M^m, g)$  is endowed with a free divergence  $(0, 2)$ -tensor  $T$  and we define a normal vector field  $H_T$  at a point  $x \in M$ , by

$$H_T(x) = \sum_{1 \leq i, j \leq n} T(e_i, e_j) B(e_i, e_j)$$

where  $(e_i)_{1 \leq i \leq m}$  is an orthonormal basis of the tangent space of  $M$  at  $x$ . We have the following generalization of Theorem 1.1:

**Proposition 2.1.** *Let  $(M^m, g)$  be a compact, orientable  $m$ -dimensional Riemannian manifold isometrically immersed by  $\phi$  into  $\mathbb{R}^n$  and assume that  $(M^m, g)$  is endowed with a free divergence  $(0, 2)$ -tensor  $T$ . Then, we have*

$$(5) \quad \lambda_1(M) \left( \int_M \text{tr}(T) dv_g \right)^2 \leq mV(M) \left( \int_M |H_T|^2 dv_g \right).$$

Moreover, if  $H_T$  doesn't vanish identically and if equality holds, then  $(M^m, g)$  is minimally immersed into a geodesic hypersphere of  $\mathbb{R}^n$ .

This proposition will be a consequence of a generalization of the Hsiung-Minkowski formulas. For this purpose, let us first define a second order differential operator  $L_T$  on  $C^\infty(M)$  by

$$L_T u = -\text{div}_M(T^\sharp \nabla^M u)$$

where  $\nabla^M$  is the gradient associated to the metric  $g$  and  $T^\sharp$  is the symmetric endomorphism associated to  $T$  with respect to  $g$  (i.e.,  $g(T^\sharp X, Y) = T(X, Y)$ ). The differential operator  $L_T$  is self-adjoint because  $T$  is a free-divergence tensor, and it is easy to see that

$$(6) \quad L_T(u) = -\langle D^2u, T \rangle$$

where  $D^2$  and  $\langle \cdot, \cdot \rangle$  denote respectively the hessian operator and the inner product extended to tensors. Now, if  $(\partial_i)_{1 \leq i \leq n}$  and  $\phi^i$  denote respectively the canonical basis of  $\mathbb{R}^n$  and the component functions of  $\phi$  in this basis, we set

$$L_T\phi = \sum_{i \leq n} L_T\phi^i \partial_i.$$

Now, we can state:

**Lemma 2.3.** *We have*

$$(7) \quad L_T\phi = -H_T$$

and

$$(8) \quad \frac{1}{2}L_T|\phi|^2 = -\langle \phi, H_T \rangle - \text{tr}(T).$$

*Proof.* The proof of (7) is similar to that of the well-known formula  $\Delta\phi = -mH$  and Formula (8) is an immediate consequence of (7).  $\square$

*Proof of Proposition 2.1.* Doing a translation if necessary, we can assume that the center of mass of  $\phi$  is at the origin; that is  $\int_M \phi^i dv_g = 0$  for all  $i \leq n$ . From the variational characterization of  $\lambda_1(M)$ , we have for any  $i$

$$(9) \quad \lambda_1(M) \int_M (\phi^i)^2 dv_g \leq \int_M |d\phi^i|^2 dv_g$$

and if the equality holds, then each  $\phi^i$  is an eigenfunction of the Laplacian. From the above inequality and by applying Lemma 2.3 and using a Cauchy-Schwartz inequality, we obtain the following inequalities

$$(10) \quad \begin{aligned} \lambda_1(M) \left( \int_M \text{tr}(T) dv_g \right)^2 &= \lambda_1(M) \left( \int_M \langle H_T, \phi \rangle dv_g \right)^2 \\ &\leq \lambda_1(M) \left( \int_M |H_T|^2 dv_g \right) \left( \int_M |\phi|^2 dv_g \right) \\ &\leq \left( \int_M |H_T|^2 dv_g \right) \left( \int_M \sum_i |d\phi^i|^2 dv_g \right) \\ &= mV(M) \left( \int_M |H_T|^2 dv_g \right). \end{aligned}$$

This proves the inequality (5) of Proposition 2.1.



**Equality case.** If (5) is an equality, then inequalities in (10) are equalities too. But since  $|H_T|$  doesn't vanish identically on  $M$ , we deduce that

$$\lambda_1(M) \sum_i \int_M (\phi^i)^2 dv_g = \sum_i \int_M |d\phi^i|^2 dv_g$$

this implies with (9) that the functions  $\phi_i$  are eigenfunctions of  $\lambda_1(M)$ . Hence by Takahashi's theorem ([19], Theorem 3) we deduce that  $\phi$  is a minimal immersion of  $(M^m, g)$  into a hypersphere of radius  $\sqrt{m/\lambda_1(M)}$ .  $\square$

*Proof of Theorem 2.1.* The desired inequality can't be deduced from Theorem 1.1, but it will be a consequence of the generalized inequality (5) of Proposition 2.1. In fact, let  $T_r$  be the  $(0, 2)$ -tensors associated to the second fundamental form  $B$  of  $\phi$  and let  $i$  be the canonical embedding of  $\mathbb{S}^n$  in  $\mathbb{R}^{n+1}$ . Then, as before the normal vector field  $H'_{T_r}$  associated to the second fundamental form  $B'$  of the isometric immersion  $i \circ \phi$  is given at  $x \in M$  by

$$H'_{T_r} = \sum_{1 \leq i, j \leq n} T_r(e_i, e_j) B'(e_i, e_j)$$

where  $(e_i)_{1 \leq i \leq m}$  is an orthonormal basis of the tangent space of  $M$  at  $x$ . Now, it follows from (5) that

$$(11) \quad \lambda_1(M) \left( \int_M \text{tr}(T_r) dv_g \right)^2 \leq mV(M) \left( \int_M |H'_{T_r}|^2 dv_g \right)$$

now, it is easy to see that  $B' = B - g\phi$  and then  $H'_{T_r} = H_{T_r} - \text{tr}(T_r)\phi$ . This gives us

$$|H'_{T_r}|^2 = |H_{T_r}|^2 + \text{tr}(T_r)^2$$

therefore, reporting this last relation in (11) we obtain

$$(12) \quad \lambda_1(M) \left( \int_M \text{tr}(T_r) dv_g \right)^2 \leq mV(M) \int_M (|H_{T_r}|^2 + \text{tr}(T_r)^2) dv_g.$$

Now the inequalities of Theorem 2.1 follow by using Lemma 2.2 which gives us  $|H_{T_r}| = k(r)|H_{r+1}|$  and  $\text{tr}(T_r) = k(r)H_r$ , where  $k(r) = (m-r) \binom{m}{r}$ .

**Equality case.** If we assume that  $H_r$  doesn't vanish identically, then it is also the case for  $H'_{T_r}$  and we can deduce as in the previous proof, that if equality holds then  $M$  is minimally immersed in a geodesic hypersphere of  $\mathbb{R}^{n+1}$  with radius less or equal to 1. If the radius is equal to 1, then  $M$  is minimally immersed in  $\mathbb{S}^n$  if not  $M$  is minimally immersed in a geodesic hypersphere of  $\mathbb{S}^n$ .

Conversely, if  $m = n - 1$  and if  $\phi(M)$  is a geodesic hypersphere of  $\mathbb{S}^n$ , then  $\lambda_1(M) = (n-1)(H_1^2 + 1)$ . On the other hand  $H_r = H_1^r$ , and inequality (4) becomes an equality.  $\square$

These results are a consequence of a Hsiung-Minkowski formulae for submanifolds of  $\mathbb{R}^n$  or  $\mathbb{S}^n$ . For submanifolds of the hyperbolic space, such a formulae exists but doesn't allow us to generalize these theorems in this case. However, using a different approach, we can obtain a partial result for hypersurfaces of  $\mathbb{H}^{n+1}$ .

**Theorem 2.2.** *Let  $(M^n, g)$  be a compact, orientable  $n$ -dimensional Riemannian manifold isometrically immersed by  $\phi$  into  $\mathbb{H}^{n+1}$ . Let  $r \in \{0, \dots, n - 2\}$ . If  $H_r$  is a positive constant and if  $\phi$  is convex (i.e., its second fundamental form is semi definite), then we have*

$$(13) \quad \lambda_1(M)V(M)H_r^2 \leq n \int_M (H_{r+1}^2 - H_r^2) dv_g.$$

Moreover, the equality holds if and only if  $\phi$  immerses  $M$  as a geodesic hypersphere in  $\mathbb{H}^{n+1}$ .

*Proof.* Here,  $(M^n, g)$  is isometrically immersed in  $\mathbb{H}^{n+1}$  and we assume it to be oriented by a unit normal field  $\nu$ . Therefore as noticed before, the  $r$ -th mean curvatures will be considered as scalar quantities (see (2)) defined over  $M$ . In a recent paper, using the fact that any space form  $N^{n+1}(\kappa)$  is conformally embedded in  $\mathbb{S}^{n+1}$ , we establish a relation between  $r$ -th mean curvatures and the conformal factor ([9]). We recall this result in the case which we are interested in, that is when  $\kappa = -1$ . Let  $\Pi$  be a conformal embedding of  $(\mathbb{H}^{n+1}, can_{\mathbb{H}})$  into  $(\mathbb{S}^{n+1}, can_{\mathbb{S}})$  and let  $f$  be the function defined on  $\mathbb{H}^{n+1}$  such that  $\Pi^*can_{\mathbb{S}} = e^f can_{\mathbb{H}}$ . Then we have for any integer  $r \in \{0, \dots, n - 1\}$  (see Proposition 3.1 of [9])

$$(14) \quad \begin{aligned} &H_{r+1}^2 - H_r^2 \\ &= (H_{r+1} - FH_r)^2 + e^{f \circ \phi} H_r^2 + \frac{1}{4} |\nabla^M(f \circ \phi)|^2 H_r^2 \\ &\quad - \frac{1}{2k(r)} g(T_r \nabla^M(f \circ \phi), \nabla^M(f \circ \phi)) H_r - \frac{1}{k(r)} H_r L_r(f \circ \phi) \end{aligned}$$

where  $L_r = L_{T_r}$ ,  $F = (1/2)can_{\mathbb{H}}(\nabla^{\mathbb{H}^{n+1}} f, \nu) \circ \phi$ ,  $\nabla^{\mathbb{H}^{n+1}}$  and  $\nabla^M$  denote respectively the gradient of  $\mathbb{H}^{n+1}$  and  $M$ . Furthermore, we have shown (see the proof of Theorem 1.1 of [9]) that for any integer  $r \in \{0, \dots, n - 2\}$  and under the assumption of the convexity of  $\phi$

$$(15) \quad \frac{1}{4} |\nabla^M(f \circ \phi)|^2 H_r^2 - \frac{1}{2k(r)} g(T_r \nabla^M(f \circ \phi), \nabla^M(f \circ \phi)) H_r \geq 0.$$

Since  $L_r$  is selfadjoint and  $H_r$  constant, we deduce from (14) and (15) that

$$\int_M (H_{r+1}^2 - H_r^2) dv_g \geq \int_M (H_{r+1} - FH_r)^2 dv_g + H_r^2 \int_M e^{f \circ \phi} dv_g.$$

Now, if we put  $X = \Pi \circ \phi$  and if we denote by  $X^i$  its component functions in  $\mathbb{R}^{n+2}$ , we have

$$\sum_{i \leq n+2} |dX^i|^2 = ne^{f \circ \phi}.$$

Composing  $\Pi$  with a conformal diffeomorphism of  $(\mathbb{S}^{n+1}, can)$  if necessary, we can assume that  $\int_M X^i dv_g = 0$  ([4]), and thus

$$\begin{aligned} (16) \quad & \int_M (H_{r+1}^2 - H_r^2) dv_g \\ & \geq \int_M (H_{r+1} - FH_r)^2 dv_g + \frac{H_r^2}{n} \int_M \sum_{i \leq n+2} |dX^i|^2 dv_g \\ & \geq \frac{H_r^2}{n} \lambda_1(M) \int_M \sum_{i \leq n+2} (X^i)^2 dv_g = \frac{H_r^2}{n} \lambda_1(M) V(M). \end{aligned}$$

This proves the inequality in Theorem 2.2.

**Equality case.** If  $(M^n, g)$  is immersed as a geodesic sphere, then  $\lambda_1(M) = n(H_1^2 - 1)$ . Now, since  $H_r = H_1^r$ , the inequality in Theorem 2.2 becomes an equality. Conversely, assume that (13) is an equality, then all inequalities in (16) are equalities. Thus,  $X^i$  are eigenfunctions of the Laplacian associated to  $\lambda_1(M)$  and it follows that

$$ne^{f \circ \phi} = \sum_{i \leq n+2} |dX^i|^2 = -\frac{1}{2} \sum_{i \leq n+2} \Delta(X^i)^2 + \sum_{i \leq n+2} X^i \Delta X^i = \lambda_1(M)$$

and we deduce that  $f \circ \phi$  is constant on  $M$ . Furthermore, the equality in (16) and Equation (14) imply successively that

$$(17) \quad \frac{H_{r+1}}{H_r} = F$$

and

$$(18) \quad e^{f \circ \phi} = \frac{H_{r+1}^2}{H_r^2} - 1.$$

Now, considering (14) for  $r = 0$ , we have

$$H_1^2 - 1 = H_1^2 - 2H_1F + F^2 + e^{f \circ \phi}.$$

Finally, reporting (17) and (18) in this last equality, we get

$$H_r H_1 - H_{r+1} = 0.$$

It is well-known that this implies that  $M$  is totally umbilic and thus  $\phi(M)$  is a geodesic sphere ([2]). □

In the sequel, since the codimension of the orientable manifold  $(M^n, g)$  is 1, we consider  $r$ -th mean curvatures as scalar quantities (see (2)) defined on  $M$ . As a straightforward consequences of Theorems 1.1, 2.1 and 2.2 we have the following corollaries:

**Corollary 2.1.** *Let  $(M^n, g)$  be a compact, connected orientable  $n$ -dimensional Riemannian manifold isometrically immersed by  $\phi$  in  $\mathbb{R}^{n+1}$ . Let  $r \in \{1, \dots, n\}$ . If  $H_r$  is a positive constant, then we have*

$$\lambda_1(M) \leq nH_r^{2/r}.$$

Moreover, we get equality if and only if  $\phi$  immerses  $(M^n, g)$  as a hypersphere in  $\mathbb{R}^{n+1}$ .

For hypersurfaces of  $\mathbb{S}^{n+1}$ , we obtain:

**Corollary 2.2.** *Let  $(M^n, g)$  be a compact, connected orientable  $n$ -dimensional Riemannian manifold isometrically immersed by  $\phi$  in an open hemisphere of  $\mathbb{S}^{n+1}$ . Let  $r \in \{1, \dots, n - 1\}$ . If  $H_{r+1} > 0$  and if  $H_r$  is a positive constant, then we have*

$$\lambda_1(M) \leq n \left( H_r^{2/r} + 1 \right).$$

Moreover, we get equality if and only if  $\phi$  immerses  $(M^n, g)$  as a hypersphere in  $\mathbb{S}^{n+1}$ .

And for hypersurfaces of  $\mathbb{H}^{n+1}$ , we have:

**Corollary 2.3.** *Let  $(M^n, g)$  be a compact, connected orientable  $n$ -dimensional Riemannian manifold isometrically immersed by  $\phi$  in  $\mathbb{H}^{n+1}$ . For any integer  $r \in \{1, \dots, n - 1\}$ , if  $H_r$  is a positive constant and if  $\phi$  is convex (i.e.,  $B$  is semi definite), then we have*

$$\lambda_1(M) \leq n \left( H_r^{2/r} - 1 \right).$$

Moreover, we get equality if and only if  $\phi$  immerses  $(M^n, g)$  as a hypersphere in  $\mathbb{H}^{n+1}$ .

These corollaries are an immediate consequence of the Maclaurin inequalities which we recall (see for instance [13] and [14]). Let  $\phi$  be an isometric immersion of a Riemannian manifold  $(M^n, g)$  into a simply connected space form  $N^{n+1}(\kappa)$  ( $\kappa = 0, 1$  or  $-1$  respectively for  $\mathbb{R}^{n+1}$ ,  $\mathbb{S}^{n+1}$  or  $\mathbb{H}^{n+1}$ ). If for all integer  $j \in \{1, \dots, k\}$ , we have  $H_j > 0$  then

$$H_k^{1/k} \leq H_j^{1/j}$$

with equality at umbilic points. Moreover, we know that if for an integer  $k$ , we have:

1.  $H_k > 0$  and  $\phi$  is a convex immersion (i.e.,  $B$  is semi definite), then  $H_j > 0$ , for any  $j \in \{1, \dots, k\}$  ([20]).

2.  $H_k > 0$  and for  $\kappa = 1$ ,  $\phi(M)$  lies in an open hemisphere, then  $H_j > 0$ , for any  $j \in \{1, \dots, k\}$  ([5]).

Note that the Maclaurin inequalities and Property 1 are still valid for hypersurfaces of any ambient space.

Another approach allows us to obtain a different upper bounds for  $\lambda_1(M)$  of hypersurfaces of  $\mathbb{R}^{n+1}$ . Indeed, we have:

**Theorem 2.3.** *Let  $(M^n, g)$  be a compact, orientable  $n$ -dimensional Riemannian manifold isometrically immersed by  $\phi$  in  $\mathbb{R}^{n+1}$ . If for  $r \in \{0, \dots, n - 2\}$ , we have  $H_{r+2} > 0$ , then*

$$\lambda_1(M) \int_M H_r dv_g \leq nV(M) \sup_M H_{r+2}.$$

Moreover, equality holds if and only if  $\phi$  immerses  $(M^n, g)$  as a hypersphere in  $\mathbb{R}^{n+1}$ .

*Proof.* From (8), we have

$$\begin{aligned} \frac{1}{2} |\phi| L_r |\phi|^2 &= -\langle \phi, H_{T_r} \rangle |\phi| - \text{tr}(T_r) |\phi| \\ &= -k(r) (H_{r+1} \langle \phi, \nu \rangle |\phi| + H_r |\phi|) \\ &\leq k(r) (|H_{r+1}| |\phi|^2 - H_r |\phi|) \end{aligned}$$

hence

$$(19) \quad \int_M |\phi| T_r (\nabla^M |\phi|, \nabla^M |\phi|) dv_g \leq k(r) \int_M (|H_{r+1}| |\phi|^2 - H_r |\phi|) dv_g.$$

Now, in [5] (Proposition 3.2), Barbosa and Colares show that if  $H_{r+1} > 0$ , then  $T_k$  is a definite positive  $(0, 2)$ -tensor for any  $k \in \{1, \dots, r\}$ . Furthermore, we have in particular that  $H_r > 0$ . Consequently, we deduce from (19) and the fact that  $T_r$  is positive, that

$$\int_M H_r |\phi| dv_g \leq \int_M H_{r+1} |\phi|^2 dv_g$$

and finally from (8) and the above estimate, we obtain

$$\begin{aligned} &\lambda_1(M) k(r) \int_M H_r dv_g \\ &= \lambda_1(M) \int_M \text{tr}(T_r) dv_g \\ &= -\lambda_1(M) \int_M \langle H_{T_r}, \phi \rangle dv_g \end{aligned}$$

$$\begin{aligned} &\leq k(r)\lambda_1(M) \int_M H_{r+1}|\phi|dv_g \leq k(r)\lambda_1(M) \int_M H_{r+2}|\phi|^2dv_g \\ &\leq k(r)\lambda_1(M) \sup_M H_{r+2} \int_M |\phi|^2dv_g \leq k(r) \sup_M H_{r+2} \int_M \sum_i |d\phi_i|^2dv_g \\ &= nk(r)V(M) \sup_M H_{r+2}. \end{aligned}$$

This completes the proof of Theorem 2.3. Furthermore, it follows from (19) that equality holds if and only if  $\phi(M)$  is contained in a geodesic sphere of  $\mathbb{R}^{n+1}$ . □

### 3. Upper bounds of $\lambda_1(M)$ in terms of scalar curvature.

First, we deduce from the previous corollaries an unified estimate of  $\lambda_1(M)$  in terms of the scalar curvature  $S$  for hypersurfaces immersed in a space form  $N^{n+1}(\kappa)$  ( $\kappa = 0, 1$  or  $-1$  respectively for  $\mathbb{R}^{n+1}, \mathbb{S}^{n+1}$  and  $\mathbb{H}^{n+1}$ ). Indeed, we have:

**Corollary 3.1.** *Let  $(M^n, g)$  be a compact, orientable  $n$ -dimensional Riemannian manifold isometrically immersed in a simply connected space form  $N^{n+1}(\kappa)$ . Assume that:*

1. *If  $\kappa = 0$ ,  $r \in \{2, \dots, n\}$  and  $H_r$  is a positive constant;*
2. *if  $\kappa = 1$ ,  $r \in \{2, \dots, n - 1\}$ ,  $\phi(M)$  is contained in an open hemisphere of  $\mathbb{S}^{n+1}$ ,  $H_{r+1} > 0$  and  $H_r$  is a constant;*
3. *if  $\kappa = -1$ ,  $r \in \{2, \dots, n - 2\}$ ,  $\phi$  is convex and  $H_r$  is a positive constant.*

*Then  $S > 0$ , and we have*

$$\lambda_1(M) \leq \frac{\inf_M S}{n - 1}.$$

*Moreover, equality holds if and only if  $\phi$  immerses  $(M^n, g)$  as a geodesic sphere.*

**Remark 3.1.** If  $(M^n, g)$  is an Einstein manifold ( $n \geq 3$ ) with positive scalar curvature, then the Lichnerowicz-Obata ([12]) estimate for  $\lambda_1(M)$  gives us:  $\lambda_1(M) \geq S/(n - 1)$ , equality holding only for the spheres. Now, if  $(M^n, g)$  is an Einstein manifold of positive scalar curvature isometrically immersed in  $\mathbb{R}^{n+1}$ ,  $H_2$  is a positive constant and we deduce from Corollary 3.1, that  $\phi(M)$  is a geodesic sphere. This is another way to prove that the spheres are the only hypersurfaces of  $\mathbb{R}^{n+1}$  which are endowed with an Einstein structure of positive scalar curvature (see for instance Theorem 5.3 p. 36 of [11]). We can obtain similar results for the other space forms. Recall that, more generally, Fialkow in [8] proved that geodesic spheres are the only compact Einstein hypersurfaces of positive scalar curvature immersed in a space form  $N^{n+1}(\kappa)$ . Recall also that A. Montiel and A. Ros in [14] have shown that geodesic spheres are the only compact hypersurfaces of constant

scalar curvature **embedded** in  $N^{n+1}(\kappa)$  (with the additionally hypothesis “ $\phi(M)$  contained in a hemisphere” for the spherical case  $\kappa = 1$ ).

Another consequence concerns the Yamabe problem. Indeed, note that T. Aubin ([4]) shows that if  $g$  is a Yamabe metric of positive scalar curvature on a compact manifold  $(M^n, g)$  ( $n \geq 3$ ), then  $\lambda_1(M) \geq S/(n - 1)$ . Then from our Corollary 3.1, we deduce the following:

**Corollary 3.2.** *If  $(M^n, g)$  is a compact hypersurface of positive scalar curvature immersed in  $\mathbb{R}^{n+1}$  and if  $g$  is a Yamabe metric (i.e., minimizes the Yamabe functional in its conformal class) then  $(M^n, g)$  is a standard sphere.*

*Proof of Corollary 3.1.* This corollary follows from Corollaries 2.1, 2.2 and 2.3, in the case  $r = 2$ . Under the assumptions of these corollaries and by using the Maclaurin inequalities about  $r$ -th mean curvatures, we obtain

$$(20) \quad \lambda_1(M) \leq n \left( H_r^{2/r} + \kappa \right) \leq n(H_2 + \kappa)$$

and equality holds if and only if  $\phi$  immerses  $(M^n, g)$  as a geodesic sphere. Now, let  $(e_i)_{1 \leq i \leq n}$  be a  $g$ -orthonormal basis which diagonalizes the second fundamental form  $b$  (i.e.,  $b(e_i, e_j) = \langle B(e_i, e_j), \nu \rangle = \mu_i \delta_{ij}$ ). From the Gauss equation, we have

$$(21) \quad S = \kappa n(n - 1) + \sum_{i \neq j} \mu_i \mu_j = n(n - 1)(\kappa + H_2)$$

and reporting this relation in (20), we obtain the desired inequality. □

As an immediate consequence of Theorem 2.3, we have  $\lambda_1(M) \leq \sup_M S/(n - 1)$ , by applying the inequality for  $r = 0$ . The techniques used in this theorem don't allow us to extend it to hypersurfaces of  $\mathbb{S}^{n+1}$  and  $\mathbb{H}^{n+1}$ . But, by a different method inspired by Heintze's work ([10]), we can prove:

**Theorem 3.1.** *Let  $(M^n, g)$  be a compact, orientable  $n$ -dimensional Riemannian manifold isometrically immersed in a simply connected space form  $N^{n+1}(\kappa)$  ( $\kappa = 0, 1$  or  $-1$  respectively for  $\mathbb{R}^{n+1}, \mathbb{S}^{n+1}$  or  $\mathbb{H}^{n+1}$ ) and assume in addition that for  $\kappa = 1$ ,  $\phi(M)$  lies in a geodesic ball of radius  $\pi/4$ . If  $S > n(n - 1)\kappa$  then we have*

$$\lambda_1(M) \leq \frac{\sup_M S}{n - 1}$$

and equality holds if and only if  $\phi$  immerses  $M$  as a geodesic sphere.

Before giving the proof of Theorem 3.1, we need to give some preliminary results. Let  $p_0 \in N^{n+1}(\kappa)$  and  $\exp_{p_0}$  the exponential map at this point. We denote  $(x_i)_{1 \leq i \leq n+1}$  the normal coordinates of  $N^{n+1}(\kappa)$  centered at  $p_0$  and for all  $x \in N^{n+1}(\kappa)$ , we set  $r(x) = d(p_0, x)$ , the geodesic distance between

$p_0$  and  $x$  on  $N^{n+1}(\kappa)$ . Assume in the case  $\kappa = 1$ , that  $\phi(M)$  lies in an open hemisphere.

Let  $s_\kappa$  and  $c_\kappa$  be the functions defined by

$$s_\kappa(r) = \begin{cases} \sin r & \text{if } \kappa = 1 \\ r & \text{if } \kappa = 0 \\ \sinh r & \text{if } \kappa = -1 \end{cases} \quad \text{and} \quad c_\kappa(r) = \begin{cases} \cos r & \text{if } \kappa = 1 \\ 1 & \text{if } \kappa = 0 \\ \cosh r & \text{if } \kappa = -1. \end{cases}$$

Note that  $c_\kappa^2 + \kappa s_\kappa^2 = 1$  and  $s'_\kappa = c_\kappa$  and  $c'_\kappa = -s_\kappa$ .

In the sequel, we denote respectively by  $\nabla^M$  and  $\nabla^N$  the gradient associated to  $g$  and to the canonical metric of  $N^{n+1}(\kappa)$  denoted by  $h$ . Then, if we put  $X = s_\kappa(r)\nabla^N r$ , it is easy to see that the normal coordinates of  $X$  are  $\left(\frac{s_\kappa(r)}{r}x_i\right)_{1 \leq i \leq n+1}$ . Furthermore, the tangential and the normal projection of a vector field  $Y$  respectively on the tangent bundle and the normal bundle to  $\phi(M)$  will be denoted by  $Y^T$  and  $Y^\perp$ .

We recall two lemmas shown by Heintze ([10]):

**Lemma 3.1.** *At any  $x \in M$ , we have*

$$(22) \quad \sum_{1 \leq i \leq n+1} g_x \left( \nabla^M \left( \frac{s_\kappa(r)}{r} x_i \right), \nabla^M \left( \frac{s_\kappa k(r)}{r} x_i \right) \right) = n - \kappa g_x(X^T, X^T).$$

**Lemma 3.2.** *The vector field  $X = s_\kappa(r)\nabla^N r$  satisfies*

$$\kappa \int_M |X^T|^2 dv_g = n \int_M c_\kappa^2 dv_g - n \int_M |H| s_\kappa c_\kappa dv_g.$$

Now, we need the following inequality for the proof of Theorem 3.1:

**Lemma 3.3.** *For all symmetric free divergence definite positive  $(0, 2)$ -tensor  $T$ , we have*

$$\text{tr}(T)c_\kappa \leq s_\kappa |H_T| + \text{div}_M(T^\sharp X^T)$$

and if  $T$  is the identity, then equality holds.

*Proof of Lemma 3.3.* Since  $T^\sharp$  is a positive symmetric  $(1, 1)$ -tensor, we can define a natural positive symmetric  $(1, 1)$ -tensor  $\sqrt{T^\sharp}$  such that  $\sqrt{T^\sharp} \circ \sqrt{T^\sharp} = T^\sharp$ .

Now let  $(e_i)_{1 \leq i \leq n}$  be an orthonormal frame at  $x$ , such that  $\sqrt{T^\sharp} e_n$  lies in the direction of  $\nabla^M r$  and let  $e_n^*$  be a unit vector orthogonal to  $\nabla^N r$  in order



to have:  $\sqrt{T^\sharp}e_n = \lambda \nabla^N r + \mu e_n^*$ . Then at  $x$ , we have

$$\begin{aligned}
 (23) \quad \operatorname{div}_M(T^\sharp X^T) &= \sum_{1 \leq i \leq n} g_x(\nabla_{e_i}^M(T^\sharp X^T), e_i) = \sum_{1 \leq i \leq n} h_x(\nabla_{e_i}^N X^T, T^\sharp e_i) \\
 &= \sum_{1 \leq i \leq n} h_x(\nabla_{e_i}^N X, T^\sharp e_i) - \sum_{1 \leq i \leq n} h_x(\nabla_{e_i}^N X^\perp, T^\sharp e_i) \\
 &= \sum_{1 \leq i \leq n} h_x(\nabla_{e_i}^N X, T^\sharp e_i) + h_x(X, H_T).
 \end{aligned}$$

We need to estimate  $\sum_{1 \leq i \leq n} h_x(\nabla_{e_i}^N X, T^\sharp e_i)$ . We first have

$$\begin{aligned}
 (24) \quad &\sum_{1 \leq i \leq n} h_x(\nabla_{e_i}^N X, T^\sharp e_i) \\
 &= \sum_{1 \leq i \leq n} h_x(\nabla_{e_i}^N (s_\kappa \nabla^N r), T^\sharp e_i) \\
 &= c_\kappa h_x(\nabla^N r, T^\sharp (\nabla^N r)^T) + s_\kappa \sum_{1 \leq i \leq n} h_x(\nabla_{e_i}^N \nabla^N r, T^\sharp e_i) \\
 &= c_\kappa h_x(T^\sharp (\nabla^N r)^T, (\nabla^N r)^T) + s_\kappa \sum_{1 \leq i \leq n} h_x(\nabla_{\sqrt{T^\sharp} e_i}^N \nabla^N r, \sqrt{T^\sharp} e_i).
 \end{aligned}$$

Now, we compute the last term of (24). Using the Jacobi fields of  $N^{n+1}(\kappa)$ , one can prove that  $D^2 r = (c_\kappa/s_\kappa)(h - dr \otimes dr)$  (see for instance [18]). Then, for all orthogonal vector  $\xi$  to  $\nabla^N r$  at  $x$ , we have the equality

$$h_x(\nabla_\xi^N \nabla^N r, \xi) = \frac{c_\kappa}{s_\kappa} |\xi|_x^2.$$

Thus

$$\begin{aligned}
 &\sum_{1 \leq i \leq n} h_x(\nabla_{\sqrt{T^\sharp} e_i}^N \nabla^N r, \sqrt{T^\sharp} e_i) \\
 &= \sum_{1 \leq i \leq n-1} h_x(\nabla_{\sqrt{T^\sharp} e_i}^N \nabla^N r, \sqrt{T^\sharp} e_i) + h_x(\nabla_{\sqrt{T^\sharp} e_n}^N \nabla^N r, \sqrt{T^\sharp} e_n) \\
 &= \frac{c_\kappa}{s_\kappa} \sum_{1 \leq i \leq n-1} |\sqrt{T^\sharp} e_i|_x^2 + \mu^2 h_x(\nabla_{e_n^*}^N \nabla^N r, e_n^*) \\
 &= \frac{c_\kappa}{s_\kappa} \sum_{1 \leq i \leq n-1} |\sqrt{T^\sharp} e_i|_x^2 + \mu^2 \frac{c_\kappa}{s_\kappa}
 \end{aligned}$$

and reporting this inequality in (24), we obtain

$$\begin{aligned}
 (25) \quad &\sum_{1 \leq i \leq n} h_x(\nabla_{e_i}^N X, T^\sharp e_i) \\
 &= c_\kappa |\sqrt{T^\sharp} (\nabla^N r)^T|_x^2 + c_\kappa \sum_{1 \leq i \leq n-1} |\sqrt{T^\sharp} e_i|_x^2 + \mu^2 c_\kappa
 \end{aligned}$$

now

$$\lambda^2 = h_x(\sqrt{T^\sharp}e_n, \nabla^N r)^2 = h_x(e_n, \sqrt{T^\sharp}(\nabla^N r)^T)^2 \leq |\sqrt{T^\sharp}(\nabla^N r)^T|_x^2$$

and if  $T^\sharp$  is the identity, this last inequality is in fact an equality. Furthermore, it is easy to verify that

$$\lambda^2 + \mu^2 = |\sqrt{T^\sharp}e_n|_x^2.$$

Thus, from (25) and these two last facts, we have

$$\begin{aligned} \sum_{1 \leq i \leq n} h_x(\nabla^N X, T^\sharp e_i) &\geq c_\kappa \left( \lambda^2 + \mu^2 + \sum_{1 \leq i \leq n-1} |\sqrt{T^\sharp}e_i|_x^2 \right) \\ &= \text{tr}(T)c_\kappa. \end{aligned}$$

Now, we report this last inequality in (23) and we complete the Proof of Lemma 3.3 by noting that  $h_x(X, H_T) \geq -|X||H_T| = -s_\kappa|H_T|$ .  $\square$

Now, we can give the Proof of Theorem 3.1:

*Proof of Theorem 3.1.* Let  $p_0 \in N$  and  $r(x) = d(p_0, x)$ . We will use  $\frac{s_\kappa(r)}{r}x_i$  as test functions in the variational characterization of  $\lambda_1(M)$  but the mean of these functions must be zero. For this purpose, we use a standard argument used by Chavel and Heintze before ([10] and [6]). Indeed, let  $Y$  be the vector field defined by

$$Y_q = \int_M \frac{s_\kappa(d(q, p))}{d(q, p)} \exp_q^{-1}(p) dv_g(p) \in T_q N.$$

From the theorem of fixed point of Brouwer, there exists a point  $p_0 \in N$  such that  $Y_{p_0} = 0$  and consequently, for a such  $p_0$ , the mean of  $\frac{s_\kappa(r)}{r}x_i$  will be zero. But for  $\kappa = 1$ , we must assume  $\phi(M)$  contained in a ball of radius  $\pi/4$ . This guarantees the inclusion of  $\phi(M)$  in a ball of center  $p_0$  (the point  $p_0$  such that  $Y_{p_0} = 0$ ) with a radius less or equal to  $\pi/2$  (this hypothesis is necessary in the proof of the preceding lemmas). It follows from the variational characterization of  $\lambda_1(M)$ , that

$$\begin{aligned} &\lambda_1(M) \int_M s_\kappa^2(r) dv_g \\ &= \lambda_1(M) \int_M |X|^2 dv_g = \lambda_1(M) \int_M \sum_{1 \leq i \leq n+1} \left( \frac{s_\kappa(r)}{r} x_i \right)^2 dv_g \\ &\leq \int_M \sum_{1 \leq i \leq n+1} g \left( \nabla^M \left( \frac{s_\kappa(r)}{r} x_i \right), \nabla^M \left( \frac{s_\kappa(r)}{r} x_i \right) \right) dv_g \end{aligned}$$

and using Lemmas 3.1 and 3.2, we deduce that

$$\begin{aligned}
 (26) \quad \lambda_1(M) \int_M s_\kappa^2(r) dv_g &\leq nV(M) - \kappa \int_M |X^T|^2 dv_g \\
 &\leq n\kappa \int_M s_\kappa^2 dv_g + n \int_M |H| s_\kappa c_\kappa dv_g \\
 &= n\kappa \int_M s_\kappa^2 dv_g + \frac{1}{n-1} \int_M \text{tr}(T_1) s_\kappa c_\kappa dv_g
 \end{aligned}$$

now, from Lemma 3.3, we have

$$\text{tr}(T_1) s_\kappa c_\kappa \leq s_\kappa \text{div}_M(T_1^\# X^T) - h(X, H_{T_1}) s_\kappa$$

and reporting this inequality in (26), we obtain

$$\begin{aligned}
 \lambda_1(M) \int_M s_\kappa^2 dv_g &\leq n\kappa \int_M s_\kappa^2 dv_g - \frac{1}{n-1} \int_M h(X, H_{T_1}) s_\kappa dv_g + \frac{1}{n-1} \int_M s_\kappa \text{div}_M(T_1^\# X^T) dv_g \\
 &\leq n\kappa \int_M s_\kappa^2 dv_g + \frac{1}{n-1} \int_M |H_{T_1}| s_\kappa^2 dv_g - \int_M g(\nabla^M s_\kappa, T_1^\# X^T) dv_g \\
 &= n\kappa \int_M s_\kappa^2 dv_g + n \int_M H_2 s_\kappa^2 dv_g - \int_M s_\kappa c_\kappa T_1(\nabla^M r, \nabla^M r) dv_g.
 \end{aligned}$$

Since we assume that  $S > n(n-1)\kappa$ , it follows from (21), that  $H_2 > 0$ , and from the same argument used in the proof of Theorem 2.3,  $T_1$  is a definite positive  $(0, 2)$ -tensor ([5]). Furthermore  $c_\kappa$  and  $s_\kappa$  are positive functions and thus

$$\lambda_1(M) \int_M s_\kappa^2 dv_g \leq n \int_M (H_2 + \kappa) s_\kappa^2 dv_g = \frac{1}{n-1} \int_M S s_\kappa^2 dv_g$$

which gives the inequality of Theorem 3.1. Now, equality in this inequality holds if and only if  $T_1(\nabla^M r, \nabla^M r) = 0$ . Since  $T_1$  is definite positive, this is the case if and only if  $\phi(M)$  is a geodesic sphere. This concludes the Proof of Theorem 3.1. □

**Acknowledgements.** The author would like to express his gratefulness to his advisor Professor S. Ilias.

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Received December 28, 2000.

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