

*Pacific
Journal of
Mathematics*

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In this paper, we study the creation of Klein bottles by surgery on knots in the 3-sphere. For non-cabled knots, it is known that the slope corresponding to such surgery is an integer. We give an upper bound for the slopes yielding Klein bottles in terms of the genera of knots.

1. Introduction.

In this paper, we will study the creation of Klein bottles by surgery on knots in the 3-sphere S^3 . Let K be a knot in S^3 , and let $E(K)$ be its exterior. A *slope* on $\partial E(K)$ is the isotopy class of an essential simple closed curve in $\partial E(K)$. As usual, the slopes on $\partial E(K)$ are parameterized by $\mathbb{Q} \cup \{1/0\}$, where $1/0$ corresponds to a meridian slope (see [R]). For a slope r , $K(r)$ denotes the closed 3-manifold obtained by r -Dehn surgery on K . That is, $K(r) = E(K) \cup V$, where V is a solid torus glued to $E(K)$ along their boundaries in such a way that r bounds a meridian disk in V .

Suppose that $K(r)$ contains a Klein bottle. Then $K(r)$ is shown to be reducible, toroidal or Seifert-fibered [L], and therefore it is non-hyperbolic. Gordon and Luecke [GL] showed that such a slope r is integral when K is hyperbolic. Furthermore, such a slope must be divisible by four in this case [T1]. These results together with the bound on exceptional surgeries [A, Theorem 8.1] imply that there are at most three surgeries creating Klein bottles on a hyperbolic knot in S^3 .

However, unfortunately, there is no universal upper bound on the absolute values of such slopes. That is, for any positive number N , there exists a hyperbolic knot in S^3 which admits r -surgery creating a Klein bottle for $r > N$. See Section 5.

In [T1], we gave an upper bound on the absolute value of such a slope r in terms of the genera of knots. That is, for a non-cabled knot K , $|r| \leq 12g(K) - 8$, where $g(K)$ is the genus of K . Indeed, we had a better inequality $|r| \leq 8g(K) - 4$ if r is not the boundary slope of a once-punctured Klein bottle spanned by K .

The main theorem of this paper greatly improves both estimations:

Theorem 1.1. *Let K be a non-cabled knot in S^3 . If $K(r)$ contains a Klein bottle, then $|r| \leq 4g(K) + 4$. Moreover, if r is not the boundary slope of a once-punctured Klein bottle spanned by K , then $|r| \leq 4g(K) - 4$.*

We remark that such a slope can be non-integral for a cable knot. In fact, $16/3$ -surgery on the right-handed trefoil yields a prism manifold which contains a Klein bottle. Also we remark that, as far as we know, there is no example of the case that r is not the boundary slope of a once-punctured Klein bottle spanned by K . (The knots of [BH, Propositions 18,19] are strong candidates.)

The extremal case $|r| = 4g(K) + 4$ can be described completely in the following:

Theorem 1.2. *Let K be a non-cabled knot in S^3 . Suppose that $K(r)$ contains a Klein bottle. If $|r| = 4g(K) + 4$, then K is the connected sum of the $(2, m)$ -torus knot and the $(2, n)$ -torus knot, and $r = 2m + 2n$, where $m, n (\neq \pm 1)$ are odd integers with the same sign.*

Corollary 1.3. *Let K be a hyperbolic knot in S^3 . If $K(r)$ contains a Klein bottle, then $|r| \leq 4g(K)$. Moreover, if $|r| = 4g(K)$, then K bounds a once-punctured Klein bottle whose boundary slope is r .*

For example, ± 4 -surgery on the figure eight knot yield Klein bottles. Clearly, each slope bounds a once-punctured Klein bottle. (Consider a checkerboard surface of its standard diagram.) Since it has genus one, the above estimation is sharp. In Section 5, such a hyperbolic knot will be given for each genus.

The authors are grateful to the referee for many useful comments. We also thank Seungsang Oh for Lemma 3.6.

2. Preliminaries.

Throughout the paper, K is assumed to be a non-cabled knot. We denote by g the genus of K . Suppose that $K(r)$ contains a Klein bottle \widehat{P} for a slope r . In general, 0-surgery can yield a Klein bottle, but we may assume $r \neq 0$ to prove Theorem 1.1. Thus we may assume $r > 0$. Let k be the core of the attached solid torus V . We may assume that k intersects \widehat{P} transversely, and that \widehat{P} is chosen to minimize $p = |\widehat{P} \cap k|$ among all Klein bottles in $K(r)$. Then $P = \widehat{P} \cap E(K)$ is a punctured Klein bottle properly embedded in $E(K)$ with $|\partial P| = p$. We note that $p \geq 1$ and p is odd. Otherwise a closed non-orientable surface can be obtained by attaching suitable annuli along ∂P .

Lemma 2.1. *P is incompressible and boundary incompressible in $E(K)$.*

Proof. See Lemmas 2.1 and 2.2 of [T1]. □

Lemma 2.2. *r is an integer divisible by four.*

Proof. See Lemmas 2.3 and 2.4 of [T1]. □

Let $Q \subset E(K)$ be a minimal genus Seifert surface of K . Then Q is incompressible and boundary incompressible in $E(K)$. Let \widehat{Q} denote the closed surface obtained by capping ∂Q off by a disk. We may assume that P and Q intersect transversely, and that $P \cap Q$ contains no circle component which bounds a disk in P or Q by the incompressibility of these surfaces. Also, we can assume that each component of ∂P intersects ∂Q in exactly r points, since ∂Q has slope 0.

Let G_Q be the graph in \widehat{Q} obtained by taking as the fat vertex the disk $\widehat{Q} - \text{Int}Q$ and as edges the arc components of $P \cap Q$. Similarly, G_P is the graph in \widehat{P} whose vertices are the p disks $\widehat{P} - \text{Int}P$ and whose edges are the arc components of $P \cap Q$. Thus the edges of G_P and G_Q are in one-one correspondence. When $p > 1$, number the components of ∂P , $1, 2, \dots, p$ in sequence along $\partial E(K)$. This induces a numbering of the vertices of G_P . Each endpoint of an edge in G_Q has a label, namely the number of the corresponding component of ∂P . Thus the labels $1, 2, \dots, p$ appear in order around the vertex of G_Q repeated r times. An edge with labels i and j at its endpoints is called a (i, j) -edge. If an edge has a label i at least one endpoint, it is called an i -edge. If both endpoints have label i , then it is called a *level i -edge*, or simply a *level edge*. Since G_Q has just one vertex, the edges of G_P have no labels. A *trivial loop* in a graph is a length one cycle which bounds a disk face of the graph.

Lemma 2.3. *Neither G_P nor G_Q contains trivial loops.*

Proof. This is Lemma 3.1 in [T1]. □

Although P is non-orientable, we can establish a parity rule as a natural generalization of the usual one [CGLS]. Here we use a restricted form, because one graph has just one vertex. First orient all components of ∂P so that they are mutually homologous on $\partial E(K)$. Also consider an orientation to ∂Q . Let e be an edge of G_P (and G_Q simultaneously). Let D be a regular neighborhood of e on P . Then D is a disk, and $\partial D = a \cup b \cup c \cup d$, where a and c are arcs in ∂P with induced orientations from ∂P . If a and c have the same direction along ∂D , then e is said to be *positive* in G_P , *negative* otherwise. See Figure 1. Similarly we define positive and negative edges in G_Q . Since $\partial E(K)$ is a torus and $E(K)$ is orientable, we have the following expression of the parity rule:

Lemma 2.4 (Parity rule). *Each edge of G_Q (G_P , resp.) is positive (negative, resp.).*

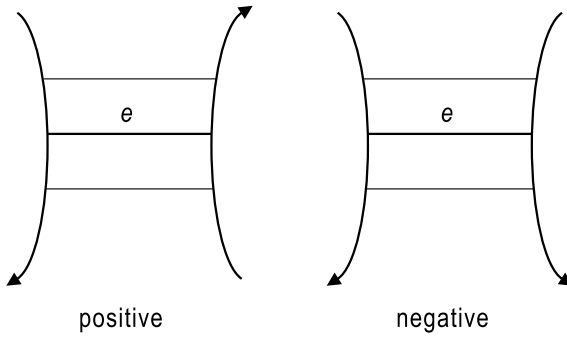


Figure 1.

3. Generic case.

Throughout this section, we assume $p > 1$. This means that r is not the boundary slope of a once-punctured Klein bottle spanned by K .

A sequence of edges in G_Q is called a *cycle*. Since G_Q has a single vertex, this is not a cycle in a sense of graph theory. Let D be a disk face of G_Q . Then ∂D is an alternating sequence of edges and *corners* (subarcs of ∂Q). Thus we can regard that ∂D defines a cycle. If D is bounded by only i -edges, and all the i -edges have the same pair of labels $\{i, i + 1\}$ at their endpoints, then the cycle defined by ∂D is called a *Scharlemann cycle* with the label pair $\{i, i + 1\}$. The number of edges in a Scharlemann cycle σ is defined to be the *length* of σ . In particular, a Scharlemann cycle of length two is called an *S-cycle*. A triple of successive parallel edges $\{e_{-1}, e_0, e_1\}$ is called a *generalized S-cycle* if e_0 is a level i -edge and both e_{-1} and e_1 are $(i - 1, i + 1)$ -edges.

Lemma 3.1.

- (i) G_Q does not contain a Scharlemann cycle.
- (ii) G_Q does not contain a generalized S-cycle.

Proof. These are Lemmas 3.2 and 3.3 in [T1]. (In fact, [T1, Lemma 3.2] treats only an S-cycle, but the argument works in general.) □

Lemma 3.2. *At most two vertices of G_P are incident to negative loops.*

Proof. Let e be a negative loop at a vertex v in G_P . Then $N(v \cup e)$ is a Möbius band in \widehat{P} . Since a Klein bottle contains at most two disjoint Möbius bands, the result follows. □

By Lemma 3.2, there are at most two vertices u and v of G_P which are incident to negative loops. This means that G_Q has at most two kinds of level edges. These are called level u -edges and level v -edges.

Lemma 3.3. *There are at most $r/2$ level u (v)-edges in G_Q .*

Proof. Since u has degree r in G_P , there are at most $r/2$ negative loops at u . The result follows from the parity rule. \square

Since $p \geq 3$, we can choose a vertex x of G_P which is not incident to a negative loop by Lemma 3.2. We fix this x hereafter. Let Γ_x be the subgraph consisting of all x -edges and the vertex of G_Q . Since G_Q does not contain level x -edges, Γ_x has just r edges. A disk face of Γ_x is called an x -face.

Lemma 3.4. *Any x -face contains at least one level edge of G_Q in its interior.*

Proof. Assume that an x -face D does not contain a level edge. Then D contains a Scharlemann cycle by [HM, Lemma 5.2]. This contradicts Lemma 3.1. \square

Lemma 3.5. *If $r > 4g - 4$, then there are two x -faces D_u and D_v such that D_u contains only level u -edges and D_v contains only level v -edges.*

Proof. Let X be the number of x -faces. Then an Euler characteristic calculation for Γ_x gives

$$1 - r + \sum_{f: \text{ a face of } \Gamma_x} \chi(f) = 2 - 2g.$$

Thus $X \geq \sum \chi(f) = 1 - 2g + r$. Since r is divisible by four, $r \geq 4g$. Then $X \geq r/2 + 1$. The result follows from Lemmas 3.3 and 3.4. \square

We show that the existence of the x -faces D_u, D_v gives a contradiction. Let $D_\alpha = D_u$ or D_v . Thus D_α contains only level α -edges.

Let D be a disk face of G_Q . Recall that ∂D is an alternating sequence of edges of G_Q and corners. A corner with labels $\{i, i + 1\}$ at its endpoints is denoted by $(i, i + 1)$. If ∂D contains only two kinds of corners $(\alpha, \alpha + 1)$ and $(\alpha - 1, \alpha)$, then D is called a *two-cornered face*. Such a notion was first used in [H].

Lemma 3.6. *D_α contains a pair of two-cornered faces sharing a level α -edge on their boundaries, such that at least one of such two-cornered faces contains only one level α -edge.*

Proof. If D_α has no non-level diagonal edge (that is, each edge in D_α joining non-adjacent corners along ∂D_α is level), then set $E = D_\alpha$. Suppose that D_α contains a diagonal edge e which has distinct labels $\{a, b\}$. Note that $a \neq x, b \neq x$. Without loss of generality, assume that the labels appear in counterclockwise order around the corners of ∂D_α , and that $a < b < x$. This means that these labels a, b, x appear in this order around the vertex of G_Q . (Thus three inequalities $a < b < x, b < x < a$ and $x < a < b$ are equivalent.) Formally, we construct a new x -face D' as follows: Consider that e is oriented from the endpoint with label a to the other. Discard the

half (disk) of D_α right to e . Insert additional edges to the right of e and parallel to e until the label x first appear at one end of this parallel family of edges. Possibly, the last edge has label x at its both endpoints. But, except the last edge, there is no level edge among the additional edges. In fact, the label sets I, J indicated in Figure 2 are disjoint, except the case where the last edge is a level x -edge. Let D' be the union of the left side of e and the bigons among these parallel family. Then D' is an x -face. See Figure 2. There is no two-cornered face among the additional bigons. Repeat this process for every diagonal edge in D' which is not a level α -edge, then we finally get a new x -face E .

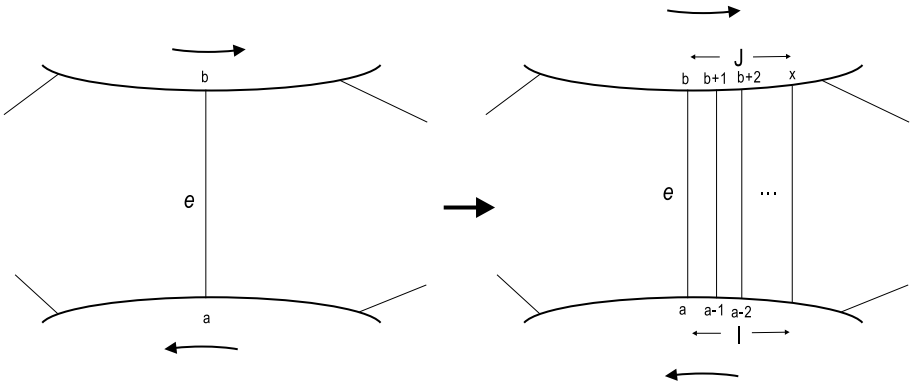


Figure 2.

Thus all diagonal edges in E are level α -edges, and ∂E consists of x -edges. As remarked before, there may be level x -edges in ∂E . If E does not contain a level α -edge, then [HM, Lemma 5.2] says that there is a Scharlemann cycle σ in E . By the construction of E , σ lies in D_α , and that is, σ lies in G_Q . But this is impossible by Lemma 3.1. Hence E contains a level α -edge.

Claim 3.7. Any face adjacent to a level α -edge in E is two-cornered.

Proof. Let e be a level α -edge in E , and let f be a face adjacent to e . Note that ∂f may contain other level α -edges. Let $(a_i, a_i + 1)$ ($i = 1, 2, \dots, n$) be the corners on ∂f between successive level α -edges (possibly, the same one) on ∂f , which appear in order around f when we go around clockwise. Thus $a_1 = \alpha$ and $a_n = \alpha - 1$. See Figure 3.

Let e_i be the edge on ∂f connecting the points with labels $a_i + 1$ and a_{i+1} for $i = 1, 2, \dots, n - 1$. Note that e_i is neither a level x -edge nor a diagonal edge in E . Also, e_i can be an x -edge, otherwise it is parallel to an x -edge (which may be level) in ∂E .

First consider e_{n-1} . If e_{n-1} is an x -edge, then $x = a_n < a_{n-1} + 1$ or $a_n < a_{n-1} + 1 = x$ (of course, for any two labels a, b , the inequalities $a < b$

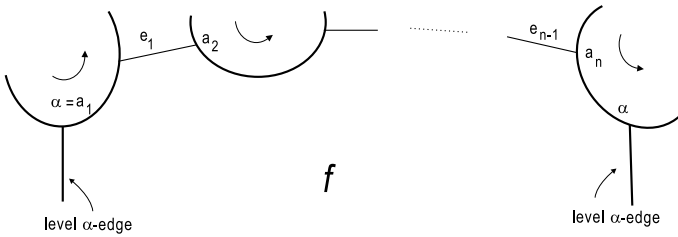


Figure 3.

and $b < a$ are equivalent). Hence $x \leq a_n < a_{n-1} + 1 \leq x$ holds in any case. More precisely, when we go around the vertex of G_Q (in counterclockwise direction), the two labels $a_n, a_{n-1} + 1$ appear in this order between the successive x 's. If e_{n-1} is not an x -edge, then it is parallel to an x -edge e' (possibly, a level x -edge) in ∂E by the construction of E . Let F be the family of mutually parallel edges containing e_{n-1} and e' . We refer to the end of F containing the end point of e_{n-1} with label $a_{n-1} + 1$ as the left end.

Assume that the label x appears at the left end of F (in fact, at the “left end” of e'). By Lemma 3.1 and the construction of E , the label a_n cannot appear at the left end of F . Hence three labels $a_{n-1} + 1, x, a_n$ appear in this order, that is, $a_{n-1} + 1 < x < a_n$, which is equivalent to $a_n < a_{n-1} + 1 < x$. If x appears at the right end of F , then we have the same inequality similarly. Hence $x \leq a_n < a_{n-1} + 1 \leq x$ holds again. Thus we always have $x \leq a_n \leq a_{n-1} < x$.

Next, consider the edge e_{n-2} . By the same argument as above, we have $x \leq a_{n-1} \leq a_{n-2} < x$. Continuing in this way, we eventually get $x \leq a_n \leq a_{n-1} \leq \dots \leq a_1 < x$. This means that the labels $a_n, a_{n-1}, \dots, a_2, a_1$ appear in this order between the successive x 's. But recall that $a_n = \alpha - 1$ and $a_1 = \alpha$ are successive. Hence $a_1 = \dots = a_j = \alpha$ and $a_{j+1} = \dots = a_n = \alpha - 1$ for some j . Thus we have proved that f is two-cornered face. \square

Choose a level α -edge e in E , which is outermost among level α -edges in E . That is, e cuts a disk E' off from E which contains no level α -edge except e . Let f and g be the faces adjacent to e . Then these are a desired pair of two-cornered faces. Note that one of them can be a bigon, but then the other has at least three sides, since G_Q does not contain a generalized S -cycle by Lemma 3.1. \square

Let \widehat{T} be the torus which is the boundary of a thin regular neighborhood $N(\widehat{P})$ of \widehat{P} , and let T be the intersection of \widehat{T} with $E(K)$. Then $T \cap Q$ gives rise to a pair of graphs $\{G_T, G_Q^T\}$, where G_T is a “double cover” of G_P , and each edge of G_Q corresponds to a bigon of G_Q^T . Let i_1, i_2 be the vertices of G_T corresponding to i -th vertex of G_P such that they appear in

the same order as the vertices of G_P . Thus $11, 12, 21, 22, \dots, p1, p2$ appear along $\partial E(K)$ in this order. In particular, each level u -edge (v -edge, resp.) of G_Q yields an S -cycle in G_Q^T with label-pair $\{u1, u2\}$ ($\{v1, v2\}$, resp.).

By Lemma 3.6, D_α contains a pair of two-cornered faces sharing a level α -edge. These give an S -cycle σ_α and two faces f_α, g_α adjacent to σ_α . Note that f_α and g_α contain only $(\alpha 2, (\alpha + 1)1)$ and $((\alpha - 1)2, \alpha 1)$ corners. By Lemma 3.6, we may assume that f_α contains only one $(\alpha 1, \alpha 2)$ -edge, which is an edge of σ_α . Also remark that f_α contains only one $((\alpha + 1)1, (\alpha - 1)2)$ -edge. By the construction of \widehat{T} , there are disjoint annuli in \widehat{T} , which contain the edges of σ_u and σ_v respectively. Note that the centerlines of these annuli are essential on \widehat{T} .

Lemma 3.8. *u and v are not adjacent on $\partial E(K)$.*

Proof. Assume that u and v are adjacent. For simplicity, let $u = 2$ and $v = 3$.

Let X be the number of x -faces. As in the proof of Lemma 3.5, $X \geq r/2 + 1$. Thus $r \leq 2X - 2$.

Let X_2, X_3 denote the number of x -faces which contain only level 2 or 3-edges respectively, and let X_1 be the number of x -faces containing both kinds of level edges. By Lemma 3.4, $X = X_1 + X_2 + X_3$. Count the number of occurrence of label 3 in G_Q . Each x -face containing only level 2-edges contains at least two occurrences of label 3. The other x -faces contain level 3-edges, which do not lie on the boundaries. Hence $2X_1 + 2X_2 + 2X_3 \leq r$, since each label appear r times around the vertex of G_Q . Thus $2X_1 + 2X_2 + 2X_3 \leq r \leq 2X - 2 = 2(X_1 + X_2 + X_3) - 2$, which is a contradiction. \square

Let Λ_u (Λ_v , resp.) be the subgraph of G_T consisting of four vertices $u1, u2, (u - 1)2, (u + 1)1$ ($v1, v2, (v - 1)2, (v + 1)1$, resp.) and the edges of $\sigma_u, \partial f_u$ and ∂g_u ($\sigma_v, \partial f_v, \partial g_v$, resp.). As noted in the proof of Lemma 3.6, g_u and g_v have at least three sides, and hence Λ_u and Λ_v are connected. Hence there is an annulus A_u (A_v , resp.) in \widehat{T} which contains the edges of $\sigma_u, \partial f_u$ and ∂g_u ($\sigma_v, \partial f_v, \partial g_v$, resp.). By Lemma 3.8, the vertices $u1, u2, v1, v2, (u - 1)2, (u + 1)1, (v - 1)2, (v + 1)1$ are distinct. We may assume that A_u and A_v are disjoint, and that one boundary component of A_u (A_v , resp.) is very near to the edges of σ_u (σ_v , resp.). Moreover, these boundary components bound Möbius bands M_u and M_v , respectively, in $N(\widehat{P})$ meeting the core of the attached solid torus V in a single point. (Consider the union of the bigon face of σ_α and the 1-handle H bounded by the vertices $\alpha 1, \alpha 2$. By shrinking H radially to its core, we obtain a Möbius band, and then perturb it to be transverse to the core of V .)

Let q_u be the number of vertices contained in A_u . Let H_1 and H_2 are disjoint 1-handles on V bounded by the vertices of $(u - 1)2$ and $u1, u2$ and $(u + 1)1$. Consider $W_u = N(A_u \cup H_1 \cup H_2 \cup f_u \cup g_u) \subset K(r) - \text{Int}N(\widehat{P})$.

Lemma 3.9. ∂W_u consists of one or two tori.

Proof. Let $W'_u = N(A_u \cup H_1 \cup H_2)$. Then W'_u is a handlebody of genus three. Since ∂f_u is non-separating on $\partial W'_u$, attaching a 2-handle $N(f_u)$ gives a genus two surface from $\partial W'_u$.

We claim that ∂f_u and ∂g_u are not parallel on $\partial W'_u$. If ∂f_u and ∂g_u are parallel on $\partial W'_u$, then these represent the same element of $\pi_1(W'_u)$. Taking as a base “point” a subdisk of A_u as shown in Figure 4, we have $\pi_1(W'_u) = \langle x_1, x_2, y \rangle$, where x_1 (x_2 , resp.) is represented by a core of H_1 (H_2 , resp.) going from vertex $(u - 1)2$ ($u2$, resp.) to vertex $u1$ ($(u + 1)1$, resp.), and y is represented by the edge of σ_u not in the base “point” going from vertex $u1$ to vertex $u2$. We may assume that the $(u1, u2)$ -edge on ∂f_u is contained in the base “point”. Then ∂f_u never contain $x_1 y x_2$, although ∂g_u contains it (in the appropriate directions). This is because ∂f_u contains just one $(u1, u2)$ -edge. Therefore ∂f_u and ∂g_u are not parallel on $\partial W'_u$, and then ∂W_u cannot be a union of a 2-sphere and a genus two surface. Thus ∂W_u is a torus or two tori according to whether the attaching sphere of $N(g_u)$ is non-separating or separating on $\partial(W'_u \cup N(f_u))$. \square

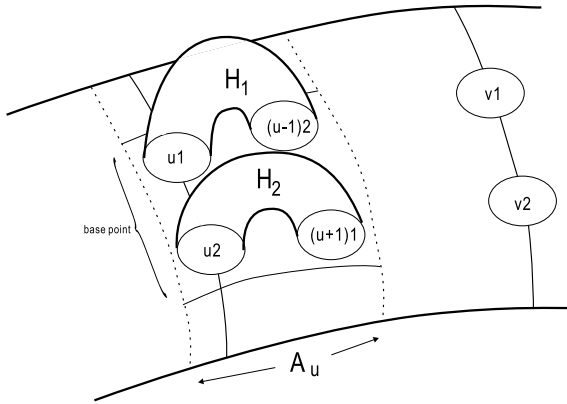


Figure 4.

Then ∂W_u contains a torus F containing A_u , since $W_u \cap \widehat{T} = A_u$. Note that the core of A_u is essential on F . If not, one component of ∂A_u bounds a disk D in $K(r) - N(\widehat{P})$. Then $M_u \cup D$ or $M_u \cup A_u \cup D$ is a projective plane in $K(r)$. Take a parallel copy D' of D in $K(r) - N(\widehat{P})$, so that D' is disjoint from A_u . Then the union of D' , M_v and the annulus on \widehat{T} bounded by $\partial D'$ and ∂M_v , which is disjoint from A_u , forms another projective plane in $K(r)$. Thus $K(r)$ contains two disjoint projective planes, but this is impossible, because $H_1(K(r))$ would be non-cyclic.

Let A'_u be the remaining annulus of the torus. By the construction, A'_u meets the core of V in at most $q_u - 4$ points. Similarly, we obtain an annulus A'_v by using f_v, g_v .

The edges of σ_u and σ_v separate \widehat{T} into two annuli B_1 and B_2 . Each $\text{Int}B_i$ contains $p - 2$ vertices, since G_T is a double cover of G_P . We may assume that the edges of ∂f_u and ∂g_u are contained in B_1 .

First assume that the edges of $\partial f_v, \partial g_v$ are contained in B_1 . Let $B'_1 \subset B_1$ be the annulus region bounded by $\partial A'_u$ and $\partial A'_v$. Then the union $M_u \cup A'_u \cup B'_1 \cup A'_v \cup M_v$ gives a new Klein bottle in $K(r)$, which meets the core of V in at most $p - 4$ points. This contradicts the minimality of p .

Next assume that the edges of $\partial f_v, \partial g_v$ are contained in B_2 . Let $B''_1 \subset B_1$ be the annulus region bounded by $\partial A'_u$ and ∂A_v . Then the union $M_u \cup A'_u \cup B''_1 \cup M_v$ gives a new Klein bottle in $K(r)$, which meets the core of V in at most $p - 2$ points, a contradiction.

Thus we have proved Theorem 1.1 when $p > 1$.

4. Special case.

In this section, we consider the case where $p = 1$. Assign the points of $\partial P \cap \partial Q$ the labels $1, 2, \dots, r$ along ∂Q sequentially. Then the labels are also sequential along ∂P , since r is integral.

Lemma 4.1. *If G_Q has parallel edges, then $r = 4$.*

Proof. This is Lemma 4.2 in [T1]. □

Thus we may assume that G_Q has no parallel edges hereafter.

Lemma 4.2. *If two edges of G_P are parallel, then their endpoints appear alternately around the vertex of G_P .*

Proof. This follows from that all edges of G_P are negative. □

Lemma 4.3. *Suppose that G_Q contains a separating edge e . Then one component of $Q - e$ contains no edge of G_Q .*

Proof. Assume that each component of $Q - e$ contains an edge e_1 and e_2 respectively. Since G_P consists of at most two parallel families of (negative) edges (cf. [T1, Section 4]), some two of e, e_1, e_2 are parallel in G_P . But this is impossible by Lemma 4.2. □

Lemma 4.4. *If G_Q contains a separating edge, then $r \leq 4g$.*

Proof. Let e be a separating edge in G_Q , and let Q_1 and Q_2 be the components of $Q - e$. By Lemma 4.3, we may assume that Q_2 contains no edge. If Q_1 contains a separating edge e_1 , then e and e_1 are not parallel in G_P by Lemma 4.2. If $r > 4$, then G_Q contains another edge e_2 , which is parallel to e or e_1 in G_P . But Lemma 4.2 gives a contradiction. Hence we may assume

that Q_1 contains no separating edges. In fact, no edge in Q_1 is parallel to e in G_P by Lemma 4.2. Thus G_P consists of e and a parallel family of $r/2 - 1$ edges. By examining the labels of edges, we see that G_Q has just three faces.

For \widehat{Q} , we have

$$1 - \frac{r}{2} + \sum_{f: \text{ a face of } G_Q} \chi(f) = 2 - 2g.$$

Thus $\sum \chi(f) = 1 - 2g + r/2$. Here $\sum \chi(f) = \sum_{f \neq Q_2} \chi(f) + \chi(Q_2) \leq \sum_{f \neq Q_2} \chi(f) - 1$. Thus $2 - 2g + r/2 \leq \sum_{f \neq Q_2} \chi(f)$. Since G_Q has at most two disk faces, $2 - 2g + r/2 \leq 2$, and therefore $r \leq 4g$. \square

Lemma 4.5. *If G_Q contains no separating edges, then $r \leq 4g + 4$.*

Proof. Recall that G_P consists of at most two families A and B of parallel edges. Let $|A|, |B|$ denote the number of edges in A and B respectively. Since $|A| + |B| = r/2$ is even, $|A|$ and $|B|$ have the same parity.

If $|A|$ and $|B|$ are even, then we see that G_Q has just one face by examining the labels of edges. See Figure 5.

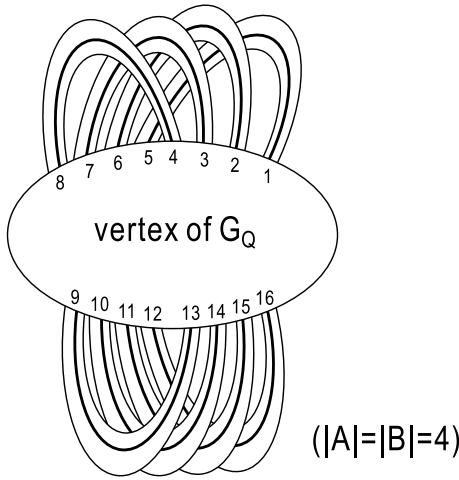


Figure 5.

Then $1 - r/2 + \sum \chi(f) = 2 - 2g$, and thus $1 - 2g + r/2 = \sum \chi(f) \leq 1$. Therefore $r \leq 4g$.

If $|A|$ and $|B|$ are odd, then G_Q has just three faces. Thus $1 - 2g + r/2 = \sum \chi(f) \leq 3$, and then $r \leq 4g + 4$. \square

Lemmas 4.4 and 4.5 give the proof of Theorem 1.1 when $p = 1$. In fact, we can give the same upper bound $4g + 4$ by a 4-dimensional technique. We thank Seiichi Kamada for this suggestion. Consider $S^3 = \partial B^4$. The knot K bounds P and Q . Then pushing P slightly into B^4 gives a closed non-orientable surface $P \cup Q$ embedded in B^4 . Note $\chi(P \cup Q) = -2g$, where g is the genus of Q . By Whitney-Massey Theorem (cf. [K]), the Euler number $e(P \cup Q)$ can vary between $2\chi(P \cup Q) - 4$ and $4 - 2\chi(P \cup Q)$. Thus $|e(P \cup Q)| \leq 4g + 4$. But $e(P \cup Q)$ is equal to the self-intersection number of $P \cup Q$, which is exactly the boundary slope of P (see [K]).

5. Extremal case.

In this section, we examine the extremal case where $r = 4g + 4$, and prove Theorem 1.2. Recall that the points of $\partial P \cap \partial Q$ are labeled $1, 2, \dots, r$ sequentially along ∂P (and ∂Q) as in Section 4.

Assume $r = 4g + 4$. By the proof of Lemma 4.5, G_P consists of two parallel families A and B such that $m = |A|$ and $n = |B|$ are odd. In fact, $|A|, |B| > 1$, otherwise G_Q contains a trivial loop. Let a_1, a_2, \dots, a_m and b_1, b_2, \dots, b_n be the edges of A and B respectively, where they are numbered successively. That is, a_i has labels i and $i + m$, and b_j has $2m + j$ and $2m + n + j$. See Figure 6, where the two end circles of the cylinder are identified with a suitable involution to form a Klein bottle \widehat{P} .

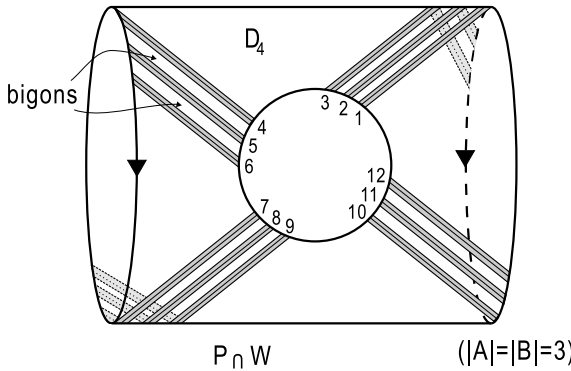


Figure 6.

Lemma 5.1. *K is fibered.*

Proof. Let $W = E(K) - \text{Int}N(Q)$. Then ∂W consists of two copies of Q , Q_0 and Q_1 say, and an annulus δ . We show that W has a product structure $Q \times [0, 1]$ such that $Q \times \{0\} = Q_0$ and $Q \times \{1\} = Q_1$. Then the result immediately follows from this.

We see that $P \cap W$ consists of a 4-gon D_4 and $(m - 1) + (n - 1)$ bigons. See Figure 6. For such a bigon D , $\partial D \cap Q_0$ and $\partial D \cap Q_1$ correspond to edges of G_Q and $\partial D \cap \delta$ is two spanning arcs of δ . For example, if D corresponds to the bigon face of G_P between a_1 and a_2 , then $\partial D \cap Q_0$ and $\partial D \cap Q_1$ correspond to a_1 and a_2 , respectively. Cut W along these bigons. Let W' be the resulting manifold. That process cuts Q_i into a disk for each i , since Q_0 is cut along arcs corresponding to $a_1, a_2, \dots, a_{m-1}, b_1, b_2, \dots, b_{n-1}$, and Q_1 is cut along $a_2, a_3, \dots, a_m, b_2, b_3, \dots, b_n$. By the irreducibility of $E(K)$, W' is a 3-ball. Thus W has a product structure as desired. \square

Thus W is identified with $Q \times [0, 1]$, and $E(K)$ is identified with a mapping torus $Q \times [0, 1]/(x, 1) = (f(x), 0)$, where f is a homeomorphism of Q . Let Q_i denote $Q \times \{i\}$ in $W = Q \times [0, 1]$. In fact, it is convenient to regard f as the map from Q_1 to Q_0 .

Let us keep using the notation in the proof of Lemma 5.1. To clarify the argument, we regulate P in $E(K)$ up to isotopy. In the same way as [FH, Proposition 2.1], P can be isotoped to be monotone except for just one saddle point in $\text{Int}P$ with respect to the bundle structure of $E(K)$. Furthermore, we may assume that $2m + 2n$ arcs on δ coming from ∂P and $m + n - 2$ disks in $W = Q \times [0, 1]$ coming from the bigon faces of G_P are all saturated (that is, the unions of I -fibers) with respect to the product structure of W . Finally, we isotope the 4-gon D_4 of $P \cap W$ such that $\pi|_{D_4}$ is an embedding except for four arcs on δ , where $\pi : W = Q \times [0, 1] \rightarrow Q_1$ denotes the natural projection.

Hereafter, we regard the edges a_i, b_j of G_Q as the arcs on Q_0 . This means that each $a_i, 1 \leq i \leq m - 1$, appears as the intersection of Q_0 and the disk which corresponds to a bigon face of G_P between a_i and a_{i+1} , and the arc a_m is one of the arcs of $D_4 \cap Q_0$. Further, we set $a'_i = \pi(a_i)$ on Q_1 . Then $a_{i+1} = f(a'_i)$ holds for each $i = 1, 2, \dots, m - 1$.

Lemma 5.2. *K is composite.*

Proof. Let us introduce two more arcs on Q_0 as follows.

First, let $a_{m+1} = f(a'_m)$. Recall that the endpoints of a_i are labeled by i and $m + i$ and those of b_j are labeled by $2m + j$ and $2m + n + j$. Thus the action of f is cyclic on the set of the endpoints of a_i, b_j , and so the labels of the endpoints of a_{m+1} are $m + 1$ and $2m + 1$.

Claim 5.3. a_{m+1} is disjoint from a_2, a_3, \dots, a_m and meets a_1 in only the endpoint with label $m + 1$.

Proof. Clearly, a_m is disjoint from a_i , and so a'_m is disjoint from $a'_i, 1 \leq i \leq m - 1$. This implies that $a_{m+1} = f(a'_m)$ is disjoint from $a_{i+1} = f(a'_i)$ for $1 \leq i \leq m - 1$. Furthermore, since $D_4 \cap Q_0 = a_m \cup b_n, D_4 \cap Q_1 = f^{-1}(a_1) \cup f^{-1}(b_1)$ and $\pi|_{D_4}$ is embedding except for four arcs on δ, a'_m meets $f^{-1}(a_1)$

in a single point. Hence $a_{m+1} = f(a'_m)$ meets a_1 in only the endpoint with label $m + 1$. □

Next, we give an orientation to each edge of G_Q so that it runs from the endpoint with smaller label to the other, and let e be the arc on Q_0 obtained as the product $a_1 * a_{m+1}$. By the observations above, the endpoints of e have the labels of 1 and $2m + 1$, and e is disjoint from a_2, \dots, a_m .

Claim 5.4. e is separating and essential in Q_0 .

Proof. Recall that G_Q has just three disk faces. One of the disk faces, denoted by D_a , is bounded by the edges a_1, a_2, \dots, a_m together with subarcs of ∂Q_0 . Another one D_b is bounded by the edges b_1, b_2, \dots, b_n and the other one D_{ab} is bounded by the edges $a_1, a_2, \dots, a_m, b_1, b_2, \dots, b_n$ together with subarcs of ∂Q_0 .

Since the labels of the endpoints of a_{m+1} are $m + 1$ and $2m + 1$, the arc a_{m+1} is contained in the disk face D_{ab} . Thus e is also contained in D_{ab} , and so it is a diagonal arc which separates D_{ab} . Moreover, since the labels of the endpoints of e are 1 and $2m + 1$, the endpoints separate ∂D_{ab} into two parts one of which contains a_i 's only and the other contains b_j 's only. This indicates that e is separating and essential on Q_0 . □

Now, we consider the closed surface $\overline{Q_i}$ which is obtained by shrinking ∂Q_i to a single point y_i for $i = 0, 1$. We abuse the notations for the arcs and the faces on $\overline{Q_i}$ corresponding to those on Q_i . Let \bar{f} be the homeomorphism from $\overline{Q_1}$ to $\overline{Q_0}$ induced from f .

Claim 5.5. $\bar{f}(e')$ is isotopic to e fixing y_0 , where $e' = \pi(e)$ in Q_1 .

Proof. Let $[a_i], [a'_i], 1 \leq i \leq m + 1$, and $[e], [e']$ be the elements of $\pi_1(\overline{Q_0}, y_0)$ and $\pi_1(\overline{Q_1}, y_1)$ represented by the corresponding ones.

Let R be the polygon bounded by e and a_1, a_2, \dots, a_m in D_{ab} . Then, under the above setting, ∂R is represented as

$$a_1 * a_2^{-1} * a_3 * a_4^{-1} * \dots * a_m * e^{-1}.$$

Then, this gives the relation

$$[e] = [a_1][a_2]^{-1}[a_3][a_4]^{-1} \dots [a_m],$$

and so we have

$$[e'] = [a'_1][a'_2]^{-1}[a'_3][a'_4]^{-1} \dots [a'_m].$$

Also ∂D_a is represented as

$$a_1 * a_m * a_{m-1}^{-1} * a_{m-2} * a_{m-3}^{-1} * \dots * a_2^{-1}.$$

This gives

$$[a_1] = [a_2][a_3]^{-1}[a_4][a_5]^{-1} \dots [a_m]^{-1}.$$

Let $\bar{f}_* : \pi_1(\bar{Q}_1, y_1) \rightarrow \pi_1(\bar{Q}_0, y_0)$ be the homomorphism induced from \bar{f} . Then

$$\begin{aligned} f_*([e']) &= f_*([a'_1][a'_2]^{-1}[a'_3][a'_4]^{-1} \dots [a'_m]) \\ &= [a_2][a_3]^{-1}[a_4][a_5]^{-1} \dots [a_m]^{-1}[a_{m+1}] \\ &= [a_1][a_{m+1}] = [e]. \end{aligned}$$

Therefore two loops e and $f(e')$ are homotopic on \bar{Q}_0 fixing y_0 , and hence isotopic. □

As a result, we can obtain an essential, separating annulus in $E(K)$, each of whose boundary circles meets the longitude of K in a single point, from $e \times [0, 1] \subset W$. By [BZ, Lemma 15.26], such an annulus comes from a decomposing sphere or a cabling annulus for K . This concludes that K is composite. □

Proof of Theorem 1.2. By Lemma 5.2, K is composite. Then by [T2], K is the connected sum of two 2-cabled knots K_1 and K_2 . Let K_i be the $(2, m_i)$ -cable of a knot \tilde{K}_i for $i = 1, 2$. Then $r = 2m_1 + 2m_2$ [T2]. Also,

$$g(K) = \frac{|m_1| - 1}{2} + \frac{|m_2| - 1}{2} + 2g(\tilde{K}_1) + 2g(\tilde{K}_2)$$

by [S]. Since $|r| = 4g(K) + 4$,

$$2|m_1 + m_2| = 2|m_1| + 2|m_2| + 8g(\tilde{K}_1) + 8g(\tilde{K}_2).$$

Thus m_1 and m_2 have the same sign and $g(\tilde{K}_1) = g(\tilde{K}_2) = 0$, and hence K_i is the $(2, m_i)$ -torus knot. This completes the Proof of Theorem 1.2. □

Finally, we give the examples of hyperbolic knots which show that the estimation of Corollary 1.3 is sharp for each genus g .

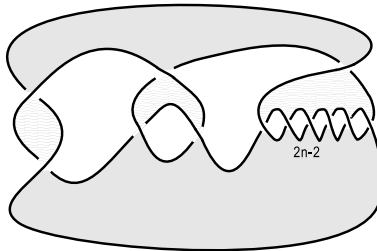


Figure 7.

Example 5.6. For genus one case, the figure eight knot is such an example as mentioned in Section 1. Let $n \geq 2$ and let K be the $(2, 3, 2n - 3)$ -pretzel knot. (When $n = 2$, K is 2-bridge, and it is 6_2 in the knot table [R].) Then

K is hyperbolic [Kw], and it obviously bounds a once-punctured Klein bottle whose boundary has the slope $4n$. Also, K has genus n , since the Seifert surface shown in Figure 7 has minimal genus by [G1, G2].

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Received October 22, 2001 and revised July 20, 2002. The first author is supported in part by JSPS Research Fellowships for Young Scientists, and the second author is partially supported by Japan Society for the Promotion of Science, Grant-in-Aid for Encouragement of Young Scientists 12740041, 2001.

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