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## THE SECOND CR YAMABE INVARIANT

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Let ( $M, \theta$ ) be a compact strictly pseudoconvex CR manifold of real dimension $2 n+1$ with a contact form $\theta$. Motivated by the work of Ammann and Humbert, we define the second CR Yamabe invariant, which is a natural generalization of the CR Yamabe invariant, and study its properties in this paper.

## 1. Introduction

Let $(M, g)$ be an $n$-dimensional compact Riemannian manifold where $n \geq 3$. The Yamabe problem is to find a Riemannian metric $\tilde{g}$ conformal to $g$ such that the scalar curvature of $\tilde{g}$ is constant. Yamabe [1960] claimed to solve it. However, Trudinger [1968] realized that Yamabe's proof was incomplete, and he was able to solve the Yamabe problem when the scalar curvature of $g$ is nonpositive. When the scalar curvature of $g$ is positive, Aubin [1976] solved the case when $n \geq 6$ and $M$ is not locally conformally flat, and Schoen [1984] solved the remaining cases by using the positive mass theorem.

The method to solve the Yamabe problem was the following. If $\tilde{g}=u^{\frac{4}{n-2}} g$, where $u \in C^{\infty}(M)$ and $u>0$, then

$$
\begin{equation*}
L_{g}(u)=R_{\tilde{g}} u^{\frac{n+2}{n-2}} \tag{1-1}
\end{equation*}
$$

where

$$
L_{g}=-\frac{4(n-1)}{n-2} \Delta_{g}+R_{g}
$$

Here $\Delta_{g}$ is the Laplacian of $g$, and $R_{g}$ and $R_{\tilde{g}}$ are the scalar curvatures of $g$ and $\tilde{g}$. The Yamabe problem is to solve (1-1) with $R_{\tilde{g}}$ being constant. The Yamabe invariant $Y(M, g)$ of $(M, g)$ is defined as

$$
Y(M, g)=\inf _{u \neq 0, u \in C^{\infty}(M)} E(u)
$$

where

$$
E(u)=\frac{\int_{M} u L_{g}(u) d V_{g}}{\left(\int_{M}|u|^{\frac{2 n}{n-2}} d V_{g}\right)^{\frac{n-2}{n}}}
$$

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The key point of the resolution of the Yamabe problem is the following theorem due to Aubin [1976].
Theorem 1.1. Let $(M, g)$ be a compact Riemannian manifold of dimension $n \geq 3$. If $Y(M, g)<Y\left(\mathbb{S}^{n}\right)$, then there exists a positive smooth function $u$ satisfying (1-1). Here $Y\left(\mathbb{S}^{n}\right)$ is the Yamabe invariant of the sphere $\mathbb{S}^{n}$ with respect to the standard metric.

The strict inequality was used to show that a minimizing sequence does not concentrate at any point. Aubin [1976] and Schoen [1984] proved the following:

Theorem 1.2. Let $(M, g)$ be a compact Riemannian manifold of dimension $n \geq 3$. Then $Y(M, g) \leq Y\left(\mathbb{S}^{n}\right)$. Moreover, the equality holds if and only if $(M, g)$ is conformally diffeomorphic to the sphere.

These theorems solve the Yamabe problem. See also [Brendle 2005; 2007a; 2007b; Chow 1992; Schwetlick and Struwe 2003; Ye 1994] for using the flow approach to solve the Yamabe problem.

Ammann and Humbert [2006] defined the $k$-th Yamabe invariant as a generalization of the Yamabe invariant. More precisely, let

$$
\lambda_{1}(g)<\lambda_{2}(g) \leq \lambda_{3}(g) \leq \cdots \leq \lambda_{k}(g) \cdots \rightarrow \infty
$$

be the eigenvalues of $L_{g}$ appearing with multiplicities. Let $[g]$ be the conformal class of $g$. For any positive integer $k$, the $k$-th Yamabe invariant $Y_{k}(M, g)$ is defined by

$$
Y_{k}(M, g)=\inf _{\tilde{g} \in[g]} \lambda_{k}(\tilde{g}) \operatorname{Vol}(M, \tilde{g})^{\frac{2}{n}}
$$

In particular, $Y_{1}(M, g)=Y(M, g)$ when the Yamabe invariant $Y(M, g)$ is nonnegative.

One can consider the following CR analogue of the Yamabe problem, the CR Yamabe problem. Suppose that $(M, \theta)$ is a compact strictly pseudoconvex CR manifold of real dimension $2 n+1$ with a contact form $\theta$. The CR Yamabe problem is to find a contact form $\tilde{\theta}$ conformal to $\theta$ such that the Webster scalar curvature of $\tilde{\theta}$ is constant. Jerison and Lee [1987; 1988; 1989] solved the CR Yamabe problem when $n \geq 2$ and $M$ is not locally CR equivalent to the sphere. The remaining cases, namely when $n=1$ or $M$ is locally CR equivalent to the sphere, were studied respectively by Gamara and Yacoub [2001] and by Gamara [2001]. See also the recent work of Cheng, Chiu and Yang [Cheng et al. 2014] and Cheng, Malchiodi and Yang [Cheng et al. 2013]. See also [Chang and Cheng 2002; Chang et al. 2010; Ho 2012; Zhang 2009] for using the flow approach to solve the Yamabe problem.

Motivated by the result of Ammann and Humbert [2006], we study the $k$-th CR Yamabe invariant in this paper. In Section 2, we define the $k$-th CR Yamabe invariant and the generalized contact form. In Section 3, we give the variational
characterization of $Y_{k}(M, \theta)$. In Section 4, we derive the Euler-Lagrange equation for $Y_{2}(M, \theta)$. Sections 5 and 6 will be devoted to proving a lower bound and an upper bound for $Y_{2}(M, \theta)$ respectively. In Section 7, we study whether $Y_{2}(M, \theta)$ is attained by some contact form or generalized contact form. Finally, in Section 8, we study the properties of the $k$-th CR Yamabe invariant $Y_{k}(M, \theta)$.

## 2. Definitions

Suppose that $(M, \theta)$ is a compact strongly pseudoconvex CR manifold of real dimension $2 n+1$ with a given contact form $\theta$. Let $u \in C^{\infty}(M), u>0$. Then $\tilde{\theta}=u^{\frac{2}{n}} \theta$ is a contact form conformal to $\theta$, and the Webster scalar curvature $R_{\tilde{\theta}}$ of $\tilde{\theta}$ is given by

$$
\begin{equation*}
L_{\theta}(u)=R_{\tilde{\theta}} u^{1+\frac{2}{n}} \tag{2-1}
\end{equation*}
$$

Here

$$
\begin{equation*}
L_{\theta}=-\left(2+\frac{2}{n}\right) \Delta_{\theta}+R_{\theta} \tag{2-2}
\end{equation*}
$$

where $\Delta_{\theta}$ is the sub-Laplacian of $\theta$ and $R_{\theta}$ is the Webster scalar curvature of $\theta$. The CR Yamabe invariant is defined as

$$
Y(M, \theta)=\inf _{u \neq 0, u \in C^{\infty}(M)} E(u)
$$

where

$$
E(u)=\frac{\int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} u\right|_{\theta}^{2}+R_{\theta} u^{2} d V_{\theta}}{\left(\int_{M}|u|^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}}}
$$

It is well known that $L_{\theta}$ has discrete spectrum

$$
\operatorname{Spec}\left(L_{\theta}\right)=\left\{\lambda_{1}(\theta), \lambda_{2}(\theta), \ldots\right\}
$$

where the eigenvalues

$$
\lambda_{1}(\theta)<\lambda_{2}(\theta) \leq \lambda_{3}(\theta) \leq \cdots \leq \lambda_{k}(\theta) \cdots \rightarrow \infty
$$

appear with multiplicities. The variational characterization of $\lambda_{1}(\theta)$ is given by

$$
\lambda_{1}(\theta)=\inf _{u \neq 0, u \in C^{\infty}(M)} \frac{\int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} u\right|_{\theta}^{2}+R_{\theta} u^{2} d V_{\theta}}{\int_{M} u^{2} d V_{\theta}}
$$

Let $[\theta]$ be the conformal class of $\theta$, i.e.,

$$
[\theta]=\left\{\left.\tilde{\theta}=u^{\frac{2}{n}} \theta \right\rvert\, u \in C^{\infty}(M), u>0\right\}
$$

If $Y(M, \theta) \geq 0$, then it is easy to check that

$$
\begin{equation*}
Y(M, \theta)=\inf _{\tilde{\theta} \in[\theta]} \lambda_{1}(\tilde{\theta}) \operatorname{Vol}(M, \tilde{\theta})^{\frac{1}{n+1}} \tag{2-3}
\end{equation*}
$$

Following the definition of the $k$-th Yamabe invariant in [Ammann and Humbert 2006], we have the following:

Definition. For any positive integer $k$, the $k$-th CR Yamabe invariant is defined by

$$
\begin{equation*}
Y_{k}(M, \theta)=\inf _{\tilde{\theta} \in[\theta]} \lambda_{k}(\tilde{\theta}) \operatorname{Vol}(M, \tilde{\theta})^{\frac{1}{n+1}} \tag{2-4}
\end{equation*}
$$

Then it follows from (2-3) and Theorem 8.2 that

$$
Y_{1}(M, \theta)= \begin{cases}Y(M, \theta) & \text { if } Y(M, \theta) \geq 0 \\ -\infty & \text { if } Y(M, \theta)<0\end{cases}
$$

We write $L_{+}^{2+\frac{2}{n}}(M)=\left\{\left.u \in L^{2+\frac{2}{n}}(M) \right\rvert\, u \geq 0, u \not \equiv 0\right\}$. For $u \in L_{+}^{2+\frac{2}{n}}(M)$, we define $\operatorname{Gr}_{k}^{u}\left(C^{\infty}(M)\right)$ to be the set of all $k$-dimensional subspaces of $C^{\infty}(M)$ such that the restriction operator to $M \backslash u^{-1}(0)$ is injective. More precisely, we have

$$
\begin{aligned}
& \operatorname{span}\left(v_{1}, \ldots, v_{k}\right) \in \operatorname{Gr}_{k}^{u}\left(C^{\infty}(M)\right) \\
&\left.\Longleftrightarrow v_{1}\right|_{M \backslash u^{-1}(0)}, \ldots,\left.v_{k}\right|_{M \backslash u^{-1}(0)} \text { are linearly independent } \\
& \Longleftrightarrow u^{\frac{1}{n}} v_{1}, \ldots, u^{\frac{1}{n}} v_{k} \text { are linearly independent. }
\end{aligned}
$$

Similarly, replacing $C^{\infty}(M)$ by $S_{1}^{2}(M)$, we obtain the definition of $\operatorname{Gr}_{k}^{u}\left(S_{1}^{2}(M)\right)$. Hereafter, $S_{1}^{2}(M)$ denotes the Folland-Stein space, which is the completion of $C^{1}(M)$ with respect to the norm

$$
\|u\|_{S_{1}^{2}(M)}=\left(\int_{M}\left(\left|\nabla_{\theta} u\right|_{\theta}^{2}+u^{2}\right) d V_{\theta}\right)^{\frac{1}{2}}
$$

(For more properties about the Folland-Stein space, see [Folland and Stein 1974].)
Proposition 2.1. Suppose $\tilde{\theta}$ is a contact form conformal to $\theta$. Then we have

$$
\begin{equation*}
\lambda_{k}(\tilde{\theta})=\inf _{V \in \operatorname{Gr}_{k}^{u}\left(S_{1}^{2}(M)\right)} \sup _{v \in V \backslash\{0\}} \frac{\int_{M} v L_{\theta} v d V_{\theta}}{\int_{M} u^{\frac{2}{n}} v^{2} d V_{\theta}} \tag{2-5}
\end{equation*}
$$

Proof. Let $u \in C^{\infty}(M), u>0$. For all $f \in C^{\infty}(M), f \not \equiv 0$, we set $\tilde{\theta}=u^{\frac{2}{n}} \theta$ and

$$
F^{\prime}(u, f)=\frac{\int_{M} f L_{\tilde{\theta}} f d V_{\tilde{\theta}}}{\int_{M} f^{2} d V_{\tilde{\theta}}}
$$

The operator $L_{\theta}$ is conformally invariant in the following sense:

$$
\begin{equation*}
u^{1+\frac{2}{n}} L_{\tilde{\theta}}\left(u^{-1} f\right)=L_{\theta}(f) \tag{2-6}
\end{equation*}
$$

because

$$
\begin{aligned}
u^{1+\frac{2}{n}} L_{\tilde{\theta}}\left(u^{-1} f\right)= & -\left(2+\frac{2}{n}\right) u^{1+\frac{2}{n}} \Delta_{\tilde{\theta}}\left(u^{-1} f\right)+R_{\tilde{\theta}} u^{1+\frac{2}{n}}\left(u^{-1} f\right) \\
= & -\left(2+\frac{2}{n}\right)\left(u \Delta_{\theta}\left(u^{-1} f\right)+2\left\langle\nabla_{\theta} u, \nabla_{\theta}\left(u^{-1} f\right)\right\rangle_{\theta}\right) \\
& +\left(-\left(2+\frac{2}{n}\right) \Delta_{\theta} u+R_{\theta} u\right)\left(u^{-1} f\right) \\
= & -\left(2+\frac{2}{n}\right) \Delta_{\theta} f+R_{\theta} f=L_{\theta}(f),
\end{aligned}
$$

where we have used (2-1) and (2-2). Combining (2-6) with the fact that

$$
\begin{equation*}
d V_{\tilde{\theta}}=u^{2+\frac{2}{n}} d V_{\theta} \tag{2-7}
\end{equation*}
$$

we get

$$
\begin{align*}
F^{\prime}(u, f) & =\frac{\int_{M} f L_{\tilde{\theta}} f d V_{\tilde{\theta}}}{\int_{M} f^{2} d V_{\tilde{\theta}}}  \tag{2-8}\\
& =\frac{\int_{M} f u^{-\left(1+\frac{2}{n}\right)} L_{\theta}(u f) u^{2+\frac{2}{n}} d V_{\theta}}{\int_{M} f^{2} u^{2+\frac{2}{n}} d V_{\theta}}=\frac{\int_{M}(u f) L_{\theta}(u f) d V_{\theta}}{\int_{M} u^{\frac{2}{n}}(u f)^{2} d V_{\theta}}
\end{align*}
$$

Using the min-max principle, we have

$$
\begin{equation*}
\lambda_{k}(\tilde{\theta})=\inf _{V \in \operatorname{Gr}_{k}\left(S_{1}^{2}(M)\right)} \sup _{v \in V \backslash\{0\}} \frac{\int_{M} v L_{\tilde{\theta}} v d V_{\tilde{\theta}}}{\int_{M} v^{2} d V_{\tilde{\theta}}} . \tag{2-9}
\end{equation*}
$$

Since $u>0$, we have $\operatorname{Gr}_{k}\left(S_{1}^{2}(M)\right)=\operatorname{Gr}_{k}^{u}\left(S_{1}^{2}(M)\right)$. Therefore, it follows from (2-8) and (2-9) that

$$
\lambda_{k}(\tilde{\theta})=\inf _{V \in \operatorname{Gr}_{k}\left(S_{1}^{2}(M)\right)} \sup _{f \in V \backslash\{0\}} F^{\prime}(u, f)
$$

Now replacing $u f$ by $v$, we obtain (2-5) by (2-8).
Now we can define the generalized contact form:
Definition. The generalized contact form $\tilde{\theta}$ is defined as $\tilde{\theta}=u^{\frac{2}{n}} \theta$, where $u$ is no longer necessarily positive or smooth, but $u \in L_{+}^{2+\frac{2}{n}}(M)$.

We enlarge the conformal class $[\theta]$ of $\theta$ by including all the generalized contact forms conformal to $\theta$, as follows:

$$
[\theta]=\left\{\left.\tilde{\theta}=u^{\frac{2}{n}} \theta \right\rvert\, u \in L_{+}^{2+\frac{2}{n}}(M)\right\}
$$

In view of Proposition 2.1, for a generalized contact form $\tilde{\theta}=u^{\frac{2}{n}} \theta, u \in L_{+}^{2+\frac{2}{n}}(M)$, conformal to $\theta$, we define

$$
\begin{equation*}
\lambda_{k}(\tilde{\theta})=\inf _{V \in \operatorname{Gr}_{k}^{u}\left(S_{1}^{2}(M)\right)} \sup _{v \in V \backslash\{0\}} \frac{\int_{M} v L_{\theta} v d V_{\theta}}{\int_{M} u^{\frac{2}{n}} v^{2} d V_{\theta}} \tag{2-10}
\end{equation*}
$$

Using (2-10), we can generalize the definition of $k$-th CR Yamabe invariant to the generalized contact form by using (2-4).

## 3. Variational characterization of $\boldsymbol{Y}_{\boldsymbol{k}}(\boldsymbol{M}, \theta)$

For all $u \in L_{+}^{2+\frac{2}{n}}(M), v \in S_{1}^{2}(M)$ such that $u^{\frac{1}{n}} v \not \equiv 0$, we set

$$
F(u, v)=\frac{\int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} v\right|_{\theta}^{2}+R_{\theta} v^{2} d V_{\theta}}{\int_{M} u^{\frac{2}{n}} v^{2} d V_{\theta}}\left(\int_{M} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}
$$

Proposition 3.1. If $[\theta]$ contains all the contact forms conformal to $\theta$, then

$$
\begin{equation*}
Y_{k}(M, \theta)=\inf _{\substack{u \in C^{\infty}(M) \\ V \in \operatorname{Gr}_{k}^{u}\left(S_{1}^{2}(M)\right)}} \sup _{v \in V \backslash\{0\}} F(u, v) \tag{3-1}
\end{equation*}
$$

Similarly, if $[\theta]$ contains all the generalized contact forms conformal to $\theta$, then

$$
\begin{equation*}
Y_{k}(M, \theta)=\inf _{\substack{u \in L_{+}^{2+\frac{2}{n}}(M) \\ V \in \operatorname{Gr}_{k}^{u}\left(S_{1}^{2}(M)\right)}} \sup _{v \in V \backslash\{0\}} F(u, v) . \tag{3-2}
\end{equation*}
$$

Proof. Using the definition of $Y_{k}(M, \theta)$ and the fact that $\operatorname{Vol}(M, \tilde{\theta})=\int_{M} u^{2+\frac{2}{n}} d V_{\theta}$, we obtain from (2-5) that

$$
\begin{aligned}
Y_{k}(M, \theta) & =\inf _{\tilde{\theta} \in[\theta]} \lambda_{k}(\tilde{\theta}) \operatorname{Vol}(M, \tilde{\theta})^{\frac{1}{n+1}} \\
& =\inf _{u \in C^{\infty}(M), u>0} \lambda_{k}(\tilde{\theta})\left(\int_{M} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}} \\
& =\inf _{\substack{u \in C^{\infty}(M), u>0 \\
V \in \operatorname{Gr}_{k}^{u}\left(S_{1}^{2}(M)\right)}} \sup _{v \in V \backslash\{0\}} F(u, v),
\end{aligned}
$$

which proves (3-1). Similarly, we can prove (3-2) by using the same arguments as above, except we need to replace $C^{\infty}(M)$ by $L_{+}^{2+\frac{2}{n}}(M)$.

## 4. Generalized contact form and the Euler-Lagrange equation

We will need the following:
Lemma 4.1. Let $u \in L^{2+\frac{2}{n}}(M)$ and $v \in S_{1}^{2}(M)$. We assume that

$$
\begin{equation*}
L_{\theta} v=u^{\frac{2}{n}} v \tag{4-1}
\end{equation*}
$$

holds in the sense of distributions. Then $v \in L^{2+\frac{2}{n}+\varepsilon}(M)$ for some $\varepsilon>0$.

Proof. Without loss of generality, suppose $v \not \equiv 0$. We define $v_{+}=\sup (v, 0)$. We let $q \in(1,(n+1) / n]$ be a fixed number and $l>0$ be a large real number which will tend to $+\infty$. We let $\beta=2 q-1$. We then define for $x \in \mathbb{R}$,

$$
\begin{aligned}
& G_{l}(x)= \begin{cases}0 & \text { if } x<0 \\
x^{\beta} & \text { if } 0 \leq x<l \\
l^{q-1}\left(q l^{q-1} x-(q-1) l^{q}\right) & \text { if } x \geq l\end{cases} \\
& F_{l}(x)= \begin{cases}0 & \text { if } x<0 \\
x^{q} & \text { if } 0 \leq x<l \\
q l^{q-1} x-(q-1) l^{q} & \text { if } x \geq l\end{cases}
\end{aligned}
$$

It is easy to check that for all $x \in \mathbb{R}$,

$$
\begin{align*}
\left(F_{l}^{\prime}(x)\right)^{2} & \leq q G_{l}^{\prime}(x)  \tag{4-2}\\
\left(F_{l}(x)\right)^{2} & \geq x G_{l}(x)  \tag{4-3}\\
x G_{l}^{\prime}(x) & \leq \beta G_{l}(x) \tag{4-4}
\end{align*}
$$

Since $F_{l}$ and $G_{l}$ are uniformly Lipschitz continuous functions, $F_{l}\left(v_{+}\right)$and $G_{l}\left(v_{+}\right)$ belong to $S_{1}^{2}(M)$. Let $x_{0} \in M$. Denote by $\eta$ a $C^{2}$ nonnegative function supported in $B\left(x_{0}, 2 \delta\right)$, where $\delta>0$ is a small fixed number such that $0 \leq \eta \leq 1$ and $\eta\left(B\left(x_{0}, \delta\right)\right)=\{1\}$. Multiply (4-1) by $\eta^{2} G_{l}\left(v_{+}\right)$and integrate over $M$. Since the supports of $v_{+}$and $G_{l}\left(v_{+}\right)$coincide, we get

$$
\begin{align*}
&\left(2+\frac{2}{n}\right) \int_{M}\left\langle\nabla_{\theta} v_{+}, \nabla_{\theta} \eta^{2} G_{l}\left(v_{+}\right)\right\rangle_{\theta} d V_{\theta}+\int_{M} R_{\theta} v_{+} \eta^{2} G_{l}\left(v_{+}\right) d V_{\theta}  \tag{4-5}\\
&=\int_{M} u^{\frac{2}{n}} v_{+} \eta^{2} G_{l}\left(v_{+}\right) d V_{\theta}
\end{align*}
$$

We are going to estimate the terms in (4-5). In the following, $C$ will denote a positive constant depending possibly on $\eta, q, \beta, \delta$, but not on $l$. Note that
(4-6) $\int_{M}\left\langle\nabla_{\theta} v_{+}, \nabla_{\theta} \eta^{2} G_{l}\left(v_{+}\right)\right\rangle_{\theta} d V_{\theta}$

$$
\begin{aligned}
&= \int_{M} G_{l}\left(v_{+}\right)\left\langle\nabla_{\theta} v_{+}, \nabla_{\theta} \eta^{2}\right\rangle_{\theta} d V_{\theta} \\
&=\int_{M} G_{l}^{\prime}\left(v_{+}\right) \eta^{2}\left|\nabla_{\theta} v_{+}\right|_{\theta}^{2} d V_{\theta} \\
&=-\int_{M} G_{l}\left(v_{+}\right) v_{+} \Delta_{\theta}\left(\eta^{2}\right) d V_{\theta}-2 \int_{M} v_{+} G_{l}^{\prime}\left(v_{+}\right) \eta\left\langle\nabla_{\theta} v_{+}, \nabla_{\theta} \eta\right\rangle_{\theta} d V_{\theta} \\
&+\int_{M} G_{l}^{\prime}\left(v_{+}\right) \eta^{2}\left|\nabla_{\theta} v_{+}\right|_{\theta}^{2} d V_{\theta} \\
& \geq-C \int_{M} v_{+} G_{l}\left(v_{+}\right) d V_{\theta}-2 \int_{M} v_{+}^{2} G_{l}^{\prime}\left(v_{+}\right)\left|\nabla_{\theta} \eta\right|_{\theta}^{2} d V_{\theta} \\
&+\frac{1}{2} \int_{M} G_{l}^{\prime}\left(v_{+}\right) \eta^{2}\left|\nabla_{\theta} v_{+}\right|_{\theta}^{2} d V_{\theta}
\end{aligned}
$$

where the last inequality follows from $\left|\left\langle\nabla_{\theta} v_{+}, \nabla_{\theta} \eta\right\rangle_{\theta}\right| \leq\left|\nabla_{\theta} \eta\right|_{\theta}^{2}+\frac{1}{4}\left|\nabla_{\theta} v_{+}\right|_{\theta}^{2}$. Hence, we have
(4-7) $\int_{M}\left\langle\nabla_{\theta} v_{+}, \nabla_{\theta} \eta^{2} G_{l}\left(v_{+}\right)\right\rangle_{\theta} d V_{\theta}$

$$
\begin{aligned}
& \geq-C \int_{M} v_{+} G_{l}\left(v_{+}\right) d V_{\theta}-2 \int_{M} v_{+}^{2} G_{l}^{\prime}\left(v_{+}\right)\left|\nabla_{\theta} \eta\right|_{\theta}^{2} d V_{\theta} \\
&+\frac{1}{2} \int_{M} G_{l}^{\prime}\left(v_{+}\right) \eta^{2}\left|\nabla_{\theta} v_{+}\right|_{\theta}^{2} d V_{\theta} \\
& \geq-C \int_{M} v_{+} G_{l}\left(v_{+}\right) d V_{\theta}-2 \beta \int_{M} v_{+} G_{l}\left(v_{+}\right)\left|\nabla_{\theta} \eta\right|_{\theta}^{2} d V_{\theta} \\
&+\frac{1}{2} \int_{M} G_{l}^{\prime}\left(v_{+}\right) \eta^{2}\left|\nabla_{\theta} v_{+}\right|_{\theta}^{2} d V_{\theta} \\
& \geq-C \int_{M}\left(F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta}+\frac{1}{2 q} \int_{M}\left(F_{l}^{\prime}\left(v_{+}\right)\right)^{2} \eta^{2}\left|\nabla_{\theta} v_{+}\right|_{\theta}^{2} d V_{\theta} \\
&=-C \int_{M}\left(F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta}+\frac{1}{2 q} \int_{M} \eta^{2}\left|\nabla_{\theta} F_{l}\left(v_{+}\right)\right|_{\theta}^{2} d V_{\theta} \\
& \geq-C \int_{M}\left(F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta}+\frac{1}{4 q} \int_{M}\left|\nabla_{\theta}\left(\eta F_{l}\left(v_{+}\right)\right)\right|_{\theta}^{2} d V_{\theta} \\
&-\frac{1}{2 q} \int_{M}\left|\nabla_{\theta} \eta\right|_{\theta}^{2}\left(F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta} \\
& \geq-C \int_{M}\left(F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta}+\frac{1}{4 q} \int_{M}\left|\nabla_{\theta}\left(\eta F_{l}\left(v_{+}\right)\right)\right|_{\theta}^{2} d V_{\theta},
\end{aligned}
$$

where the first inequality follows from (4-6), the second inequality follows from (4-4), the third inequality follows from (4-2) and (4-3), and the fourth inequality follows from

$$
\begin{aligned}
\left|\nabla_{\theta}\left(\eta F_{l}\left(v_{+}\right)\right)\right|_{\theta}^{2} & =\left|F_{l}\left(v_{+}\right) \nabla_{\theta} \eta+\eta \nabla_{\theta} F_{l}\left(v_{+}\right)\right|_{\theta}^{2} \\
& \leq 2 \eta^{2}\left|\nabla_{\theta} F_{l}\left(v_{+}\right)\right|_{\theta}^{2}+2\left|\nabla_{\theta} \eta\right|_{\theta}^{2}\left(F_{l}\left(v_{+}\right)\right)^{2}
\end{aligned}
$$

By the Folland-Stein embedding from $S_{1}^{2}(M)$ into $L^{2+\frac{2}{n}}(M)$, there exists a constant $A>0$ depending only on $(M, \theta)$ such that
$\int_{M}\left|\nabla_{\theta}\left(\eta F_{l}\left(v_{+}\right)\right)\right|_{\theta}^{2} d V_{\theta} \geq A\left(\int_{M}\left(\eta F_{l}\left(v_{+}\right)\right)^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}}-\int_{M}\left(\eta F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta}$.
From this, together with (4-7), we obtain

$$
\begin{align*}
\int_{M}\left\langle\nabla_{\theta} v_{+}\right. & \left., \nabla_{\theta} \eta^{2} G_{l}\left(v_{+}\right)\right\rangle_{\theta} d V_{\theta}  \tag{4-8}\\
& \geq-C \int_{M}\left(F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta}+\frac{A}{4 q}\left(\int_{M}\left(\eta F_{l}\left(v_{+}\right)\right)^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}}
\end{align*}
$$

Independently, we choose $\delta>0$ small enough such that

$$
\begin{equation*}
\int_{B\left(x_{0}, 2 \delta\right)} u^{2+\frac{2}{n}} d V_{\theta} \leq\left(\left(2+\frac{2}{n}\right) \frac{A}{8 q}\right)^{n+1} \tag{4-9}
\end{equation*}
$$

Then it follows from (4-3), (4-9) and Hölder's inequality that

$$
\begin{align*}
\int_{M} u^{\frac{2}{n}} v_{+} & \eta^{2} G_{l}\left(v_{+}\right) d V_{\theta}  \tag{4-10}\\
& \leq \int_{M} u^{\frac{2}{n}} \eta^{2}\left(F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta} \\
& \leq\left(\int_{B\left(x_{0}, 2 \delta\right)} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\left(\int_{M}\left(\eta F_{l}\left(v_{+}\right)\right)^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}} \\
& \leq\left(2+\frac{2}{n}\right) \frac{A}{8 q}\left(\int_{M}\left(\eta F_{l}\left(v_{+}\right)\right)^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}}
\end{align*}
$$

On the other hand, it follows from (4-3) that

$$
\begin{align*}
\int_{M} R_{\theta} v_{+} \eta^{2} G_{l}\left(v_{+}\right) d V_{\theta} & \geq-\left(\max _{M}\left|R_{\theta}\right|\right) \int_{M} v_{+} \eta^{2} G_{l}\left(v_{+}\right) d V_{\theta}  \tag{4-11}\\
& \geq-\left(\max _{M}\left|R_{\theta}\right|\right) \int_{M} \eta^{2}\left(F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta} \\
& \geq-C \int_{M}\left(F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta}
\end{align*}
$$

Substituting (4-8), (4-10), (4-11) into (4-5), we obtain

$$
\left(2+\frac{2}{n}\right) \frac{A}{8 q}\left(\int_{M}\left(\eta F_{l}\left(v_{+}\right)\right)^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}} \leq C \int_{M}\left(F_{l}\left(v_{+}\right)\right)^{2} d V_{\theta}
$$

Now, by the Folland-Stein embedding, $v_{+} \in L^{2+\frac{2}{n}}(M)$. Since $2 q \leq 2+\frac{2}{n}$ and $C$ does not depend on $l$, the right-hand side of the inequality is bounded when $l \rightarrow \infty$, and we obtain

$$
\limsup _{l \rightarrow \infty} \int_{M}\left(\eta F_{l}\left(v_{+}\right)\right)^{2+\frac{2}{n}} d V_{\theta}<\infty
$$

This proves that $\left.v_{+} \in L^{q\left(2+\frac{2}{n}\right.}\right)\left(B\left(x_{0}, \delta\right)\right)$. Since $x_{0}$ is arbitrary, we get that $v_{+} \in$ $L^{q\left(2+\frac{2}{n}\right)}(M)$. Doing the same with $v_{-}=\sup (-v, 0)$ instead of $v_{+}$, we get that $v \in L^{q\left(2+\frac{2}{n}\right)}(M)$. This proves Lemma 4.1.

Proposition 4.2. For any generalized contact form $\tilde{\theta}=u^{\frac{2}{n}} \theta, u \in L_{+}^{2+\frac{2}{n}}(M)$, conformal to $\theta$, there exist two functions $v, w \in S_{1}^{2}(M)$ with $v \geq 0$ such that in the

## sense of distributions

$$
\begin{align*}
L_{\theta} v & =\lambda_{1}(\tilde{\theta}) u^{\frac{2}{n}} v  \tag{4-12}\\
L_{\theta} w & =\lambda_{2}(\tilde{\theta}) u^{\frac{2}{n}} w \tag{4-13}
\end{align*}
$$

Moreover, we can normalize $v$ and $w$ such that

$$
\begin{equation*}
\int_{M} u^{\frac{2}{n}} v^{2} d V_{\theta}=\int_{M} u^{\frac{2}{n}} w^{2} d V_{\theta}=1 \text { and } \int_{M} u^{\frac{2}{n}} v w d V_{\theta}=0 \tag{4-14}
\end{equation*}
$$

Proof. Let $\left(v_{m}\right)_{m}$ be a minimizing sequence for $\lambda_{1}(\tilde{\theta})$, i.e., a sequence $v_{m} \in S_{1}^{2}(M)$ such that

$$
\lim _{m \rightarrow \infty} \frac{\int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} v_{m}\right|_{\theta}^{2}+R_{\theta} v_{m}^{2} d V_{\theta}}{\int_{M} u^{\frac{2}{n}} v_{m}^{2} d V_{\theta}}=\lambda_{1}(\tilde{\theta})
$$

It is well known that $\left(\left|v_{m}\right|\right)_{m}$ is also a minimizing sequence. Hence we can assume that $v_{m} \geq 0$. If we normalize $v_{m}$ by $\int_{M} u^{\frac{2}{n}} v_{m}^{2} d V_{\theta}=1$, then $\left(v_{m}\right)_{m}$ is bounded in $S_{1}^{2}(M)$ and after passing to a subsequence, we may assume that there exists $v \in S_{1}^{2}(M), v \geq 0$ such that $v_{m} \rightarrow v$ weakly in $S_{1}^{2}(M)$ and strongly in $L^{2}(M)$ almost everywhere. If $u$ is smooth, then

$$
\begin{equation*}
\int_{M} u^{\frac{2}{n}} v^{2} d V_{\theta}=\lim _{m \rightarrow \infty} \int_{M} u^{\frac{2}{n}} v_{m}^{2} d V_{\theta}=1 \tag{4-15}
\end{equation*}
$$

and by standard arguments, $v$ is nonnegative minimizer of the functional associated to $\lambda_{1}(\tilde{\theta})$.

We must show that (4-15) still holds if $u \in L_{+}^{2+\frac{2}{n}}(M)$. Let $A>0$ be a large real number and set $u_{A}=\inf (u, A)$. Then

$$
\begin{align*}
\left\lvert\, \int_{M}^{(4-10)} u^{\frac{2}{n}}\left(v_{m}^{2}-\right.\right. & \left.v^{2}\right) d V_{\theta} \mid  \tag{4-16}\\
\leq & \int_{M} u_{A}^{\frac{2}{n}}\left|v_{m}^{2}-v^{2}\right| d V_{\theta}+\int_{M}\left(u^{\frac{2}{n}}-u_{A}^{\frac{2}{n}}\right)\left(\left|v_{m}\right|+|v|\right)^{2} d V_{\theta} \\
\leq & A^{\frac{2}{n}} \int_{M}\left|v_{m}^{2}-v^{2}\right| d V_{\theta} \\
& +\left(\int_{M}\left(u^{\frac{2}{n}}-u_{A}^{\frac{2}{n}}\right)^{n+1} d V_{\theta}\right)^{\frac{1}{n+1}}\left(\int_{M}\left(\left|v_{m}\right|+|v|\right)^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}}
\end{align*}
$$

where we have used Hölder's inequality in the last inequality. Since

$$
\left|u^{\frac{2}{n}}-u_{A}^{\frac{2}{n}}\right|^{n+1} \leq u^{2+\frac{2}{n}} \in L^{1}(M)
$$

by Lebesgue's dominated convergence theorem we have

$$
\begin{equation*}
\lim _{A \rightarrow \infty} \int_{M}\left(u^{\frac{2}{n}}-u_{A}^{\frac{2}{n}}\right)^{n+1} d V_{\theta}=\int_{M} \lim _{A \rightarrow \infty}\left(u^{\frac{2}{n}}-u_{A}^{\frac{2}{n}}\right)^{n+1} d V_{\theta}=0 \tag{4-17}
\end{equation*}
$$

Since $\left(v_{m}\right)_{m}$ is bounded in $S_{1}^{2}(M)$, it is bounded in $L^{2+\frac{2}{n}}(M)$, and hence there exists $C>0$ such that

$$
\begin{equation*}
\int_{M}\left(\left|v_{m}\right|+|v|\right)^{2+\frac{2}{n}} d V_{\theta} \leq C \tag{4-18}
\end{equation*}
$$

By strong convergence in $L^{2}(M)$,

$$
\begin{equation*}
\lim _{m \rightarrow \infty} \int_{M}\left|v_{m}^{2}-v^{2}\right| d V_{\theta}=0 \tag{4-19}
\end{equation*}
$$

Combining (4-16)-(4-19), we obtain (4-15). Therefore $v$ is a nonnegative minimizer of the functional associated to $\lambda_{1}(\tilde{\theta})$. Writing the Euler-Lagrange equation of $v$, we find that $v$ satisfies (4-12).

Now we define

$$
\lambda_{1}^{\prime}(\tilde{\theta})=\inf \frac{\int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} w\right|_{\theta}^{2}+R_{\theta} w^{2} d V_{\theta}}{\int_{M} u^{\frac{2}{n}}|w|^{2} d V_{\theta}}
$$

where the infimum is taken over smooth functions $w$ such that $u^{\frac{1}{n}} w \not \equiv 0$ and such that

$$
\int_{M} u^{\frac{2}{n}} v w d V_{\theta}=0
$$

With the same method, we find a minimizer $w$ of this problem that satisfies (4-13) with $\lambda_{2}^{\prime}(\tilde{\theta})$ instead of $\lambda_{2}(\tilde{\theta})$. However, it is not difficult to see that $\lambda_{2}^{\prime}(\tilde{\theta})=\lambda_{2}(\tilde{\theta})$ and Proposition 4.2 easily follows.
Lemma 4.3. Let $u \in L_{+}^{2+\frac{2}{n}}(M)$ with $\int_{M} u^{2+\frac{2}{n}} d V_{\theta}=1$. Suppose that $w_{1}, w_{2} \in$ $S_{1}^{2}(M) \backslash\{0\}, w_{1}, w_{2} \geq 0$ satisfy

$$
\begin{align*}
& \int_{M}\left(\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} w_{1}\right|_{\theta}^{2}+R_{\theta} w_{1}^{2}\right) d V_{\theta} \leq Y_{2}(M, \theta) \int_{M} u^{\frac{2}{n}} w_{1}^{2} d V_{\theta}  \tag{4-20}\\
& \int_{M}\left(\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} w_{2}\right|_{\theta}^{2}+R_{\theta} w_{2}^{2}\right) d V_{\theta} \leq Y_{2}(M, \theta) \int_{M} u^{\frac{2}{n}} w_{2}^{2} d V_{\theta} \tag{4-21}
\end{align*}
$$

and suppose that $\left(M \backslash w_{1}^{-1}(0)\right) \cap\left(M \backslash w_{2}^{-1}(0)\right)$ has measure zero. Then $u$ is a linear combination of $w_{1}$ and $w_{2}$, and we have equality in (4-20) and (4-21).

Proof. We let $\bar{u}=a w_{1}+b w_{2}$, where $a, b>0$ are chosen such that

$$
\begin{gather*}
\frac{b^{\frac{2}{n}} \int_{M} u^{\frac{2}{n}} w_{1}^{2} d V_{\theta}}{a^{\frac{2}{n}} \int_{M} u^{\frac{2}{n}} w_{2}^{2} d V_{\theta}}=\frac{\int_{M} w_{1}^{2+\frac{2}{n}} d V_{\theta}}{\int_{M} w_{2}^{2+\frac{2}{n}} d V_{\theta}}  \tag{4-22}\\
\int_{M} \bar{u}^{2+\frac{2}{n}} d V_{\theta}=a^{2+\frac{2}{n}} \int_{M} w_{1}^{2+\frac{2}{n}} d V_{\theta}+b^{2+\frac{2}{n}} \int_{M} w_{2}^{2+\frac{2}{n}} d V_{\theta}=1 \tag{4-23}
\end{gather*}
$$

Because of the variational characterization of $Y_{2}(M, \theta)$ in Proposition 3.1, we have

$$
\begin{equation*}
Y_{2}(M, \theta) \leq \sup _{(\lambda, \mu) \in \mathbb{R}^{2} \backslash\{(0,0)\}} F\left(\bar{u}, \lambda w_{1}+\mu w_{2}\right) \tag{4-24}
\end{equation*}
$$

By (4-20), (4-21), (4-23), and since $\left(M \backslash w_{1}^{-1}(0)\right) \cap\left(M \backslash w_{2}^{-1}(0)\right)$ has measure zero, we obtain
(4-25)

$$
\begin{aligned}
& F\left(\bar{u}, \lambda w_{1}+\mu w_{2}\right) \\
&=\frac{\int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta}\left(\lambda w_{1}+\mu w_{2}\right)\right|_{\theta}^{2}+R_{\theta}\left(\lambda w_{1}+\mu w_{2}\right)^{2} d V_{\theta}}{\int_{M} \bar{u}^{\frac{2}{n}}\left(\lambda w_{1}+\mu w_{2}\right)^{2} d V_{\theta}} \\
&=\frac{\lambda^{2} \int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} w_{1}\right|_{\theta}^{2}+R_{\theta} w_{1}^{2} d V_{\theta}+\mu^{2} \int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} w_{2}\right|_{\theta}^{2}+R_{\theta} w_{2}^{2} d V_{\theta}}{\lambda^{2} \int_{M} \bar{u}^{\frac{2}{n}} w_{1}^{2} d V_{\theta}+\mu^{2} \int_{M} \bar{u}^{\frac{2}{n}} w_{2}^{2} d V_{\theta}} \\
& \leq Y_{2}(M, \theta) \frac{\lambda^{2} \int_{M} u^{\frac{2}{n}} w_{1}^{2} d V_{\theta}+\mu^{2} \int_{M} u^{\frac{2}{n}} w_{2}^{2} d V_{\theta}}{\lambda^{2} a^{\frac{2}{n}} \int_{M} w_{1}^{2+\frac{2}{n}} d V_{\theta}+\mu^{2} b^{\frac{2}{n}} \int_{M} w_{2}^{2+\frac{2}{n}} d V_{\theta}} .
\end{aligned}
$$

By (4-22), the right-hand side of (4-25) does not depend on $\lambda$ and $\mu$. Hence we can choose $\lambda=a$ and $\mu=b$ on the right-hand side of (4-25) to get

$$
\begin{align*}
\sup _{(\lambda, \mu) \in \mathbb{R}^{2} \backslash\{(0,0)\}} & F\left(\bar{u}, \lambda w_{1}+\mu w_{2}\right)  \tag{4-26}\\
\leq & Y_{2}(M, \theta) \frac{a^{2} \int_{M} u^{\frac{2}{n}} w_{1}^{2} d V_{\theta}+b^{2} \int_{M} u^{\frac{2}{n}} w_{2}^{2} d V_{\theta}}{a^{2+\frac{2}{n}} \int_{M} w_{1}^{2+\frac{2}{n}} d V_{\theta}+b^{2+\frac{2}{n}} \int_{M} w_{2}^{2+\frac{2}{n}} d V_{\theta}} \\
= & Y_{2}(M, \theta) \int_{M} u^{\frac{2}{n}}\left(a^{2} w_{1}^{2}+b^{2} w_{2}^{2}\right) d V_{\theta} \\
= & Y_{2}(M, \theta) \int_{M} u^{\frac{2}{n}} \bar{u}^{2} d V_{\theta} \\
\leq & Y_{2}(M, \theta)\left(\int_{M} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\left(\int_{M} \bar{u}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}} \\
= & Y_{2}(M, \theta)
\end{align*}
$$

where we have used (4-23) in the first equality, the assumption that $\left(M \backslash w_{1}^{-1}(0)\right) \cap$ ( $\left.M \backslash w_{2}^{-1}(0)\right)$ has measure zero in the second equality, Hölder's inequality in the second inequality, and the assumption $\int_{M} u^{2+\frac{2}{n}} d V_{\theta}=1$ and (4-23) in the last equality.

Combining (4-24) and (4-26), we have

$$
\sup _{(\lambda, \mu) \in \mathbb{R}^{2} \backslash\{(0,0)\}} F\left(\bar{u}, \lambda w_{1}+\mu w_{2}\right)=Y_{2}(M, \theta) .
$$

This implies the equality in Holder's inequality in (4-26), which implies that there exists a constant $c>0$ such that $u=c \bar{u}$ almost everywhere. Since $\int_{M} u^{2+\frac{2}{n}} d V_{\theta}=$ $\int_{M} \bar{u}^{2+\frac{2}{n}} d V_{\theta}=1$ by (4-23), we have $c=1$, i.e., $u=\bar{u}=a w_{1}+b w_{2}$. Also, equality in (4-25) implies equality in (4-20) and (4-21). This proves the assertion.

Theorem 4.4 (Euler-Lagrange equation). Assume $Y_{2}(M, \theta) \neq 0$ and that $Y_{2}(M, \theta)$ is attained by a generalized contact form $\tilde{\theta}=u^{\frac{2}{n}} \theta$ with $u \in L_{+}^{2+\frac{2}{n}}(M)$. Let $v$ and $w$ be as in Proposition 4.2. Then $u=|w|$. In particular,

$$
\begin{equation*}
L_{\theta} w=Y_{2}(M, \theta)|w|^{\frac{2}{n}} w \tag{4-27}
\end{equation*}
$$

Moreover, $w$ has alternating sign and $w \in C^{2, \alpha}(M)$ for all $\alpha \in\left[0, \frac{2}{n}\right]$.
Proof. Without loss of generality, we can assume that $\int_{M} u^{2+\frac{2}{n}} d V_{\theta}=1$. By assumption and by Proposition 3.1, we have $\lambda_{2}(\tilde{\theta})=Y_{2}(M, \theta)$. Let $v, w \in S_{1}^{2}(M)$ be the functions satisfying (4-12), (4-13), and (4-14).
Step 1. We have $\lambda_{1}(\tilde{\theta})<\lambda_{2}(\tilde{\theta})$.
We prove this by contradiction. Suppose that $\lambda_{1}(\tilde{\theta})=\lambda_{2}(\tilde{\theta})$. After possibly replacing $w$ by a linear combination of $v$ and $w$, we can assume that the function $u^{\frac{1}{n}} w$ changes sign. If we define $w_{1}=\sup (w, 0)$ and $w_{2}=\sup (-w, 0)$, then they satisfy the assumption of Lemma 4.3 since $w$ satisfies (4-13) and $\lambda_{2}(\tilde{\theta})=Y_{2}(M, \theta)$. Applying Lemma 4.3, we find $a, b>0$ such that $u=a w_{1}+b w_{2}$. Now, by Lemma 4.1, $w \in L^{2+\frac{2}{n}+\varepsilon}(M)$. By a standard bootstrap argument, (4-13) shows that $w \in C^{2, \alpha}(M)$ for all $\alpha \in(0,1)$. Since $u=a w_{1}+b w_{2}=a \sup (w, 0)+b \sup (-w, 0)$, we have $u \in C_{\tilde{\theta}}^{0, \alpha}(M)$ for all $\alpha \in(0,1)$.

Since $\lambda_{1}(\tilde{\theta})=\lambda_{2}(\tilde{\theta})$ and by the definition of $\lambda_{1}(\tilde{\theta}), w$ is a minimizer of the functional $\bar{w} \mapsto F(u, \bar{w})$ among the functions in $S_{1}^{2}(M)$ with $u^{\frac{1}{n}} \bar{w} \not \equiv 0$ by Proposition 3.1. Since $F(u, w)=F(u,|w|)$, we have that $|w|$ is a minimizer for the functional associated to $\lambda_{1}(\tilde{\theta})$, and $|w|$ satisfies same equation as $w$. As a consequence, $|w|$ is $C_{1}^{2}$. By the maximum principle, we have $|w|>0$ everywhere, which is false since $u^{\frac{1}{n}} w$ changes sign.

Step 2. The function $w$ changes sign.
Assume $w$ does not change sign. Then after possibly replacing $w$ by $-w$, we can assume that $w \geq 0$. Setting $w_{1}=v$ and $w_{2}=w$, we have (4-20) and (4-21). Using (4-14), we can conclude that $\left(M \backslash w_{1}^{-1}(0)\right) \cap\left(M \backslash w_{2}^{-1}(0)\right)$ has measure zero. Applying Lemma 4.3, we have equality in (4-20). On the other hand, Step 1 implies that inequality (4-20) is strict since $\lambda_{1}(\tilde{\theta})<\lambda_{2}(\tilde{\theta})=Y_{2}(M, \theta)$. This contradiction shows that $w$ changes sign.
Step 3. There exist $a, b>0$ such that $u=a \sup (w, 0)+b \sup (-w, 0)$. Moreover, $w \in C^{2, \alpha}(M)$ and $u \in C^{0, \alpha}(M)$ for all $\alpha \in(0,1)$.

As in the proof of Step 1, we apply Lemma 4.3 with $w_{1}=\sup (w, 0)$ and $w_{2}=\sup (-w, 0)$. We get $a, b>0$ such that $u=a w_{1}+b w_{2}$. As in Step 1, we get $w \in C^{2, \alpha}(M)$ and $u \in C^{0, \alpha}(M)$ for all $\alpha \in(0,1)$.
Step 4. Conclusion.
Let $h \in C^{\infty}(M)$ such that $\operatorname{supp}(h) \subseteq M \backslash u^{-1}(0)$. For $t$ close to 0 , set $u_{t}=$ $|u+t h|$. Since $u>0$ on the support of $h$, and since $u$ is continuous, we have for $t$ close to $0, u_{t}=u+t h$. As $\operatorname{span}(v, w) \in \operatorname{Gr}_{2}^{u}\left(S_{1}^{2}(M)\right)$, by Proposition 3.1 we have

$$
Y_{2}(M, \theta) \leq \sup _{(\lambda, \mu) \in \mathbb{R}^{2} \backslash\{(0,0)\}} F\left(u_{t}, \lambda v+\mu w\right)
$$

Note that
(4-28)

$$
\begin{aligned}
F\left(u_{t}\right. & , \lambda v+\mu w) \\
& =\frac{\int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta}(\lambda v+\mu w)\right|_{\theta}^{2}+R_{\theta}(\lambda v+\mu w)^{2} d V_{\theta}}{\int_{M} u_{t}^{\frac{2}{n}}(\lambda v+\mu w)^{2} d V_{\theta}}\left(\int_{M} u_{t}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}} \\
& =\frac{\lambda^{2} \lambda_{1}(\tilde{\theta}) \int_{M} u^{\frac{2}{n}} v^{2} d V_{\theta}+\mu^{2} \lambda_{2}(\tilde{\theta}) \int_{M} u^{\frac{2}{n}} w^{2} d V_{\theta}}{\lambda^{2} a_{t}+\lambda \mu b_{t}+\mu^{2} c_{t}}\left(\int_{M} u_{t}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}} \\
& =\frac{\lambda^{2} \lambda_{1}(\tilde{\theta})+\mu^{2} \lambda_{2}(\tilde{\theta})}{\lambda^{2} a_{t}+\lambda \mu b_{t}+\mu^{2} c_{t}}\left(\int_{M} u_{t}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}},
\end{aligned}
$$

where we have used (4-12), (4-13), and (4-14). Here

$$
a_{t}=\int_{M} u_{t}^{\frac{2}{n}} v^{2} d V_{\theta}, \quad b_{t}=2 \int_{M} u_{t}^{\frac{2}{n}} v w d V_{\theta} \quad \text { and } \quad c_{t}=\int_{M} u_{t}^{\frac{2}{n}} w^{2} d V_{\theta}
$$

Note also that the functions $a_{t}, b_{t}$, and $c_{t}$ are smooth for $t$ close to 0 . Furthermore, $a_{0}=c_{0}=1$ and $b_{0}=0$ by (4-14). Define $f(t, \alpha)=F\left(u_{t}, \sin (\alpha) v+\cos (\alpha) w\right)$, which is smooth for small $t$. By (4-28), we have

$$
\begin{align*}
f(t, \alpha) & =F\left(u_{t}, \sin (\alpha) v+\cos (\alpha) w\right)  \tag{4-29}\\
& =\frac{\sin ^{2}(\alpha) \lambda_{1}(\tilde{\theta})+\cos ^{2}(\alpha) \lambda_{2}(\tilde{\theta})}{\sin ^{2}(\alpha) a_{t}+\sin (\alpha) \cos (\alpha) b_{t}+\cos ^{2}(\alpha) c_{t}}\left(\int_{M} u_{t}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}
\end{align*}
$$

Hence, using $\lambda_{1}(\tilde{\theta})<\lambda_{2}(\tilde{\theta})$, we can see that $f\left(0,\left(n+\frac{1}{2}\right) \pi\right)$ is minimum and $f(0, n \pi)$ is maximum for any integer $n$. This implies that

$$
\begin{gathered}
\frac{\partial}{\partial \alpha} f(0, \alpha)=0 \text { if and only if } \alpha \in \frac{\pi}{2} \mathbb{Z} \\
\frac{\partial^{2}}{\partial \alpha^{2}} f(0, \alpha)<0 \text { if } \alpha \in \pi \mathbb{Z} \quad \text { and } \quad \frac{\partial^{2}}{\partial \alpha^{2}} f(0, \alpha)>0 \text { if } \alpha \in \pi \mathbb{Z}+\frac{\pi}{2}
\end{gathered}
$$

Applying the implicit function theorem to $\partial f / \partial \alpha$ at the point $(0,0)$, we see that there exists a smooth function $t \mapsto \alpha(t)$, defined on a neighborhood of 0 with
$\alpha(0)=0$ such that

$$
f(t, \alpha(t))=\sup _{\alpha \in \mathbb{R}} f(t, \alpha)=\sup _{(\lambda, \mu) \in \mathbb{R}^{2} \backslash\{(0,0)\}} F\left(u_{t}, \lambda v+\mu w\right),
$$

where the last equality follows from the fact that

$$
F\left(u_{t}, c \lambda v+c \mu w\right)=F\left(u_{t}, \lambda v+\mu w\right)
$$

for any nonzero constant $c$ by (4-28). Since $\alpha(0)=0$, we have

$$
\begin{aligned}
\left.\frac{d}{d t} \sin ^{2} \alpha(t)\right|_{t=0} & =\left.\frac{d}{d t} \cos ^{2} \alpha(t)\right|_{t=0}=\left.\frac{d}{d t}\left(a_{t} \sin ^{2} \alpha(t)\right)\right|_{t=0} \\
& =\left.\frac{d}{d t}\left(b_{t} \sin \alpha(t) \cos \alpha(t)\right)\right|_{t=0}=0
\end{aligned}
$$

Hence, by (4-29), we have
(4-30)

$$
\begin{aligned}
& \begin{array}{l}
\left.\frac{d}{d t} f(t, \alpha(t))\right|_{t=0} \\
=\frac{d}{d t}\left(\frac{\sin ^{2}(\alpha(t)) \lambda_{1}(\tilde{\theta})+\cos ^{2}(\alpha(t)) \lambda_{2}(\tilde{\theta})}{\sin ^{2}(\alpha(t)) a_{t}+\sin (\alpha(t)) \cos (\alpha(t)) b_{t}+\cos ^{2}(\alpha(t)) c_{t}}\right. \\
\left.\quad \times\left(\int_{M} u_{t}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\right)\left.\right|_{t=0} \\
=\lambda_{2}(\tilde{\theta})\left(\left(-\left.\frac{d}{d t} c_{t}\right|_{t=0}\right)\left(\int_{M} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}+\left.\frac{d}{d t}\left(\int_{M} u_{t}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\right|_{t=0}\right) \\
=\lambda_{2}(\tilde{\theta}) \frac{2}{n}\left(-\int_{M} u^{-1+\frac{2}{n}} h w^{2} d V_{\theta}+\int_{M} u^{1+\frac{2}{n}} h d V_{\theta}\right) .
\end{array} .
\end{aligned}
$$

By the definition of $Y_{2}(M, \theta)$ and $\lambda_{2}(\tilde{\theta})=Y_{2}(M, \theta), f$ admits a minimum at $t=0$ because

$$
f(0, \alpha(0))=f(0,0)=F(u, w)
$$

and $w$ satisfies (4-13). Since $\lambda_{2}(\tilde{\theta})=Y_{2}(M, \theta) \neq 0$, it follows from (4-30) that

$$
\int_{M} u^{-1+\frac{2}{n}} h w^{2} d V_{\theta}=\int_{M} u^{1+\frac{2}{n}} h d V_{\theta}
$$

Since $h$ is arbitrary (we just have to ensure that its support is contained in $M \backslash u^{-1}(0)$ ), we get

$$
u^{-1+\frac{2}{n}} w^{2}=u^{1+\frac{2}{n}}
$$

and hence $u=|w|$ on $M \backslash u^{-1}(0)$. Together with Step 3, we have $u=|w|$ everywhere.

## 5. Lower bound for $\boldsymbol{Y}_{\mathbf{2}}(\boldsymbol{M}, \boldsymbol{\theta})$

For any compact CR manifold $(M, \theta)$ of the real dimension $2 n+1$, by the definition of the CR Yamabe invariant $Y_{1}(M, \theta)$, we have

$$
\begin{equation*}
Y_{1}(M, \theta)=\inf _{u \in S_{1}^{2}(M) \backslash\{0\}} \frac{\int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} u\right|_{\theta}^{2}+R_{\theta} u^{2} d V_{\theta}}{\left(\int_{M}|u|^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}}} \tag{5-1}
\end{equation*}
$$

Theorem 5.1. We have

$$
\begin{equation*}
Y_{2}(M, \theta) \geq 2^{\frac{1}{n+1}} Y_{1}(M, \theta) \tag{5-2}
\end{equation*}
$$

Moreover, if $M$ is connected and if $Y_{2}(M, \theta)$ is attained by a generalized contact form, then this inequality is strict.

Proof. The functional

$$
F(u, v)=\frac{\int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} v\right|_{\theta}^{2}+R_{\theta} v^{2} d V_{\theta}}{\int_{M} u^{\frac{2}{n}} v^{2} d V_{\theta}}\left(\int_{M} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}
$$

is continuous on $L_{+}^{2+\frac{2}{n}}(M) \times\left(S_{1}^{2}(M) \backslash\{0\}\right)$. As a consequence, $I(u, V):=$ $\sup _{v \in V \backslash\{0\}} F(u, v)$ depends continuously on $u \in L_{+}^{2+\frac{2}{n}}(M)$ and $V \in \operatorname{Gr}_{2}^{u}\left(S_{1}^{2}(M)\right)$. To prove Theorem 5.1, it suffices to show that $I(u, V) \geq 2^{\frac{1}{n+1}} Y_{1}(M, \theta)$ for all smooth $u>0$ and $V \in \operatorname{Gr}_{2}^{u}\left(S_{1}^{2}(M)\right)$ thanks to Proposition 3.1. Without loss of generality, we can assume that

$$
\begin{equation*}
\int_{M} u^{2+\frac{2}{n}} d V_{\theta}=1 \tag{5-3}
\end{equation*}
$$

The operator

$$
v \mapsto P(v):=-\left(2+\frac{2}{n}\right) u^{-\frac{1}{n}} \Delta_{\theta}\left(u^{-\frac{1}{n}} v\right)+R_{\theta} u^{-\frac{2}{n}} v
$$

is self-adjoint with respect to the $L^{2}$-scalar product and elliptic. Hence, $P$ has discrete spectrum $\lambda_{1} \leq \lambda_{2} \leq \cdots$ and the corresponding eigenfunctions $\varphi_{1}, \varphi_{2}, \ldots$ are smooth. Setting $v_{i}=u^{-\frac{1}{n}} \varphi_{i}$, we obtain

$$
\begin{align*}
\left(-\left(2+\frac{2}{n}\right) \Delta_{\theta}+R_{\theta}\right)\left(v_{i}\right) & =-\left(2+\frac{2}{n}\right) \Delta_{\theta}\left(u^{-\frac{1}{n}} \varphi_{i}\right)+R_{\theta} u^{-\frac{1}{n}} \varphi_{i}  \tag{5-4}\\
& =u^{\frac{1}{n}} P\left(\varphi_{i}\right)=\lambda_{i} u^{\frac{1}{n}} \varphi_{i}=\lambda_{i} u^{\frac{2}{n}} v_{i}
\end{align*}
$$

and

$$
\int_{M} u^{\frac{2}{n}} v_{i} v_{j} d V_{\theta}=\int_{M} \varphi_{i} \varphi_{j} d V_{\theta}=0 \text { if } i \neq j
$$

The maximum principle implies that an eigenfunction to the smallest eigenvalue $\lambda_{1}$ has no zeros. Hence, $\lambda_{1}<\lambda_{2}$ and we can assume that $v_{1}>0$.

We define $w_{+}=a_{+} \sup \left(v_{2}, 0\right)$ and $w_{-}=a_{-} \sup \left(-v_{2}, 0\right)$, where $a_{+}, a_{-}>0$ are chosen such that

$$
\begin{equation*}
\int_{M} u^{\frac{2}{n}} w_{+}^{2} d V_{\theta}=\int_{M} u^{\frac{2}{n}} w_{-}^{2} d V_{\theta}=1 \tag{5-5}
\end{equation*}
$$

We let $\Omega_{-}=\left\{v_{2}<0\right\}$ and $\Omega_{+}=\left\{v_{2} \geq 0\right\}$. By Hölder's inequality, we have

$$
\begin{align*}
2= & \int_{M} u^{\frac{2}{n}} w_{+}^{2} d V_{\theta}+\int_{M} u^{\frac{2}{n}} w_{-}^{2} d V_{\theta}  \tag{5-6}\\
\leq\left(\int_{\Omega_{+}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}} & \left(\int_{M} w_{+}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}} \\
& +\left(\int_{\Omega_{-}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\left(\int_{M} w_{-}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}}
\end{align*}
$$

Using the inequality (5-1), we get

$$
\int_{M} u^{\frac{1}{n}} w_{+} P\left(u^{\frac{1}{n}} w_{+}\right) d V_{\theta} \geq Y_{1}(M, \theta)\left(\int_{M} w_{+}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}}
$$

which implies that

$$
\begin{gather*}
\left(\int_{\Omega_{+}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\left(\int_{M} u^{\frac{1}{n}} w_{+} P\left(u^{\frac{1}{n}} w_{+}\right) d V_{\theta}\right)  \tag{5-7}\\
\geq Y_{1}(M, \theta)\left(\int_{M} w_{+}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}}\left(\int_{\Omega_{+}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}} \\
\geq Y_{1}(M, \theta) \int_{M} u^{\frac{2}{n}} w_{+}^{2} d V_{\theta}=Y_{1}(M, \theta)
\end{gather*}
$$

where we have used Hölder's inequality in the last inequality, and (5-5) in the last equality. Similarly, we have

$$
\begin{equation*}
\left(\int_{\Omega_{-}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\left(\int_{M} u^{\frac{1}{n}} w_{-} P\left(u^{\frac{1}{n}} w_{-}\right) d V_{\theta}\right) \geq Y_{1}(M, \theta) \tag{5-8}
\end{equation*}
$$

Adding (5-7) and (5-8) together, we obtain

$$
\begin{align*}
2 Y_{1}(M, \theta) \leq & \left(\int_{\Omega_{+}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\left(\int_{M} u^{\frac{1}{n}} w_{+} P\left(u^{\frac{1}{n}} w_{+}\right) d V_{\theta}\right)  \tag{5-9}\\
& +\left(\int_{\Omega_{-}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\left(\int_{M} u^{\frac{1}{n}} w_{-} P\left(u^{\frac{1}{n}} w_{-}\right) d V_{\theta}\right)
\end{align*}
$$

Since $w_{-}$, respectively $w_{+}$, are multiples of $v_{2}$ on $\Omega_{-}$, respectively $\Omega_{+}$, they satisfy the same equation as $v_{2}$. Hence, we obtain from (5-4) and (5-9) that

$$
\begin{align*}
2 Y_{1}(M, \theta) \leq & \left(\int_{\Omega_{+}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\left(\int_{M} \lambda_{2} u^{\frac{2}{n}} w_{+}^{2} d V_{\theta}\right)  \tag{5-10}\\
& +\left(\int_{\Omega_{-}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\left(\int_{M} \lambda_{2} u^{\frac{2}{n}} w_{-}^{2} d V_{\theta}\right) \\
= & \lambda_{2}\left(\left(\int_{\Omega_{+}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}+\left(\int_{\Omega_{-}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}\right)
\end{align*}
$$

where the last equality follows from (5-5). Now, for any nonnegative numbers $a, b \geq 0$, Hölder's inequality yields

$$
a+b \leq 2^{\frac{n}{n+1}}\left(a^{n+1}+b^{n+1}\right)^{\frac{1}{n+1}}
$$

Applying this inequality with

$$
a=\left(\int_{\Omega_{+}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}} \text { and } b=\left(\int_{\Omega_{-}} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}
$$

we derive from (5-10) that

$$
\begin{aligned}
2 Y_{1}(M, \theta) & \leq \lambda_{2} 2^{\frac{n}{n+1}}\left(\left(\int_{\Omega_{+}} u^{2+\frac{2}{n}} d V_{\theta}\right)+\left(\int_{\Omega_{-}} u^{2+\frac{2}{n}} d V_{\theta}\right)\right)^{\frac{1}{n+1}} \\
& =\lambda_{2} 2^{\frac{n}{n+1}}\left(\int_{M} u^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}=\lambda_{2} 2^{\frac{n}{n+1}}
\end{aligned}
$$

where the last equality follows from (5-3). This implies that $\lambda_{2} \geq 2^{\frac{1}{n+1}} Y_{1}(M, \theta)$. Since $\lambda_{2}=I\left(u, \operatorname{span}\left(v_{1}, v_{2}\right)\right)$, this finishes the proof of the first part of Theorem 5.1.

Moreover, if $M$ were connected and if $Y_{2}(M, \theta)$ were attained by a generalized contact form, then inequality (5-9) would be an equality and we would have that $w_{+}$or $w_{-}$is a function for which equality in (5-1) is attained. By the maximum principle, we would get that $w_{+}$or $w_{-}$is positive on $M$, which is impossible.

## 6. Upper bound for $\boldsymbol{Y}_{\mathbf{2}}(\boldsymbol{M}, \boldsymbol{\theta})$

Hereafter, we denote $Y_{k}\left(\mathbb{S}^{2 n+1}\right)$ the $k$-th Yamabe invariant of $\left(\mathbb{S}^{2 n+1}, \theta_{\mathbb{S}^{2 n+1}}\right)$, where $\theta_{\mathbb{S}^{2 n+1}}$ is the standard contact form on $\mathbb{S}^{2 n+1}$ given by

$$
\theta_{\mathbb{S}^{2 n+1}}=\sqrt{-1} \sum_{j=1}^{n+1}\left(z_{j} d \bar{z}_{j}-\bar{z}_{j} d z_{j}\right)
$$

where $\left(z_{1}, \ldots, z_{n+1}\right) \in \mathbb{S}^{2 n+1} \subset \mathbb{C}^{n+1}$.

Theorem 6.1. Suppose $(M, \theta)$ is a compact CR manifold of real dimension $2 n+1$ with $Y_{1}(M, \theta) \geq 0$. Then

$$
\begin{equation*}
Y_{2}(M, \theta) \leq\left(Y_{1}(M, \theta)^{n+1}+Y_{1}\left(\mathbb{S}^{2 n+1}\right)^{n+1}\right)^{\frac{1}{n+1}} \tag{6-1}
\end{equation*}
$$

when $Y_{1}(M, \theta)>0$ and $n \geq 3$, or $Y_{1}(M, \theta)=0$ and $n \geq 4$. On the other hand, the inequality in (6-1) is strict when
(i) $Y_{1}(M, \theta)>0, n \geq 7$ and $M$ is not locally $C R$ equivalent to $\mathbb{S}^{2 n+1}$, or
(ii) $Y_{1}(M, \theta)=0, n \geq 4$ and $M$ is not locally $C R$ equivalent to $\mathbb{S}^{2 n+1}$.

To prove Theorem 5.4, we have the following:
Lemma 6.2. For any $\alpha>2$, there exists a constant $C>0$ such that

$$
|a+b|^{\alpha} \leq a^{\alpha}+b^{\alpha}+C\left(a^{\alpha-1} b+a b^{\alpha-1}\right)
$$

for all $a, b>0$.
Proof. Dividing both sides by $a$, without loss of generality, we can assume that $a=1$. Then we set for $x>0$,

$$
f(x)=\frac{|1+x|^{\alpha}-\left(1+x^{\alpha}\right)}{x^{\alpha-1}+x}
$$

By L'Hôpital's rule, we have

$$
\begin{aligned}
& \lim _{x \rightarrow 0^{+}} f(x)=\lim _{x \rightarrow 0^{+}} \frac{\alpha(1+x)^{\alpha-1}-\alpha x^{\alpha-1}}{(\alpha-1) x^{\alpha-2}+1}=\alpha \\
& \lim _{x \rightarrow \infty} f(x)=\lim _{x \rightarrow \infty} \frac{\alpha(1+x)^{\alpha-1}-\alpha x^{\alpha-1}}{(\alpha-1) x^{\alpha-2}+1}=\alpha
\end{aligned}
$$

Since $f$ is continuous, $f$ is bounded by a constant $C$ on $(0, \infty)$. Clearly, this constant is the desired $C$ is the inequality of Lemma 6.2.

Proof of Theorem 6.1. For $u \in S_{1}^{2}(M) \backslash\{0\}$, let

$$
E(u)=\frac{\int_{M}\left(2+\frac{2}{n}\right)\left|\nabla_{\theta} u\right|_{\theta}^{2}+R_{\theta} u^{2} d V_{\theta}}{\left(\int_{M}|u|^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{n}{n+1}}} .
$$

The solution of the CR Yamabe problem provides the existence of a smooth positive minimizer $v$ of $E$, and we can assume

$$
\begin{equation*}
\int_{M} v^{2+\frac{2}{n}} d V_{\theta}=1 \tag{6-2}
\end{equation*}
$$

Then $v$ satisfies the CR Yamabe equation

$$
\begin{equation*}
L_{\theta}(v)=Y_{1}(M, \theta) v^{1+\frac{2}{n}} \tag{6-3}
\end{equation*}
$$

Let $x_{0} \in M$ be fixed and choose pseudohermitian normal coordinates $(z, t)$ near $x_{0}$. Let $\delta>0$ be a fixed number. If $\theta$ is well chosen in the conformal class and if $x_{0}$ is well chosen in $M$, it was proved by Jerison and Lee [1989, Theorem 4.1] that when $n \geq 3$, there exists a function $v_{\varepsilon} \geq 0$ with $\operatorname{supp}\left(v_{\varepsilon}\right) \subseteq B\left(x_{0}, 2 \delta\right)$ such that

$$
\begin{equation*}
E\left(v_{\varepsilon}\right)=Y_{1}\left(\mathbb{S}^{2 n+1}\right)-c(M) \varepsilon^{4}+O\left(\varepsilon^{5}\right) \tag{6-4}
\end{equation*}
$$

where $c(M) \geq 0$ is a positive constant. In fact, $c(M)$ is the square of the norm of the Chern tensor at $x_{0}$ up to a dimensional constant. Therefore, we can assume that the constant $c(M)$ in (6-4) satisfies

$$
\begin{equation*}
c(M)>0 \tag{6-5}
\end{equation*}
$$

if $(M, \theta)$ is not locally CR equivalent to $\mathbb{S}^{2 n+1}$. It follows from (6-4) that

$$
\begin{equation*}
\lim _{\varepsilon \rightarrow 0} E\left(v_{\varepsilon}\right)=Y_{1}\left(\mathbb{S}^{2 n+1}\right) \tag{6-6}
\end{equation*}
$$

More precisely, $v_{\varepsilon}$ is given by (see [Jerison and Lee 1989, p. 326])

$$
v_{\varepsilon}=C_{\varepsilon} \eta\left(\frac{\varepsilon^{2}}{t^{2}+\left(|z|^{2}+\varepsilon^{2}\right)^{2}}\right)^{\frac{n}{2}}
$$

where $\eta$ is a smooth cut-off function such that

$$
0 \leq \eta \leq 1, \quad \eta(x)= \begin{cases}1 & \text { if } x \in B\left(x_{0}, \delta\right) \\ 0 & \text { if } x \notin B\left(x_{0}, 2 \delta\right)\end{cases}
$$

and $C_{\varepsilon}>0$ is a constant chosen such that

$$
\begin{equation*}
\int_{M} v_{\varepsilon}^{2+\frac{2}{n}} d V_{\theta}=1 \tag{6-7}
\end{equation*}
$$

It follows from [Jerison and Lee 1989, Proposition 4.2] that

$$
\begin{equation*}
C_{\varepsilon}=c(n)+O\left(\varepsilon^{4}\right) \tag{6-8}
\end{equation*}
$$

for some positive constant $c(n)$ depending only on $n$. In the following, $C$ will denote a positive constant depending possibly on $\delta, n$, but not on $\varepsilon$. Let

$$
\delta_{\varepsilon}(z, t)=\left(\varepsilon z, \varepsilon^{2} t\right)
$$

Note that

$$
\delta_{\varepsilon}^{*}\left(\frac{1}{t^{2}+\left(\varepsilon^{2}+|z|^{2}\right)^{2}}\right)=\varepsilon^{-4}\left(\frac{1}{t^{2}+\left(1+|z|^{2}\right)^{2}}\right)
$$

and $\delta_{\varepsilon}^{*} d z d t=\varepsilon^{2 n+2} d z d t$. Hence,

$$
\begin{align*}
\int_{M}\left|v_{\varepsilon}\right|^{p} d V_{\theta} & \leq C_{\varepsilon}^{p} \int_{\left\{\sqrt[4]{t^{2}+|z|^{4}} \leq 2 \delta\right\}} \frac{\varepsilon^{n p} d z d t}{\left(t^{2}+\left(\varepsilon^{2}+|z|^{2}\right)^{2}\right)^{\frac{n p}{2}}}  \tag{6-9}\\
& =C_{\varepsilon}^{p} \int_{\left\{\sqrt[4]{t^{2}+|z|^{4}} \leq 2 \delta / \varepsilon\right\}} \frac{\varepsilon^{2 n+2-n p} d z d t}{\left(t^{2}+\left(1+|z|^{2}\right)^{2}\right)^{\frac{n p}{2}}} \\
& \leq C_{\varepsilon}^{p} \varepsilon^{2 n+2-n p} \int_{\{|z| \leq 2 \delta / \varepsilon\}}\left(\int_{-\infty}^{\infty} \frac{d t}{1+t^{2}}\right) \frac{d z}{\left(1+|z|^{2}\right)^{n p-2}} \\
& =C_{\varepsilon}^{p} \pi \varepsilon^{2 n+2-n p} \int_{\{|z| \leq 2 \delta / \varepsilon\}} \frac{d z}{\left(1+|z|^{2}\right)^{n p-2}} \\
& =C \varepsilon^{2 n+2-n p} \int_{0}^{2 \delta / \varepsilon} \frac{r^{2 n-1} d r}{\left(1+r^{2}\right)^{n p-2}},
\end{align*}
$$

where we have used (6-8). Note that for $\varepsilon \ll 1$,

$$
\int_{0}^{2 \delta / \varepsilon} \frac{r^{2 n-1} d r}{\left(1+r^{2}\right)^{n p-2}} \leq \int_{0}^{2 \delta / \varepsilon} r^{2 n+3-2 n p} d r \leq \frac{C}{\varepsilon^{2 n+4-2 n p}}
$$

if $p \leq 1+\frac{3}{2 n}$, and

$$
\begin{aligned}
\int_{0}^{2 \delta / \varepsilon} \frac{r^{2 n-1} d r}{\left(1+r^{2}\right)^{n p-2}} & \leq \int_{0}^{1} r^{2 n-1} d r+\int_{1}^{2 \delta / \varepsilon} \frac{d r}{r^{2 n p-2 n-3}} \\
& =\int_{0}^{1} r^{2 n-1} d r+\int_{1}^{2 \delta / \varepsilon} \frac{d r}{r}=\frac{1}{2 n}+\log \varepsilon
\end{aligned}
$$

if $p=1+\frac{2}{n}$. Combining these with (6-9), we obtain

$$
\int_{M}\left|v_{\varepsilon}\right|^{p} d V_{\theta} \leq \begin{cases}C \varepsilon^{n p-2} & \text { if } p \leq 1+\frac{3}{2 n}  \tag{6-10}\\ C \varepsilon^{n} \log \varepsilon & \text { if } p=1+\frac{2}{n}\end{cases}
$$

Similarly, for $\varepsilon \ll 1$, we have

$$
\begin{align*}
\int_{M}\left|v_{\varepsilon}\right|^{p} d V_{\theta} & \geq C_{\varepsilon}^{p} \int_{\left\{\sqrt[4]{t^{2}+|z|^{4}} \leq \delta\right\}} \frac{\varepsilon^{n p} d z d t}{\left(t^{2}+\left(\varepsilon^{2}+|z|^{2}\right)^{2}\right)^{\frac{n p}{2}}}  \tag{6-11}\\
& =C_{\varepsilon}^{p} \int_{\left\{\sqrt[4]{t^{2}+|z|^{4}} \leq \delta / \varepsilon\right\}} \frac{\varepsilon^{2 n+2-n p} d z d t}{\left(t^{2}+\left(1+|z|^{2}\right)^{2}\right)^{\frac{n p}{2}}} \\
& \geq C_{\varepsilon}^{p} \varepsilon^{2 n+2-n p} \int_{\{|z| \leq \delta / 2 \varepsilon\}}\left(\int_{-\delta / 2 \varepsilon}^{\delta / 2 \varepsilon} \frac{d t}{1+t^{2}}\right) \frac{d z}{\left(1+|z|^{2}\right)^{n p}} \\
& \geq 2 C_{\varepsilon}^{p} \tan ^{-1}(\delta / 2) \varepsilon^{2 n+2-n p} \int_{\{|z| \leq \delta / 2 \varepsilon\}} \frac{d z}{\left(1+|z|^{2}\right)^{n p}} \\
& =C \varepsilon^{2 n+2-n p} \int_{0}^{\delta / 2 \varepsilon} \frac{r^{2 n-1} d r}{\left(1+r^{2}\right)^{n p}}
\end{align*}
$$

where we have used

$$
t^{2}+\left(1+|z|^{2}\right)^{2} \leq\left(1+t^{2}\right)\left(1+|z|^{2}\right)^{2}
$$

and

$$
\{|z| \leq \delta / 2 \varepsilon\} \cap\{|t| \leq \delta / 2 \varepsilon\} \subset\left\{\sqrt[4]{t^{2}+|z|^{4}} \leq \delta / \varepsilon\right\}
$$

in the second inequality, and (6-8) in the last equality. Note that for $\varepsilon \ll 1$,

$$
\int_{0}^{\delta / 2 \varepsilon} \frac{r^{2 n-1} d r}{\left(1+r^{2}\right)^{n p}} \geq \int_{0}^{1} \frac{r^{2 n-1} d r}{2^{n p}}+\int_{1}^{\delta / 2 \varepsilon} \frac{r^{2 n-1} d r}{\left(2 r^{2}\right)^{n p}}=C+\frac{C}{\varepsilon^{2 n-2 n p}}
$$

if $\leq 1-\frac{1}{2 n}$, and

$$
\begin{aligned}
\int_{0}^{\delta / 2 \varepsilon} \frac{r^{2 n-1} d r}{\left(1+r^{2}\right)^{n p}} & \geq \int_{0}^{1} \frac{r^{2 n-1} d r}{2^{n p}}+\int_{1}^{\delta / 2 \varepsilon} \frac{r^{2 n-1} d r}{\left(2 r^{2}\right)^{n p}} \\
& \geq \frac{1}{2^{n p}}\left(\int_{0}^{1} r^{2 n-1} d r+\int_{1}^{\delta / 2 \varepsilon} \frac{d r}{r^{2 n p-2 n+1}}\right)=C+C \varepsilon^{2 n p-2 n}
\end{aligned}
$$

if $p>1$. Combining these with (6-11), we obtain

$$
\int_{M}\left|v_{\varepsilon}\right|^{p} d V_{\theta} \geq \begin{cases}C \varepsilon^{n p+2} & \text { if } p \leq 1-\frac{1}{2 n}  \tag{6-12}\\ C \varepsilon^{2 n+2-n p} & \text { if } p>1\end{cases}
$$

First we assume that $Y_{1}(M, \theta)>0$. We set

$$
u_{\varepsilon}=E\left(v_{\varepsilon}\right)^{\frac{n}{2}} v_{\varepsilon}+Y_{1}(M, \theta)^{\frac{n}{2}} v
$$

Let us find estimates for $F\left(u_{\varepsilon}, \lambda v_{\varepsilon}+\mu v\right)$. Let $(\lambda, \mu) \in \mathbb{R}^{2} \backslash\{(0,0)\}$. Then (6-13)

$$
\begin{aligned}
F\left(u_{\varepsilon},\right. & \left.\lambda v_{\varepsilon}+\mu v\right) \\
& =\frac{\lambda^{2} \int_{M} v_{\varepsilon} L_{\theta} v_{\varepsilon} d V_{\theta}+\mu^{2} \int_{M} v L_{\theta} v d V_{\theta}+2 \lambda \mu \int_{M} v_{\varepsilon} L_{\theta} v d V_{\theta}}{\int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}}\left(\lambda v_{\varepsilon}+\mu v\right)^{2} d V_{\theta}} \cdot U \\
& =\frac{\lambda^{2} E\left(v_{\varepsilon}\right)+\mu^{2} Y_{1}(M, \theta)+2 \lambda \mu Y_{1}(M, \theta) \int_{M} v^{1+\frac{2}{n}} v_{\varepsilon} d V_{\theta}}{\lambda^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon}^{2} d V_{\theta}+\mu^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v^{2} d V_{\theta}+2 \lambda \mu \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta}} \cdot U
\end{aligned}
$$

where $U=\left(\int_{M} u_{\varepsilon}^{2+2 / n} d V_{\theta}\right)^{1 /(n+1)}$ and where we have used (6-2), (6-3) and (6-7). Using the definition of $u_{\varepsilon}$, we have

$$
\begin{equation*}
u_{\varepsilon} \geq E\left(v_{\varepsilon}\right)^{\frac{n}{2}} v_{\varepsilon} \quad \text { and } \quad u_{\varepsilon} \geq Y_{1}(M, \theta)^{\frac{n}{2}} v \tag{6-14}
\end{equation*}
$$

which implies that

$$
\begin{array}{rl}
\lambda^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon}^{2} & d V_{\theta}+\mu^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v^{2} d V_{\theta}+2 \lambda \mu \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta}  \tag{6-15}\\
\geq & \lambda^{2} E\left(v_{\varepsilon}\right) \int_{M} v_{\varepsilon}^{2+\frac{2}{n}} d V_{\theta}+\mu^{2} Y_{1}(M, \theta) \int_{M} v^{2+\frac{2}{n}} d V_{\theta} \\
& +2 \lambda \mu \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta} \\
= & \lambda^{2} E\left(v_{\varepsilon}\right)+\mu^{2} Y_{1}(M, \theta)+2 \lambda \mu \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta}
\end{array}
$$

where the last equality follows from (6-2) and (6-7).
If $\lambda \mu \geq 0$, then we have

$$
\begin{equation*}
2 \lambda \mu \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta} \geq 2 \lambda \mu Y_{1}(M, \theta) \int_{M} v^{1+\frac{2}{n}} v_{\varepsilon} d V_{\theta} \tag{6-16}
\end{equation*}
$$

by (6-14). Therefore, (6-15) and (6-16) imply that

$$
\frac{\lambda^{2} E\left(v_{\varepsilon}\right)+\mu^{2} Y_{1}(M, \theta)+2 \lambda \mu Y_{1}(M, \theta) \int_{M} v^{1+\frac{2}{n}} v_{\varepsilon} d V_{\theta}}{\lambda^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon}^{2} d V_{\theta}+\mu^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v^{2} d V_{\theta}+2 \lambda \mu \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta}} \leq 1
$$

If $\lambda \mu<0$, then

$$
\left|u_{\varepsilon}\right|^{\frac{2}{n}} \leq\left(E\left(v_{\varepsilon}\right)^{\frac{n}{2}} v_{\varepsilon}+Y_{1}(M, \theta)^{\frac{n}{2}} v\right)^{\frac{2}{n}} \leq E\left(v_{\varepsilon}\right) v_{\varepsilon}^{\frac{2}{n}}+Y_{1}(M, \theta) v^{\frac{2}{n}}
$$

when $n \geq 2$. Combining this with (6-14) and (6-15), we get

$$
\begin{aligned}
& \lambda^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon}^{2} d V_{\theta}+\mu^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v^{2} d V_{\theta}+2 \lambda \mu \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta} \\
& \geq \lambda^{2} E\left(v_{\varepsilon}\right)+\mu^{2} Y_{1}(M, \theta)-C\left(\int_{M} v_{\varepsilon}^{1+\frac{2}{n}} v d V_{\theta}+\int_{M} v^{1+\frac{2}{n}} v_{\varepsilon} d V_{\theta}\right) \\
& \geq \lambda^{2} E\left(v_{\varepsilon}\right)+\mu^{2} Y_{1}(M, \theta)-C\left(\int_{M} v_{\varepsilon}^{1+\frac{2}{n}} d V_{\theta}+\int_{M} v_{\varepsilon} d V_{\theta}\right),
\end{aligned}
$$

where $C>0$ is a positive real number independent of $\varepsilon$. This, together with (6-10), gives

$$
\begin{aligned}
& \lambda^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon}^{2} d V_{\theta}+\mu^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v^{2} d V_{\theta}+2 \lambda \mu \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta} \\
& \geq \lambda^{2} E\left(v_{\varepsilon}\right)+\mu^{2} Y_{1}(M, \theta)-O\left(\varepsilon^{n} \log \varepsilon\right)-O\left(\varepsilon^{n-2}\right)
\end{aligned}
$$

This, together with the assumption that $\lambda \mu<0$, implies that

$$
\frac{\lambda^{2} E\left(v_{\varepsilon}\right)+\mu^{2} Y_{1}(M, \theta)+2 \lambda \mu Y_{1}(M, \theta) \int_{M} v^{1+\frac{2}{n}} v_{\varepsilon} d V_{\theta}}{\lambda^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon}^{2} d V_{\theta}+\mu^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v^{2} d V_{\theta}+2 \lambda \mu \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta}} \leq 1+O\left(\varepsilon^{n-2}\right)
$$

In any case, we have

$$
\begin{array}{r}
\sup _{(\lambda, \mu) \in \mathbb{R}^{2} \backslash\{(0,0)\}} \frac{\lambda^{2} E\left(v_{\varepsilon}\right)+\mu^{2} Y_{1}(M, \theta)+2 \lambda \mu Y_{1}(M, \theta) \int_{M} v^{1+\frac{2}{n}} v_{\varepsilon} d V_{\theta}}{\lambda^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon}^{2} d V_{\theta}+\mu^{2} \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v^{2} d V_{\theta}+2 \lambda \mu \int_{M}\left|u_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta}}  \tag{6-17}\\
\leq 1+O\left(\varepsilon^{n-2}\right)
\end{array}
$$

On the other hand,

$$
\begin{aligned}
\int_{M} u_{\varepsilon}^{2+\frac{2}{n}} d V_{\theta}= & \int_{M}\left(E\left(v_{\varepsilon}\right)^{\frac{n}{2}} v_{\varepsilon}+Y_{1}(M, \theta)^{\frac{n}{2}} v\right)^{2+\frac{2}{n}} d V_{\theta} \\
\leq & E\left(v_{\varepsilon}\right)^{n+1} \int_{M} v_{\varepsilon}^{2+\frac{2}{n}} d V_{\theta}+Y_{1}(M, \theta)^{n+1} \int_{M} v^{2+\frac{2}{n}} d V_{\theta} \\
& +C\left(\int_{M} v_{\varepsilon}^{1+\frac{2}{n}} v d V_{\theta}+\int_{M} v^{1+\frac{2}{n}} v_{\varepsilon} d V_{\theta}\right) \\
= & E\left(v_{\varepsilon}\right)^{n+1}+Y_{1}(M, \theta)^{n+1}+C\left(\int_{M} v_{\varepsilon}^{1+\frac{2}{n}} v d V_{\theta}+\int_{M} v^{1+\frac{2}{n}} v_{\varepsilon} d V_{\theta}\right)
\end{aligned}
$$

where the first inequality follows from Lemma 6.2 with

$$
a=E\left(v_{\varepsilon}\right)^{\frac{n}{2}} v_{\varepsilon} \quad \text { and } \quad b=Y_{1}(M, \theta)^{\frac{n}{2}} v
$$

and the last equality follows from (6-2) and (6-7). This, together with (6-4) and (6-10), implies that
(6-18) $\left(\int_{M} u_{\varepsilon}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}$

$$
\leq\left(Y_{1}\left(\mathbb{S}^{2 n+1}\right)^{n+1}+Y_{1}(M, \theta)^{n+1}\right)^{\frac{1}{n+1}}-c(M) \varepsilon^{4}+o\left(\varepsilon^{4}\right)+O\left(\varepsilon^{n-2}\right)
$$

If $\varepsilon>0$ is small enough, it follows from (6-13), (6-17), and (6-18) that
(6-19) $\quad Y_{2}(M, \theta)$

$$
\begin{aligned}
& \leq \sup _{(\lambda, \mu) \in \mathbb{R}^{2} \backslash\{(0,0)\}} F\left(u_{\varepsilon}, \lambda v_{\varepsilon}+\mu v\right) \\
& \leq\left(Y_{1}\left(\mathbb{S}^{2 n+1}\right)^{n+1}+Y_{1}(M, \theta)^{n+1}\right)^{\frac{1}{n+1}}-c(M) \varepsilon^{4}+o\left(\varepsilon^{4}\right)+O\left(\varepsilon^{n-2}\right)
\end{aligned}
$$

Since $n \geq 3$, (6-1) follows from (6-19) by letting $\varepsilon$ go to zero. On the other hand, if $(M, \theta)$ is not locally CR equivalent to $\mathbb{S}^{2 n+1}$, then (6-5) holds. Hence, if $n \geq 7$, the strict inequality in (6-1) follows from (6-19) by letting $\varepsilon$ go to zero.

Now we assume that $Y_{1}(M, \theta)=0$. We set $u_{\varepsilon}=v_{\varepsilon}$. Then we obtain for $(\lambda, \mu) \in \mathbb{R}^{2} \backslash\{(0,0)\}$,
(6-20) $\quad F\left(u_{\varepsilon}, \lambda v_{\varepsilon}+\mu v\right)$

$$
\begin{aligned}
& =\frac{\lambda^{2} E\left(v_{\varepsilon}\right)\left(\int_{M} v_{\varepsilon}^{2+\frac{2}{n}} d V_{\theta}\right)^{\frac{1}{n+1}}}{\lambda^{2} \int_{M}\left|v_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon}^{2} d V_{\theta}+\mu^{2} \int_{M} v_{\varepsilon}^{\frac{2}{n}} v^{2} d V_{\theta}+2 \lambda \mu \int_{M}\left|v_{\varepsilon}\right|^{\frac{2}{n}} v_{\varepsilon} v d V_{\theta}} \\
& =\frac{\lambda^{2} E\left(v_{\varepsilon}\right)}{\lambda^{2}+\mu^{2} \int_{M} v_{\varepsilon}^{\frac{2}{n}} v^{2} d V_{\theta}+2 \lambda \mu \int_{M} v_{\varepsilon}^{1+\frac{2}{n}} v d V_{\theta}}
\end{aligned}
$$

by (6-7) and (6-13). Let $\lambda_{\varepsilon}, \mu_{\varepsilon}$ such that $\lambda_{\varepsilon}^{2}+\mu_{\varepsilon}^{2}=1$ and

$$
F\left(u_{\varepsilon}, \lambda_{\varepsilon} v_{\varepsilon}+\mu_{\varepsilon} v\right)=\sup _{(\lambda, \mu) \in \mathbb{R}^{2} \backslash\{(0,0)\}} F\left(u_{\varepsilon}, \lambda v_{\varepsilon}+\mu v\right) .
$$

If $\lambda_{\varepsilon}=0$, we obtain that $F\left(u_{\varepsilon}, \lambda_{\varepsilon} v_{\varepsilon}+\mu_{\varepsilon} v\right)=0$ and the theorem would be proved. Then we assume that $\lambda_{\varepsilon} \neq 0$ and we can write

$$
F\left(u_{\varepsilon}, \lambda_{\varepsilon} v_{\varepsilon}+\mu_{\varepsilon} v\right)=\frac{E\left(v_{\varepsilon}\right)}{1+2 x_{\varepsilon} b_{\varepsilon}+x_{\varepsilon}^{2} a_{\varepsilon}}
$$

where $x_{\varepsilon}=\mu_{\varepsilon} / \lambda_{\varepsilon}$ and

$$
\begin{gathered}
C \varepsilon^{n} \leq b_{\varepsilon}=\int_{M} v_{\varepsilon}^{1+\frac{2}{n}} v d V_{\theta} \leq C \varepsilon^{n-1} \log \varepsilon \quad \text { as } \varepsilon \rightarrow 0 \\
a_{\varepsilon}=\int_{M} v_{\varepsilon}^{\frac{2}{n}} v^{2} d V_{\theta} \geq C \varepsilon^{4} \quad \text { as } \varepsilon \rightarrow 0
\end{gathered}
$$

by (6-10) and (6-12). Maximizing this expression in $x_{\varepsilon}$ and using (6-4), we obtain (6-21)
$F\left(u_{\varepsilon}, \lambda_{\varepsilon} v_{\varepsilon}+\mu_{\varepsilon} v\right) \leq \frac{Y_{1}\left(\mathbb{S}^{2 n+1}\right)-c(M) \varepsilon^{4}+o\left(\varepsilon^{4}\right)}{1-b_{\varepsilon}^{2} / a_{\varepsilon}}=\frac{Y_{1}\left(\mathbb{S}^{2 n+1}\right)-c(M) \varepsilon^{4}+o\left(\varepsilon^{4}\right)}{1-C \varepsilon^{2 n-6} \log ^{2} \varepsilon}$,
since $\varepsilon \log \varepsilon \rightarrow 0$ as $\varepsilon \rightarrow 0$. For $n \geq 4$, it follows from (6-21) that

$$
F\left(u_{\varepsilon}, \lambda_{\varepsilon} v_{\varepsilon}+\mu_{\varepsilon} v\right) \leq Y_{1}\left(\mathbb{S}^{2 n+1}\right)
$$

which proves (6-1) for the case $Y_{1}(M, \theta)=0$. On the other hand, if $(M, \theta)$ is not locally CR equivalent to $\mathbb{S}^{2 n+1}$, then (6-5) holds. Hence, the strictly inequality in (6-1) follows from (6-21) by letting $\varepsilon$ go to zero. This proves Theorem 6.1.

## 7. Some properties of $\boldsymbol{Y}_{\mathbf{2}}(M, \theta)$

We have the following questions:
(1) Is $Y_{2}(M, \theta)$ attained by a contact form?
(2) Is $Y_{2}(M, \theta)$ attained by a generalized contact form?

For question 1, we have the following:
Proposition 7.1. Let $\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}$ be the disjoint union of two copies of the sphere equipped with the standard contact form induced from $\theta_{\mathbb{S} 2 n+1}$. Then $Y_{2}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}\right)=2^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right)$ and it is attained by the standard contact form.
Proof. Let $\tilde{\theta}$ be an arbitrary smooth contact form on $\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}$. We write $\mathbb{S}_{1}^{2 n+1}$ for the first $\mathbb{S}^{2 n+1}$ and $\mathbb{S}_{2}^{2 n+1}$ for the second $\mathbb{S}^{2 n+1}$. Then we have
$(7-1) \quad \lambda_{2}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}, \tilde{\theta}\right)$

$$
=\min \left\{\lambda_{2}\left(\mathbb{S}_{1}^{2 n+1}, \tilde{\theta}\right), \lambda_{2}\left(\mathbb{S}_{2}^{2 n+1}, \tilde{\theta}\right), \max \left\{\lambda_{1}\left(\mathbb{S}_{1}^{2 n+1}, \tilde{\theta}\right), \lambda_{1}\left(\mathbb{S}_{2}^{2 n+1}, \tilde{\theta}\right)\right\}\right\}
$$

Therefore,

$$
\begin{align*}
Y_{2}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}\right) & \leq \lambda_{2}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}\right) \operatorname{Vol}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}\right)^{\frac{1}{n+1}}  \tag{7-2}\\
& =\lambda_{2}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}\right)\left(2 \operatorname{Vol}\left(\mathbb{S}^{2 n+1}\right)\right)^{\frac{1}{n+1}} \\
& =2^{\frac{1}{n+1}} \lambda_{1}\left(\mathbb{S}^{2 n+1}\right) \operatorname{Vol}\left(\mathbb{S}^{2 n+1}\right)^{\frac{1}{n+1}} \\
& =2^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right)
\end{align*}
$$

where we have used (7-1) in the second equality.
On the other hand, we have

$$
\begin{align*}
\lambda_{2}\left(\mathbb{S}_{1}^{2 n+1}, \tilde{\theta}\right) \operatorname{Vol}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}, \tilde{\theta}\right)^{\frac{1}{n+1}} & \geq \lambda_{2}\left(\mathbb{S}_{1}^{2 n+1}, \tilde{\theta}\right) \operatorname{Vol}\left(\mathbb{S}_{1}^{2 n+1}, \tilde{\theta}\right)^{\frac{1}{n+1}}  \tag{7-3}\\
& \geq Y_{2}\left(\mathbb{S}_{1}^{2 n+1}\right) \\
& =2^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right)
\end{align*}
$$

where the last equality follows from Corollary 7.3. Similarly, we have

$$
\begin{equation*}
\lambda_{2}\left(\mathbb{S}_{2}^{2 n+1}, \tilde{\theta}\right) \operatorname{Vol}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}, \tilde{\theta}\right)^{\frac{1}{n+1}} \geq 2^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right) \tag{7-4}
\end{equation*}
$$

By the definition of $Y_{1}\left(\mathbb{S}^{2 n+1}\right)$, we have

$$
\lambda_{1}\left(\mathbb{S}_{i}^{2 n+1}, \tilde{\theta}\right) \operatorname{Vol}\left(\mathbb{S}^{2 n+1}, \tilde{\theta}\right)^{\frac{1}{n+1}} \geq Y_{1}\left(\mathbb{S}^{2 n+1}\right) \quad \text { for } i=1,2
$$

which implies

$$
\begin{aligned}
& 2 Y_{1}\left(\mathbb{S}^{2 n+1}\right)^{n+1} \\
& \quad \leq \sum_{i=1}^{2} \lambda_{1}\left(\mathbb{S}_{i}^{2 n+1}, \tilde{\theta}\right)^{n+1} \operatorname{Vol}\left(\mathbb{S}_{i}^{2 n+1}, \tilde{\theta}\right) \\
& \quad \leq \max \left\{\lambda_{1}\left(\mathbb{S}_{1}^{2 n+1}, \tilde{\theta}\right)^{n+1}, \lambda_{1}\left(\mathbb{S}_{2}^{2 n+1}, \tilde{\theta}\right)^{n+1}\right\} \sum_{i=1}^{2} \operatorname{Vol}\left(\mathbb{S}_{i}^{2 n+1}, \tilde{\theta}\right) \\
& \quad=\max \left\{\lambda_{1}\left(\mathbb{S}_{1}^{2 n+1}, \tilde{\theta}\right)^{n+1}, \lambda_{1}\left(\mathbb{S}_{2}^{2 n+1}, \tilde{\theta}\right)^{n+1}\right\} \operatorname{Vol}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}, \tilde{\theta}\right)
\end{aligned}
$$

which gives

$$
\begin{align*}
& 2^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right)  \tag{7-5}\\
& \quad \leq \max \left\{\lambda_{1}\left(\mathbb{S}_{1}^{2 n+1}, \tilde{\theta}\right), \lambda_{1}\left(\mathbb{S}_{2}^{2 n+1}, \tilde{\theta}\right)\right\} \operatorname{Vol}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}, \tilde{\theta}\right)^{\frac{1}{n+1}}
\end{align*}
$$

Combining (7-3), (7-4), and (7-5), we can derive from (7-1) that

$$
2^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right) \leq \lambda_{2}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}, \tilde{\theta}\right) \operatorname{Vol}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}, \tilde{\theta}\right)^{\frac{1}{n+1}}
$$

Since $\tilde{\theta}$ is an arbitrary smooth contact form on $\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}$, we have

$$
\begin{equation*}
2^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right) \leq Y_{2}\left(\mathbb{S}^{2 n+1} \cup \mathbb{S}^{2 n+1}\right) \tag{7-6}
\end{equation*}
$$

Now Proposition 7.1 follows from combining (7-2) and (7-6).
On the other hand, we have the following:
Proposition 7.2. If $M$ is connected, then $Y_{2}(M, \theta)$ cannot be attained by a contact form.
Proof. Otherwise, if $Y_{2}(M, \theta)$ were attained by a contact form $\tilde{\theta}=u^{\frac{2}{n}} \theta$, then by Theorem 4.4, we would have $u=|w|$, and hence $u$ cannot be positive since $w$ has alternating sign.

For question 2, we have the following:
Corollary 7.3. We have

$$
Y_{2}\left(\mathbb{S}^{2 n+1}\right)=2^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right)
$$

Proof. This follows from (6-1) and Theorem 5.1.
Corollary 7.4. $Y_{2}\left(\mathbb{S}^{2 n+1}\right)$ is not attained by a generalized contact form.
Proof. This follows from Theorem 5.1 and Corollary 7.3.

## 8. The $\boldsymbol{k}$-th CR Yamabe invariant $\boldsymbol{Y}_{\boldsymbol{k}}(\boldsymbol{M}, \boldsymbol{\theta})$

In view of Corollary 7.3, it is natural to conjecture that

$$
Y_{k}\left(\mathbb{S}^{2 n+1}\right)=k^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right)
$$

for all $k$. However, the following result shows that it is false.
Proposition 8.1. For $n \geq 3$, we have

$$
Y_{2 n+3}\left(\mathbb{S}^{2 n+1}\right)<(2 n+3)^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right)
$$

Proof. Consider $\mathbb{S}^{2 n+1} \subseteq \mathbb{C}^{n+1}$. Let $z_{i}$, where $i=1,2, \ldots, n+1$, be the coordinates of $\mathbb{C}^{n+1}$. Since $-\Delta_{\theta_{\mathbb{S}^{2} n+1}} z_{i}=\frac{n}{2} z_{i}$ and $-\Delta_{\theta_{\mathrm{s}^{2} n+1}} \bar{z}_{i}=\frac{n}{2} \bar{z}_{i}$,

$$
L_{\theta_{\mathrm{s} 2 n+1}}\left(z_{i}\right)=\frac{(n+2)(n+1)}{2} z_{i} \quad \text { and } \quad L_{\theta_{\mathrm{s} 2 n+1}}\left(\bar{z}_{i}\right)=\frac{(n+2)(n+1)}{2} \bar{z}_{i}
$$

for $i=1,2, \ldots, n+1$, and hence

$$
\lambda_{2 n+3}\left(\mathbb{S}^{2 n+1}, \theta_{\mathbb{S}^{2 n+1}}\right) \leq \frac{(n+2)(n+1)}{2}
$$

This shows by the definition of $Y_{2 n+3}$ that

$$
\begin{align*}
Y_{2 n+3}\left(\mathbb{S}^{2 n+1}\right) & \leq \lambda_{2 n+3}\left(\mathbb{S}^{2 n+1}, \theta_{\mathbb{S}^{2 n+1}}\right) \operatorname{Vol}\left(\mathbb{S}^{2 n+1}, \theta_{\mathbb{S}^{2 n+1}}\right)^{\frac{1}{n+1}}  \tag{8-1}\\
& \leq \frac{(n+2)(n+1)}{2} \operatorname{Vol}\left(\mathbb{S}^{2 n+1}, \theta_{\mathbb{S}^{2 n+1}}\right)^{\frac{1}{n+1}}
\end{align*}
$$

Since

$$
\begin{aligned}
\frac{(n+2)(n+1)}{2} \operatorname{Vol}\left(\mathbb{S}^{2 n+1},\right. & \left.\theta_{\mathbb{S}^{2} n+1}\right)^{\frac{1}{n+1}} \\
& <(2 n+3)^{\frac{1}{n+1}} \frac{n(n+1)}{2} \operatorname{Vol}\left(\mathbb{S}^{2 n+1}, \theta_{\mathbb{S}^{2} n+1}\right)^{\frac{1}{n+1}} \\
& =(2 n+3)^{\frac{1}{n+1}} Y_{1}\left(\mathbb{S}^{2 n+1}\right)
\end{aligned}
$$

when $n \geq 3$, Proposition 8.1 follows from (8-1).
For the case when the $k$-th CR Yamabe invariant is negative, we have this:
Theorem 8.2. Let $k$ be an positive integer. Assume that $Y_{k}(M, \theta)<0$. Then $Y_{k}(M, \theta)=-\infty$.

Proof. After a possible change of contact form in the conformal class, we can assume that $\lambda_{k}(\theta)<0$. This implies that we can find smooth functions $v_{1}, \ldots, v_{k}$ satisfying

$$
L_{\theta}\left(v_{i}\right)=\lambda_{i}(\theta) v_{i} \quad \text { for all } i=1,2, \ldots, k
$$

and such that

$$
\int_{M} v_{i} v_{j} d V_{\theta}=0 \quad \text { for all } i, j=1,2, \ldots, k \text { and } i \neq j
$$

Let $v_{k}$ be defined as in the proof of Theorem 6.1. We define $u_{\varepsilon}=v_{\varepsilon}+\varepsilon$. We set $V=\operatorname{span}\left\{v_{1}, \ldots, v_{k}\right\}$. For $v \in V$, we have

$$
\begin{aligned}
\int_{M} u_{\varepsilon}^{\frac{2}{n}} v^{2} d V_{\theta} & \leq \varepsilon^{\frac{2}{n}} \int_{M} v^{2} d V_{\theta}+\int_{M} v_{\varepsilon}^{\frac{2}{n}} v^{2} d V_{\theta} \\
& \leq C \varepsilon^{\frac{2}{n}}+C \int_{M} v_{\varepsilon}^{\frac{2}{n}} d V_{\theta} \\
& \leq \begin{cases}C \varepsilon^{\frac{2}{n}}+C\left(\int_{M} v_{\varepsilon}^{\frac{3}{n}} d V_{\theta}\right)^{\frac{2}{3}} \operatorname{Vol}(M, \theta)^{\frac{1}{3}}=C \varepsilon^{\frac{2}{n}}+C \varepsilon^{\frac{2}{3}} \quad \text { if } n \geq 2 \\
C \varepsilon^{2}+C\left(\int_{M} v_{\varepsilon}^{\frac{5}{2}} d V_{\theta}\right)^{\frac{1}{5}} \operatorname{Vol}(M, \theta)^{\frac{4}{5}}=C \varepsilon^{2}+C \varepsilon^{\frac{1}{10}} \quad \text { if } n=1\end{cases}
\end{aligned}
$$

by (6-10) and Hölder's inequality. From this, we have

$$
\lim _{\varepsilon \rightarrow 0} \int_{M} u_{\varepsilon}^{\frac{2}{n}} v^{2} d V_{\theta}=0
$$

uniformly in $v \in V$. Since $\lambda_{k}(\theta)<0$, it is then easy to see that

$$
\sup _{v \in V} F\left(u_{\varepsilon}, v\right)=-\infty
$$

Together with the variational characterization of $Y_{k}(M, \theta)$ in Proposition 3.1, we get that $Y_{k}(M, \theta)=-\infty$.

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