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BY CONVEX CURVATURE FUNCTIONS**



# CYLINDRICAL ESTIMATES FOR HYPERSURFACES MOVING BY CONVEX CURVATURE FUNCTIONS

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We prove a complete family of *cylindrical estimates* for solutions of a class of fully nonlinear curvature flows, generalising the cylindrical estimate of Huisken and Sinestrari [*Invent. Math.* **175**:1 (2009), 1–14, §5] for the mean curvature flow. More precisely, we show, for the class of flows considered, that, at points where the curvature is becoming large, an  $(m+1)$ -convex ( $0 \leq m \leq n-2$ ) solution either becomes strictly  $m$ -convex or its Weingarten map becomes that of a cylinder  $\mathbb{R}^m \times S^{n-m}$ . This result complements the convexity estimate we proved with McCoy [*Anal. PDE* **7**:2 (2014), 407–433] for the same class of flows.

## 1. Introduction

Let  $M$  be a smooth, closed manifold of dimension  $n$ , and  $X_0 : M \rightarrow \mathbb{R}^{n+1}$  a smooth hypersurface immersion. We are interested in smooth families  $X : M \times [0, T) \rightarrow \mathbb{R}^{n+1}$  of smooth immersions  $X(\cdot, t)$  solving the initial value problem

$$\begin{cases} \partial_t X(x, t) = -F(\mathcal{W}(x, t))\nu(x, t), \\ X(\cdot, 0) = X_0, \end{cases} \quad (\text{CF})$$

where  $\nu$  is the outer normal field of the evolving hypersurface  $X$  and  $\mathcal{W}$  the corresponding Weingarten curvature. In order that the problem (CF) be well-posed, we require that  $F(\mathcal{W})$  be given by a smooth, symmetric function  $f : \Gamma \rightarrow \mathbb{R}$  of the principal curvatures  $\kappa_i$  which is monotone increasing in each argument. The symmetry of  $f$  ensures that  $F$  is a smooth, basis-invariant function of the components of the Weingarten map (or an orthonormal frame-invariant function of the components of the second fundamental form) [Glaeser 1963]. Monotonicity ensures that the flow is (weakly) parabolic. This guarantees local existence of solutions of (CF), as long as the principal curvature  $n$ -tuple of the initial data lies in  $\Gamma$ ; see [Langford 2014].

For technical reasons, we require some additional conditions:

**Conditions.** (i)  $f$  is homogeneous of degree one.

(ii)  $f$  is convex.

Since the normal points out of the region enclosed by the solution, we may assume, by condition (ii), that  $(1, \dots, 1) \in \Gamma$ . Thus, by condition (i), we may further assume that  $f$  is normalised such that  $f(1, \dots, 1) = 1$ .

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The additional conditions (i)–(ii) have several consequences. Most importantly, they allow us to obtain a preserved cone  $\Gamma_0 \subset \Gamma$  of curvatures for the flow (Lemma 2.2). This allows us to obtain uniform estimates on any degree-zero homogeneous function of curvature along the flow (Lemma 2.3); in particular, we deduce a uniform parabolicity condition (Corollary 2.4). The convexity condition then allows us to apply the second derivative Hölder estimate of [Evans 1982; Krylov 1982] to deduce that the solution exists on a maximal time interval  $[0, T)$ ,  $T < \infty$ , such that  $\max_{M \times \{t\}} F \rightarrow \infty$  as  $t \rightarrow T$ ; see [Andrews et al. 2014a, Proposition 2.6]. Thus, it is of interest to study the behaviour of solutions as  $F \rightarrow \infty$ . Let us recall the following curvature estimate [Andrews et al. 2014b] (cf. [Huisken and Sinestrari 1999a; 1999b]).

**Theorem 1.1** (convexity estimate). *Let  $X : M \times [0, T) \rightarrow \mathbb{R}^{n+1}$  be a solution of (CF) such that  $f$  satisfies conditions (i)–(ii). Then, for all  $\varepsilon > 0$ , there is a constant  $C_\varepsilon < \infty$  such that*

$$G(x, t) \leq \varepsilon F(x, t) + C_\varepsilon \quad \text{for all } (x, t) \in M \times [0, T),$$

where  $G$  is given by a smooth, nonnegative, degree-one homogeneous function of the principal curvatures of the evolving hypersurface that vanishes at a point  $(x, t)$  if and only if  ${}^sW_{(x,t)} \geq 0$ .

We remark that the constant  $C_\varepsilon$  depends only on  $\varepsilon$ , the dimension  $n$ , the choice of speed function  $f$ , the preserved curvature cone  $\Gamma_0$ , and bounds for the initial volume and diameter [Langford 2014].

Theorem 1.1 implies that the ratio of the smallest principal curvature to the speed is almost positive wherever the curvature is large. Combining it with the differential Harnack inequality of [Andrews 1994b] and the strong maximum principle [Hamilton 1986] yields useful information about the geometry of solutions of (CF) near singularities [Andrews et al. 2014b] (cf. [Huisken and Sinestrari 1999a; 1999b]):

**Corollary 1.2.** *Any blow-up limit of a solution of (CF) is weakly convex. In particular, any type-II blow-up limit about a type-II singularity is an eternal solution of the form  $X_\infty : (\mathbb{R}^k \times \Gamma^{n-k}) \times \mathbb{R} \rightarrow \mathbb{R}^{n+1}$ ,  $k \in \{0, 1, \dots, n - 1\}$ , such that  $X_\infty|_{\mathbb{R}^k}$  is flat, and  $X_\infty|_{\Gamma^{n-k}}$  is a strictly convex translation solution of the corresponding flow in  $\mathbb{R}^{n-k+1}$ .*

Motivated by the surgery construction of [Huisken and Sinestrari 2009, §5] for 2-convex mean curvature flow, we will apply Theorem 1.1 to obtain the following family of cylindrical estimates for solutions of (CF):

**Theorem 1.3** (cylindrical estimate). *Let  $X$  be a solution of (CF) such that conditions (i)–(ii) hold. Suppose also that  $X$  is uniformly  $(m+1)$ -convex for some  $m \in \{0, 1, \dots, n - 2\}$ . That is,  $\kappa_1 + \dots + \kappa_{m+1} \geq \beta F$  for some  $\beta > 0$ . Then, for all  $\varepsilon > 0$ , there is a constant  $C_\varepsilon > 0$  such that*

$$G_m(x, t) \leq \varepsilon F(x, t) + C_\varepsilon \quad \text{for all } (x, t) \in M \times [0, T),$$

where  $G_m : M \times [0, T) \rightarrow \mathbb{R}$  is given by a smooth, nonnegative, degree-one homogeneous function of the principal curvatures that vanishes at a point  $(x, t)$  if and only if

$$\kappa_1(x, t) + \dots + \kappa_{m+1}(x, t) \geq \frac{1}{c_m} f(\kappa_1(x, t), \dots, \kappa_n(x, t)),$$

where  $c_m$  is the value  $F$  takes on the unit radius cylinder  $\mathbb{R}^m \times S^{n-m}$ .

We note that the constant  $C_\varepsilon$  will only depend on  $\varepsilon, \beta, m$ , the dimension  $n$ , the choice of speed function  $f$ , the preserved curvature cone  $\Gamma_0$ , and upper bounds for the initial volume and diameter. [Theorem 1.3](#) implies that the ratio of the quantity

$$K_m := \kappa_1 + \cdots + \kappa_{m+1} - \frac{1}{c_m} F$$

to the speed is almost positive wherever the curvature is large. Observe that this quantity is nonnegative on a weakly convex hypersurface  $\Sigma$  only if either  $\Sigma$  is strictly  $m$ -convex or  $\Sigma = \mathbb{R}^m \times S^{n-m}$ . In particular, we find that, whenever  $\kappa_1(x, t) + \cdots + \kappa_m(x, t)$  is small compared to the speed, the Weingarten curvature is close to that of a thin, round cylinder  $\mathbb{R}^m \times S^{n-m}$ . We therefore obtain a refinement of [Corollary 1.2](#):

**Corollary 1.4.** *Any blow-up limit of an  $(m+1)$ -convex,  $0 \leq m \leq n - 2$ , solution of (CF) is either strictly  $m$ -convex, or a shrinking cylinder  $\mathbb{R}^m \times S^{n-m}$ . In particular, if the blow-up is of type-II, then this limit is of the form  $X_\infty : (\mathbb{R}^k \times \Gamma^{n-k}) \times \mathbb{R} \rightarrow \mathbb{R}^{n+1}$  for  $k \in \{0, 1, \dots, m - 1\}$ , such that  $X_\infty|_{\mathbb{R}^k}$  is flat and  $X_\infty|_{\Gamma^{n-k}}$  is a strictly convex translation solution of the corresponding flow in  $\mathbb{R}^{n-k+1}$ .*

The  $m = 0$  case of the cylindrical estimates demonstrates that convex hypersurfaces become umbilic at points where the curvature is blowing up, generalising a result of [Huisken \[1984, Theorem 5.1\]](#) for the mean curvature flow (we note that the convergence result of [\[Huisken 1984\]](#) has been obtained by the first author for the class of flows considered here without the need for such an estimate [\[Andrews 1994a\]](#)). Moreover, [Huisken and Sinestrari \[2009\]](#) have recently obtained the  $m = 1$  case of the cylindrical estimates for the mean curvature flow, making spectacular use of it through their surgery program, which yields a classification of 2-convex hypersurfaces. The convexity and cylindrical estimates stated above, in addition to generalising the Huisken–Sinestrari cylindrical estimate to all  $m$  in  $\{0, \dots, n - 2\}$ , constitute a first step towards improving upon such results by allowing a larger class of evolution equations.

## 2. Preliminaries

We will follow the notation used in [\[Andrews et al. 2014b\]](#). In particular, we recall that a smooth, symmetric function  $g$  of the principal curvatures gives rise to a smooth function  $G$  of the components  $h_i^j$  of the Weingarten map. Equivalently,  $G$  is an orthonormal frame invariant function of the components  $h_{ij}$  of the second fundamental form. To simplify notation, we denote  $G(x, t) \equiv G(\mathcal{W}(x, t)) = g(\kappa(x, t))$  and use dots to denote derivatives of functions of curvature as follows:

$$\begin{aligned} \dot{g}^k(z)v_k &= \frac{d}{ds} \Big|_{s=0} g(z + sv), & \dot{G}^{kl}(A)B_{kl} &= \frac{d}{ds} \Big|_{s=0} G(A + sB), \\ \ddot{g}^{pq}(z)v_p v_q &= \frac{d^2}{ds^2} \Big|_{s=0} g(z + sv), & \ddot{G}^{pq,rs}(A)B_{pq} B_{rs} &= \frac{d^2}{ds^2} \Big|_{s=0} G(A + sB). \end{aligned}$$

The derivatives of  $g$  and  $G$  are related in the following way:

**Lemma 2.1** [\[Gerhardt 1996; Andrews 1994a; 2007\]](#). *Let  $g : \Gamma \rightarrow \mathbb{R}$  be a smooth, symmetric function. Define the function  $G : \mathcal{S}_\Gamma \rightarrow \mathbb{R}$  by  $G(A) := g(\lambda(A))$ , where  $\lambda(A)$  denotes the eigenvalues of  $A$  (up to order) and  $\mathcal{S}_\Gamma$  denotes the set of symmetric matrices with eigenvalues in  $\Gamma$ . Then, for any diagonal  $A \in \mathcal{S}_\Gamma$ ,*

$$\dot{G}^{kl}(A) = \dot{g}^k(\lambda(A))\delta^{kl}, \tag{2-1}$$

and, for any diagonal  $A \in \mathcal{S}_\Gamma$  with distinct eigenvalues and any symmetric  $B \in \text{GL}(n)$ ,

$$\ddot{G}^{pq,rs}(A)B_{pq}B_{rs} = \ddot{g}^{pq}(\lambda(A))B_{pp}B_{qq} + 2 \sum_{p>q} \frac{\dot{g}^p(\lambda(A)) - \dot{g}^q(\lambda(A))}{\lambda_p(A) - \lambda_q(A)} (B_{pq})^2. \tag{2-2}$$

We note that  $\ddot{g} \geq 0$  if and only if  $(\dot{g}^p - \dot{g}^q)(z_p - z_q) \geq 0$  for all  $p, q$  [Andrews et al. 2014b, Lemma 2.2], so Lemma 2.1 implies that  $G$  is convex if and only if  $g$  is convex.

The following useful lemma was proved in [Andrews et al. 2014b]:

**Lemma 2.2.** *Let  $f : \Gamma \rightarrow \mathbb{R}$  be a flow speed for (CF) satisfying Conditions (i)–(ii). Then, for any admissible initial datum  $X_0 : M \rightarrow \mathbb{R}^{n+1}$  there exists a cone  $\Gamma_0 \subset \mathbb{R}^n$  satisfying  $\bar{\Gamma}_0 \setminus \{0\} \subset \Gamma$  such that the principal curvatures of the solution  $X : M \times [0, T) \rightarrow \mathbb{R}^{n+1}$  of the initial value problem (CF) satisfy  $\kappa(x, t) := (\kappa_1(x, t), \dots, \kappa_n(x, t)) \in \Gamma_0$  for all  $(x, t) \in M \times [0, T)$ .*

We refer to such a cone  $\Gamma_0$  as a *preserved cone* for the solution  $X$ . As mentioned in the introduction, the existence of a preserved cone allows us to obtain bounds for homogeneous functions of the curvature:

**Lemma 2.3.** *Let  $X : M \times [0, T) \rightarrow \mathbb{R}^{n+1}$  be a solution of (CF) such that  $f$  satisfies conditions (i)–(ii). Let  $g : \Gamma \rightarrow \mathbb{R}$  be a smooth, degree-zero homogeneous symmetric function. Then there exists  $c > 0$  (depending only on  $n, f$  and  $M_0$ ) such that*

$$-c \leq g(\kappa_1(x, t), \dots, \kappa_n(x, t)) \leq c \quad \text{for all } (x, t) \in M \times [0, T).$$

If  $g > 0$ , then there exists  $c > 0$  such that

$$\frac{1}{c} \leq g(\kappa_1(x, t), \dots, \kappa_n(x, t)) \leq c.$$

*Proof.* Let  $\Gamma_0$  be a preserved cone for the solution  $X$ . Then  $K := \bar{\Gamma}_0 \cap S^n$  is compact. Since  $g$  is continuous, the required bounds hold on  $K$ . But these extend to  $\bar{\Gamma}_0 \setminus \{0\}$  by homogeneity. The claim follows since  $\kappa(x, t) \in \bar{\Gamma}_0 \setminus \{0\}$  for all  $(x, t) \in M \times [0, T)$ . □

By condition (i), the derivative  $\dot{f}$  of  $f$  is homogeneous of degree zero. Since  $\dot{f}^k > 0$  for each  $k$ , we obtain uniform parabolicity of the flow:

**Corollary 2.4.** *There exists a constant  $c > 0$  (depending only on  $n, f$  and  $M_0$ ) such that, for any  $v \in T^*M$ , it holds that*

$$\frac{1}{c} |v|^2 \leq \dot{F}^{ij} v_i v_j \leq c |v|^2,$$

where  $|\cdot|$  is the (time-dependent) norm on  $M$  corresponding to the (time-dependent) metric induced by the flow.

We now recall the following evolution equation (see for example [Andrews et al. 2013]).

**Lemma 2.5.** *Let  $X : M \times [0, T) \rightarrow \mathbb{R}^{n+1}$  be a solution of (CF) such that  $f$  satisfies conditions (i)–(ii). Let  $G : M \times [0, T) \rightarrow \mathbb{R}$  be given by a smooth, symmetric, degree-one homogeneous function  $g$  of the principal curvatures. Then  $G$  satisfies the evolution equation*

$$(\partial_t - \mathcal{L})G = (\dot{G}^{kl} \ddot{F}^{pq,rs} - \dot{F}^{kl} \ddot{G}^{pq,rs}) \nabla h_{pq} \nabla h_{rs} + G |\mathring{W}|_F^2, \tag{2-3}$$

where  $\mathcal{L} := \dot{F}^{kl} \nabla_k \nabla_l$  is the linearisation of  $F$ , and  $|\mathring{W}|_F^2 := \dot{F}^{kl} h_k^r h_{rl}$ .

In particular, the speed function  $F$  satisfies  $(\partial_t - \mathcal{L})F = F |\mathring{W}|_F^2$ .

As we shall see, in order to obtain **Theorem 1.3**, it is crucial to obtain a good upper bound on the term

$$Q(\nabla \mathring{W}, \nabla \mathring{W}) := (\dot{G}^{kl} \ddot{F}^{pq,rs} - \dot{F}^{kl} \ddot{G}^{pq,rs}) \nabla_k h_{pq} \nabla_l h_{rs}$$

for the pinching functions  $G_m$  which we construct in the following section. The following decomposition of  $Q$  is crucial in obtaining this bound.

**Lemma 2.6.** *For any totally symmetric  $T \in \mathbb{R}^n \otimes \mathbb{R}^n \otimes \mathbb{R}^n$ , we have*

$$\begin{aligned} (\dot{G}^{kl} \ddot{F}^{pq,rs} - \dot{F}^{kl} \ddot{G}^{pq,rs})|_B T_{kpq} T_{lrs} &= (\dot{g}^k \ddot{f}^{pq} - \dot{f}^k \ddot{g}^{pq})|_z T_{kpp} T_{kqq} \\ &+ 2 \sum_{p>q} \frac{(\dot{f}^p \dot{g}^q - \dot{g}^p \dot{f}^q)|_z}{z_p - z_q} ((T_{ppq})^2 + (T_{qqp})^2) + 2 \sum_{k>p>q} (\vec{g}_{kpq} \times \vec{f}_{kpq})|_z \cdot \vec{z}_{kpq} (T_{kpq})^2 \end{aligned} \tag{2-4}$$

at any diagonal matrix  $B$  with distinct eigenvalues  $z_i$ , where “ $\times$ ” and “ $\cdot$ ” are the three-dimensional cross and dot product respectively, and we have defined the vectors

$$\begin{aligned} \vec{f}_{kpq} &:= (\dot{f}^k, \dot{f}^p, \dot{f}^q), \\ \vec{g}_{kpq} &:= (\dot{g}^k, \dot{g}^p, \dot{g}^q), \\ \vec{z}_{kpq} &:= \left( \frac{z_p - z_q}{(z_k - z_p)(z_k - z_q)}, \frac{z_k - z_q}{(z_k - z_p)(z_p - z_q)}, \frac{z_k - z_p}{(z_p - z_q)(z_k - z_q)} \right). \end{aligned}$$

*Proof.* Since  $B$  is diagonal, **Lemma 2.1** yields (suppressing the dependence on  $B$ )

$$\begin{aligned} (\dot{G}^{kl} \ddot{F}^{pq,rs} - \dot{F}^{kl} \ddot{G}^{pq,rs}) T_{kpq} T_{lrs} &= \sum_{k,p,q} (\dot{g}^k \ddot{f}^{pq} - \dot{f}^k \ddot{g}^{pq}) T_{kpp} T_{kqq} + 2 \sum_k \sum_{p>q} \left( \dot{g}^k \frac{\dot{f}^p - \dot{f}^q}{z_p - z_q} - \dot{f}^k \frac{\dot{g}^p - \dot{g}^q}{z_p - z_q} \right) (T_{kpq})^2. \end{aligned}$$

We now decompose the second term into the terms satisfying  $k = p, k = q, k > p, p > k > q$ , and  $q > k$  respectively:

$$\begin{aligned} &\sum_k \sum_{p>q} \left( \dot{g}^k \frac{\dot{f}^p - \dot{f}^q}{z_p - z_q} - \dot{f}^k \frac{\dot{g}^p - \dot{g}^q}{z_p - z_q} \right) (T_{kpq})^2 \\ &= \sum_{p>q} \left( \dot{g}^p \frac{\dot{f}^p - \dot{f}^q}{z_p - z_q} - \dot{f}^p \frac{\dot{g}^p - \dot{g}^q}{z_p - z_q} \right) (T_{ppq})^2 + \sum_{p>q} \left( \dot{g}^q \frac{\dot{f}^p - \dot{f}^q}{z_p - z_q} - \dot{f}^q \frac{\dot{g}^p - \dot{g}^q}{z_p - z_q} \right) (T_{qpq})^2 \\ &\quad + \left( \sum_{k>p>q} + \sum_{p>k>q} + \sum_{p>q>k} \right) \left( \dot{g}^k \frac{\dot{f}^p - \dot{f}^q}{z_p - z_q} - \dot{f}^k \frac{\dot{g}^p - \dot{g}^q}{z_p - z_q} \right) (T_{kpq})^2 \end{aligned}$$

$$\begin{aligned}
 &= \sum_{p>q} \frac{\dot{f}^p \dot{g}^q - \dot{g}^p \dot{f}^q}{z_p - z_q} ((T_{pq})^2 + (T_{pp})^2) \\
 &\quad + \sum_{k>p>q} \left( \dot{g}^k \frac{\dot{f}^p - \dot{f}^q}{z_p - z_q} - \dot{f}^k \frac{\dot{g}^p - \dot{g}^q}{z_p - z_q} + \dot{g}^p \frac{\dot{f}^k - \dot{f}^q}{z_k - z_q} - \dot{f}^p \frac{\dot{g}^k - \dot{g}^q}{z_k - z_q} + \dot{g}^q \frac{\dot{f}^k - \dot{f}^p}{z_k - z_p} - \dot{f}^q \frac{\dot{g}^k - \dot{g}^p}{z_k - z_p} \right) (T_{kpq})^2 \\
 &= \sum_{p>q} \frac{\dot{f}^p \dot{g}^q - \dot{g}^p \dot{f}^q}{z_p - z_q} ((T_{pq})^2 + (T_{pp})^2) + \sum_{k>p>q} \left[ (\dot{g}^p \dot{f}^q - \dot{f}^q \dot{g}^p) \left( \frac{1}{z_k - z_p} - \frac{1}{z_k - z_q} \right) \right. \\
 &\quad \left. - (\dot{g}^k \dot{f}^q - \dot{f}^k \dot{g}^q) \left( \frac{1}{z_p - z_q} + \frac{1}{z_k - z_p} \right) + (\dot{g}^k \dot{f}^p - \dot{f}^k \dot{g}^p) \left( \frac{1}{z_p - z_q} - \frac{1}{z_k - z_q} \right) \right] (T_{kpq})^2 \\
 &= \sum_{p>q} \frac{\dot{f}^p \dot{g}^q - \dot{g}^p \dot{f}^q}{z_p - z_q} ((T_{pq})^2 + (T_{pp})^2) + \sum_{k>p>q} (\vec{g}_{kpq} \times \vec{f}_{kpq}) \cdot \vec{z}_{kpq} (T_{kpq})^2. \quad \square
 \end{aligned}$$

We complete this section by proving that  $(m+1)$ -convexity is preserved by the flow (CF), so that this assumption need only be made on initial data:

**Proposition 2.7.** *Let  $X$  be a solution of (CF) such that conditions (i)–(ii) are satisfied. Suppose that there is some  $m \in \{1, \dots, n - 1\}$  and some  $\beta > 0$  such that*

$$\kappa_{\sigma(1)}(x, 0) + \dots + \kappa_{\sigma(m)}(x, 0) \geq \beta F(x, 0)$$

for all  $x \in M$  and all permutations  $\sigma \in P_n$ . Then this estimate persists at all later times.

*Proof.* Denote by  $SM$  the unit tangent bundle over  $M \times [0, T)$  and consider the function  $Z$  defined on  $\bigoplus^m SM$  by

$$Z(x, t, \xi_1, \dots, \xi_m) = \sum_{\alpha=1}^m h(\xi_\alpha, \xi_\alpha) - \beta F(x, t).$$

Since we have

$$\inf_{\xi_1, \dots, \xi_m \in S(x,t)M} Z(x, t, \xi_1, \dots, \xi_m) = \kappa_{\sigma(1)}(x, t) + \dots + \kappa_{\sigma(m)}(x, t) - \beta F(x, t)$$

for some  $\sigma \in P_n$ , it suffices to show that  $Z$  remains nonnegative. First fix any  $t_1 \in [0, T)$  and consider the function  $Z_\varepsilon(x, t, \xi_1, \dots, \xi_m) := Z(x, t, \xi_1, \dots, \xi_m) + \varepsilon e^{(1+C)t}$ , where  $C := \sup_{M \times [0, t_1]} |W|_F^2$ . Note that  $C$  is finite since  $M$  is compact and  $\dot{F}$  is bounded. Observe that  $Z_\varepsilon$  is positive when  $t = 0$ . We will show that  $Z_\varepsilon$  remains positive on  $M \times [0, t_1]$  for all  $\varepsilon > 0$ . So suppose to the contrary that  $Z_\varepsilon$  vanishes at some point  $(x_0, t_0, \xi_1^0, \dots, \xi_m^0)$ . We may assume that  $t_0$  is the first such time. Now extend the vector  $\xi^0 := (\xi_1^0, \dots, \xi_m^0)$  to a field  $\xi := (\xi_1, \dots, \xi_n)$  near  $(x_0, t_0)$  by parallel translation in space and solving

$$\frac{\partial \xi_\alpha^i}{\partial t} = F \xi_\alpha^j h_j^i.$$

Since the metric evolves according to

$$\partial_t g_{ij} = -2F h_{ij}$$

the resulting fields have unit length. Now recall (see for example [Andrews 1994a]) the following evolution equation for the second fundamental form:

$$\partial_t h_{ij} = \mathcal{L}h_{ij} + \ddot{F}^{pq,rs} \nabla_i h_{pq} \nabla_j h_{rs} + |\mathring{W}|_F^2 h_{ij} - 2Fh_{ij}^2,$$

where  $\mathcal{L} := \dot{F}^{kl} \nabla_k \nabla_l$  and  $|\mathring{W}|_F^2 := \dot{F}^{kl} h_{kl}^2$ . It follows that

$$\begin{aligned} (\partial_t - \mathcal{L})(Z_\varepsilon(x, t, \xi)) &= \varepsilon(1 + C)e^{(1+C)t} + \sum_{\alpha=1}^m \ddot{F}^{pq,rs} \nabla_{\xi_\alpha} h_{pq} \nabla_{\xi_\alpha} h_{rs} + |\mathring{W}(x, t)|_F^2 Z(x, t, \xi) \\ &\geq \varepsilon(1 + C)e^{(1+C)t} + |\mathring{W}(x, t)|_F^2 Z(x, t, \xi). \end{aligned}$$

Since the point  $(x_0, t_0, \xi_{t=t_0})$  is a minimum of  $Z_\varepsilon$ , we obtain

$$0 \geq (\partial_t - \mathcal{L})|_{(x_0, t_0)}(Z_\varepsilon(x, t, \xi)) \geq \varepsilon(1 + C)e^{(1+C)t_0} - C\varepsilon e^{(1+C)t_0} = \varepsilon e^{(1+C)t_0} > 0.$$

This is a contradiction, implying that  $Z_\varepsilon$  cannot vanish at any time in the interval  $[0, t_1]$ . Since  $\varepsilon > 0$  was arbitrary, we find  $Z \geq 0$  at all times in the interval  $[0, t_1]$ . Since  $t_1 \in [0, T)$  was arbitrary, we obtain  $Z \geq 0$ . □

### 3. Constructing the pinching function

In this section we construct the pinching functions  $G_m$  satisfying the conditions in Theorem 1.3. Let us first introduce the *pinching cones*

$$\Gamma_m := \{z \in \Gamma : z_{\sigma(1)} + \dots + z_{\sigma(m+1)} > c_m^{-1} f(z) \text{ for all } \sigma \in H_m\},$$

where  $H_m$  is the quotient of  $P_n$ , the group of permutations of the set  $\{1, \dots, n\}$ , by the equivalence relation

$$\sigma \sim \omega \quad \text{if} \quad \sigma(\{1, \dots, m+1\}) = \omega(\{1, \dots, m+1\}).$$

Using the methods of [Huisken 1984], and their adaptations to 2-convex flows in [Huisken and Sinestrari 2009] and fully nonlinear flows in [Andrews et al. 2014b], we will see that, in order to prove Theorem 1.3, it suffices to construct a smooth function  $g_m : \Gamma \rightarrow \mathbb{R}$  satisfying the following properties.

**Properties.** (i)  $g_m(z) \geq 0$  for all  $z \in \Gamma$  with equality if and only if  $z \in \bar{\Gamma}_m \cap \Gamma$ .

(ii)  $g_m$  is smooth and homogeneous of degree one.

(iii) For every  $\varepsilon > 0$  there exists  $c_\varepsilon > 0$  such that

$$(\dot{G}_m^{kl} \ddot{F}^{pq,rs} - \dot{F}^{kl} \ddot{G}_m^{pq,rs})|_B T_{kpq} T_{lrs} \leq -c_\varepsilon \frac{|T|^2}{F}$$

for all  $B \in \mathcal{S}_{\Gamma_0}$  satisfying  $G_m(B) \geq \varepsilon F(B)$  and all totally symmetric  $T \in \mathbb{R}^n \otimes \mathbb{R}^n \otimes \mathbb{R}^n$ , where  $G_m$  is the matrix function corresponding to  $g_m$  as described in Section 2, and  $\Gamma_0$  is a preserved cone for the flow.

(iv) For every  $\delta > 0$ ,  $\varepsilon > 0$ , and  $C > 0$ , there exist  $\gamma_1 > 0$ ,  $\gamma_2 > 0$  and  $\gamma_3 > 0$  such that

$$(G_m \dot{F}^{kl} - F \dot{G}_m^{kl})|_B B_{kl}^2 \leq -\gamma_1 F^2(G_m - \delta\gamma_2 F)|_B + \gamma_3 C F^2|_B$$

for all  $(m + 1)$ -positive  $B \in \mathcal{S}_{\Gamma_0}$  satisfying  $G_m(B) \geq \varepsilon F(B)$  and

$$\lambda_{\min}(B) \geq -\delta F(B) - C.$$

Our construction of the pinching function  $g_m$  will be similar for each choice of  $m$ . So let us fix  $m \in \{0, 1, \dots, n - 2\}$  and assume that the flow is  $(m + 1)$ -convex. We first consider the preliminary function  $g : \Gamma \rightarrow \mathbb{R}$  defined by

$$g(z) := f(z) \sum_{\sigma \in H_m} \varphi\left(\frac{\sum_{i=1}^{m+1} z_{\sigma(i)} - c_m^{-1} f(z)}{f(z)}\right), \tag{3-1}$$

where  $\varphi : \mathbb{R} \rightarrow \mathbb{R}$  is a smooth<sup>1</sup> function which is strictly convex and positive, except on  $\mathbb{R}_+ \cup \{0\}$  where it vanishes identically. Such a function is readily constructed; for example, we could take

$$\varphi(r) = \begin{cases} r^4 e^{-1/r^2} & \text{if } r < 0, \\ 0 & \text{if } r \geq 0. \end{cases}$$

We note that such a function necessarily satisfies  $\varphi(r) - r\varphi'(r) \leq 0$  and  $\varphi'(r) \leq 0$  with equality if and only if  $r \geq 0$ .

Now define the scalar  $G : M \times [0, T) \rightarrow \mathbb{R}$  by

$$G(x, t) := g(\kappa_1(x, t), \dots, \kappa_n(x, t)).$$

Then  $G$  is a smooth, degree-one homogeneous function of the components of the Weingarten map which is invariant under a change of basis. Moreover,  $G$  is nonnegative and vanishes at, and only at, points for which the sum of the smallest  $(m + 1)$ -principal curvatures is not less than  $c_m^{-1} F$ . Thus properties (i) and (ii) are satisfied by  $g$ .

We now show that property (iii) is satisfied weakly by  $g$ :

**Lemma 3.1.** *Let  $G$  be the matrix function corresponding to the function  $g$  defined by (3-1). Then, for any symmetric matrix  $B$  and totally symmetric 3-tensor  $T$ ,*

$$(\dot{G}^{kl} \ddot{F}^{pq,rs} - \dot{F}^{kl} \ddot{G}^{pq,rs})|_B T_{kpq} T_{lrs} \leq 0.$$

*Proof.* We will show that each of the terms in the decomposition (2-4) in Lemma 2.6 is nonpositive. Note that, by the invariance properties of  $G$  and  $F$ , it suffices to prove the claim for diagonal  $B$ . In fact, we can also assume that  $B$  has distinct eigenvalues, since the result at an arbitrary diagonal matrix  $B$  may then be

<sup>1</sup>In fact,  $\varphi$  need only be twice continuously differentiable.

obtained by taking a limit  $B^{(k)} \rightarrow B$  such that each matrix  $B^{(k)}$  has distinct eigenvalues. We first compute

$$\begin{aligned} \dot{g}^k &= \dot{f}^k \sum_{\sigma \in H_m} \varphi(r_\sigma) + \sum_{\sigma \in H_m} \varphi'(r_\sigma) \sum_{i=1}^{m+1} \left( \delta_{\sigma(i)}^k - \frac{z_{\sigma(i)}}{f} \dot{f}^k \right) \\ &= \dot{f}^k \sum_{\sigma \in H_m} \left( \varphi(r_\sigma) - \varphi'(r_\sigma) \frac{\sum_{i=1}^{m+1} z_{\sigma(i)}}{f} \right) + \sum_{\sigma \in H_m} \sum_{i=1}^{m+1} \varphi'(r_\sigma) \delta_{\sigma(i)}^k \end{aligned}$$

and

$$\begin{aligned} \ddot{g}^{pq} &= \left( \sum_{\sigma \in H_m} \varphi(r_\sigma) - \sum_{\sigma \in H_m} \varphi'(r_\sigma) \frac{\sum_{i=1}^{m+1} z_{\sigma(i)}}{f} \right) \ddot{f}^{pq} \\ &\quad + \sum_{\sigma \in H_m} \frac{\varphi''(r_\sigma)}{f} \sum_{i=1}^{m+1} \left( \delta_{\sigma(i)}^p - \frac{z_{\sigma(i)}}{f} \dot{f}^p \right) \sum_{i=1}^{m+1} \left( \delta_{\sigma(i)}^q - \frac{z_{\sigma(i)}}{f} \dot{f}^q \right), \end{aligned}$$

where we have set

$$r_\sigma(z) := \frac{\sum_{i=1}^{m+1} z_{\sigma(i)} - c_m^{-1} f(z)}{f(z)}.$$

It follows that

$$\dot{g}^k \ddot{f}^{pq} - \dot{f}^k \ddot{g}^{pq} = \sum_{\sigma \in H_m} \sum_{i=1}^{m+1} \varphi'(r_\sigma) \delta_{\sigma(i)}^k \ddot{f}^{pq} - \dot{f}^k \sum_{\sigma \in H_m} \frac{\varphi''(r_\sigma)}{f} \sum_{i=1}^{m+1} \left( \delta_{\sigma(i)}^p - \frac{z_{\sigma(i)}}{f} \dot{f}^p \right) \sum_{i=1}^{m+1} \left( \delta_{\sigma(i)}^q - \frac{z_{\sigma(i)}}{f} \dot{f}^q \right).$$

If we fix the index  $k$  and set  $\xi_p = T_{kpp}$ , then, by convexity of  $\varphi$  and positivity of  $\dot{f}^k$ , we have

$$\begin{aligned} -\dot{f}^k \sum_{\sigma \in H_m} \frac{\varphi''(r_\sigma)}{f} \sum_{i=1}^{m+1} \left( \delta_{\sigma(i)}^p - \frac{z_{\sigma(i)}}{f} \dot{f}^p \right) \sum_{i=1}^{m+1} \left( \delta_{\sigma(i)}^q - \frac{z_{\sigma(i)}}{f} \dot{f}^q \right) \xi_p \xi_q \\ = -\dot{f}^k \sum_{\sigma \in H_m} \frac{\varphi''(r_\sigma)}{f} \left( \sum_{i=1}^{m+1} \left( \delta_{\sigma(i)}^p - \frac{z_{\sigma(i)}}{f} \dot{f}^p \right) \xi_p \right)^2 \leq 0. \end{aligned}$$

On the other hand, since  $\varphi$  is monotone nonincreasing, and  $f$  is convex, we have

$$\varphi'(r_\sigma) \sum_{i=1}^{m+1} \delta_{\sigma(i)}^k \ddot{f}^{pq} \xi_p \xi_q \leq 0$$

for each  $\sigma$ . Since both inequalities hold for all  $k$ , we deduce that

$$\sum_{k,p,q} (\dot{g}^k \ddot{f}^{pq} - \dot{f}^k \ddot{g}^{pq}) T_{kpp} T_{kqq} \leq 0.$$

We next consider

$$\dot{f}^p \dot{g}^q - \dot{g}^p \dot{f}^q = \sum_{\sigma \in H_m} \sum_{i=1}^{m+1} \varphi'(r_\sigma) (\delta_{\sigma(i)}^q \dot{f}^p - \delta_{\sigma(i)}^p \dot{f}^q) = \sum_{\sigma \in O_q} \varphi'(r_\sigma) \dot{f}^p - \sum_{\sigma \in O_p} \varphi'(r_\sigma) \dot{f}^q.$$

where we have introduced the sets

$$O_a := \{\sigma \in H_m : a \in \sigma(\{1, \dots, m+1\})\}.$$

If  $z_p > z_q$ , we obtain

$$\dot{f}^p \dot{g}^q - \dot{g}^p \dot{f}^q \leq \dot{f}^p \left( \sum_{\sigma \in O_q} \varphi'(r_\sigma) - \sum_{\sigma \in O_p} \varphi'(r_\sigma) \right),$$

We now show that the term in brackets is nonpositive whenever  $z_p > z_q$ .

**Lemma 3.2.** *If  $z_p \geq z_q$ , then*

$$\sum_{\sigma \in O_p} \varphi'(r_\sigma) - \sum_{\sigma \in O_q} \varphi'(r_\sigma) \geq 0.$$

Moreover, equality holds only if either  $z_p = z_q$  or  $r_\sigma(z) \geq 0$  for all  $\sigma \in O_{q,p} := O_q \setminus O_p$ .

*Proof of Lemma 3.2.* First note that

$$\sum_{\sigma \in O_p} \varphi'(r_\sigma) - \sum_{\sigma \in O_q} \varphi'(r_\sigma) = \sum_{\sigma \in O_{p,q}} \varphi'(r_\sigma) - \sum_{\sigma \in O_{q,p}} \varphi'(r_\sigma),$$

where  $O_{a,b} := O_a \setminus O_b$ . Next observe that, if  $\sigma \in O_{p,q}$ , then

$$z_{\sigma(1)} + \dots + z_{\sigma(m+1)} = z_p + z_{\hat{\sigma}(i_1)} + \dots + z_{\hat{\sigma}(i_m)} \tag{3-2}$$

for some  $\hat{\sigma} \in H_{m-2}(p, q) := P_{n-2}(p, q) / \sim$ , where  $P_{n-2}(p, q)$  denotes the set of permutations of  $\{1, \dots, n\} \setminus \{p, q\}$ ;  $i_1, \dots, i_m$  are  $m$  distinct elements of  $\{1, \dots, n\} \setminus \{p, q\}$ ; and  $\sim$  is defined by

$$\hat{\sigma} \sim \hat{\omega} \quad \text{if} \quad \hat{\sigma}(\{i_1, \dots, i_m\}) = \hat{\omega}(\{i_1, \dots, i_m\}).$$

Observe also that the converse holds (that is, (3-2) defines a bijection), so that

$$\sum_{\sigma \in O_{q,p}} \varphi'(r_\sigma) - \sum_{\sigma \in O_{p,q}} \varphi'(r_\sigma) = \sum_{\hat{\sigma} \in H_{m-2}(p,q)} \left( \varphi' \left( \frac{z_p + \sum_{k=1}^m z_{\hat{\sigma}(i_k)} - c_m^{-1} f}{f} \right) - \varphi' \left( \frac{z_q + \sum_{k=1}^m z_{\hat{\sigma}(i_k)} - c_m^{-1} f}{f} \right) \right).$$

Since  $z_p \geq z_q$ , the claim follows from (strict) convexity of  $\varphi$  (where it is positive). □

Thus,

$$\sum_{p>q} \frac{\dot{f}^p \dot{g}^q - \dot{g}^p \dot{f}^q}{z_p - z_q} ((T_{pq})^2 + (T_{qp})^2) \leq 0.$$

We now compute

$$\vec{g}_{kpq} = \left( \frac{g}{f} - \sum_{\sigma \in H_m} \varphi'(r_\sigma) \sum_{i=1}^{m+1} \frac{z_\sigma(i)}{f} \right) \vec{f}_{kpq} + \sum_{\sigma \in H_m} \varphi'(r_\sigma) \sum_{i=1}^{m+1} (\delta_{\sigma(i)}^k, \delta_{\sigma(i)}^p, \delta_{\sigma(i)}^q),$$

so that

$$\begin{aligned}
 (\vec{g}_{kpq} \times \vec{f}_{kpq}) \cdot \vec{z}_{kpq} &= \sum_{\sigma \in H_m} \sum_{i=1}^{m+1} \varphi'(r_\sigma) [(\delta_{\sigma(i)}^k, \delta_{\sigma(i)}^p, \delta_{\sigma(i)}^q) \times \vec{f}_{kpq}] \cdot \vec{z}_{kpq} \\
 &= \sum_{\sigma \in H_m} \sum_{i=1}^{m+1} \varphi'(r_\sigma) \left[ \frac{(\delta_{\sigma(i)}^p \dot{f}^q - \delta_{\sigma(i)}^q \dot{f}^p)(z_p - z_q)}{(z_k - z_p)(z_k - z_q)} + \frac{(\delta_{\sigma(i)}^q \dot{f}^k - \delta_{\sigma(i)}^k \dot{f}^q)(z_k - z_q)}{(z_k - z_p)(z_p - z_q)} \right. \\
 &\qquad \qquad \qquad \left. + \frac{(\delta_{\sigma(i)}^k \dot{f}^p - \delta_{\sigma(i)}^p \dot{f}^k)(z_k - z_p)}{(z_k - z_q)(z_p - z_q)} \right].
 \end{aligned}$$

Removing the positive factor  $\alpha_{kpq} := [(z_k - z_p)(z_k - z_q)(z_p - z_q)]^{-1}$  and setting

$$P_a := \sum_{\sigma \in O_a} \varphi'(r_\sigma),$$

we obtain

$$(\vec{g}_{kpq} \times \vec{f}_{kpq}) \cdot \vec{z}_{kpq} = \alpha_{kpq} [(P_p \dot{f}^q - P_q \dot{f}^p)(z_p - z_q)^2 + (P_q \dot{f}^k - P_k \dot{f}^q)(z_k - z_q)^2 + (P_k \dot{f}^p - P_p \dot{f}^k)(z_k - z_p)^2].$$

Applying Lemma 3.2 yields

$$(\vec{g}_{kpq} \times \vec{f}_{kpq}) \cdot \vec{z}_{kpq} \leq \alpha_{kpq} (P_q \dot{f}^k - P_k \dot{f}^q)[(z_k - z_q)^2 - (z_k - z_p)^2 - (z_p - z_q)^2].$$

Since the term in square brackets is nonnegative, applying Lemma 3.2 once more yields

$$(\vec{g}_{kpq} \times \vec{f}_{kpq}) \cdot \vec{z}_{kpq} \leq 0.$$

This completes the proof of the lemma. □

**Corollary 3.3.** *There exists  $C < \infty$  (depending only on  $n, f$  and  $M_0$ ) such that  $G/F \leq C$  along the flow.*

*Proof.* In view of Lemma 3.1 and the evolution equation (2-3), this is a simple application of the maximum principle. □

In order to obtain the uniform estimate required by property (iii), we modify  $G$  in order to obtain a function with a strict convexity property. A well-known trick (cf. [Andrews 1994b, Lemma 7.10; Huisken and Sinestrari 1999a, Theorem 2.14; Andrews et al. 2014b, Lemma 3.3]) then allows us to extract the required uniform estimate. First, we relabel the preliminary pinching function  $g \rightarrow g_1$  ( $G \rightarrow G_1$ ), and consider the new pinching function  $g$  defined by

$$g := K(g_1, g_2) := \frac{g_1^2}{g_2}, \tag{3-3}$$

where  $g_2(z) = M \sum_{i=1}^n z_i - |z|$  for some large constant  $M \gg 1$ , for which  $g_2$  is positive along the flow. That there is such a constant follows from applying the maximum principle to the evolution equation (2-3) for the function  $G_2(x, t) := g_2(\kappa(x, t))$  as in [Andrews et al. 2014b, Lemma 3.1]. Note that  $\dot{K}^1 > 0$ ,  $\dot{K}^2 < 0$  and  $\dot{K}^3 > 0$  wherever  $g_1 > 0$ .

Observe that properties (i) and (ii) are not harmed in the transition from  $g_1$  to  $g$ . We now show that the estimates listed in properties (iii) and (iv) are satisfied by the curvature function defined in (3-3).

**Proposition 3.4.** *Let  $g$  be the pinching function defined by (3-3) and  $G$  its corresponding matrix function. Then, for every  $\varepsilon > 0$ , there exists  $c_\varepsilon > 0$  (depending only on  $\varepsilon, n, f$  and  $\Gamma_0$ ) such that*

$$(\dot{G}^{kl} \ddot{F}^{pq,rs} - \dot{F}^{kl} \ddot{G}^{pq,rs})|_B T_{kpq} T_{lrs} \leq -c_\varepsilon \frac{|T|^2}{F}$$

for all  $B \in \mathcal{S}_{\Gamma_0}$  satisfying  $G(B) \geq \varepsilon F(B)$  and all totally symmetric  $T \in \mathbb{R}^n \otimes \mathbb{R}^n \otimes \mathbb{R}^n$ .

*Proof.* First note that (suppressing dependence on  $B$ )

$$\begin{aligned} (\dot{G}^{kl} \ddot{F}^{pq,rs} - \dot{F}^{kl} \ddot{G}^{pq,rs}) T_{kpq} T_{lrs} &= \dot{K}^\alpha (\dot{G}_\alpha^{kl} \ddot{F}^{pq,rs} - \dot{F}^{kl} \ddot{G}_\alpha^{pq,rs}) T_{kpq} T_{lrs} - \dot{F}^{kl} \ddot{K}^{\alpha\beta} \dot{G}_\alpha^{pq} \dot{G}_\beta^{rs} T_{kpq} T_{lrs} \\ &\leq \dot{K}^2 (\dot{G}_2^{kl} \ddot{F}^{pq,rs} - \dot{F}^{kl} \ddot{G}_2^{pq,rs}) T_{kpq} T_{lrs} \\ &\leq -\dot{K}^2 \dot{F}^{kl} \ddot{G}_2^{pq,rs} T_{kpq} T_{lrs}, \end{aligned}$$

where we used Lemma 3.1, convexity of  $K$ , and the inequalities  $\dot{K}^1 \geq 0$  and  $\dot{F} \geq 0$  in the first inequality, and the inequalities  $\dot{G}_2 \geq 0$  and  $\dot{K}^2 \leq 0$ , and convexity of  $F$  in the second. Since  $\dot{K}^2 < 0$  whenever  $G_1 > 0$  and  $G_2$  is strictly concave in nonradial directions, the claim follows exactly as in [Andrews et al. 2014b, Lemma 3.3].  $\square$

The uniform estimate of Proposition 3.4 yields a good bound for the term  $Q(\nabla^{\circ} \mathcal{W}, \nabla^{\circ} \mathcal{W})$  in the evolution equations for the pinching functions. This is a crucial component in obtaining the  $L^p$ -estimates of the following section. This is the starting point for the Stampacchia–de Giorgi iteration argument. The second crucial estimate is the Poincaré-type inequality, Lemma 4.2 (see also [Huisken and Sinestrari 2009, §§4–5; in particular, Lemma 5.5]), which we can obtain with the help of property (iv). This estimate (corresponding to [Huisken and Sinestrari 2009, Lemma 5.2]) provides an estimate on the zero order term that occurs in contracting the Simons-type identity for  $\dot{F}^{pq} \nabla_p \nabla_q h_{ij}$  with  $\dot{G}^{ij}$  (see [Andrews et al. 2014b, Proposition 4.4]).

**Proposition 3.5.** *Let  $g$  be the pinching function defined by (3-3) and  $G$  its corresponding matrix function. Then for every  $\delta > 0, \varepsilon > 0$ , and  $C > 0$  there exist  $\gamma_1 > 0, \gamma_2 > 0$  and  $\gamma_3 > 0$  (depending only on  $\delta, \varepsilon > 0, C, n, m, f$  and  $\Gamma_0$ ) such that*

$$Z(B) := (F \dot{G}^{kl} - G \dot{F}^{kl})|_B B_{kl}^2 \geq \gamma_1 F^2 (G - \delta \gamma_2 F)|_B - \gamma_3 F^2|_B$$

for all symmetric,  $(m+1)$ -positive matrices  $B$  satisfying  $\lambda(B) \in \Gamma_0, \lambda_{\min}(B) \geq -\delta F(B) - C$ , and  $G_m(B) \geq \varepsilon F(B)$ .

*Proof.* From the definition of  $G$  we have

$$Z = \dot{K}^1 Z_1 + \dot{K}^2 Z_2,$$

where

$$Z_i(B) := (F \dot{G}_i^{kl} - G_i \dot{F}^{kl})|_B B_{kl}^2.$$

Thus, since  $\dot{K}^2 = 2g_1/g_2$  is uniformly bounded below when  $g \geq \varepsilon f$ , it suffices to prove the estimate for  $Z_1$ .

So let  $B$  be a symmetric,  $(m+1)$ -positive matrix with eigenvalues  $z_1 \leq \dots \leq z_n$ . Then

$$\begin{aligned} Z_1(B) &= f \dot{g}_1^p z_p^2 - g_1 \dot{f}^p z_p^2 = \sum_{p>q} (\dot{g}_1^p \dot{f}^q - \dot{g}_1^q \dot{f}^p) z_p z_q (z_p - z_q) = \sum_{p>q} (P_p \dot{f}^q - P_q \dot{f}^p) z_p z_q (z_p - z_q) \\ &= \left( \sum_{p>q>l} + \sum_{p>l \geq q} + \sum_{l \geq p>q} \right) (P_p \dot{f}^q - P_q \dot{f}^p) z_p z_q (z_p - z_q), \end{aligned}$$

where we recall the notation  $P_a := \sum_{\sigma \in O_a} \varphi'(r_\sigma)$  and we have defined  $l \leq m$  as the number of nonpositive eigenvalues  $z_i$ . Recalling that  $P_p \dot{f}^q - P_q \dot{f}^p \geq 0$  whenever  $z_p \geq z_q$ , we discard the final sum and part of the first to obtain

$$\begin{aligned} Z_1(B) &\geq \sum_{p=m+2}^n \sum_{q=l+1}^{m+1} (P_p \dot{f}^q - P_q \dot{f}^p) z_p z_q (z_p - z_q) + \sum_{p=l+1}^n \sum_{q=1}^l (P_p \dot{f}^q - P_q \dot{f}^p) z_p z_q (z_p - z_q) \\ &= \sum_{p=m+2}^n \sum_{q=l+1}^{m+1} (P_p \dot{f}^q - P_q \dot{f}^p) z_p z_q (z_p - z_q) - f^2 \sum_{i=1}^l z_i \\ &\quad + f^2 \sum_{i=1}^l z_i + \sum_{p=l+1}^n \sum_{q=1}^l (P_p \dot{f}^q - P_q \dot{f}^p) z_p z_q (z_p - z_q). \end{aligned}$$

So consider the term

$$S_1(z) := \sum_{p=m+2}^n \sum_{q=l+1}^{m+1} (P_p(z) \dot{f}^q(z) - P_q(z) \dot{f}^p(z)) z_p z_q (z_p - z_q) - f(z)^2 \sum_{i=1}^l z_i.$$

Observe that  $S_1 \geq 0$ . We claim that  $S_1(z) > 0$  for all  $z$  in the cone

$$\Gamma_{\varepsilon,l} := \{z \in \Gamma_0 : g(z) \geq \varepsilon f(z), z_1 \leq \dots \leq z_l \leq 0 < z_{l+1} \leq \dots \leq z_n\}.$$

Suppose, to the contrary, that  $S_1(z) = 0$  for some  $z \in \Gamma_{\varepsilon,l}$ . Then  $z_1 = \dots = z_l = 0$  and, for all  $p > m+1 \geq q > l$ ,  $(P_p(z) \dot{f}^q(z) - P_q(z) \dot{f}^p(z)) z_p z_q (z_p - z_q) = 0$ . But, by Lemma 3.2, the latter implies that, for all  $p > m+1 \geq q > l$ , either  $z_p = z_q$ , or  $r_\sigma(\lambda) \geq 0$  for all  $\sigma \in O_{q,p}$ . Note that the latter case cannot occur: since  $p > m+1 \geq q$ , there is a permutation  $\sigma \in O_{q,p}$  such that  $0 \leq r_\sigma(z) = (z_1 + \dots + z_{m+1} - c_m^{-1} f(z))/f(z)$ , which implies  $g_1(z) = 0$ , contradicting  $z \in \Gamma_{\varepsilon,l}$ . On the other hand, if  $z_p = z_q$  for all  $p > m+1 \geq q > l$ , then we again obtain the contradiction  $g_1(z) = 0$ . Thus,  $S_1 > 0$  on  $\Gamma_{\varepsilon,l}$ . Since  $S_1$  is homogeneous of degree three, it follows that

$$S_1 \geq c_1 f^2 g$$

on  $\Gamma_{\varepsilon,l}$ , where  $c_1 := \min_l \min_{\Gamma_{\varepsilon,l}} \frac{S_1}{f^2 g} > 0$ .

Now consider

$$S_2 := f^2 \sum_{i=1}^l \lambda_i + \sum_{p=l+1}^n \sum_{q=1}^l (P_p \dot{f}^q - P_q \dot{f}^p) z_p z_q (z_p - z_q).$$

Note that, by homogeneity,  $c_2 := \sup\{P_p(z)\dot{f}^q(z) - P_q(z)\dot{f}^p(z) : z \in \Gamma_0, 1 \leq p, q \leq n\} < \infty$ . Thus,  $S_2$  is easily controlled using the “convexity estimate”  $\lambda_1 \geq -\delta f - C$ :

$$\begin{aligned} S_2 &\geq -lf^2(\delta f + C) + (n - l)c_2z_n \sum_{q=1}^l z_q(z_n - z_q) \geq -nf^2(\delta f + C) + 2nc_2c_3^2f^2 \sum_{q=1}^l z_q \\ &\geq -nf^2(\delta f + C) - 2nc_2c_3^2f^2(\delta F + C) \geq -n(1 + 2c_2c_3^2)f^2(\delta f + C), \end{aligned}$$

where  $c_3 := \max\{|z_i|/f(z) : z \in \Gamma_0, 1 \leq i \leq n\}$ .

The claim follows. □

We note that the above estimate is only useful in the presence of the convexity estimate [Theorem 1.1](#), since then, for any  $\delta > 0$ , there is a constant  $C_\delta > 0$  for which  $\Gamma_{\delta, C_\delta} := \{z \in \Gamma_0 : z_i > -\delta f(z) - C_\delta \text{ for all } i\}$  is preserved by the flow.

### 4. Proof of [Theorem 1.3](#)

In order to prove [Theorem 1.3](#), it suffices to obtain, for any  $\varepsilon > 0$ , an upper bound on the function

$$G_{\varepsilon, \sigma} := \left(\frac{G}{F} - \varepsilon\right)F^\sigma$$

for some  $\sigma > 0$ . We will use the estimates of [Propositions 3.5](#) and [3.4](#) to obtain bounds on the spacetime  $L^p$ -norms of the positive part of  $G_{\varepsilon, \sigma}$ , so long as  $p$  is sufficiently large and  $\sigma$  sufficiently small, just as in [\[Huisken and Sinestrari 1999b; 1999a; 2009\]](#) (see also [\[Andrews et al. 2014b\]](#) where these techniques are applied in the fully nonlinear setting). A Stampacchia–de Giorgi iteration procedure similar to that used in [\[Huisken 1984\]](#) (see also [\[Huisken and Sinestrari 1999b; Andrews et al. 2014b\]](#)) then allows us to extract a supremum bound on  $G_{\varepsilon, \sigma}$ .

We begin with an evolution equation for  $G_{\varepsilon, \sigma}$ :

**Lemma 4.1** [\[Andrews et al. 2014b\]](#). *The function  $G_{\varepsilon, \sigma}$  satisfies the evolution equation*

$$\begin{aligned} (\partial_t - \mathcal{L})G_{\varepsilon, \sigma} &= F^{\sigma-1}(\dot{G}^{kl}\ddot{F}^{pq,rs} - \dot{F}^{kl}\ddot{G}^{pq,rs})\nabla_k h_{pq}\nabla_l h_{rs} \\ &\quad + \frac{2(1 - \sigma)}{F}\langle \nabla G_{\varepsilon, \sigma}, \nabla F \rangle_F - \frac{\sigma(1 - \sigma)}{F^2}|\nabla F|_F^2 + \sigma G_{\varepsilon, \sigma}|^q W|_F^2, \end{aligned} \tag{4-1}$$

where  $\langle u, v \rangle_F := \dot{F}^{kl}u_k v_l$ .

Now set  $E := \max\{G_{\varepsilon, \sigma}, 0\}$ . We need to obtain spacetime  $L^p$ -estimates for  $E$ . Let us first observe that integration by parts and application of Young’s inequality, in conjunction with [Lemma 2.3](#) and [Proposition 3.4](#), yields the estimate (cf. [\[Andrews et al. 2014b\]](#))

$$\begin{aligned} \frac{d}{dt} \int E^p d\mu &\leq -(A_1 p(p - 1) - A_2 p^{\frac{3}{2}}) \int E^{p-2} |\nabla G_{\varepsilon, \sigma}|^2 d\mu \\ &\quad - (B_1 p - B_2 p^{\frac{1}{2}}) \int E^p \frac{|\nabla^q W|^2}{F^2} d\mu + C_1 \sigma p \int E^p |^q W|^2 d\mu \end{aligned} \tag{4-2}$$

for some positive constants  $A_1, A_2, B_1, B_2, C_1$  (which depend only on  $\varepsilon, n, m, f$  and  $M_0$ ).

To estimate the final term, we make use of [Proposition 3.5](#) in a similar manner to [\[Huisken and Sinestrari 2009, §5\]](#). We first observe:

**Lemma 4.2.** *There are positive constants  $A_3, A_4, A_5, B_3, B_4, C_2$ , independent of  $p$  and  $\sigma$ , such that*

$$\int E^p \frac{Z(\mathcal{W})}{F} d\mu \leq (A_3 p^{\frac{3}{2}} + A_4 p^{\frac{1}{2}} + A_5) \int E^{p-2} |\nabla G_{\varepsilon, \sigma}|^2 d\mu + (B_3 p^{\frac{1}{2}} + B_4) \int E^p \frac{|\nabla^q \mathcal{W}|^2}{F^2} d\mu.$$

*Proof.* As in [\[Andrews et al. 2014b, §4\]](#), contraction of the commutation formula for  $\nabla^{2q} \mathcal{W}$  with  $\dot{F}$  and  $\dot{G}$  yields the identity

$$\begin{aligned} \mathcal{L}G_{\varepsilon, \sigma} = & -F^{\sigma-1} Q(\nabla^q \mathcal{W}, \nabla^q \mathcal{W}) + F^{\sigma-1} Z(\mathcal{W}) + F^{\sigma-2} (F \dot{G}^{kl} - G \dot{F}^{kl}) \nabla_k \nabla_l F \\ & + \frac{\sigma}{F} G_{\varepsilon, \sigma} \mathcal{L}F - 2 \frac{(1-\sigma)}{F} \langle \nabla F, \nabla G_{\varepsilon, \sigma} \rangle_F + \frac{\sigma(1-\sigma)}{F^2} G_{\varepsilon, \sigma} |\nabla F|_F^2. \end{aligned}$$

The claim is now proved using integration by parts and Young’s inequality, with the help of [Lemma 2.3](#) and [Proposition 3.4](#) (see [\[Andrews et al. 2014b, Lemma 4.2\]](#)). □

**Corollary 4.3.** *For all  $\varepsilon > 0$  there exist constants  $\ell > 0$  and  $L < \infty$  (depending only on  $\varepsilon, n, m, f$  and  $M_0$ ) such that for all  $p > L$  and  $0 < \sigma < \ell p^{-\frac{1}{2}}$  there is a constant  $K = K_{\varepsilon, \sigma, p}$  (depending only on  $\varepsilon, n, m, f, M_0, \sigma$  and  $p$ ) for which the following estimate holds:*

$$\int (G_{\varepsilon, \sigma})_+^p d\mu \leq \int (G_{\varepsilon, \sigma}(\cdot, 0))_+^p d\mu_0 + t K \mu_0(M),$$

where  $\mu_0$  is the measure induced on  $M$  by the initial immersion.

*Proof.* Recall [Proposition 3.5](#). Setting  $\delta = \varepsilon/(2\gamma_2)$  and applying the convexity estimate, we obtain

$$\frac{Z(\mathcal{W})}{F} \geq \frac{\varepsilon}{2} \gamma_1 F^2 - \gamma_3 C_{\varepsilon/(2\gamma_2)} F \tag{4-3}$$

whenever  $G - \varepsilon F > 0$ . We now use Young’s inequality to obtain (cf. [\[Huisken and Sinestrari 2009, §5\]](#))

$$F = F^{-\sigma p} F^{1+\sigma p} \leq F^{-\sigma p} \left( \frac{b^q}{q} F^{q(1+\sigma p)} + \frac{b^{-q'}}{q'} \right)$$

for any  $b > 0$  and  $q > 0$ , where  $q'$  is the Hölder conjugate of  $q$ :  $\frac{1}{q} + \frac{1}{q'} = 1$ . Choosing  $q = \frac{2+\sigma p}{1+\sigma p}$ , so that  $q' = 2 + \sigma p$ , we obtain

$$F \leq b^{(2+\sigma p)/(1+\sigma p)} \frac{1 + \sigma p}{2 + \sigma p} F^2 + \frac{b^{-(2+\sigma p)}}{2 + \sigma p} F^{-\sigma p} \leq b^{(2+\sigma p)/(1+\sigma p)} F^2 + b^{-(2+\sigma p)} F^{-\sigma p}.$$

Now choose  $b := \left( \frac{\varepsilon \gamma_1}{4\gamma_3 C_{\varepsilon/(2\gamma_2)}} \right)^{\frac{1+\sigma p}{2+\sigma p}}$ , so that

$$\gamma_3 C_{\varepsilon/(2\gamma_2)} F \leq \frac{\varepsilon \gamma_1}{4} F^2 + K F^{-\sigma p},$$

where

$$K := \gamma_3 C_{\varepsilon/(2\gamma_2)} \left( \frac{\varepsilon \gamma_1}{4\gamma_3 C_{\varepsilon/(2\gamma_2)}} \right)^{-(1+\sigma p)}.$$

Returning to Equation (4-3), we find

$$\frac{\varepsilon\gamma_1}{4}F^2 \leq KF^{-\sigma p} + \frac{Z({}^{\circ}W)}{F}.$$

Estimating  $G_{\varepsilon,\sigma} \leq c_1 F^\sigma$  and  $|{}^{\circ}W|^2 \leq c_2 F^2$ , we obtain

$$E^p |{}^{\circ}W|^2 \leq \tilde{K} + c_3 E^p \frac{Z({}^{\circ}W)}{F}$$

for some constants  $\tilde{K} > 0$  (depending on  $F$ ,  $M_0$ ,  $\varepsilon$ ,  $\sigma$  and  $p$ ) and  $c_3 > 0$  (depending on  $F$ ,  $M_0$ , and  $\varepsilon$ ).

Combining Lemma 4.2 and inequality (4-2) now yields

$$\begin{aligned} \frac{d}{dt} \int E^p d\mu &\leq K_{\varepsilon,\sigma,p} \mu_0(M) - (\alpha_0 p^2 - \alpha_1 \sigma p^{\frac{5}{2}} - \alpha_2 p^{\frac{3}{2}} - \alpha_3 p) \int E^{p-2} |G_{\varepsilon,\sigma}|^2 d\mu \\ &\quad - (\beta_0 p - \beta_1 \sigma p^{\frac{3}{2}} - \beta_2 \sigma p - \beta_3 p^{\frac{1}{2}}) \int E^p \frac{|\nabla^{\circ}W|^2}{F^2} d\mu \end{aligned}$$

for some positive constants  $\alpha_i$  and  $\beta_i$ , which depend on  $\varepsilon$  but not on  $\sigma$  or  $p$ , and  $K_{\varepsilon,\sigma,p}$ , which depends on  $\varepsilon$ ,  $\sigma$  and  $p$ .

It is clear that  $L > 0$  and  $\ell > 0$  may be chosen such that

$$(\alpha_0 p^2 - \alpha_1 \sigma p^{\frac{5}{2}} - \alpha_2 p^{\frac{3}{2}} - \alpha_3 p) \geq 0 \quad \text{and} \quad (\beta_0 p - \beta_1 \sigma p^{\frac{3}{2}} - \beta_2 \sigma p - \beta_3 p^{\frac{1}{2}}) \geq 0$$

for all  $p > L$  and  $0 < \sigma < \ell p^{-\frac{1}{2}}$ . The claim then follows by integrating with respect to the time variable.  $\square$

The proof of Theorem 1.3 is completed by proceeding with Huisken's Stampacchia-de Giorgi iteration argument. We omit these details as the arguments required already appear in [Andrews et al. 2014b, §5] with no significant changes necessary.

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