

## On multiplicity of mappings between surfaces

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Let  $M$  and  $N$  be two closed (not necessarily orientable) surfaces, and  $f: M \rightarrow N$  a continuous map. By definition, the *minimal multiplicity*  $\text{MMR}[f]$  of the map  $f$  denotes the minimal integer  $k$  having the following property:  $f$  can be deformed into a map  $g$  such that the number  $|g^{-1}(c)|$  of preimages of any point  $c \in N$  under  $g$  is  $\leq k$ . We calculate  $\text{MMR}[f]$  for any map  $f$  of positive absolute degree  $A(f)$ . The answer is formulated in terms of  $A(f)$ ,  $[\pi_1(N) : f_*(\pi_1(M))]$ , and the Euler characteristics of  $M$  and  $N$ . For a map  $f$  with  $A(f) = 0$ , we prove the inequalities  $2 \leq \text{MMR}[f] \leq 4$ .

54H25; 57M12, 55M20

*In grateful memory of Heiner, his wonderful collaboration and friendship*

### 1 Introduction

For a continuous map  $f: X \rightarrow Y$  between topological spaces, we define the *multiplicity* of  $f$  as  $\max_{y \in Y} |f^{-1}(y)|$ , and the *minimal multiplicity* of  $f$  as the minimal multiplicity of maps homotopic to  $f$ , that is

$$\text{MMR}[f] := \min_{g \simeq f} \max_{y \in Y} |g^{-1}(y)|.$$

From now on,  $\simeq$  means that the mappings are homotopic. The problem of determining  $\text{MMR}[f]$  arises. This problem is closely related to the *self-intersection problem* of determining the *minimal self-intersection number* (see Bogaty, Kudryavtseva and Zieschang [4; 3])

$$\text{MI}[f] := \min_{g \simeq f} |\text{Int}(g)|, \quad \text{Int}(g) := \{(x, y) \in X \times X \mid x \neq y, g(x) = g(y)\} / \Sigma_2$$

(here  $\Sigma_2$  is the symmetric group in two symbols, which acts on  $X \times X$  by permutations of the coordinates), and to the problem of determining the *minimal (unordered)  $\mu$ -tuple*

*self-intersection number*

$$\text{MI}_\mu[f] := \min_{g \simeq f} |\text{Int}_\mu(g)|, \quad \text{Int}_\mu(g) := \{I \subset X \mid |I| = \mu, |g(I)| = 1\}, \quad \mu \geq 2.$$

Clearly,  $\text{MI}[f] = \text{MI}_2[f]$ , and one easily shows<sup>1</sup> that  $\text{MI}_{\mu+1}[f] \leq (\text{MI}_\mu[f])^2$ ,  $\mu \geq 2$ . The connection between  $\text{MMR}[f]$  and  $\text{MI}_\mu[f]$  is illustrated by the following properties:

$$\text{MI}_\mu[f] = 0 \iff \text{MMR}[f] < \mu \quad \text{and} \quad \text{MI}_\mu[f] > 0 \iff \text{MMR}[f] \geq \mu.$$

In particular,  $\text{MI}[f] = 0$  if and only if  $\text{MMR}[f] = 1$ . The numbers  $\text{MMR}[f]$ ,  $\text{MI}[f]$ , and  $\text{MI}_\mu[f]$ , measure, in a sense, “complexity” of the self-intersection set  $\text{Int}(f)$ .

It is natural to consider the above problem for maps  $f: M^m \rightarrow N^n$  between closed connected (nonempty) smooth manifolds, where  $m = \dim M$ ,  $n = \dim N$ . The problem is nontrivial for  $0 < m \leq n \leq 2m$ .

Hurewicz [14] proved that, if  $X$  is an  $m$ -dimensional compact metric space and  $m + 1 \leq n \leq 2m$ , then any continuous map  $f: X \rightarrow \mathbb{R}^n$  can be deformed, by means of an arbitrary small perturbation, to a map  $g: X \rightarrow \mathbb{R}^n$  of multiplicity  $\leq \lfloor \frac{n}{n-m} \rfloor$ . A similar assertion is also valid if the Euclidean space  $\mathbb{R}^n$  is replaced by an arbitrary smooth manifold  $N^n$ . Thus, for  $m < n \leq 2m$ , we have

$$(1.1) \quad \text{MMR}[f] \leq \left\lfloor \frac{n}{n-m} \right\rfloor.$$

This inequality follows by observing that, for a “generic” map  $g: M \rightarrow N$ , the set  $\text{Int}_{\mu+1}(g) \subset M$  has dimension  $(\mu + 1)m - \mu n$ , which is negative (and, thus,  $\text{MMR}[f] \leq \mu$ ) if  $\mu > \frac{m}{n-m}$ .

The special case  $n = 2m$  is the classical self-intersection problem which gives rise to Whitney’s work [21]. Here the estimation (1.1) gives  $\text{MMR}[f] \in \{1, 2\}$ , and computing  $\text{MMR}[f]$  is equivalent to deciding whether  $\text{MI}[f] = 0$ , ie whether the map  $f$  is homotopic to an embedding. Namely, we have  $\text{MMR}[f] = 1$  if  $\text{MI}[f] = 0$ , and  $\text{MMR}[f] = 2$  if  $\text{MI}[f] > 0$ . A useful tool for deciding whether  $\text{MI}[f] = 0$  is the *Nielsen self-intersection number*  $\text{NI}[f]$  of  $f$  [4; 3]. One can show by using the Whitney trick [21] that  $\text{MI}[f] = \text{NI}[f]$  if  $m \geq 3$ . But, if  $m \leq 2$ , one has only the inequality  $\text{MI}[f] \geq \text{NI}[f]$  (see our papers with Zieschang [4; 3] for  $m = 1$ ). For  $m = 1$ , there are several combinatorial and geometric methods for deciding whether a closed curve

<sup>1</sup>(Indeed, take a map  $g \simeq f$  such that  $\text{MI}_\mu[f] = |\text{Int}_\mu(g)| =: \ell$ . We can assume that  $\ell < \infty$ . Then  $\ell = \sum_{i \geq \mu} \sum_{y \in Y, |g^{-1}(y)|=i} \binom{i}{\mu}$ . Hence, for every nonvanishing summand in this sum, one has  $\binom{i}{\mu} \leq \ell$  and

$$\binom{i}{\mu+1} = \binom{i}{\mu} \frac{i-\mu}{\mu+1} < \binom{i}{\mu} \frac{i}{\mu} \leq \binom{i}{\mu}^2 \leq \ell \binom{i}{\mu}.$$

Therefore  $\text{MI}_{\mu+1}[f] \leq |\text{Int}_{\mu+1}(g)| = \sum_{i > \mu} \sum_{y \in Y, |g^{-1}(y)|=i} \binom{i}{\mu+1}$ , which is at most  $\ell \sum_{i > \mu} \sum_{y \in Y, |g^{-1}(y)|=i} \binom{i}{\mu} \leq \ell^2$ .)

on a surface is homotopic to a simple closed curve (see, for example, Gonçalves, Kudryavtseva and Zieschang [9] and references therein). An answer in terms of the Nielsen self-intersection number is given in Theorem 2.2. In the remaining case  $m = 2$ , we only know that  $\text{NI}[f] > 0$  implies  $\text{MI}[f] > 0$  (and thus  $\text{MMR}[f] = 2$ ), but the question whether  $\text{NI}[f] = 0$  implies  $\text{MI}[f] = 0$  is still open.

The present paper studies the number  $\text{MMR}[f]$  mainly in the case  $m = n \leq 2$ . Here  $\text{MMR}[f]$  is closely related to the *absolute degree*  $A(f)$  (as defined in Hopf [13] or Epstein [7]; see also Kneser [16], Olum [18] and Skora [19]) of the map  $f$ . A definition of the absolute degree is also given in Definition 3.7 in the paper by Gonçalves, Kudryavtseva and Zieschang [10] of this volume. Theorem 2.1 computes the number  $\text{MMR}[f]$  for a self-mapping  $f$  of a circle ( $m = n = 1$ ). In the case  $m = n = 2$  (mappings between closed surfaces), the following results are obtained. We calculate  $\text{MMR}[f]$  in terms of  $A(f)$ ,  $\ell(f) := [\pi_1(N) : f_{\#}\pi_1(M)]$ , and the Euler characteristics of the surfaces, for any map  $f: M \rightarrow N$  with  $A(f) > 0$  (Theorem 3.2 and Theorem 3.3). We also estimate  $\text{MMR}[f]$  for any map  $f$  with  $A(f) = 0$  (Theorem 4.2). In particular, we prove that

$$\begin{aligned} \text{MMR}[f] &\in \{A(f), A(f) + 2\} && \text{if } A(f) > 0, \\ \text{MMR}[f] &\in \{2, 3, 4\} && \text{if } A(f) = 0. \end{aligned}$$

The authors do not know whether  $\text{MMR}[f] \geq A(f)$  if  $m = n \geq 3$ .

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## 2 Computing $\text{MMR}[f]$ for mappings of a circle

Any map  $f: S^1 \rightarrow N$  with  $\dim N \geq 3$  is homotopic to an embedding, thus  $\text{MMR}[f] = 1$ . Consider the cases  $\dim N = 1, 2$ .

**Theorem 2.1** For any self-map  $f: S^1 \rightarrow S^1$ ,

$$\text{MMR}[f] = \begin{cases} |\deg f|, & \deg f \neq 0, \\ 2, & \deg f = 0. \end{cases}$$

**Proof** We will identify the circle  $S^1$  with the unit circle in the complex plane  $\mathbb{C}$ . Consider the projection  $p: \mathbb{R} \rightarrow S^1$ ,  $p(r) = e^{2\pi i r}$ ,  $r \in \mathbb{R}$ , of the universal covering  $\mathbb{R}$  of  $S^1$  to  $S^1$ .

Suppose that  $\deg f \neq 0$ . Then  $f$  is homotopic to the map sending  $z \mapsto z^{\deg f}$ ,  $z \in S^1$ . Thus all points have exactly  $|\deg f|$  preimages, hence  $\text{MMR}[f] \leq |\deg f|$ . Let us show that the number of preimages can not be reduced. Since  $\deg f \neq 0$ , for every point  $s \in S^1$  there exists a point  $t \in S^1$  such that  $f(t) = s$ . Let  $r_0 \in \mathbb{R}$  be a point such that  $p(r_0) = t$ . Consider a lifting  $\tilde{f}: \mathbb{R} \rightarrow \mathbb{R}$  of  $f: S^1 \rightarrow S^1$ . Then  $\tilde{f}(r_0 + 1) = \tilde{f}(r_0) + \deg f$ , so by the Intermediate Value Theorem, there exist points  $r_1, \dots, r_{|\deg f| - 1} \in (r_0, r_0 + 1)$  such that  $\tilde{f}(r_i) = \tilde{f}(r_0) + j \operatorname{sgn}(\deg f)$ ,  $1 \leq j \leq |\deg f| - 1$ . Thus  $p(r_0), p(r_1), \dots, p(r_{|\deg f| - 1})$  are different preimages of  $s$  under the mapping  $f$ . This shows  $\text{MMR}[f] \geq |\deg f|$ .

Suppose that  $\deg f = 0$ . Let us show that there exists  $g \simeq f$  with  $|g^{-1}(s)| \leq 2$  for any  $s \in S^1$ . Indeed, take  $g$  to be the map given by the following rule:  $g(z) = z$  if  $\operatorname{Im} z \geq 0$ ,  $g(z) = \bar{z}$  if  $\operatorname{Im} z \leq 0$ . It remains to show that for any  $f: S^1 \rightarrow S^1$ ,  $\deg f = 0$ , there exists a point  $s \in S^1$  with  $|f^{-1}(s)| \geq 2$ . Such a map  $f$  lifts to a map  $\bar{f}: S^1 \rightarrow \mathbb{R}$ , thus it is enough to show that  $\bar{f}$  is not an embedding. This can be easily deduced by taking two points  $s_0, s_1 \in S^1$  with  $\bar{f}(s_0) = \min_{s \in S^1} \bar{f}(s)$ ,  $\bar{f}(s_1) = \max_{s \in S^1} \bar{f}(s)$ , and applying the Intermediate Value Theorem to the restriction of  $\bar{f}$  to two segments in  $S^1$  having endpoints at  $s_0, s_1$ .  $\square$

Consider a closed curve  $f: S^1 \rightarrow N^2$  on a closed surface  $N^2$ . Then computing  $\text{MMR}[f]$  is equivalent to deciding whether the homotopy class  $[f]$  of the curve  $f$  contains a simple closed curve. Namely,  $\text{MMR}[f] = 1$  if  $[f]$  contains a simple curve, and  $\text{MMR}[f] = 2$  otherwise.

**Theorem 2.2** [4; 3] *A closed curve  $f: S^1 \rightarrow N^2$  on a closed surface  $N^2$  is homotopic to a simple closed curve if and only if  $\text{NI}[f] = 0$  and one of the following conditions is fulfilled: the curve  $f$  is not homotopic to a proper power of any closed curve on  $N$ , or  $f \simeq g^2$  for some orientation-reversing closed curve  $g: S^1 \rightarrow N$ .  $\square$*

An analogue of Theorem 2.2 was proved by Turaev and Viro [20, Corollary II], in terms of the intersection index introduced therein.

### 3 $\text{MMR}(f)$ for maps of positive degree between surfaces

In the following,  $M = M^2$  and  $N = N^2$  are arbitrary connected closed surfaces, ie 2-dimensional manifolds. By  $\chi(M)$ , we denote the Euler characteristic of  $M$ . For a

continuous mapping  $f: M \rightarrow N$ ,  $A(f)$  denotes its *absolute degree* (see Hopf [13], Epstein [7], Kneser [16], Olum [18], Skora [19] or Gonçalves, Kudryavtseva and Zieschang [8]). Denote the index of the image of the fundamental group of  $M$  in the fundamental group of  $N$  by  $\ell(f) := [\pi_1(N, f(x_0)) : f_{\#}(\pi_1(M, x_0))]$  for some  $x_0 \in M$ . Actually the number  $\ell(f)$  does not depend on the choice of the point  $x_0$ .

The following consequence of Kneser's inequality will be central in the proof of our main result.

**Proposition 3.1** *If  $f: M \rightarrow N$  has absolute degree  $d = A(f) > 0$  then there are at most  $d \cdot \chi(N) - \chi(M)$  points in  $N$  whose preimages have cardinality  $\leq d - 1$ . Moreover, if pairwise different points  $y_1, \dots, y_r$  of  $N$  have  $\mu_1, \dots, \mu_r$  preimages, respectively, then*

$$d \cdot \chi(N) \geq \chi(M) + \sum_{i=1}^r (d - \mu_i).$$

**Proof** In the case when  $r = 1$  and  $f$  is orientation-true, the latter inequality was proved in Theorem 2.5 (a) of [8]. In the general case, the inequality can be proved using the techniques in [1; 8; 11; 2], as follows.

If  $f$  is not orientation-true and  $d = A(f) > 0$  then  $d = \ell(f)$ , due to the result of Kneser [15; 16]. On the other hand, one has  $\mu_i \geq \ell(f)$ ,  $1 \leq i \leq r$ , since the map  $f$  admits a lifting  $\hat{f}: M \rightarrow \hat{N}$  such that  $f = p \circ \hat{f}$ , where  $p: \hat{N} \rightarrow N$  is an  $\ell(f)$ -fold covering corresponding to the subgroup  $f_{\#}(\pi_1(M, x_0))$  of  $\pi_1(N, f(x_0))$ , and  $A(\hat{f}) = 1$ , hence  $\hat{f}$  is surjective. Therefore  $\sum_{i=1}^r (d - \mu_i) \leq 0$ . This, together with the Kneser inequality [16],  $d \cdot \chi(N) \geq \chi(M)$ , implies the desired inequality.

If  $f$  is orientation-true, one proceeds as in the proof of Proposition 2.5 (a) of [8], where one replaces the single point  $y_0 \in N$  by the set of  $r$  points  $y_1, \dots, y_r$ . More specifically, by applying a suitable deformation, one can assume that there are small pairwise disjoint disks  $D_i, D_{ij}$ ,  $1 \leq i \leq r$ ,  $1 \leq j \leq \mu_i$ , around the points  $y_i$  of  $N$  and the points of  $f^{-1}(y_i)$  such that  $f^{-1}(\hat{D}_i) = \bigcup_{j=1}^{\mu_i} \hat{D}_{ij}$ , and  $f|_{D_{ij}}$  is a branched covering of type  $z \mapsto z^{d_{ij}}$  for some positive integer  $d_{ij}$ . Therefore the complement of these open disks are two compact surfaces  $F \subset M$ ,  $G \subset N$  such that the restriction of  $f$  induces a proper map carrying the boundary into the boundary,  $f|_F: (F, \partial F) \rightarrow (G, \partial G)$ . By Proposition 1.6 of [8] (or by a more general Theorem 4.1 of [19]),  $\chi(F) \leq A(f) \cdot \chi(G)$ . This, together with  $\chi(F) = \chi(M) - \sum_{i=1}^r \mu_i$ ,  $\chi(G) = \chi(N) - r$ , gives the desired inequality.  $\square$

**Theorem 3.2** *Suppose that  $f: M \rightarrow N$  has absolute degree  $d = A(f) > 0$ . If  $\ell(f) \neq d$ , or  $\ell(f) = d$  and  $d \cdot \chi(N) = \chi(M)$ , then  $\text{MMR}[f] = d$ .*

**Proof** The inequality  $\text{MMR}[f] \geq A(f)$  follows from the first part of Proposition 3.1.

Let us show the converse inequality,  $\text{MMR}[f] \leq A(f)$ . It follows from [6; 19; 16], respectively, that the mapping  $f$  is homotopic to a  $d$ -fold covering which is branched in the first case and unbranched in the second case. Thus, we found a mapping which is homotopic to  $f$ , and the preimage of any point of  $N$  has cardinality  $\leq d$ .  $\square$

**Theorem 3.3** *Suppose that  $f: M \rightarrow N$  has absolute degree  $d = A(f) > 0$ . If  $\ell(f) = d$  and  $d \cdot \chi(N) \neq \chi(M)$ , then  $\text{MMR}[f] = d + 2$ .*

**Proof Case 1** Suppose that  $d = A(f) = 1$ . It follows from [6; 19] that the mapping  $f$  is homotopic to a pinching map where the pinched subsurface  $M' \subset M$ ,  $\partial M' \simeq S^1$ , is different from the 2-disk  $D^2$  (here the natural projection  $M \rightarrow M/M'$  is called a pinching map).

Let us show that such a pinching map is homotopic to a map  $g$  of multiplicity  $\leq 3$ . For this, we construct a proper continuous map  $g': (M', \partial M') \rightarrow (D^2, \partial D^2)$  whose restriction to  $\partial M'$  is a homeomorphism, and whose multiplicity equals 3. Such a map  $g'$  is shown in Figure 1. We may identify  $N$  with the surface which is obtained by gluing of  $M \setminus \overset{\circ}{M}'$  and  $D^2$  by means of the aforementioned homeomorphism of the boundary circles, where  $\overset{\circ}{M}'$  denotes the interior of  $M'$ . Define  $g: M \rightarrow N$  as  $g|_{M \setminus M'} = \text{id}_{M \setminus M'}$  and  $g|_{M'} = g'$ . Clearly,  $f \simeq g$ , since  $g'$  is homotopic relative boundary to a pinching map. In Case 2 below, we will use the following property of the constructed map  $g$ : its restriction to the preimage of the complement  $N \setminus D^2$  of a disk is injective.

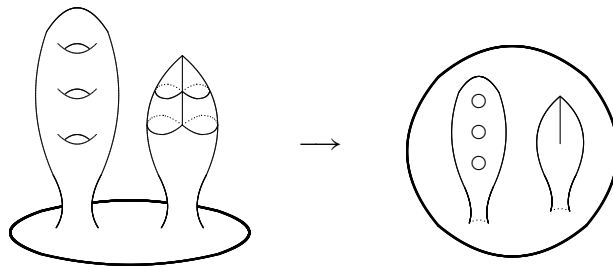


Figure 1: A proper map  $g': M' \rightarrow D^2$  of multiplicity 3

It follows from the inequality of Euler characteristics of  $M$  and  $N$  that  $f$  is not homotopic to an embedding. (Indeed, otherwise such an embedding  $g$  is a homeomorphism onto  $g(M)$ ; it follows from Brouwer's Theorem on Invariance of Domain [5] that  $g$

is surjective and, therefore, it is a homeomorphism.) Suppose that  $f$  is homotopic to a map  $g: M \rightarrow N$  of multiplicity 2, we will show that this leads to a contradiction. Let  $y \in N$  be a point with  $g^{-1}(y) = \{x_1, x_2\}$ . Then the local degree of  $g$  at each of the points  $x_1$  and  $x_2$  is defined modulo 2, and

$$\deg(g, x_1) + \deg(g, x_2) \equiv A(g) \equiv A(f) \equiv 1 \pmod{2}.$$

Without loss of generality, we may assume that  $\deg(g, x_1) \neq 0$ . This implies that the image of any neighbourhood of  $x_1$  contains a neighbourhood of  $y = g(x_1)$ , since otherwise one could construct a map  $F: D^2 \rightarrow S^1$  with  $\deg(F|_{\partial D^2}) = \deg(g, x_1) \neq 0$ . Therefore the restriction of  $g$  to an appropriate neighbourhood of  $x_2$  is injective and, thus (by Brouwer's Theorem on Invariance of Domain [5]), is a homeomorphism onto a neighbourhood of  $y$ . This implies that  $\deg(g, x_2) = \pm 1$ . Similar arguments show that  $\deg(g, x_1) = \pm 1$ , a contradiction.

**Case 2** Suppose that  $d = A(f) = \ell(f) \geq 2$ . Let us construct a map  $g$  which is homotopic to  $f$  and has multiplicity  $A(f) + 2$ . Consider a covering  $p: \tilde{N} \rightarrow N$  which corresponds to the subgroup  $f_*(\pi_1(M, x_0))$  of  $\pi_1(N, f(x_0))$ . So, this is an  $\ell(f)$ -fold covering. Let  $y \in N$  be an arbitrary point and  $D$  a small closed neighbourhood which is homeomorphic to the disk  $D^2$ . Let  $D_1, \dots, D_d$  be the connected components of  $p^{-1}(D)$ .

Let  $\tilde{f}: M \rightarrow \tilde{N}$  be a lifting of  $f$ . Then  $A(\tilde{f}) = \ell(\tilde{f}) = 1$ . By Case 1, there exists a map  $\tilde{g}: M \rightarrow \tilde{N}$  which is homotopic to  $\tilde{f}$  and has multiplicity  $\leq 3$ . Then the map  $g := p \circ \tilde{g}$  is homotopic to  $f = p \circ \tilde{f}$ . By Case 1, we may also assume that  $\tilde{g}$  is injective on  $\tilde{g}^{-1}(\tilde{N} \setminus D_1)$ . Therefore the map  $g$  has multiplicity  $\ell(f) + 2 = A(f) + 2$ .

Let us show that the multiplicity of  $f$  is  $\geq \ell(f) + 2$ . Let  $\tilde{f}: M \rightarrow \tilde{N}$  be a lifting of  $f$  to this  $\ell(f)$ -fold covering, thus  $A(\tilde{f}) = \ell(\tilde{f}) = 1$ . By Case 1, there exists a point  $\tilde{y} \in \tilde{N}$  whose preimage under  $\tilde{f}$  has cardinality  $\geq 3$ . Since  $A(\tilde{f}) > 0$ , every point of  $p^{-1}(p(\tilde{y}))$  has a nonempty preimage under  $\tilde{f}$ . Therefore  $f^{-1}(p(\tilde{y}))$  has cardinality at least  $\ell(f) + 2 = A(f) + 2$ .  $\square$

#### 4 Estimates for $\text{MMR}(f)$ if $A(f) = 0$

Suppose that  $M$  is a connected orientable closed surface of genus  $g \geq 0$ . Consider the standard presentation of the closed surface  $M$  as the boundary of a solid surface in  $\mathbb{R}^3$  which is obtained from a closed 3-ball by attaching  $g$  solid handles; see Figure 2 (a). Choose a base point  $x_0 \in M$  and consider a system of simple closed curves  $\alpha_1, \beta_1, \dots, \alpha_g, \beta_g$  on  $M$  based at  $x_0$  which form a *canonical system of cuts*; see

Figure 2 (a). Then the fundamental group  $\pi_1(M, x_0)$  admits a canonical presentation

$$\pi_1(M, x_0) = \left\langle a_1, b_1, \dots, a_g, b_g \mid \prod_{j=1}^g [a_j, b_j] \right\rangle,$$

where  $a_j, b_j$  are the homotopy classes of the based loops  $\alpha_j, \beta_j$ , respectively. Denote by  $V_g$  the bouquet of  $g$  circles  $\alpha_1 \cup \dots \cup \alpha_g$  if  $g \geq 1$ ,  $V_0 := \{x_0\}$  if  $g = 0$ , and by  $\varrho$  a retraction  $\varrho: M \rightarrow V_g$  which maps all loops  $\beta_j$  to the point  $x_0$ . We can assume that the curves  $\alpha_1, \dots, \alpha_g$  are contained in the plane  $\Pi \subset \mathbb{R}^3$  which is tangent to  $M$  at  $x_0$ . (In Figure 2, the plane  $\Pi$  is parallel to the plane of the picture.)

Let  $i: M \rightarrow \mathbb{R}^3$  denote the inclusion, and  $p_\Pi: \mathbb{R}^3 \rightarrow \Pi$  the orthogonal projection. The following properties of the map  $p = p_\Pi \circ i: M \rightarrow \Pi$  can be assumed without loss of generality, and will be used later:

- (p1) The restriction of  $p$  to a neighbourhood  $U$  of the base point  $x_0 \in M$  is a homeomorphism onto a neighbourhood of the point  $p(x_0)$  in  $\Pi$ . Moreover,  $p|_{V_r}: V_r \rightarrow \Pi$  is an embedding, and all curves  $p|_{\alpha_j}: \alpha_j \rightarrow \Pi$  are regular;
- (p2) All curves  $p|_{\beta_j}$  are contractible in  $p(M)$ ;
- (p3)  $p(M)$  is a regular neighbourhood of the graph  $p(V_r)$  in  $\Pi$ ;
- (p4) The map  $p$  has multiplicity 2.

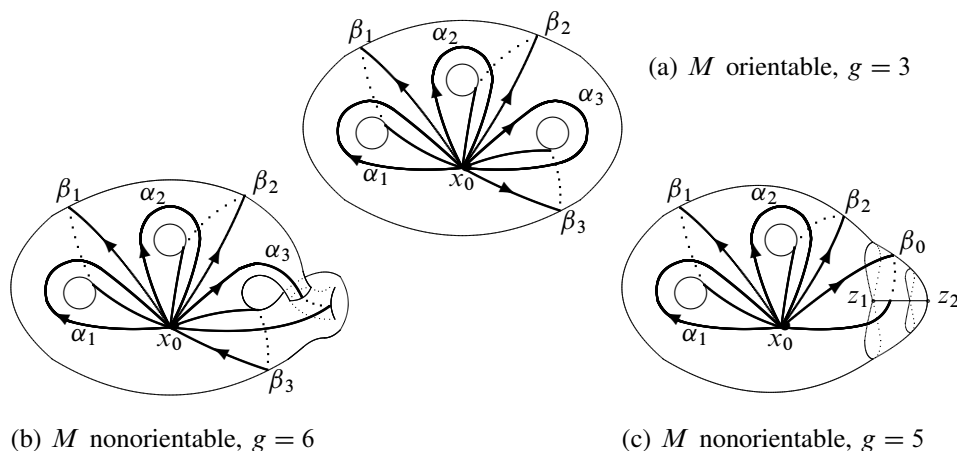


Figure 2: A canonical system of cuts on a closed surface  $M$



Suppose that  $M$  is a connected nonorientable closed surface of genus  $g \geq 1$ . Choose a base point  $x_0 \in M$ . Then the fundamental group of  $M$  admits the following canonical presentation:

$$\pi_1(M, x_0) = \left\langle a_1, b_1, \dots, a_{g/2}, b_{g/2} \mid \left( \prod_{j=1}^{g/2-1} [a_j, b_j] \right) \cdot [a_{g/2}, b_{g/2}]_- \right\rangle \quad \text{if } g \text{ is even,}$$

$$\pi_1(M, x_0) = \left\langle a_1, b_1, \dots, a_{[g/2]}, b_{[g/2]}, b_0 \mid \left( \prod_{j=1}^{(g-1)/2} [a_j, b_j] \right) \cdot b_0^2 \right\rangle \quad \text{if } g \text{ is odd,}$$

where we use the notation

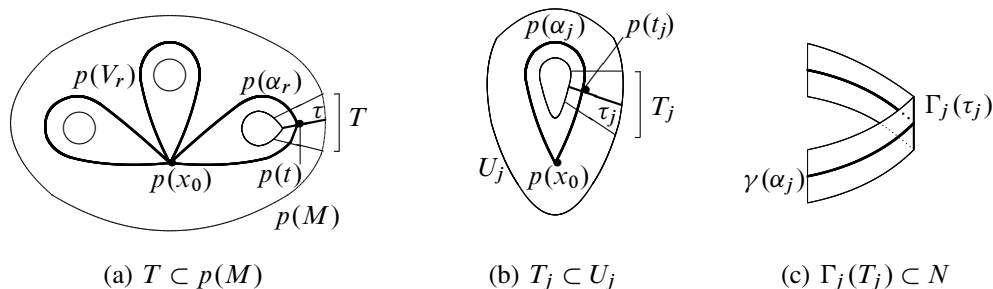
$$[x, y] = xyx^{-1}y^{-1}, \quad [x, y]_- = xyx^{-1}y.$$

This presentation of the group  $\pi_1(M, x_0)$  corresponds to a system of simple closed curves  $\alpha_1, \beta_1, \dots, \alpha_{[g/2]}, \beta_{[g/2]}, \beta_0$  on  $M$  based at  $x_0$ , which form a *canonical system of cuts*; see Figure 2 (b), (c). Here the curve  $\beta_0$  appears only if  $g$  is odd. Denote by  $V_r$  the bouquet of  $r = [g/2]$  circles  $\alpha_1 \cup \dots \cup \alpha_{[g/2]}$  for  $g \geq 2$ ,  $V_0 = \{x_0\}$  for  $g = 1$ , and by  $\varrho$  a retraction  $\varrho: M \rightarrow V_r$  which maps all loops  $\beta_j$  to the point  $x_0$ . We consider a realization of  $M$  in  $\mathbb{R}^3$  via a map  $i: M \rightarrow \mathbb{R}^3$  which is an immersion if  $g$  is even (see Figure 2 (b)), while, for  $g$  odd, the restriction  $i|_{M \setminus \{z_1, z_2\}}$  to the complement of the set of two points  $z_1, z_2 \in M \setminus \{x_0\}$  is an immersion; see Figure 2 (c). We can assume that  $i|_{V_r}$  is an embedding with  $i(V_r) \subset \Pi$ , moreover  $\Pi$  coincides with the tangent plane to  $i(M)$  at  $i(x_0)$ .

Let  $p_\Pi: \mathbb{R}^3 \rightarrow \Pi$  denote the orthogonal projection. Without loss of generality, we may assume that the map  $p = p_\Pi \circ i: M \rightarrow \Pi$  has the properties (p1), (p2), (p3) from above. Moreover, (p4) holds if  $g$  is odd, while the following property holds if  $g$  is even:

(p4') The map  $p$  has multiplicity 4. Moreover, the set of all points of  $p(M)$ , whose preimage under  $p$  contains more than 2 points, lies in a regular neighbourhood  $T$  in  $p(M)$  of a simple arc  $\tau \subset p(M)$ , where the endpoints of  $\tau$  lie on the boundary of  $p(M)$ ,  $\tau$  intersects the graph  $p(V_r)$  at the unique point  $p(t)$ , for some  $t \in \alpha_r \setminus \{x_0\}$ , and the intersection of  $\tau$  and  $p(\alpha_r)$  at the point  $p(t)$  is transverse; see Figure 3 (a).

**Proposition 4.1** *Suppose that  $M$  is an (orientable or nonorientable) closed surface of genus  $g$ , and  $f: M \rightarrow N$  has absolute degree  $A(f) = 0$ . Then there exists a self-homeomorphism  $\varphi$  of  $M$  and a map  $\gamma: V_r \rightarrow N$  such that  $f \simeq \gamma \circ \varrho \circ \varphi$ . Here  $r = 2g$  if  $M$  is orientable,  $r = [g/2]$  if  $M$  is nonorientable, and  $\varrho: M \rightarrow V_r$  is the retraction defined above.*

Figure 3: The strips  $T$ ,  $T_j$  and “folding” of  $T_j$  via  $\Gamma_j$ 

**Proof** Since  $A(f) = 0$ , it follows from [16] or [7] that  $f$  is homotopic to a map  $h$  which is not surjective; thus  $h(M) \subset N^* = N \setminus \overset{\circ}{D}^2$  for an appropriate disk  $D^2 \subset N$ . Since the fundamental group of  $N^*$  is a free group, we obtain a homomorphism  $h_\#: \pi_1(M) \rightarrow \pi_1(N^*)$  to the free group  $\pi_1(N^*)$ .

Suppose that  $M$  is orientable. It has been proved in Satz 2 of Zieschang [22] using the Nielsen method (see also Zieschang, Vogt and Coldewey [23], or Proposition 1.2 of Grigorchuk, Kurchanov and Zieschang [12]) that there is a sequence of “elementary moves” of the system of generators  $a_1, b_1, \dots, a_g, b_g$  and the corresponding sequence of “elementary moves” of the system of cuts  $\alpha_1, \beta_1, \dots, \alpha_g, \beta_g$  on  $M$  (see above), such that the resulting system of cuts  $\tilde{\alpha}_1, \tilde{\beta}_1, \dots, \tilde{\alpha}_g, \tilde{\beta}_g$  is also canonical (this means there exists a self-homeomorphism  $\varphi$  of  $M$  such that  $\alpha_j = \varphi(\tilde{\alpha}_j)$ ,  $\beta_j = \varphi(\tilde{\beta}_j)$ ), and the loops  $h|_{\tilde{\beta}_j}: \tilde{\beta}_j \rightarrow N^*$  are contractible in  $N^*$ . From this, using the fact that  $\pi_2(N^*) = 0$ , one can prove that  $h \simeq \gamma \circ \varrho \circ \varphi$  where  $\gamma := h|_{V_g}$ .

Suppose that  $M$  is nonorientable. The method to prove Satz 2 of [22] can be successfully applied to construct a canonical system of cuts  $\tilde{\alpha}_1, \tilde{\beta}_1, \dots, \tilde{\alpha}_{[g/2]}, \tilde{\beta}_{[g/2]}, \tilde{\beta}_0$  on  $M$  (this means there exists a homeomorphism  $\varphi$  of  $M$  with  $\alpha_j = \varphi(\tilde{\alpha}_j)$ ,  $\beta_j = \varphi(\tilde{\beta}_j)$ ) such that the loops  $h|_{\tilde{\beta}_j}: \tilde{\beta}_j \rightarrow N^*$  are contractible in  $N^*$ ; see Ol’shanskiĭ [17] or Proposition 1.5 of [12]. (Again the curve  $\beta_0$  is considered only if  $g$  is odd.) Similarly to the orientable case, this implies that  $h \simeq \gamma \circ \varrho \circ \varphi$  where  $\gamma := h|_{V_g}$ .  $\square$

**Theorem 4.2** *Suppose that  $f: M \rightarrow N$  has absolute degree  $A(f) = 0$ . Then  $2 \leq \text{MMR}[f] \leq 4$ .*

**Proof** Suppose that  $h$  is homotopic to  $f$  and has multiplicity 1. Then  $h$  is a homeomorphism onto  $h(M)$ . It follows from Brouwer’s Theorem on Invariance of

Domain [5] that  $h$  is surjective and, therefore, it is a homeomorphism. Then  $A(h) = 1$ , a contradiction. Therefore  $\text{MMR}[f] \geq 2$ .

Let us prove the second inequality. Since  $A(f) = 0$ , by Proposition 4.1,  $f \simeq \gamma \circ \varrho \circ \varphi$  for a self-homeomorphism  $\varphi$  of  $M$ , the retraction  $\varrho: M \rightarrow V_r$ , and a map  $\gamma: V_r \rightarrow N$ , where  $r = g$  if  $M$  is an orientable surface of genus  $g$ ,  $r = [g/2]$  if  $M$  is a nonorientable surface of genus  $g$ . Without loss of generality, we may assume that  $\gamma$  has the following properties:

( $\gamma 1$ ) There exists a homeomorphism  $\psi$  of the neighbourhood  $U$  of  $x_0$  in  $M$  onto a neighbourhood of  $\gamma(x_0)$  in  $N$  such that  $\gamma|_{V_r \cap U} = \psi|_{V_r \cap U}$ . In other words,  $\gamma|_{V_r \cap U}$  extends to an embedding  $\psi: U \rightarrow N$ ;

( $\gamma 2$ ) The restriction of  $\gamma$  onto each curve  $\alpha_1, \dots, \alpha_r$  is an immersion  $S^1 \rightarrow N$ . Moreover,  $\gamma$  has multiplicity  $\leq 2$ , and it has only finitely many double points (ie pairs of distinct points of  $V_r$  having the same image).

**Case 1** Suppose that the surface  $M$  is either orientable (thus  $r = g$ ), or nonorientable with  $g$  odd (thus  $r = (g - 1)/2$ ). In both cases, the map  $p = p_\Pi \circ i: M \rightarrow \Pi = \mathbb{R}^2$  of  $M$  to the plane  $\Pi$  has the properties (p1), (p2), (p3), (p4); see above.

**Subcase 1** Suppose that  $N$  is orientable. Since every closed curve  $\gamma|_{\alpha_j}$  is orientation-preserving, it follows from the properties ( $\gamma 1$ ), ( $\gamma 2$ ), (p1), (p3) that the map  $\hat{\gamma} = \gamma \circ p^{-1}: p(V_r) \rightarrow N$  can be extended to an immersion  $\Gamma: p(M) \rightarrow N$  of the regular neighbourhood  $p(M)$  of  $p(V_r)$  in the plane  $\Pi$  to  $N$ , such that  $\Gamma$  has multiplicity  $\leq 2$ .

Consider the composition  $\hat{\varrho} = p \circ \varrho: M \rightarrow \Pi$ . Observe that the maps  $\hat{\varrho}$  and  $p$  are homotopic as maps  $M \rightarrow p(M) \subset \Pi$  with the target  $p(M)$ , due to  $\hat{\varrho}|_{V_r} = p|_{V_r}$ , (p2), and  $\pi_2(p(M)) = 0$ . From this and  $\gamma = \Gamma \circ p|_{V_r}$ , we have

$$(4.3) \quad f \simeq \gamma \circ \varrho \circ \varphi = \Gamma \circ p \circ \varrho \circ \varphi \simeq \Gamma \circ p \circ \varphi.$$

Since  $\varphi$  is bijective and each of  $\Gamma$  and  $p$  has multiplicity  $\leq 2$  (see (p4)), the multiplicity of the composition  $\Gamma \circ p \circ \varphi$  is  $\leq 2 \cdot 2 \cdot 1 = 4$ .

**Subcase 2** Suppose that  $N$  is nonorientable. So in general, the immersion  $\hat{\gamma}: p(V_r) \rightarrow N$  can not be extended to an immersion of the regular neighbourhood  $p(M)$  of  $p(V_r)$  in  $\Pi = \mathbb{R}^2$ . However, due to ( $\gamma 1$ ), ( $\gamma 2$ ), and (p1), we can extend  $\hat{\gamma}$  to an immersion  $\tilde{\Gamma}: p(D \cup V_r) \rightarrow N$ , where  $D \subset U$  is a small disk centred at  $x_0$ .

Now, for each curve  $\alpha_j$ , we will extend the immersion  $\tilde{\Gamma}_j = \tilde{\Gamma}|_{p(D \cup \alpha_j)}: p(D \cup \alpha_j) \rightarrow N$  to a regular neighbourhood  $U_j \supset p(D)$  of  $p(\alpha_j)$  in  $\Pi$  as follows. If the curve  $\gamma|_{\alpha_j}$  is orientation-preserving then, similarly to Case 1, the immersion  $\tilde{\Gamma}_j: p(D \cup \alpha_j) \rightarrow N$

can be extended to an immersion  $\Gamma_j: U_j \rightarrow N$ . If the curve  $\gamma|_{\alpha_j}$  is orientation-reversing, let us choose a point  $t_j \in \alpha_j \setminus D$  such that  $t_j$  is the only preimage of the point  $\gamma(t_j)$  under  $\gamma$ . Consider a simple arc  $\tau_j \subset U_j \setminus p(D)$ , which transversally intersects  $p(\alpha_j)$  at the only point  $p(t_j)$ , and whose endpoints lie on the boundary of  $U_j$ . Let  $T_j$  be a regular neighbourhood of the arc  $\tau_j$  in  $U_j \setminus p(D)$ , thus  $T_j$  is a “strip” in the annulus  $U_j$ ; see Figure 3 (b). Outside the interior of the strip  $T_j$ , we extend  $\tilde{\Gamma}_j$  to an immersion  $\bar{\Gamma}_j: (U_j \setminus T_j) \cup p(\alpha_j) \rightarrow N$  similarly to above. Now we extend the obtained immersion  $\bar{\Gamma}_j$  to the whole annulus  $U_j$ , giving a map  $\Gamma_j: U_j \rightarrow N$  which coincides with  $\bar{\Gamma}_j$  outside  $T_j \setminus p(\alpha_j)$  and has a “folding” along the arc  $\tau_j \subset T_j$ , as shown in Figure 3 (c).

Without loss of generality, we may assume that  $U_j \subset p(M)$ , and any two annuli  $U_j, U_k$  have only the disk  $p(D)$  in common. Since the constructed mappings  $\Gamma_j: U_j \rightarrow N$  agree on the common part  $p(D)$ , they determine an extension  $\bar{\Gamma}: U \rightarrow N$  of the map  $\tilde{\Gamma}$ , where  $U = U_1 \cup \dots \cup U_r$  is a regular neighbourhood of  $p(V_r)$  in  $\Pi = \mathbb{R}^2$ . The above construction can be performed in such a way that the map  $\bar{\Gamma}$  has multiplicity  $\leq 2$ , due to  $(\gamma 2)$  and the choice of the points  $t_j \in \alpha_j$ . Obviously, the map  $\bar{\Gamma}$  can be extended to the regular neighbourhood  $p(M)$  of  $p(D \cup V_r)$  (see (p3)) and the extended map  $\Gamma: p(M) \rightarrow N$  also has multiplicity  $\leq 2$ .

Similarly to Subcase 1, the composition  $\Gamma \circ p \circ \varphi$  has multiplicity  $\leq 2 \cdot 2 \cdot 1 = 4$ , and (4.3) holds. This completes the proof in Case 1.

**Case 2** Suppose that  $M$  is a nonorientable closed surface of even genus  $g$ , thus  $r = g/2$ , and the map  $p = p_\Pi \circ i: M \rightarrow \Pi = \mathbb{R}^2$  of  $M$  to the plane  $\Pi$  has the properties (p1), (p2), (p3), (p4’); see above. We may assume, without loss of generality, that the map  $\gamma: V_r \rightarrow N$  has the following additional property:

( $\gamma 3$ ) The point  $t \in \alpha_r$  considered in (p4’) is the only preimage of  $\gamma(t)$  under  $\gamma$ , and the analogous property holds for any point  $\tilde{t} \in \alpha_r \cap p^{-1}(T)$ .

**Subcase 1** Suppose that  $N$  is orientable. Similarly to Subcase 1 of Case 1, one shows using  $(\gamma 1)$ ,  $(\gamma 2)$ , (p1), (p3) that the immersion  $\hat{\gamma} = \gamma \circ p^{-1}: p(V_r) \rightarrow N$  extends to an immersion  $\Gamma: p(M) \rightarrow N$  of multiplicity 2, and using (p2) that (4.3) holds. Taking into account (p4’) and  $(\gamma 3)$ , one can show that the multiplicity of  $\Gamma \circ p \circ \varphi$  is  $\leq 4$ .

**Subcase 2** Suppose that  $N$  is nonorientable. We proceed as in Subcase 2 of Case 1. Namely, for those curves  $\alpha_j$  whose image under  $\gamma$  is orientation-preserving, we extend the immersion  $\tilde{\Gamma}_j: p(D \cup \alpha_j) \rightarrow N$  to  $U_j$ , as in Case 1. For each of the remaining curves  $\alpha_j$ , we choose a point  $t_j \in \alpha_j \setminus D$  which is the only preimage of  $\gamma(t_j)$  under  $\gamma$ , and we extend the corresponding immersion  $\tilde{\Gamma}_j$  to a map  $\bar{\Gamma}_j: U_j \rightarrow N$  having a “folding” along an arc  $\tau_j \subset T_j \subset U_j$ , which transversally intersects  $p(V_r)$  at the unique

point  $p(t_j)$ ; see Case 1. As above, this allows one to construct a map  $\Gamma: p(M) \rightarrow N$  of multiplicity  $\leq 2$  which is an extension of  $\hat{\gamma}$ , and to show that (4.3) holds. Observe now that, if the curve  $\gamma|_{\alpha_r}$  is orientation-reversing, we can choose the point  $t_r \in \alpha_r$  in such a way that it is “far enough” from the point  $t \in \alpha_r$  considered in (p4'). This, together with (3), shows that the above construction can be performed in such a way that the composition  $\Gamma \circ p \circ \varphi$  has multiplicity  $\leq 4$ . This completes the proof of Theorem 4.2.  $\square$

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