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We explore the relationship between convex and subharmonic functions on discrete sets. Our principal concern is to determine the setting in which a convex function is necessarily subharmonic. We initially consider the primary notions of convexity on graphs and show that more structure is needed to establish the desired result. To that end, we consider a notion of convexity defined on lattice-like graphs generated by normed abelian groups. For this class of graphs, we are able to prove that all convex functions are subharmonic.

## 1. Introduction

Classical analysis provides several equivalent definitions of a convex function, which have led to several nonequivalent concepts of a convex function on a graph. This is not the case for subharmonic functions, where there appears to be a consensus on how to define subharmonic functions on graphs. In the real variable counterpart, all convex functions are subharmonic. It is the aim of this paper to investigate this relationship in the discrete setting.

We show that in the setting of weighted graphs over a normed abelian group, one can prove analogs of some classical analysis theorems relating convexity to subharmonic functions. In particular: all convex functions are subharmonic (Theorem 13); for a fixed point  $a \in X$ , the distance function  $d(x, a)$  is convex (Lemma 15); and a set  $F$  is convex if and only if the distance function  $d(x, F) = \inf_{y \in F} d(x, y)$  is subharmonic (Propositions 14 and 17).

For a discrete set with metric, there is generally one straightforward way to define convex sets and convex functions on them. For completeness and ease of reference, we present these in Section 2. The definitions we give (or something equivalent to them) can be traced back at least to  $d$ -convexity [German et al. 1973; Soltan 1972] and  $d$ -convex functions [Soltan and Soltan 1979], and possibly much earlier. Graphs admit a natural metric—the length of the shortest path between two vertices—which leads to one notion of convexity on graphs studied in [Soltan

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1983; 1991]. The notion of  $d$ -convexity on graphs when  $d$  is the standard graph metric is equivalent to the more common notion of geodesic convexity [Cáceres et al. 2005; Farber and Jamison 1986].

Common to [Cáceres et al. 2005; Farber and Jamison 1986; Soltan 1983; 1991], one starts with a graph and then puts a convexity theory on it by using the graph metric. However, in Section 3 we show that convex sets and functions defined on graphs with respect to the graph metric extend well for some, but not all, properties.

Another approach taken in Section 4 is to allow the vertices themselves to have some underlying structure, for example, a normed abelian group, and force the edges to be compatible with this metric. In the setting of a normed abelian group there are many notions of a convex function (see [Kiselman 2004] and references therein). One introduced in [Kiselman 2004] provides a natural extension of geodesic convexity that makes use of the additional abelian group structure. In this setting, convex and subharmonic functions are of particular interest to image analysis, for example, [Kiselman 2004; 2005]. In this setting, we are able to prove theorems analogous to several standard results from classical analysis.

## 2. Fundamental concepts

We will always assume that a graph is locally finite.

**2.1. Convexity.** Let  $X$  be an at most countable set with a metric  $d$ , that is,

$$d: X \times X \rightarrow \mathbb{R},$$

with these properties:

- (i)  $d(x, y) \geq 0$  for all  $x, y \in X$  with  $d(x, y) = 0$  if and only if  $x = y$ .
- (ii)  $d(x, y) = d(y, x)$ .
- (iii)  $d(x, y) \leq d(x, z) + d(z, y)$ .

Traditionally, a set  $A$  is convex if for all points  $x, y \in A$  every point on the line segment connecting them is also in  $A$ . Notice that a point  $z$  is on the line segment connecting  $x, y \in A$  if and only if  $d(x, y) = d(x, z) + d(z, y)$ . Hence we take the following definitions:

For  $A \subset X$  define

$$c_1(A) = \{z \in X: d(x, y) = d(x, z) + d(z, y) \text{ for some } x, y \in A\}$$

(this gives  $c_1(A) = \emptyset$  when  $A = \emptyset$ ), and inductively set  $c_n(A) = c_1(c_{n-1}(A))$ . Note that  $0 = d(x, x) = d(x, x) + d(x, x)$ , hence  $A \subseteq c_1(A) \subseteq \cdots \subseteq c_n(A)$  for all  $n$ .

**Definition 1.** Let  $A \subset X$ . The *convex hull* of  $A$  is

$$\text{cvx}(A) = \bigcup_{n=1}^{\infty} c_n(A).$$

Naturally, the set  $A$  is said to be *convex* if  $\text{cvx}(A) = A$ . Clearly  $\emptyset$  and  $X$  are convex.

We say that the point  $z$  is *in between*  $x$  and  $y$  whenever  $d(x, y) = d(x, z) + d(z, y)$  is satisfied.

**Lemma 2.** A set  $A \subset X$  is convex if and only if  $A = c_1(A)$ .

*Proof.* If  $A = c_1(A)$  then  $c_2(A) = c_1(c_1(A)) = c_1(A) = A$ . Hence by induction  $c_n(A) = A$  and so  $A = \bigcup c_n(A) = \text{cvx}(A)$ . Thus  $A$  is convex.

Suppose that  $A$  is convex. Then  $A = \text{cvx}(A) = \bigcup c_n(A) \supset c_1(A) \supset A$ . Thus  $A = c_1(A)$ .  $\square$

**Proposition 3.** For all sets  $A, B \subset X$ ,

$$A \subset \text{cvx}(A), \tag{1}$$

$$A \subset B \Rightarrow \text{cvx}(A) \subset \text{cvx}(B), \tag{2}$$

$$\text{cvx}(A) = \text{cvx}(\text{cvx}(A)). \tag{3}$$

*Proof.* (1) We've already shown that  $A \subset c_1(A) \subset \dots \subset c_n(A)$  for all  $n$  and so  $A \subset \bigcup c_n(A) = \text{cvx}(A)$ .

(2) For any sets  $X$  and  $Y$ , if  $X \subset Y$  then  $c_1(X) \subset c_1(Y)$ . Indeed for any  $z \in c_1(X)$  there exists by definition  $x_1, x_2 \in X$  so that  $d(x_1, x_2) = d(x_1, z) + d(z, x_2)$ , but as  $x_1, x_2 \in X \subset Y$  this shows that  $z \in c_1(Y)$ . Then as  $A \subset B$ , we have  $c_1(A) \subset c_1(B)$ . Then by induction,  $c_n(A) \subset c_n(B)$ . Therefore  $\text{cvx}(A) \subset \text{cvx}(B)$ .

(3) The claim  $\text{cvx}(A) = \text{cvx}(\text{cvx}(A))$  amounts to saying that  $\text{cvx}(A)$  is convex. We will use Lemma 2 to show this. Consider any  $z \in c_1(\text{cvx}(A))$ . This means there exists  $x, y \in \text{cvx}(A) = \bigcup c_n(A)$  so that  $d(x, y) = d(x, z) + d(z, y)$ . However, as  $A \subset c_1(A) \subset c_2(A) \subset \dots \subset c_n(A) \subset \dots$  we know  $x, y \in c_n(A)$  for some  $n$ , and so  $z \in c_1(c_n(A)) = c_{n+1}(A) \subset \text{cvx}(A)$ . Hence  $c_1(\text{cvx}(A)) = \text{cvx}(A)$ .  $\square$

The following proposition shows that our definition of convex hull is equivalent to the usual one, that is, the convex hull of  $A$  is the intersection of all convex sets that contain  $A$ .

**Proposition 4.** For any  $A \subset X$ , the set  $\text{cvx}(A)$  is the intersection of all convex sets that contain  $A$ .

*Proof.* Let  $B \subset X$  be a convex set containing  $A$ . As noted previously,  $A \subset B$  implies  $\text{cvx}(A) \subset \text{cvx}(B)$ . However,  $\text{cvx}(B) = B$  by hypothesis. Hence,  $\text{cvx}(A) \subset B$  for all convex  $B$  containing  $A$ . Therefore

$$\text{cvx}(A) \subset \bigcap \{B : A \subset B \text{ and } B \text{ convex}\}.$$

As  $\text{cvx}(A)$  is convex and  $A \subset \text{cvx}(A)$ , it must be included in the intersection above. Thus

$$\bigcap \{B : A \subset B \text{ and } B \text{ convex}\} \subset \text{cvx}(A). \quad \square$$

**Proposition 5.** *If  $A$  and  $B$  are convex, then  $A \cap B$  is convex.*

*Proof.* Let  $A$  and  $B$  be convex. Then by Lemma 2,  $A = c_1(A)$  and  $B = c_1(B)$ . We will show that  $c_1(A \cap B) = c_1(A) \cap c_1(B) = A \cap B$ . We've already noted that  $A \cap B \subset c_1(A \cap B)$ .

Suppose that  $z \in c_1(A \cap B)$ . Then there exists  $x, y \in A \cap B$  such that  $d(x, y) = d(x, z) + d(z, y)$ . Hence  $z \in c_1(A)$  and  $z \in c_1(B)$ , that is,  $z \in c_1(A) \cap c_1(B)$ . As  $A = c_1(A)$  and  $B = c_1(B)$ , we now have  $z \in c_1(A) \cap c_1(B) = A \cap B$ . Therefore  $c_1(A \cap B) \subset A \cap B$ . Thus  $A \cap B = c_1(A \cap B)$ , and so  $A \cap B$  is convex.  $\square$

**Proposition 6.** *Let  $I$  be an ordered set and take  $\{A_\alpha\}, \alpha \in I$  to be a collection of convex sets in  $X$  where  $A_\alpha \subset A_\beta$  whenever  $\alpha < \beta$  and  $\alpha, \beta \in I$ . The set formed by taking the union of  $A_\alpha$  for  $\alpha \in I$  is convex.*

*Proof.* We must show that  $\bigcup A_\alpha$  is convex. Consider the set  $c_1(\bigcup A_\alpha)$ . For any  $z \in c_1(\bigcup A_\alpha)$ , we can find  $x, y \in \bigcup A_\alpha$  so that  $d(x, y) = d(x, z) + d(z, y)$ . However,  $x, y \in \bigcup A_\alpha$  implies that  $x \in A_\alpha$  and  $y \in A_\beta$  for some  $\alpha, \beta \in I$ . Without loss of generality, we assume that  $\alpha < \beta$ . By hypothesis,  $A_\alpha \subset A_\beta$ . Hence  $x, y \in A_\beta$ . Since  $z$  satisfies  $d(x, y) = d(x, z) + d(z, y)$  for  $x, y \in A_\beta$  with  $A_\beta$  convex, we see that  $z \in c_1(A_\beta) = A_\beta$ . As  $z$  was arbitrarily chosen from  $c_1(\bigcup A_\alpha)$ , we have  $c_1(\bigcup A_\alpha) \subset \bigcup A_\alpha$ .

By construction the reverse inclusion  $\bigcup A_\alpha \subset c_1(\bigcup A_\alpha)$  is immediate. Hence  $c_1(\bigcup A_\alpha) = \bigcup A_\alpha$ . Recall from Lemma 2 that a set  $A$  is convex if and only if  $A = c_1(A)$ . Therefore  $\bigcup A_\alpha$  is convex.  $\square$

**Definition 7.** Let  $A$  be a convex set. A function  $f : A \rightarrow \mathbb{R}$  is *convex at the point*  $z \in A$  if

$$f(z) \leq \frac{d(y, z)}{d(x, y)} f(x) + \frac{d(x, z)}{d(x, y)} f(y)$$

whenever  $z$  is in between  $x, y \in A$ , that is,  $d(x, y) = d(x, z) + d(z, y)$ . A function is said to be *convex on*  $A$  if it is convex at every point in  $A$ . Furthermore, a function is simply called *convex* when it is convex on the entire set  $X$ .

The vertices of a graph admit a natural metric defined as the length of the shortest path between them. With this, the notions of convex and convex functions extend naturally to all graphs; see [Cáceres et al. 2005; Farber and Jamison 1986; Soltan 1983; 1991].

**2.2. Subharmonic functions on a graph.** Introductions to various aspects of the theory can be found in [Biyikoğlu et al. 2007; Kiselman 2005; Soardi 1994; Woess 1994].

Consider a graph  $G$ . The vertices of this graph will be denoted  $X$  (to stay consistent with above), which shall be the domain of our (sub)harmonic functions. A function  $f : X \rightarrow \mathbb{R}$  is said to be *harmonic* at  $x \in X$  if

$$f(x) = \frac{1}{\deg(x)} \sum_{y \sim x} f(y),$$

and subharmonic at  $x \in X$  if

$$f(x) \leq \frac{1}{\deg(x)} \sum_{y \sim x} f(y),$$

where  $\deg(x)$  denotes the degree of  $x$  and  $y \sim x$  means that  $y$  is adjacent to  $x$ . A function is (sub)harmonic if it is (sub)harmonic at every point  $x \in X$ . Observe that constant functions are always harmonic (thereby subharmonic too), and so these classes of functions are never empty.

**Lemma 8.** *If the graph  $X$  is connected, regular of degree two and triangle free, then a subharmonicity is the same as convexity.*

*Proof.* Each vertex  $z$  has only two neighbors  $x, y$ . As the graph is triangle free, we have  $d(x, y) = 2$ . Hence

$$\frac{1}{\deg(z)} \sum_{\zeta \sim z} f(\zeta) = \frac{1}{2}(f(x) + f(y)) = \frac{d(y, z)}{d(x, y)} f(x) + \frac{d(x, z)}{d(x, y)} f(y).$$

By definition  $f$  is subharmonic at  $z$  if  $f(z)$  is less than or equal to the left side of the equation above, and  $f$  is convex at  $z$  if  $f(z)$  is less than or equal to the right side of the equation above. Therefore subharmonicity and convexity are equivalent when these conditions are met.  $\square$

We will also use a standard modification of the definition of subharmonic functions on graphs to allow for positive edge weights. Namely, a function  $f : X \rightarrow \mathbb{R}$  is subharmonic at  $x$  if

$$0 \leq \sum_{y \sim x} e(x, y)[f(y) - f(x)],$$

which with some arithmetic becomes

$$f(x) \leq \frac{1}{M_x} \sum_{y \sim x} e(x, y) f(y),$$

where  $e(x, y) = e(y, x) \geq 0$  is the edge weight and  $M_x = \sum_{y \sim x} e(x, y)$ . If the edge weights are all taken to be one, then this definition is identical to the first.

### 3. The distance is given by the graph metric

In this section we provide two simple theorems which show that for a large class of graphs, convex functions are indeed subharmonic.

**Theorem 9.** *Let  $z$  be a point in  $X$ . Suppose that  $\deg(z) > 1$  and that  $z$  is not part of any triangle. If  $f$  is convex at  $z$ , then  $f$  is subharmonic at  $z$ . Consequently, if the graph has no triangles or vertices of degree less than 2, then every convex function is subharmonic.*

*Proof.* Let  $B = \{y \in X : y \sim z\}$  be all the vertices adjacent to  $z$ . By hypothesis, we have  $\deg(z) = |B| > 1$ , and so there are at least two vertices  $y_1, y_2 \in B$ . As  $z$  is adjacent to both  $y_1$  and  $y_2$  and as  $z$  is assumed to not be a part of a triangle,  $y_1$  is not adjacent to  $y_2$ . Hence  $z$  is in between  $y_1$  and  $y_2$ , that is, on a geodesic connecting  $y_1$  and  $y_2$ . In fact  $2 = d(y_1, y_2) = d(y_1, z) + d(z, y_2)$ , with  $d(y_1, z) = d(z, y_2) = 1$ . Hence, for all  $y_1, y_2 \in B$ , we have

$$2f(z) \leq f(y_1) + f(y_2) \tag{4}$$

by convexity.

Now we sum the inequality (4) over all unordered pairs of points  $y_1, y_2 \in B$ . Naturally, there are  $\binom{\deg(z)}{2}$  such pairs and each vertex  $y \in B$  will appear precisely  $\deg(z) - 1$  times. (Recall  $B = \{y : y \sim z\}$  and so  $|B| = \deg(z)$ .) Hence

$$\binom{\deg(z)}{2} 2f(z) \leq (\deg(z) - 1) \sum_{y \sim z} f(y),$$

which simplifies to

$$f(z) \leq \frac{1}{\deg(z)} \sum_{y \sim z} f(y).$$

Thus  $f$  is subharmonic at  $z$ . □

**Theorem 10.** *Let  $z$  be a point in  $X$ . If the neighbors of  $z$  can be partitioned into pairs such that the vertices in each pair are nonadjacent, then a function being convex at  $z$  implies that it is also subharmonic at  $z$ .*

*Proof.* For any vertices  $y_1, y_2$  in a pairing of the partition of the neighbors of  $z$  that are nonadjacent, the vertex  $z$  must be between them, and hence,

$$2f(z) \leq f(y_1) + f(y_2)$$

for any function  $f$  subharmonic at  $z$ . Consequently, if we sum this inequality over all  $\deg(z)/2$  pairings, we have

$$2 \frac{\deg(z)}{2} f(z) \leq \sum_{y \sim z} f(y).$$

Therefore  $f$  is subharmonic at  $z$ . □

Notice that for the standard square lattice, both theorems imply that a convex function is subharmonic. If  $z$  was connected to an odd number of nonadjacent points, then only the first theorem implies that a function convex at  $z$  is subharmonic at  $z$ . Similarly, when the graph is the standard triangular tiling of the plane, only the second theorem would show that every convex function is subharmonic.

**Theorem 11.** *Let  $F$  be any subset of  $X$ . If the distance function*

$$d(\cdot, F) := \inf\{d(\cdot, f) : f \in F\}$$

*is convex, then  $F$  is convex.*

*Proof.* Consider any point  $z \in X$  that lies between  $x, y \in F$ . If the distance function is convex, we have

$$0 \leq d(z, F) \leq \frac{d(y, z)}{d(x, y)} d(x, F) + \frac{d(x, z)}{d(x, y)} d(y, F),$$

but  $d(x, F) = d(y, F) = 0$  as  $x, y \in F$ . Therefore  $d(z, F) = 0$ , and so  $z$  must also be a point in  $F$ . □

**Example 12.** Consider a cycle on four vertices, that is,  $X = \{a, x, y, z\}$  with  $a \sim x$ ,  $x \sim y$ ,  $y \sim z$ ,  $z \sim a$ . One would easily believe that  $F = \{a\}$  is convex. Hence  $d(x, F) = d(z, F) = 1$ , and  $y$  is in between  $x$  and  $z$ . However

$$2 = d(y, a) \not\leq \frac{1}{2}d(x, a) + \frac{1}{2}d(z, a) = 1.$$

Hence  $d(\cdot, a)$  is not convex and certainly not subharmonic.

Observe also the set  $\{x, y, z\}$  is *not* convex. We believe this reveals part of the problem with this definition of convexity. Namely, a geodesic line segment need not be convex. It seems that few graphs have convex geodesics. (However  $X = \mathbb{Z}$ , with  $x \sim y$  when  $|x - y| = 1$ , and the standard triangular tiling of the plane are two such graphs.)

It would seem that more structure is needed to have a workable theory.

#### 4. Graphs over a normed abelian group

For the remainder of this paper, we consider weighted graphs where the vertex set  $X$  is a normed abelian group and the graph is compatible with the norm. We will denote the norm  $\|\cdot\|$ . We say that the graph structure is *compatible with the norm* if there is a constant  $r > 0$  such that  $x \sim y$  if and only if  $\|x - y\| \leq r$  and the edge weights are given by the norm  $e(x, y) = \|x - y\| \leq r$ .

In particular, graphs of this type include all lattice graphs. By rescaling  $X$  by  $r$  we can always assume without loss of generality that  $r = 1$ .

Graphs of this type pick up a number of traits from analysis. One such trait is a local similarity property. When one does analysis in a domain  $D \subset \mathbb{R}^n$  (or on a manifold) every point  $z \in D$  has a neighborhood which is locally like a ball in  $\mathbb{R}^n$ . We see the same property here.

This can also be viewed as a translation invariance property; we could translate any point  $x_0$  to the origin by taking  $X \mapsto X - x_0$  and nothing would change. More explicitly, we denote  $B_r(x_0) := \{y \in X : y \sim x_0\}$ , and for every  $x_0$  in  $X$  there is a simple one-to-one correspondence between  $B_r(x_0)$  and  $B_r(0)$ . If  $y \in B_r(x_0)$ , then  $z = y - x_0 \in B_r(0)$ , and if  $z \in B_r(0)$ , then  $x_0 + z \in B_r(x_0)$ .

Furthermore, if  $\zeta \in B_r(0)$ , then  $-\zeta \in B_r(0)$ . Hence

$$\{y \in X : y \sim x\} := B_r(x) = \{x + \zeta : \zeta \in B_r(0)\} = \{x - \zeta : \zeta \in B_r(0)\}. \quad (5)$$

We maintain the same notion of a convex function, namely

$$\|x - y\|f(z) \leq \|y - z\|f(x) + \|x - z\|f(y),$$

whenever  $\|x - y\| = \|x - z\| + \|z - y\|$ . However in this context we can work with midpoints.

Kiselman [1996] defines a function  $f$  on an abelian group  $X$  to be *midpoint convex* if

$$f(x) \leq \frac{1}{2}f(x + z) + \frac{1}{2}f(x - z)$$

for all  $x$  and  $z$  in  $X$ . (Actually he uses the notion of upper addition for functions defined on the extended real line, that is,  $\mathbb{R} \cup \{\pm\infty\}$ , but we will not be needing such subtleties here.) Trivially a convex function is always midpoint convex.

We will now see that this notion of midpoint convexity allows us to achieve our goals.

**Theorem 13.** *Consider a weighted graph where the vertex set  $X$  is a normed abelian group and the graph is compatible with the norm. Every midpoint convex function is subharmonic.*

*Proof.* Pick any  $x \in X$ . Observe that by (5)

$$\begin{aligned} \sum_{y \sim x} e(x, y)f(y) &= \frac{1}{2} \sum_{z \in B_r(0)} e(x, x + z)f(x + z) + \frac{1}{2} \sum_{z \in B_r(0)} e(x, x - z)f(x - z) \\ &= \sum_{z \in B_r(0)} e(x, x + z)\left(\frac{1}{2}f(x + z) + \frac{1}{2}f(x - z)\right). \end{aligned}$$

Hence, by (midpoint) convexity

$$f(x)M_x = f(x) \sum_{z \in B_r(0)} e(x, x + z) \leq \sum_{y \sim x} e(x, y)f(y),$$

which shows that  $f$  is subharmonic at  $x$ . □

A set  $A \subset X$  is called *convex* if the function

$$\mathcal{J}_A(x) = \begin{cases} 0 & \text{for } x \in A, \\ +\infty & \text{for } x \in X \setminus A \end{cases}$$

is convex, or, equivalently, if  $z \in A$  whenever there exists  $x, y \in A$  such that  $\|x - y\| = \|x - z\| + \|z - y\|$ . This again easily implies midpoint convexity, that is, if  $z \in A$  whenever there is an  $x \in X$  such that both  $z + x$  and  $z - x$  are in  $A$ .

**Proposition 14.** *Let  $F$  be any subset of  $X$ . If the distance function*

$$d(x, F) = \inf\{\|x - y\| : y \in F\}$$

*is convex, then the set  $F$  is convex.*

*Proof.* Let  $x \in X$  so that there is some  $z \in X$  with  $x \pm z \in F$ . Then by midpoint convexity

$$0 \leq d(x, F) \leq \frac{1}{2}d(x + z, F) + \frac{1}{2}d(x - z, F) = 0.$$

Therefore  $d(x, F) = 0$  and so  $x \in F$ . □

Notice that for the simple case  $F = \{a\}$  we get the converse of the previous result.

**Lemma 15.** *For any fixed  $a \in X$ , the function  $f(z) = \|z - a\|$  is midpoint convex.*

*Proof.* This follows immediately from the triangle inequality on the norm. Indeed, for any  $x, y, z \in X$  with  $\|x - y\| = \|x - z\| + \|z - y\|$  we have

$$\begin{aligned} 2f(x) &= 2\|x - a\| = \|2(x - a)\| = \|(x - a) - z + (x - a) + z\| \\ &\leq \|(x - a) - z\| + \|(x - a) + z\| = f(x - z) + f(x + z). \end{aligned} \quad \square$$

The minimum of two convex functions is in general not a convex function, which is one reason why the following result is interesting.

However, in general the classical proofs rely heavily upon the fact that for any point  $x$  and convex set  $F$  there is always a unique nearest neighbor  $y \in F$  to  $x$ .

**Definition 16.** We say that a set  $F$  has the *nearest neighbor* property if for all  $y_1, y_2 \in F$  and  $z \in X$  there exists a  $y \in F$  (possibly  $y_1$  or  $y_2$ ) such that

$$2\|y - z\| \leq \|y_1 + y_2 - 2z\|.$$

**Proposition 17.** *If  $F$  is a convex subset of  $X$  with the nearest neighbor property, then the distance function  $d(\cdot, F)$  is midpoint convex (and hence subharmonic).*

*Proof.* Pick any  $z \in X \setminus F$ . We will show that  $d(\cdot, F)$  is midpoint convex at  $z$ . By replacing  $F$  with  $F - z$  we may assume without loss of generality that  $z = 0$ .

Clearly it is possible for there to be an  $x \in B_r(0)$  such that  $d(x, F) \leq d(0, F)$ . However, by switching to normed abelian groups we've a strong property to use.

Namely, if  $x \in B_r(0)$  then  $-x \in B_r(0)$ . We will show for convex sets with the nearest neighbor property that

$$2d(0, F) \leq d(x, F) + d(-x, F),$$

that is,  $d(\cdot, F)$  is midpoint convex (and hence subharmonic).

We can find  $y_1, y_2 \in F$  such that  $d(x, F) = \|x - y_1\|$  and  $d(-x, F) = \|(-x) - y_2\|$ . Let  $y$  be a point in  $F$  such that  $2\|y\| \leq \|y_1 + y_2\|$ . Then

$$\begin{aligned} 2d(0, F) &\leq 2\|y\| \leq \|y_1 + y_2\| = \|y_1 + y_2 + x - x\| = \|(y_1 - x) + (y_2 + x)\| \\ &\leq \|y_1 - x\| + \|y_2 + x\| = d(x, F) + d(-x, F). \quad \square \end{aligned}$$

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