Stick numbers in the simple hexagonal lattice
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(Communicated by Colin Adams)

In the simple hexagonal lattice, bridge number is used to establish a lower bound on stick numbers of knots. This result aids in giving a new proof that the minimal stick number is 11. In addition, the authors establish upper bounds for the stick number of a composite knot. Constructions for \((p, p+1)\)-torus knots and some 3-bridge knots are given requiring one more stick than the lower bound guarantees.

1. Introduction

Most results concerning lattice knots have focused on knots in the simple cubic lattice, \(\text{sc or } \mathbb{Z}^3\). Various lower and upper bounds for stick number in the cubic lattice have been given in [Adams et al. 2012; Janse van Rensburg and Promislow 1999; Hong et al. 2013]. Minimal stick numbers for the \(3_1\) and \(4_1\) knots are 12 and 14 [Huh and Oh 2005]; see Figure 1. The stick number for a \((p, p+1)\)-torus knot is \(6p\) for \(p \geq 2\) [Adams et al. 2012]. Work has also been done for the minimum stick number of the composition of two knots [Adams et al. 1997; 2012]. Relatively little is known about analogous results in the simple hexagonal lattice. Mann, McLeod-Mann and Milan [Mann et al. 2012] show that the minimum number of sticks to create a nontrivial knot is 11.

In this paper, we will answer some questions regarding the simple hexagonal lattice. In Section 3, we establish a lower bound on the stick number in terms on the bridge number. In Section 4, we give the idea of a new proof of the result in [Mann et al. 2012]. In Section 5, we give an upper bound for the stick number of a composite knot. In Section 6, we catalog results about the stick number of \((p, p+1)\)-torus knots, some 3-bridge knots, and particular composite knots.

MSC2010: 57M50.

Keywords: lattice knots, stick number, composition, bridge number.
2. Some preliminaries

We will adopt notation for the simple hexagonal lattice from [Mann et al. 2012], which we include here for completeness. The simple hexagonal lattice is defined to be the set of all integral combinations of vectors

\[ x = \langle 1, 0, 0 \rangle, \quad y = \langle \frac{1}{2}, \frac{\sqrt{3}}{2}, 0 \rangle, \quad w = \langle 0, 0, 1 \rangle; \]

that is,

\[ \text{sh} = \{ a\langle 1, 0, 0 \rangle + b\langle \frac{1}{2}, \frac{\sqrt{3}}{2}, 0 \rangle + c\langle 0, 0, 1 \rangle \mid a, b, c \in \mathbb{Z} \}. \]

Further, let \( X = -x, \ Y = -y, \ W = -w, \ z = \langle -\frac{1}{2}, -\frac{\sqrt{3}}{2}, 0 \rangle, \) and \( Z = -z \) so that we can describe a polygon by a string of vectors. In Figure 2, the polygon may be written as \( x^3z^2w^2X^3W^2Z^2WY^2. \)

A maximal segment in a polygon \( \mathcal{P} \) which is parallel to \( x = \langle 1, 0, 0 \rangle \) will be called an \( x \)-stick. Similarly, define \( y \), \( z \), and \( w \)-sticks to be maximal segments in \( \mathcal{P} \) which are parallel to \( \langle \frac{1}{2}, \frac{\sqrt{3}}{2}, 0 \rangle, \langle -\frac{1}{2}, -\frac{\sqrt{3}}{2}, 0 \rangle, \) and \( \langle 0, 0, 1 \rangle \), respectively. A closed nonintersecting polygon formed from \( x \)-, \( y \)-, \( z \)-, and \( w \)-sticks is called an sh lattice knot. The number of \( x \)-, \( y \)-, \( z \)-, and \( w \)-sticks in a polygon \( \mathcal{P} \) will be denoted \( |\mathcal{P}|_x \), \( |\mathcal{P}|_y \), \( |\mathcal{P}|_z \), and \( |\mathcal{P}|_w \), respectively, and the total number of sticks used will be \( |\mathcal{P}|. \)

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Figure 1. Minimal stick 3₁ (left) and 4₁ (right) knots in the simple cubic lattice.

Figure 2. A trefoil knot in the simple hexagonal lattice.
The stick number of a knot type $K$ in the lattice, denoted $s[K]$, is the minimum number of sticks required to form a polygon of type $K$. In Figure 2, $|P|_x = 3$, $|P|_y = 2$, $|P|_z = 2$, $|P|_w = 4$, and $|P| = 11$. Further, observe that $s[3_1] \leq 11$.

3. Lower bound for stick numbers

Janse van Rensburg and Promislow [1999] established the lower bound for the stick number of a knot in the simple cubic lattice with three directions $x = (1, 0, 0)$, $y = (0, 1, 0)$, and $z = (0, 0, 1)$; it was $6b[K]$ where $b[K]$ is the bridge number of the knot $K$ (the minimum number of local maxima of any projection of a knot onto any single vector). The proof guaranteed $2b[K]$ sticks in each of the three directions. Indeed, maximums in the up-down direction, or $z$-direction, will occur in $xy$-planes and each maximum will have two $z$-sticks at the ends of the arc containing the maximum in the $xy$-plane. We give a similar result here for the simple hexagonal lattice.

**Theorem 1** (lower bound for stick numbers). For any knot $K$ in the simple hexagonal lattice, $s[K] \geq 5b[K]$.

**Proof.** A maximum in the $w$-direction, occurring in an $xy$-plane, will have two $w$-sticks at the ends of the arc containing the maximum in the $xy$-plane. Note that using a $z$-stick at the end of the arc would keep you in the same $xy$-plane. Since there are at least $b[K]$ maxima, we have $|P|_w \geq 2b[K]$.

A maxima occurring in an $wx$-plane will have two sticks at the ends of the arc containing the maximum in the $wx$-plane — these sticks can be $y$- or $z$-sticks. Since there are at least $b[K]$ maxima, we have $|P|_y + |P|_z \geq 2b[K]$. One also considers maxima occurring in $yw$-planes and $zw$-planes to get two more inequalities summarized below:

$$|P|_w \geq 2b[K],$$

$$|P|_y + |P|_z \geq 2b[K],$$

$$|P|_x + |P|_z \geq 2b[K],$$

$$|P|_x + |P|_y \geq 2b[K].$$

Summing inequalities (2)–(4) and dividing by 2 yields $|P|_x + |P|_y + |P|_z \geq 3b[K]$. Then adding inequality (1) gives $|P| = |P|_x + |P|_y + |P|_z + |P|_w \geq 5b[K]$. □

At this point, we can say that the stick number of any nontrivial knot in the simple hexagonal lattice is at least 10. However, in [Mann et al. 2012], it was shown to be 11. In the next section we show that any polygon constructed with ten sticks in the simple hexagonal lattice is the trivial polygon. Before we proceed, we point out what must happen if $|P| = 5b[K]$.

**Corollary 2.** If $|P| = 5b[K]$, then $|P|_x = |P|_y = |P|_z = \frac{1}{2} |P|_w = b[K]$. 
Figure 3. Three crossing projections of ten stick sh knots.

Proof. Suppose $|P|_x \neq b[K]$, $|P|_y \neq b[K]$, $|P|_z \neq b[K]$, or $|P|_w \neq 2b[K]$. If $|P|_w > 2b[K]$ is combined with $|P|_x + |P|_y + |P|_z \geq 3b[K]$, the argument above yields $|P| > 5b[K]$. For the remainder of the argument we may assume $|P|_w = 2b[K]$. If $|P|_x < b[K]$, then $|P|_x = b[K] - n$ for some $n > 0$. Inequalities (3) and (4) imply that $|P|_y \geq b[K] + n$ and $|P|_z \geq b[K] + n$. Thus $|P| \geq 5b[K] + n > 5b[K]$. Following a similar argument, if $|P|_y < b[K]$ or $|P|_z < b[K]$, then $|P| > 5b[K]$. Hence for the remainder of the argument we may assume $|P|_x \geq b[K]$, $|P|_y \geq b[K]$ and $|P|_z \geq b[K]$. Observe that since one of these inequalities is strict from our original assumption, it must happen that $|P| > 5b[K]$. □

4. Stick number of the lattice

As mentioned in the previous section, the stick number of any nontrivial knot in the simple hexagonal lattice is at least 10. The work in this section will show that a simple hexagonal knot constructed with ten sticks (necessarily using two $x$-sticks, two $y$-sticks, two $z$-sticks, and four $w$-sticks from Corollary 2) is the trivial knot. This, along with the eleven-stick trefoil in Figure 2, will establish the following result.

**Theorem 3** (minimum stick number in the simple hexagonal lattice). *In the simple hexagonal lattice, the stick number of any nontrivial knot is at least 11.*

Given a ten-stick knot $K$ using two $x$-sticks, two $y$-sticks, two $z$-sticks, and four $w$-sticks, consider the projection of $K$ onto the $xy$-plane. If the projection contains two line segments laying on top of one another or multiple crossings at one point, then do a slight perturbation of the knot before projecting. If the projection contains less than three crossings, then the knot is trivial. There are only a few possibilities for projections containing three crossings; see Figure 3 for representative projections.

The first two projections are the trivial knot. For the last projection, it must have alternating crossings to be a nontrivial knot. However, it cannot have alternating crossings in the hexagonal lattice. Indeed, label the endpoints of the projection $P_1$, $P_2$, $P_3$, $P_4$, $P_5$, and $P_6$ as in Figure 3. Without loss of generality, suppose that $P_1P_2$ on level $i$ crosses over $P_3P_4$ on level $j$; that is, $i > j$. Alternating crossings gives
that $P_3P_4$ on level $j$ crosses over $P_5P_6$ on level $k$ and $P_5P_6$ crosses over $P_1P_2$. This gives $i > j > k > i$.

5. Upper bound for stick composition

In order to compose sh knots we must identify places on the knots to compose them; these will be called configurations. To achieve the highest reduction of sticks and edges in the composition of sh lattice knots, we will compose knots with configurations in planes parallel to the $xy$-plane. In particular, we will compose with configurations in the top $xy$-plane or the bottom $xy$-plane of a knot.

Suppose $K$ is a minimal stick conformation in the sh lattice — that is, it can’t be constructed with fewer sticks. If $K$ contains more than one connected component in the top $xy$-plane, then the vertical sticks for one connected component can be lengthened in order to push that connected component to a higher $xy$-plane without increasing the number of sticks used to create $K$. Thus one may assume that the top $xy$-plane (and similarly the bottom $xy$-plane) contains only one connected component. The two endpoints $P$ and $Q$ of the connected component can either be connected via one stick or two sticks since there are no other components to avoid when creating a path. To see this, consider the angles between the vector $\overrightarrow{PQ}$ and the vectors $\pm(1, 0, 0), \pm\left(\frac{1}{2}, \frac{\sqrt{3}}{2}, 0\right), \pm\left(-\frac{1}{2}, \frac{\sqrt{3}}{2}, 0\right)$. If one of the angles is zero, then $P$ and $Q$ are connected with one stick. If not, then we construct a parallelogram with $P$ and $Q$ on opposite corners using the two vectors which yield the smallest two angles from above. Note that $\overrightarrow{PQ}$ forms the major axis of the parallelogram. In this situation $P$ and $Q$ can be connected via two sticks. An example is given in Figure 4.

Thus after possibly rotating the knot around the $z$-axis, we have two possible configurations occurring in the top or bottom $xy$-plane as shown in Figure 5.

**Theorem 4.** Given knots $K$ and $L$ in the simple hexagonal lattice,


**Proof.** Let $K$ and $L$ be two knots in minimal stick conformations in the simple hexagonal lattice. We will compose $K$ along a configuration in the bottom $xy$-plane and $L$ along a configuration in the top $xy$-plane. Finally, when expressing $K$ and $L$
as strings we will choose convenient starting places and orientations to allow for
easier composition.

**Case 1.** Suppose $K$ and $L$ both have type A configurations. Then the bottom and
top configurations of $K$ and $L$, respectively, can be viewed as in Figure 6. Let
$K = sx^n$ and $L = X^mt$, where the strings $s$ and $t$ represent what remains of $K$
and $L$ after the type A configurations are removed. Note that $s$ will begin with a $w$
and end with a $W$, whereas $t$ will begin with a $W$ and end with a $w$. Assuming
that $n \neq m$, we scale $K$ by $m$ and scale $L$ by $n$. We have $K = \tilde{s}x^{nm}$ and $L = X^{nm}\tilde{t}$,
where $\tilde{s}$ represents $s$ scaled by $m$ and $\tilde{t}$ represents $t$ scaled by $n$. (In the case that
$n = m$, $\tilde{s} = s$ and $\tilde{t} = t$.) We may now compose $K$ and $L$, and write $K\#L = \tilde{s}\tilde{t}$. At
first glance it may seem that we have removed only two sticks (from the $x$s and $X$s).
However, we have removed two more sticks. The end of $\tilde{s}$ and the beginning of $\tilde{t}$
have combined into one stick instead of two. Similarly the end of $\tilde{t}$ and beginning
of $\tilde{s}$ have combined into one stick. Thus we have a reduction of four sticks for this

**Case 2.** Suppose $K$ has a type A configuration and $L$ has a type B configuration.
Then the bottom and top configurations of $K$ and $L$, respectively, can be viewed as
in Figure 7. Let $K = sx^n$ and $L = X^mtY^p$, where strings $s$ and $t$ represent what

![Figure 6](image_url)

**Figure 6.** $K$ and $L$ with type A configurations: bottom and top, respectively.

![Figure 7](image_url)

**Figure 7.** $K$ with type A configuration and $L$ with type B configuration: bottom and top, respectively.
remains of $K$ and $L$ after the type A and B configurations are removed. Note that $s$ will begin with a $w$ and end with a $W$, whereas $t$ will begin with a $W$ and end with a $w$. Assuming that $n \neq m$, we scale $K$ by $m$ and scale $L$ by $n$. We have $K = \tilde{s}x^{nm}$ and $L = X^{nm}\tilde{t}Y^{np}$, where $\tilde{s}$ represents $s$ scaled by $m$ and $\tilde{t}$ represents $t$ scaled by $n$. (In the case that $n = m$, $\tilde{s} = s$ and $\tilde{t} = t$.) We may now compose $K$ and $L$, and write $K \# L = \tilde{s}\tilde{t}Y^{np}$. Thus we have a reduction of three sticks for this case—the first for the $x$s, the second for the $X$s and the third for putting end of $\tilde{s}$ together with beginning of $\tilde{t}$. Therefore $s[K\#L] \leq s[K] + s[L] - 3$.

**Case 3.** Suppose $K$ and $L$ both have type B configurations. Then the bottom and top configurations of $K$ and $L$, respectively, can be viewed as in Figure 8. Let $K = y^m s x^n$ and $L = X^n t Y^g$, where the strings $s$ and $t$ represent what remains of $K$ and $L$ after the type B configurations are removed. Note that $s$ will begin with a $w$ and end with a $W$, whereas $t$ will begin with a $W$ and end with a $w$. Assuming that $n \neq p$, we scale $K$ by $p$ and scale $L$ by $n$ to obtain $K = y^{np}\tilde{s}x^{np}$ and $L = X^{np}\tilde{t}Y^{nq}$, with $\tilde{s}$ being $s$ scaled by $p$, and $\tilde{t}$ being $t$ scaled by $n$. We may now compose $K$ and $L$, and write

$$K \# L = \begin{cases} y^{mp-nq}\tilde{s}\tilde{t} & \text{if } mp > nq, \\ \tilde{s}\tilde{t}Y^{nq-mp} & \text{if } mp < nq, \\ \tilde{s}\tilde{t} & \text{if } mp = nq. \end{cases}$$

Thus we have a reduction of at least three sticks for $mp \neq nq$ and a reduction of at least six sticks for $mp = nq$. In other words,

$$s[K\#L] \leq \begin{cases} s[K] + s[L] - 3 & \text{if } mp \neq nq, \\ s[K] + s[L] - 6 & \text{if } mp = nq. \end{cases}$$

Thus we have a minimum reduction of three sticks over all cases. Hence,


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6. **Knot constructions**

Adams, Chu, Crawford, Jensen, Siegel and Zhang [Adams et al. 2012] use constructions combined with the lower bound on stick number to establish that the stick number of the 3-bridge knots $8_{20}, 8_{21}$, and $9_{46}$ are 18 in the simple cubic
lattice. In a similar manner, one considers these knots in the simple hexagonal lattice. Figures 9 and 10 show these knots built with 16 sticks. Inspection of these knot constructions does not yield any obvious one stick reductions. Using the constructions and Theorem 1, one gets the following theorem.

**Theorem 5.** In the simple hexagonal lattice, knots $8_{20}$, $8_{21}$, and $9_{46}$ have stick number either 15 or 16.

Another use of knot construction combined with using the lower bound for stick number can been seen with $(p, p+1)$-torus knots.

**Theorem 6** (stick number for $(p, p+1)$-torus knots). For a $(p, p+1)$-torus knot $K$, $5p \leq s[K] \leq 5p + 1$. 
Proof. Consider a \((p, p+1)\)-torus knot \(K\) which can be constructed in the simple hexagonal lattice in the following way:

\[
Y^p X^{3+p(p-1)/2} y^p W x^{3+\alpha} \prod_{i=0}^{p-2} (Y^{3-i+\alpha} y^{2i+2} z^{2-i+\alpha} W^{2i+3} x^{3-i+\alpha}),
\]

where \(\alpha = (p-2)(p-1)/2\) and an exponent on a letter refers to the edge length of the stick. Notice there are \(5p+1\) sticks used in this construction. In [Schubert 1954], it is shown that \(b[K] = p\). Using Theorem 1, we have \(s[K] \geq 5p\). Therefore, \(s[K] = 5p\) or \(s[K] = 5p + 1\). \(\square\)

**Corollary 7.** For a \((p, p+1)\)-torus knot \(K\), \(10p - 5 \leq s[K\#K] \leq 10p - 4\).

Proof. Using two configurations of type B, one sees from Theorem 4 that

\[
s[K\#K] \leq 2(5p + 1) - 6 = 10p - 4.
\]

On the other hand, [Schubert 1954] says

\[
b[K\#K] = 2b[K] - 1 = 2p - 1,
\]

and Theorem 1 yields

\[
s[K\#K] \geq 5b[K] \geq 10p - 5.
\] \(\square\)

7. Further work

With all the constructions in the previous section where it is not obvious how to reduce the stick number, it leads one to conjecture that the stick number of a knot is one more than five times its bridge number. It would be nice to prove this improved lower bound or find an example to demonstrate why the standing lower bound is sharp.

**Conjecture.** For any knot \(K\) in the simple hexagonal lattice, \(s[K] \geq 5b[K] + 1\).

One could try to extend the results to other lattices such as the face-centered cubic lattice and the body-centered cubic lattice. Preliminary investigations of lower bounds for minimal stick number are not great; following similar inequality arguments for these two lattices yields lower bounds of 7 and 8 respectively for 2-bridge knots but has been conjectured to be 9 and 12 via knot constructions [Mann et al. 2012]. A cursory inspection of upper bounds for stick numbers of composite knots suggests that one cannot do better than being subadditive. That is, the stick number of a composite knot is less than or equal to the sum of the stick numbers.

**Acknowledgements**

We would like to thank the reviewer for very helpful comments. We would also like to thank the NSF for its support; all authors were supported by DMS NSF grant 1062740 during the summers of 2011 and 2013.
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Received: 2013-10-21 Revised: 2014-05-21 Accepted: 2014-05-23

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