

*Pacific
Journal of
Mathematics*

THE CAUCHY INTEGRAL, ANALYTIC CAPACITY AND
SUBSETS OF QUASICIRCLES

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Volume 166 No. 2

December 1994

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In this paper, we show that if $K \subset \mathbb{C}$ is AD-regular and sufficiently flat, then K is a subset of a chord-arc curve if the Cauchy integral operator is bounded on $L^2(K)$. This result partially answers a question raised by G. David, P. Jones and S. Semmes. Also, we prove that if K is as above (locally) and has positive analytic capacity, then K must contain a subset of a rectifiable curve of positive length. Finally, we characterize subsets of some quasicircles in terms of a simple geometric condition invented by P. Jones.

Introduction. Let $K \subset \mathbb{C}$ be a bounded set and, for $\delta > 0$, write

$$\Lambda^\delta(K) = \inf \left\{ \sum_{j=1}^{\infty} \delta_j : K \subset \bigcup_{j=1}^{\infty} D(a_j, \delta_j); \delta_j \leq \delta \right\},$$

where $D(a_j, \delta_j) = \{z : |z - a_j| \leq \delta_j\}$. Then $\Lambda^\delta(K)$ is a decreasing function of δ . The one-dimensional Hausdorff measure $\Lambda(\cdot)$ is defined by

$$\Lambda(K) = \lim_{\delta \rightarrow 0} \Lambda^\delta(K).$$

If K is connected and $\Lambda(K) < \infty$, then we call it a rectifiable curve.

DEFINITION 1. A Λ -measurable set $K \subset \mathbb{C}$ is said to be regular in the sense of Ahlfors and David, or AD-regular, if there exists $M < \infty$ such that for all $x \in K$ and $0 < r \leq \text{diam}(K)$,

$$M^{-1}r \leq \Lambda(K \cap D(x, r)) \leq Mr.$$

If K is connected we call it an AD-regular curve.

A special kind of AD-regular curve Γ is a chord-arc curve which is defined by the condition that, for any $z_1, z_2 \in \Gamma$, $\Lambda(\Gamma(z_1, z_2)) \leq C|z_1 - z_2|$, where $\Gamma(z_1, z_2)$ is the smallest arc between z_1 and z_2 and C is a constant independent of z_1 and z_2 .

DEFINITION 2. A bounded Λ -measurable set $K \subset \mathbb{C}$ is said to be B-regular, if it is a subset of a countable union of rectifiable curves.

Let \mathcal{D} be the collection of all dyadic squares. The following very essential geometric quantity was introduced by P. Jones [19]: For a square $Q \in \mathcal{D}$,

$$\beta_K(Q) = \inf_L \ell(Q)^{-1} \sup_{z \in K \cap 3Q} \text{dist}(z, L)$$

where the infimum is taken over all straight lines L , $\ell(Q)$ is the side length of Q and the square $3Q$ is the square with the same center as Q and $\ell(3Q) = 3\ell(Q)$. Let

$$\beta(K) = \sup_{Q \in \mathcal{D}} \beta_K(Q).$$

DEFINITION 3. Suppose that $K \subset \mathbb{C}$ is compact. Then K is called locally flat if, for any $\{Q_n\} \subset \mathcal{D}$, satisfying $\lim_{n \rightarrow \infty} \ell(Q_n) = 0$,

$$\lim_{n \rightarrow \infty} \beta_K(Q_n) = 0.$$

Definition 3 means that points of a locally flat set are, locally, around a straight line. Examples of locally flat sets are subsets of smooth curves and some snowflake type sets (see §3).

The analytic capacity of a compact set K is defined by the following:

DEFINITION 4. Assume K is a compact subset of \mathbb{C} . Then

$$\gamma(K) = \sup\{|f'(\infty)| : f \in H^\infty(\Omega), f(\infty) = 0, \|f\|_{L^\infty} \leq 1\}$$

where

$$f'(\infty) = \lim_{z \rightarrow \infty} zf(z),$$

$\Omega = \mathbb{C} \setminus K$, and $H^\infty(\Omega) = \{\text{all analytic bounded functions on } \Omega\}$.

It is easy to see $\gamma(K)$ is positive if and only if $H^\infty(\Omega)$ has non-trivial functions. Let \mathcal{C} be the Cauchy integral operator. The main results of this paper are:

THEOREM I. *Suppose $K \subset \mathbb{C}$ is AD-regular and suppose that \mathcal{C} is bounded on $L^2(K)$ and $\beta(K)$ is sufficiently small with respect to the L^2 norm of \mathcal{C} and the constant of AD-regularity. Then K is contained in a chord-arc curve.*

THEOREM II. *Suppose K is AD-regular and locally flat. Then $\gamma(K) > 0$ if and only if there exists a rectifiable curve Γ such that $\Lambda(K \cap \Gamma) > 0$.*

THEOREM III. *Suppose $K \subset \mathbb{C}$ is compact. Then, if $\beta(K)$ is small enough, K is a subset of a quasicircle with small constant (see §1). Conversely, if K is a quasicircle with small constant, then $\beta(K)$ is small.*

Theorem III, which was suggested by P. Jones characterizes sets K with small $\beta(K)$. See §1 Theorem 1.2 for the details of Theorem III. Theorem I, II partially answer the following open problems:

PROBLEM 1. Suppose K is AD-regular and \mathcal{C} is bounded on $L^2(K)$. Is it true that K is contained in an AD-regular curve ?

PROBLEM 2. Suppose $\Lambda(K) < \infty$. Does $\gamma(K) = 0$ if and only if K is B-irregular ?

Equivalently, we may state Problem 2 as follows:

PROBLEM 2'. Suppose $\Lambda(K) < \infty$. Then $\gamma(K) > 0$ if and only if there exists a rectifiable curve Γ such that $K \cap \Gamma$ has positive one-dimensional Hausdorff measure.

These problems have been raised by G. David, P. Jones and S. Semmes, and they suggest a connection between L^2 -boundedness of \mathcal{C} and geometric properties of sets. In 1980, G. David [10] proved that Problem 1 is true if K is connected. Later on, G. David and S. Semmes [11] proved that Problem 1 is true if we replace \mathcal{C} by all singular integral operators with odd kernels.

REMARK. In Problem 1, the AD-regular condition is necessary. Actually, it is not hard to construct a set K which is not contained in any AD curve, or even any rectifiable curve, but, \mathcal{C} is bounded on $L^p(K)$, $1 < p < \infty$.

It has long been known that the Cauchy integral and analytic capacity are intimately related. Calderón's theorem [3] solved what was known as the Denjoy conjecture:

THEOREM. *Suppose K is a subset of a rectifiable curve. Then $\gamma(K) > 0$ if and only if $\Lambda(K) > 0$.*

Another old conjecture is that $\gamma(K) > 0$ if and only if $\text{Fav}(K) > 0$, where $\text{Fav}(\cdot)$ is Favard length,

$$\text{Fav}(K) = \int_0^\pi \Lambda(K_\theta) d\theta,$$

and where K_θ is the orthogonal projection of K onto the line $\mathbb{R}e^{i\theta}$. This is known to be false for sets where K has non σ -finite Λ measure [22].

Besicovitch [2] proved that, for the sets satisfying $0 < \Lambda(K) < \infty$, $\text{Fav}(K) = 0$ if and only if $\Lambda(K \cap \Gamma) = 0$ for every rectifiable curve Γ . We call these kind of sets B-irregular. This leads to Problem 2. It follows from Calderón's theorem that $\gamma(K) = 0$ implies K is B-irregular. So what we need to know is only whether $\gamma(K) = 0$ if K is B-irregular. For example, in 1970, Garnett [15] proved the $\frac{1}{4}$ -Cantor set, which is B-irregular and AD regular, has zero analytic capacity. In 1987, Mattila [25] showed that $\gamma(K) = 0$ if K is B-irregular and satisfies a certain geometric condition, which we call Mattila's condition (see §3). But, we still do not know much more about Problem 2. In §3, we prove that the set K in Theorem II fails to satisfy Mattila's condition; thus, Theorem II extends the results we known so far.

NOTATIONS. We will use the following notation: \mathbb{R} is the real line, \mathbb{C} is the plane. $\arg(z)$ denotes the argument of z , the value of $\arg(z)$ is taken modulo 2π . $\Re(z)$ and $\Im(z)$ are the real and imaginary parts of z , respectively, and $[a, b]$ is the straight line segment from a to b . If Γ is a Jordan curve, and $a, b \in \Gamma$ we let $\Gamma(a, b)$ denote the arc of smaller diameter between a and b .

1. Quasiconformal circles with small estimate constant. Recall that Γ is called a quasicircle, if $\Gamma = g(\mathbb{R})$ where g is a quasiconformal mapping of \mathbb{C} into \mathbb{C} . More geometrically, Γ is a quasicircle iff Γ satisfies the "three points condition"

$$(1.1) \quad |z_1 - z_2| \leq Q|z_1 - z_3|$$

for a constant Q and any three points on Γ with z_2 on the arc of smaller diameter between z_1 and z_3 (see [1], Theorem IV. 5).

It is interesting to characterize a set K contained in a quasicircle in terms of the geometric quantity $\beta(K)$. For that purpose we introduce the following:

DEFINITION 1.1. A Jordan curve is called an s -quasicircle (s denoting "small") with constant ε , if it satisfies the following three points condition: for any three points z_1, z_2, z_3 , on the curve such that z_2 separates z_1 and z_3 , we have

$$(1.2) \quad |z_1 - z_2| + |z_2 - z_3| \leq (1 + \varepsilon)|z_1 - z_3|.$$

It is clear that an s -quasicircle with constant ε is a quasicircle with constant $1 + \varepsilon$ but, its converse is not true. We establish the following result which is a precise version of Theorem III:

THEOREM 1.2. *Suppose $K \subset \mathbb{C}$ is compact and suppose $\varepsilon < \frac{1}{100}$. Then K is the subset of an s -quasicircle with constant $C_0\varepsilon$, if it satisfies*

$$(1.3) \quad \beta(K) \leq \delta$$

for $\delta \leq 2^{-\pi\varepsilon^{-1}}$. Conversely, if K is contained in an s -quasicircle with constant ε , then,

$$\sup_{Q \in \mathcal{D}} \beta_K(Q) \leq C_0\varepsilon^{\frac{1}{2}},$$

where C_0 is independent of ε .

REMARK. The best estimate for δ is not known. However, it is easy to see that Theorem 1.2 is not true if we replace $2^{-\pi\varepsilon^{-1}}$ by ε^n , for any $n \in \mathbb{Z}^+$.

The proof of Theorem 1.2 is a straight forward construction. We postpone it and present it in the last section, §4. According to Theorem 1.2, to prove Theorem I, we need only to consider the set K which is a subset of an s -quasicircle with constant ε . Actually, we will see that Theorem I is true for any set K which is a subset of the quasicircle with constant $Q - 1$ small, where Q is the constant in (1.1) (see §2).

LEMMA 1.3. *Suppose Γ is a quasicircle with constant Q and $K \subset \Gamma$ is compact. Then there is a Jordan curve Γ_0 such that $K \subset \Gamma_0$ and $\Gamma_0 \setminus K = \cup \gamma_j$, γ_j is chord-arc curve with the constant depending only on Q and $\gamma_j \cap \Gamma = \{u_j, v_j\} \subset K$.*

Proof. Let Ω_Γ be one of components of $\mathbb{C} \setminus \Gamma$. Assume $\Phi(z)$ is a conformal mapping from the upper half-plane to Ω_Γ . Note that Φ can be extended to a quasiconformal mapping, since Γ is a quasicircle. Let $E = \Phi^{-1}(K)$. Since K is closed set, $\mathbb{R} \setminus E = \cup I_j$, $I_j = (u_j, v_j)$. We choose $z_j = x_j + iy_j$, where $x_j = (u_j + v_j)/2$ and $y_j = (v_j - u_j)/2$. Let $\alpha_j = [u_j, z_j] \cup [z_j, v_j]$ and $\gamma_j = \Phi(\alpha_j)$. Finally, we set $\Gamma_0 = \{\cup \gamma_j\} \cup K$.

It is clear that Γ_0 is a Jordan curve and it contains K . We can prove easily that γ_j is a chord-arc curve with constant depending only on Q , by using the distortion theorem and the following result, due to Jerison and Kenig (see [17] for both results):

PROPOSITION. *If Γ is a quasicircle with constant Q , then the image under Φ of a line $\{z = x + e^{i\theta}y : y > 0\}$, $\theta \in (\pi/8, 7\pi/8)$, is a chord-arc curve with estimate constant depending only on Q .*

We should point out that the original result is stated only for vertical lines, *i.e.*, $\theta = \frac{\pi}{2}$, but the proof in [17] is valid for the lines in this Proposition. \square

We will use the following elementary geometric property of quasicircles:

LEMMA 1.4. *Suppose Γ is a quasicircle with constant Q , $Q = 1 + \varepsilon$, $\varepsilon < \frac{1}{10}$ and $z_1, z_2 \in \Gamma$. Then there is $\theta \in (0, 2\pi)$ such that*

$$\Gamma(z_1, z_2) \setminus D(z_1, 10\varepsilon r) \subset \left\{ z : \Im \left(e^{i\theta}(z - z_1) \right) > \frac{|z - z_1|}{15} \right\},$$

where $r = |z_1 - z_2|$. and $\Gamma(z_1, z_2)$ is the smaller arc of Γ between z_1 and z_2 .

Without loss of generality we can assume $z_1 = 0$, $z_2 = ir$. Let

$$\mathcal{S}_0 = \left\{ z \in \mathbb{C} : -\frac{\pi}{20} \leq \arg(z) \leq \frac{5}{6}\pi \right\},$$

$$\mathcal{S}_1 = \left\{ z \in \mathbb{C} : \frac{\pi}{6} \leq \arg(z) \leq \frac{21}{20}\pi \right\}.$$

Using the three points condition (1.1) we can easily prove $\Gamma(z_1, z_2) \setminus D(z_1, 10\epsilon r) \subset \mathcal{S}_0 \cup \mathcal{S}_1$. By a simple calculation, for $z \in \mathcal{S}_0$,

$$\Im \left(e^{i\frac{\pi}{12}} z \right) \geq |z| \sin \left(\frac{\pi}{30} \right) > \frac{1}{15}|z|,$$

and, for $z \in \mathcal{S}_1$,

$$\Im \left(e^{-i\frac{\pi}{12}} z \right) \geq |z| \sin \left(\frac{\pi}{30} \right) > \frac{1}{15}|z|.$$

Thus, it is enough to show $\Gamma(z_1, z_2) \setminus D(z_1, 10\epsilon r)$ is a subset of either \mathcal{S}_0 or \mathcal{S}_1 .

CLAIM. *If there exists a $z \in \Gamma(z_1, z_2) \setminus D(z_1, 10\epsilon r)$ satisfying*

$$(1.4) \quad \frac{5\pi}{6} < \arg(z) < \frac{21\pi}{20}$$

then

$$\Gamma(z_1, z_2) \setminus D(0, 10\epsilon r) \subset \mathcal{S}_1.$$

Actually, if there is no $z \in \Gamma(z_1, z_2) \setminus D(z_1, 10\epsilon r)$ satisfying (1.4), then

$$\Gamma(z_1, z_2) \setminus D(z_1, 10\epsilon r) \subset \mathcal{S}_0;$$

otherwise, by the claim,

$$\Gamma(z_1, z_2) \setminus D(z_1, 10\epsilon r) \subset \mathcal{S}_1.$$

Thus, Lemma 1.4 follows once our claim is proved.

Proof of Claim. Let $\zeta \in \Gamma(z_1, z_2)$ with $|\zeta| \geq 10\epsilon r$. Then $-\pi/20 \leq \arg(\zeta) \leq 21\pi/20$. Assume $\arg(\zeta) < \pi/6$. Let $\theta = |\arg(\zeta) - \arg(z)|$, then $2\pi/3 < \theta < 11\pi/10$. Thus,

$$(1.5) \quad |z - \zeta|^2 = |z|^2 + |\zeta|^2 - 2|z||\zeta| \cos \theta \geq |z|^2 + |\zeta|^2 + |z||\zeta|.$$

If ζ is between z_1 and z , using the three points condition, $|z - \zeta| < (1 + \epsilon)|z|$. But by (1.4), (1.5) and $\epsilon < 1$,

$$|z - \zeta| > \left(|z| + \frac{|\zeta|}{2} \right) > |z| \left(1 + \frac{5}{2}\epsilon \right),$$

which is a contradiction. If ζ is between z and z_2 , using the three points condition, $|z - \zeta| < (1 + \varepsilon)|\zeta|$. Again by (1.4), (1.5) and $\varepsilon < 1$,

$$|z - \zeta| > \left(|\zeta| + \frac{|z|}{2} \right) > |\zeta| \left(1 + \frac{5}{2}\varepsilon \right),$$

which is impossible. Thus, $\arg(\zeta) \geq \frac{\pi}{6}$. Therefore, the claim is proved. \square

Let Γ be a quasicircle with constant $1 + \varepsilon$. We pick two points $a_i, b_i \in \Gamma$ and define $r_i = |a_i - b_i|$ and $c_i = (a_i + b_i)/2$. We choose two other points $a_j, b_j \in \Gamma$ which are contained in the same component of $\Gamma \setminus \Gamma(a_i, b_i)$, and define $r_j = |a_j - b_j|$ and $c_j = (a_j + b_j)/2$.

LEMMA 1.5. *Suppose $\varepsilon < \frac{1}{4}$. Then the following must be true that*

$$D\left(c_i, \frac{r_i}{100}\right) \cap D\left(c_j, \frac{r_j}{100}\right) = \phi, \quad i \neq j.$$

Proof. By the three points condition (1.1),

$$(1.5) \quad r_i = |a_i - b_i| < (1 + \varepsilon) \min\{|a_i - a_j|, |a_i - b_j|\}.$$

Without loss of generality we assume $r_j \leq r_i$ and $|a_i - a_j| \leq |a_i - b_j|$ and b_i separates a_i from a_j . Then, by a simple geometric observation, and the Pythagorean theorem,

$$|a_i - c_j|^2 \geq |a_i - a_j|^2 - |c_j - a_j|^2.$$

Then, by (1.5) and $\varepsilon < \frac{1}{4}$,

$$\begin{aligned} |a_i - c_j| &\geq r_i \sqrt{\frac{1}{(1 + \varepsilon)^2} - \frac{1}{4}} \\ &\geq \frac{3}{5} r_i. \end{aligned}$$

Using this estimate, we have

$$\begin{aligned} |c_i - c_j| &\geq |a_i - c_j| - |a_i - c_i| \\ &\geq \frac{1}{10} r_i. \end{aligned}$$

Therefore, $D\left(c_i, \frac{1}{100}r_i\right) \cap D\left(c_j, \frac{1}{100}r_j\right) = \phi$. \square

2. Proof of Theorem I.

The definition of the Cauchy integral operator on AD regular sets. We observe that an AD-regular set K with the Euclidean metric and Hausdorff measure is a space of homogeneous type [9]. We define the Cauchy integral operator as in [5]:

$$\langle Cf, g \rangle = \frac{1}{2} \int_{K \times K} \frac{1}{\zeta - z} [f(\zeta)g(z) - f(z)g(\zeta)] d\Lambda(\zeta) d\Lambda(z),$$

for f, g Lipschitz functions. The integral converges absolutely because of the AD regularity of K and the Lipschitz continuity of f and g . Thus, \mathcal{C} is well-defined as a continuous linear operator from Lipschitz functions into the class of distributions. It is easy to verify that the class of Lipschitz functions is dense in $L^2(K)$. We may formally write

$$Cf(x) = \int_K \frac{f(\zeta)}{\zeta - z} d\Lambda(\zeta).$$

We also need the following definitions

$$C^\epsilon f(x) = \int_{\substack{|x-y|>\epsilon \\ y \in K}} f(y)(x - y)^{-1} d\Lambda(y).$$

and

$$C^* f(x) = \sup_{\epsilon > 0} |C^\epsilon f(x)|.$$

By a standard argument we have

PROPOSITION 1.0. [5]. *Let K be AD regular. Then the following are equivalent:*

- (i) \mathcal{C} is bounded on $L^2(K)$,
- (ii) \mathcal{C}^ϵ is bounded on $L^2(K)$, uniformly in ϵ ,
- (iii) \mathcal{C}^* is bounded on $L^2(K)$.

Proof of Theorem I. Suppose that $K \subset \mathbb{C}$ is AD-regular with constant M (see the introduction) and

$$(2.1) \quad \beta(K) < \delta.$$

By Theorem 1.2, (2.1) implies $K \subset \Gamma$, where Γ is an s -quasicircle with constant ϵ (where ϵ is sufficient small as long as δ is small

enough). Thus, Theorem I will be included in the following slightly more general result:

THEOREM 2.1. *Suppose K is AD-regular with constant M and the Cauchy integral operator is bounded on $L^2(K)$. Further suppose that K is contained in a quasicircle with constant $1 + \varepsilon$, where $\varepsilon > 0$ is small enough, depending only on M and $\|C\|$. Then K is contained in a chord-arc curve.*

Proof. By Proposition 1.0, C^* is also bounded on $L^2(K)$. Using Lemma 1.3, we obtain a Jordan curve Γ_0 satisfying $\Gamma_0 \setminus K = \cup \gamma_j$, γ_j is a chord-arc curve with constant depending only on ε . To verify Γ_0 is chord-arc curve, we take any two points x_1 and x_2 on Γ_0 and we need to show

$$(2.2) \quad \Lambda(\Gamma_0(x_1, x_2)) \leq C_0|x_1 - x_2|.$$

Let $\mathcal{G} = \{\gamma_j : \gamma_j \subset \Gamma_0(x_1, x_2)\}$. Then, by the three points condition (1.1) and AD-regularity, it is easy to see that, to show (2.2), it suffices to prove

$$(2.3) \quad \sum_{\gamma_j \in \mathcal{G}} \Lambda(\gamma_j) \leq C_0|x_1 - x_2|.$$

By Lemma 1.3, $\gamma_j \cap K = \{a_j, b_j\}$, let $I_j = [a_j, b_j]$, then

$$\Lambda(\gamma_j) \leq C_0\Lambda(I_j).$$

Let $r = |x_1 - x_2|$. Thus, in order to prove (2.3), we need to show

$$(2.4) \quad \sum_{\gamma_j \in \mathcal{G}} \Lambda(I_j) \leq C_0r.$$

To establish (2.4), we introduce the following definition:

DEFINITION 2.2. Suppose $\mathcal{P} = \{I\}$ is a collection of sets and $\rho > 0$. A subcollection $\{I_{p,q}\}$ of \mathcal{P} is called a ρ -frame of \mathcal{P} , if it satisfies the following conditions:

(i) There are pairwise disjoint subcollections $\mathcal{P}_{p,q}$ of \mathcal{P} such that

$$\bigcup_{p,q} \mathcal{P}_{p,q} = \mathcal{P}$$

and, for each index pair (p, q) ,

$$(2.5) \quad \sum_{I \in \mathcal{P}_{p,q}} \Lambda(I) \leq C_1 \Lambda(I_{p,q}),$$

where C_1 is independent of p, q and ρ .

(ii) There is a constant C_2 independent of ρ such that

$$(2.6) \quad \sum_{p,q} \Lambda(I_{p,q}) \leq C_2 \rho.$$

It follows immediately from the definition of a ρ -frame that

$$\sum_{I \in \mathcal{P}} \Lambda(I) \leq C_1 C_2 \rho.$$

Let $\mathcal{P} = \{I_j\}$. Hence, our problem is reduced to finding an r -frame of \mathcal{P} . Let $I_j = [a_j, b_j]$, $\ell(I_j) = |b_j - a_j|$, and let $\Delta(I_j) = D(a_j, \varepsilon_j)$, $\varepsilon_j = \varepsilon \ell(I_j)$. Also, for simplicity, we may assume \mathcal{P} is a finite set, since our estimate is independent of the number of elements in \mathcal{P} .

To find the r -frame of \mathcal{P} , we choose $I_{1,1} \in \mathcal{P}$ so that $\ell(I_{1,1})$ is the maximum of the lengths of the I_j . Let

$$\mathcal{P}_{1,1} = \{I_j \in \mathcal{P} : \ell(I_j) \geq \varepsilon \ell(I_{1,1}) \text{ and } I_j \cap \Delta(I_{1,1}) \neq \emptyset\},$$

and $\bar{\Delta}(I_{1,1}) = 2\Delta(I_{1,1})$. Define

$$\mathcal{I}_{1,1} = \{I_j \in \mathcal{P} : I_j \subset \bar{\Delta}(I_{1,1})\} \setminus \mathcal{P}_{1,1}.$$

Assume we have chosen $I_{1,j}$, $\mathcal{P}_{1,j}$ and $\mathcal{I}_{1,j}$, $1 \leq j \leq \nu$. Choose

$$I_{1,\nu+1} \in \mathcal{P} \setminus \bigcup_{j=1}^{\nu} (\mathcal{P}_{1,j} \cup \mathcal{I}_{1,j})$$

which is of maximal possible length. Let

$$\mathcal{P}_{1,\nu+1} = \left\{ I_j \in \mathcal{P} \setminus \bigcup_{j=1}^{\nu} (\mathcal{P}_{1,j} \cup \mathcal{I}_{1,j}) : \ell(I_j) \geq \varepsilon \ell(I_{1,\nu+1}), I_j \cap \Delta(I_{1,\nu+1}) \neq \emptyset \right\}$$

and let

$$\mathcal{I}_{1,\nu+1} = \left\{ I_j \in \mathcal{P} \setminus \bigcup_j^\nu (\mathcal{P}_{1,j} \cup \mathcal{I}_{1,j}) : I_j \subset \overline{\Delta}(I_{1,\nu+1}) \right\} \setminus \mathcal{P}_{1,\nu+1}.$$

After finitely many steps, this procedure will stop. We obtain subcollections $\{\mathcal{P}_{1,j}\}$ which are disjoint from the elements of $\{I_{1,j}\}$.

Let $\mathcal{I}_1 = \bigcup_j \mathcal{I}_{1,j}$. We repeat the same procedure as before to obtain $\mathcal{P}_{2,j}$ and $\mathcal{I}_{2,j}$. Let $\mathcal{I}_2 = \bigcup_j \mathcal{I}_{2,j}$ and keep on going until \mathcal{P} exhausted. Thus, $\{I_{p,q}\}$ and $\{\mathcal{P}_{p,q}\}$ are constructed.

We have to check that $\{I_{p,q}\}$ is a r -frame of $\{I_j\}$. By the construction of $\{\mathcal{P}_{p,q}\}$, it is clear that $\mathcal{P} = \bigcup_{p,q} \mathcal{P}_{p,q}$. We verify (2.5). For each index pair (p, q) , by the construction of $\mathcal{P}_{p,q}$, we have

$$\varepsilon \ell(I_{p,q}) \leq \ell(I) \leq \ell(I_{p,q}), \quad \forall I \in \mathcal{P}_{p,q}.$$

Let $I_{p,q} = [a_{p,q}, b_{p,q}]$. Since K is in a subset of the quasicircle with constant $1 + \varepsilon$, by Lemma 1.5, $\forall I_i, I_j \in \mathcal{P}_{p,q}$,

$$D\left(c_i, \frac{1}{100} \ell(I_j)\right) \cap D\left(c_j, \frac{1}{100} \ell(I_j)\right) = \phi, \quad i \neq j,$$

where c_j is the center of I_j . So

$$\sum_{I_j \in \mathcal{P}_{p,q}} \ell(I_j) \leq \frac{100^2}{\pi \varepsilon \ell(I_{p,q})} \sum_{I_j \in \mathcal{P}_{p,q}} \pi \left(\frac{\ell(I_j)}{100}\right)^2 \leq \frac{100^2}{\varepsilon} \ell(I_{p,q}).$$

Here, we used $I_j \cap \Delta(I_{p,q}) \neq \phi$, which implies $D(c_j, \frac{1}{100} \ell(I_j)) \subset D(a_{p,q}, \ell(I_{p,q}))$. Thus, (2.5) is verified, and, so, (i) is true.

Next, to verify (ii), we need to show (2.6). First, we note that for any fixed p ,

$$(2.7) \quad \frac{1}{2} \Delta(I_{p,q}) \cap \frac{1}{2} \Delta(I_{p,q'}) = \phi,$$

if $q \neq q'$ and, for any $I_{p,q}$, there exists $I_{p-1,q'}$, such that

$$(2.8) \quad I_{p,q} \subset \overline{\Delta}(I_{p-1,q'}).$$

We claim that

$$(2.9) \quad K \cap \Delta(I_{p,q}) \subset \left\{ x \in K : \mathcal{C}^* \left(\mathcal{X}_{\overline{\Delta}(I_{p-1,q'})} \right) (x) > c_0 \log \varepsilon^{-1} \right\}.$$

By the definition of C^* , we can see that it is enough to prove our claim to show:

$$(2.10) \quad \left| \int_{\substack{z \in K, \\ 10\varepsilon\ell(I_{p,q}) \leq |a_{p,q} - z| < \frac{1}{1+\varepsilon}\ell(I_{p,q})}} \frac{d\Lambda(z)}{a_{p,q} - z} \right| > c_0 \log \varepsilon^{-1}.$$

Let $\Gamma_{a_{p,q}}$ be the component of $\Gamma \setminus \{a_{p,q}\}$ which does not contain $b_{p,q}$. We choose $x \in \Gamma_{a_{p,q}}$ such that $|a_{p,q} - x| = \ell(I_{p,q})$. By Lemma 1.4, there is $\theta \in [0, 2\pi)$ such that

$$\begin{aligned} \Gamma(a_{p,q}, x) \setminus D(a_{p,q}, 10\varepsilon\ell(I_{p,q})) &\subset S(a_{p,q}) \\ &= \left\{ z : \Im\{e^{i\theta}(z - a_{p,q})\} > \frac{|z - a_{p,q}|}{10} \right\} \end{aligned}$$

and using the three points condition (1.1), we have

$$\begin{aligned} &\left\{ z \in K : 10\varepsilon\ell(I_{p,q}) \leq |a_{p,q} - z| < \frac{\ell(I_{p,q})}{1 + \varepsilon} \right\} \\ &\subset \Gamma(a_{p,q}, x) \setminus D(a_{p,q}, 10\varepsilon\ell(I_{p,q})). \end{aligned}$$

Therefore,

$$\begin{aligned} &\left| \int_{\substack{z \in K \\ 10\varepsilon\ell(I_{p,q}) \leq |a_{p,q} - z| < \frac{1}{1+\varepsilon}\ell(I_{p,q})}} \frac{d\Lambda(z)}{a_{p,q} - z} \right| \\ &\geq \frac{1}{10} \int_{\substack{z \in K \\ 10\varepsilon\ell(I_{p,q}) \leq |a_{p,q} - z| < \frac{1}{1+\varepsilon}\ell(I_{p,q})}} \frac{d\Lambda(z)}{|a_{p,q} - z|} \\ &> c_0 \log \varepsilon^{-1}, \end{aligned}$$

where c_0 depends only on the AD-regularity constant M . Thus, we obtain (2.10) and, consequently, (2.9). Similarly, we can prove, for any t ,

$$(2.11) \quad K \cap \Delta(I_{1,t}) \subset \left\{ x \in K : C^* \left(\mathcal{X}_{D(a_{1,1}, 4r) \cap K} \right) (x) > c_0 \log \varepsilon^{-1} \right\}.$$

Because of (2.7), (2.8), (2.9) and the L^2 boundedness of \mathcal{C}^* , we have the following estimates: for any fixed p ,

$$\begin{aligned} \sum_{q: I_{p,q} \subset \bar{\Delta}(I_{p-1,q'})} \Lambda \left(K \cap \frac{1}{2} \Delta(I_{p,q}) \right) &\leq \Lambda \left\{ x \in K : \mathcal{C}^* \left(\mathcal{X}_{\bar{\Delta}(I_{p-1,q'})} \right) (x) > c_0 \log \varepsilon^{-1} \right\} \\ &\leq \frac{1}{(c_0 \log \varepsilon^{-1})^2} \int_K \left(\mathcal{C}^* \left(\mathcal{X}_{\bar{\Delta}(I_{p-1,q'})} \right) \right)^2 d\Lambda(x) \\ &\leq \frac{\varepsilon \ell(I_{p-1,q'})}{4M} \|\mathcal{C}^*\|^2, \end{aligned}$$

if we choose ε small enough, *i.e.*, ε small depending only on M and $\|\mathcal{C}^*\|$. Since K is AD regular, for any fixed p ,

$$\sum_{q: I_{p,q} \subset \bar{\Delta}(I_{p-1,q'})} \ell(I_{p,q}) \leq \frac{1}{2} \ell(I_{p-1,q'}).$$

Iterating the above inequality and using (2.11), we obtain the following:

$$\begin{aligned} \sum_q \ell(I_{p,q}) &\leq \frac{1}{2} \sum_{q'} \ell(I_{p-1,q'}) \\ &\leq \frac{1}{2^{p-1}} \sum_t \ell(I_{1,t}) \\ &\leq \frac{C(M, \|\mathcal{C}^*\|)}{2^p} r. \end{aligned}$$

Thus, (2.6) is verified by summing over p . This completes the proof of Theorem 2.1, and, thus, Theorem I is proved, assuming Theorem 1.2 which will be proved in Section 4. □

The author thanks Professor P. Jones for suggesting the use of weak type estimates in the proof of Theorem 1.2.

3. The Cauchy Integral Operator And Analytic Capacity.

Basic geometric theory. Let us recall some basic definitions and results from geometric measure theory that we will use.

DEFINITION 3.1. The upper and lower densities of a closed one-dimensional set E at a point x are defined by

$$\overline{D}(E, x) = \limsup_{r \rightarrow 0} \frac{\Lambda(E \cap \overline{D(x, r)})}{2r}$$

$$\underline{D}(E, x) = \liminf_{r \rightarrow 0} \frac{\Lambda(E \cap \overline{D(x, r)})}{2r}.$$

DEFINITION 3.2. A one-dimensional set E is said to be regular in the sense of Besicovitch, or, simply, B-regular if

$$\overline{D}(E, x) = \underline{D}(E, x) = 1.$$

for a.e. $x \in E$. A point $x \in E$ satisfying the above equality is said to be regular; otherwise it is called B-irregular.

DEFINITION 3.3. A one-dimensional set is B-irregular if almost all of its points are B-irregular.

Given $x \in \mathbb{C}$, a line L containing x and $0 < \theta < \frac{\pi}{4}$, we define the cone $S(x, L, \theta)$ to be the union of all lines passing through x and making an angle of at most θ with L .

DEFINITION 3.4. Let E be a one-dimensional set and $x \in E$ a point at which $\overline{D}(E, x) > 0$. Then a line L passing through x is tangent to E at x if

$$\lim_{r \rightarrow 0} r^{-1} \Lambda([E \cap D(x, r)] \setminus S(x, L, \theta)) = 0$$

for all $\theta > 0$. L is a weak tangent to E at x if “ $\lim_{r \rightarrow 0}$ ” above is replaced by “ $\underline{\lim}_{r \rightarrow 0}$ ”.

Note that the tangent to E expresses a certain smoothness of E , but the weak tangent does not contain any information of smoothness for E . We will present a class of sets E at the end of this section that are B-irregular but there are weak tangents to E at a.e. $x \in E$ in all directions.

The basic results in geometric measure theory we shall need are the following:

THEOREM 3.5. *Let $E \subset \mathbb{C}$ be closed and have finite one-dimensional Hausdorff measure. Then the following are equivalent:*

- E is regular in the sense of Besicovitch.
- E has a tangent at a.e. $x \in E$.
- E is contained in a countable union of rectifiable curves.

THEOREM 3.6. *Let $E \subset \mathbb{C}$ be closed and have finite one-dimensional Hausdorff measure. Then the following are equivalent:*

- E is irregular in the sense of Besicovitch.
- At a.e. $x \in E$, E has no tangent.
- For any rectifiable curve Γ , $\Lambda(E \cap \Gamma) = 0$.

For proof of these results see [13].

It is very important to characterize a set of positive analytic capacity in terms of the geometry of the set. The following theorem was established by Mattila [25]

THEOREM 3.7. *Suppose K is compact and B-irregular with $\Lambda(K) < \infty$ and suppose that for a.e. $x \in K$, there is at least one L passing through x which is not a weak tangent to K at x . Then $\gamma(K) = 0$.*

DEFINITION 3.8. Suppose $K \subset \mathbb{C}$ is compact and B-irregular. We say K satisfies Mattila's condition if it satisfies the condition that for almost all $x \in K$, $\underline{D}(K, x) > 0$ and there is no weak tangent to E at x , at least in one direction.

Using this definition we can restate Theorem 3.7 equivalently as follows:

THEOREM 3.7'. *Suppose $\Lambda(K) < \infty$ and K satisfies Mattila's condition. Then $\gamma(K) > 0$ if and only if there is a rectifiable curve Γ such that $\Lambda(\Gamma \cap K) > 0$.*

A geometric observation for locally flat sets. We note that a locally flat set is certainly not necessarily B-regular. The following result describes a geometrical property of locally flat sets:

PROPOSITION 3.9. *Suppose K is AD-regular and locally flat. Then, for almost all points x , either there is a tangent to K at x , or there are weak tangents to K in all directions at x . In particular, if K is not B-regular, K does not satisfy Mattila's condition.*

To prove Proposition 3.9, we will use the following two theorems of Besicovitch [13]:

THEOREM 3.10. *Suppose K has finite one-dimensional Hausdorff measure. Then K can be decomposed into two subsets G and B such that G is B -regular and B is B -irregular.*

THEOREM 3.11. *Suppose K is B -irregular. Then, given $\theta \in [0, 2\pi)$, $\phi \in (0, \pi/2)$ and a line L which contains x and points in the direction $e^{i\theta}$,*

$$(3.1) \quad \limsup_{r \rightarrow 0} r^{-1} \Lambda(K \cap D(x, r) \cap S^+(x, L, \phi)) \\ + \limsup_{r \rightarrow 0} r^{-1} \Lambda(K \cap D(x, r) \cap S^-(x, L, \phi)) \geq \frac{1}{6} \sin \phi, \quad \forall \text{ a.e. } x \in K,$$

where $S^+(x, L, \phi)$ is a one-way cone of $S(x, L, \phi)$ and $S^-(x, L, \phi)$ is the opposite one-way cone.

Proof of Proposition 3.9. By Theorem 3.10, $K = G \cup B$ where G is B -regular and B is B -irregular. By Theorem 3.1, there is a tangent to K at a.e. $x \in G$. So we need only to show that there are weak tangents to K in all directions at a.e. $x \in B$.

Without loss of generality we may assume K is B -irregular. Let

$$\theta_p \in [0, 2\pi) \quad \text{and} \quad \phi_q \in (0, \pi/2)$$

be all possible rational numbers. Set

$$K_{p,q} = \{x \in K : \text{it satisfies (3.1) with } \theta_p \text{ and } \phi_q\}$$

and set

$$K_0 = \bigcap_{p,q} K_{p,q}.$$

Since $\Lambda(K \setminus K_{p,q}) = 0$,

$$\Lambda(K \setminus K_0) \leq \sum_{p,q} \Lambda(K \setminus K_{p,q}) = 0.$$

It suffices to show the following:

CLAIM. *Any straight line L which contains $x \in K_0$ is a weak tangent to K at x .*

Pick $\phi \in (0, \frac{\pi}{2})$. Let L be a line which points in the direction $\theta \in [0, 2\pi)$. Choose (p, q) so that

$$(3.2) \quad |\theta - \theta_p| < 10^{-1000} \phi, \quad \text{and} \quad \phi_p < 10^{-1000} \phi.$$

Because $x \in K_0$, by Theorem 3.11 and (3.2), there are points

$$(3.3) \quad x_n \in S\left(x, L, \frac{\phi}{500}\right) \cap K_0, \quad n = 1, \dots, \infty$$

such that

$$x_n \neq x_m, n \neq m \quad \text{and} \quad \lim_{n \rightarrow \infty} x_n = x.$$

Let $r_n = |x - x_n|$, $n = 1, 2, \dots$. We choose $Q_n \in \mathcal{D}$ such that $3Q_n$ contains both x_n and x , and Q_n has minimum possible size, *i.e.*, $\ell(Q_n) \approx r_n$. Let $\beta_K(Q_n) = \delta_n$. Since K is locally flat,

$$(3.4) \quad \lim_{n \rightarrow \infty} \delta_n = 0.$$

We may assume $\delta_n \leq \frac{\phi}{100}$. By (3.2)-(3.4) and an elementary calculation,

$$\Lambda(K \cap D(x, a_0 r_n) \setminus S(x, L, \phi)) \leq C(\phi) \delta_n r_n,$$

where a_0 is small independent constant, which implies

$$\liminf_{r \rightarrow 0} r^{-1} \Lambda(K \cap D(x, r) \setminus S(x, L, \phi)) \leq C(\phi) \lim_{n \rightarrow \infty} \delta_n = 0.$$

Thus, we showed that L is a weak tangent to K at x and, therefore, Proposition 3.9 is proved. \square

Geometric characterization of analytic capacity of locally flat sets. By Proposition 2.9, locally flat sets do not satisfy Mattila's condition. So, Mattila's theorem doesn't work for locally flat sets. We now use Theorem I to study the analytic capacity of K . But, in general, knowing that $\gamma(K) > 0$ tells us nothing about the L^2 boundedness of the Cauchy integral operators, because it could be that $K = A \cup B$ where $\gamma(A) > 0$ and $\|C\|$ gives no control on B . However, M. Christ [6] provided a useful tool:

THEOREM 3.12. *Let $K \subset \mathbb{C}$ be AD-regular and suppose that $\gamma(K) > 0$. Then there exists an AD-regular set K' such that C is bounded on $L^2(K')$ and $\Lambda(K \cap K') > 0$.*

REMARK. In particular, if K is locally flat, we will show the K' can be constructed to be locally flat.

In particular, Theorem I together with Theorem 3.12 give us basic tools to study analytic capacity of locally flat sets. Because Theorem 3.12 is very important to us and its original proof is contained in a proof of a more general result (see [6] for details), we shall give, for reader's convenience, the details of a direct proof which contains a proof of the above Remark. The main idea of this proof is due to M. Christ. We begin by recalling some definitions and theorems (all of them can be found in [6]).

DEFINITION 3.13. Suppose K is AD-regular. Then a family of set $Q_j^k \subset K$ is called a dyadic system if there exist constants $r, \alpha > 0, a_0, A_0 < \infty$ such that

- (i) $\Lambda(K \setminus \bigcup_j Q_j^k) = 0,$ for each k .
 - (ii) For any, i, j, l, k with $l \geq k$, either $Q_i^l \subset Q_j^k$ or, $Q_i^l \cap Q_j^k = \phi$.
 - (iii) For each (k, j) and each $l, l < k$ there is a unique i such that $Q_j^k \subset Q_i^l$.
 - (iv) Diameter $(Q_j^k) \leq A_0 r^k$.
 - (v) Each Q_j^k contains some disk $D(x_j^k, a_0 r^k)$.
 - (vi) $\Lambda\{y \in Q_j^k : \text{dist}(y, K \setminus Q_j^k) \leq t r^k\} \leq A_0 t^\alpha \Lambda(Q_j^k), \quad \forall j, k$.
- See [6] for the existence of a dyadic system for an AD-regular set. Also, following the terminology used in [6], we call Q_j^k a dyadic cube. (Note that Q_j^k is a subset of K and is not a dyadic square.)

REMARK. The proof of existence of a dyadic system in [6] shows that any dyadic cube is itself an AD-regular set.

Let $\mathcal{D}(K)$ be a dyadic system for K .

DEFINITION 3.14. A function $b \in L^\infty(K)$ is said to be dyadic para-accretive if for every $Q_j^k \in \mathcal{D}(K)$, there exists $Q_i^l \in \mathcal{D}(K), Q_i^l \subset Q_j^k$, with $l \leq k + N$ and

$$\left| \int_{Q_i^l} b \, d\Lambda \right| \geq c \Lambda(Q_i^l),$$

for some fixed $c > 0, N < \infty$.

DEFINITION 3.15. A locally integrable function f belongs to dyadic *BMO* if

$$\sup_Q \inf_{C_Q} \Lambda(Q)^{-1} \int_Q |f(z) - C_Q| \, d\Lambda(z) < \infty$$

where the supremum is taken over all dyadic cubes.

We will use the following $T(b)$ theorem:

THEOREM 3.16. *Suppose that b is a dyadic para-accretive function on K and that $\mathcal{C}(b)$ is in dyadic BMO. Then \mathcal{C} is bounded on $L^2(K)$.*

Theorem 3.16 is a special version of a general $T(b)$ theorem, which suffices for our purpose (see [6] Theorem 20, for this general $T(b)$ theorem).

Proof of Theorem 3.12. It is well-know that if $\gamma(K) > 0$ then there is $f \in H^\infty(\overline{\mathbb{C}} \setminus K)$ satisfying $\|f\|_\infty \leq 1$, $f(\infty) = 0$ and $f'(\infty) \neq 0$. In fact, we can write f as the Cauchy integral of an L^∞ function g supported on K satisfying $\|g\|_\infty \leq 1$ and $\int_K g d\Lambda \neq 0$.

Let $\gamma(K) = c_0\Lambda(K)$, $c_0 > 0$. Assume $K \in \mathcal{D}(K)$, denote it by Q_1^1 , and run a stopping-time procedure on it as follows: for $Q_j^2 \in \mathcal{D}(K)$, which is Q_1^1 's child, we stop the construction, if it satisfies

$$(3.5) \quad \left| \int_{Q_j^2} g d\Lambda \right| < \frac{1}{2}c_0\Lambda(Q_j^2) ,$$

i.e. Q_j^2 is a stopping time cube and we put this Q_j^2 aside. If it doesn't satisfy the above inequality, *i.e.*,

$$(3.6) \quad \left| \int_{Q_j^2} g d\Lambda \right| \geq \frac{1}{2}c_0\Lambda(Q_j^2) ,$$

we turn to the next generation, and repeat this argument. We keep this argument going on until it goes through all levels. Let \mathcal{S} be the collection of all stopping time cubes. It is clear that the stopping time cubes are disjoint and satisfy (3.5). Also, it is easy to show

$$(3.7) \quad \Lambda(K \setminus (\cup_{S \in \mathcal{S}} S)) > \frac{1}{2}c_0\Lambda(K) > 0.$$

To construct K' , we need to replace S by a certain good set, Γ_S . By (iv) and (v) under Definition 3.13, for any $S \in \mathcal{S}$, S contains a disk $D(x_S, d_S)$ satisfying $x_S \in S$ and $d_S > c_1 \text{diam}(S)$, where c_1 depends only on a_0 and A_0 , and, thus, we can choose $z_1, z_2 \in D(x_S, d_S) \cap S$ such that

$$(3.8) \quad |z_1 - z_2| \geq c_2d_S \quad \text{and} \quad \text{dist}([z_1, z_2], K \setminus S) \geq c_2d_S,$$

where c_2 depends only on M and c_1 .

Let $c_S = (z_1 + z_2)/2$, $I_S = [z_1, c_S]$ and $J_S = [c_S, z_2]$. Let $\Gamma_S = I_S \cup J_S$. Define

$$K' = (K \setminus \cup_{S \in \mathcal{S}} S) \cup (\cup_{S \in \mathcal{S}} \Gamma_S).$$

By (3.7), $\Lambda(K \cap K') > 0$ and, using the Remark below Definition 3.13 and (3.8), we can easily show that K' is AD-regular.

We now prove K' is locally flat. It suffices to show that, for any $Q \in \mathcal{D}$, there is $DQ \in \mathcal{D}$ such that $Q \subset DQ$, $\ell(DQ) < C_2 \ell(Q)$ and

$$\beta_{K'}(Q) \leq C_3 \beta_K(DQ),$$

where C_2 and C_3 depend only on M , a_0 and A_0 . Let

$$P_Q = \{\Gamma_S : 3Q \cap \Gamma_S \neq \phi \quad \text{and} \quad 3Q \cap (K' \setminus \Gamma_S) \neq \phi\}.$$

Let

$$E_Q = \cup \{\Gamma_S : \Gamma_S \in P_Q\}.$$

It is clear that, if $P_Q = \phi$, then either $3Q \cap K' \subset \Gamma_S$ or, $3Q \cap K' \subset K \setminus \cup_{S \in \mathcal{S}} S$. But, in both cases, we have $\beta_{K'}(Q) \leq \beta_K(Q)$, and we choose $DQ = Q$. We now assume $P_Q \neq \phi$. Note, for any $\Gamma_S \in P_Q$, we can find $a \in 3Q \cap \Gamma_S$, and $b \in 3Q \cap (K' \setminus \Gamma_S)$. By the choice of Γ_S , $S \in \mathcal{S}$, it is clear that, there is a constant C depending only on M , c_0 and A_0 such that

$$\Lambda(\Gamma_S) \leq C \ell(Q),$$

which yields $\Gamma_S \subset 10CQ$. We choose a dyadic square DQ such that

$$10CQ \subset 3DQ, \quad \text{and} \quad \ell(DQ) \leq 10\ell(10CQ).$$

Then, we have

$$\sup_{x \in (3Q \cup K') \cup E_Q} \text{dist}(x, L) \leq \sup_{y \in 3DQ \cap K} \text{dist}(y, L),$$

for any straight line L , and, thus, by the definition of $\beta_K(Q)$, this yields,

$$\beta_{K'}(Q) \leq \frac{\ell(DQ)}{\ell(Q)} \beta_K(DQ) \leq 100C \beta_K(DQ).$$

Hence K' is locally flat.

By Theorem 3.16, to prove that the Cauchy integral operator is L^2 bounded on K' , we need only to find a dyadic para-accretive function b such that $\mathcal{C}(b)$ is a dyadic BMO function defined on K' . To construct b , we recall that, for any $S \in \mathcal{S}$, $\Gamma_S = I_S \cup J_S$, $I_S = [z_1, c_S]$ and $J_S = [c_S, z_2]$, where $z_1, z_2 \in S$ and $c_S = (z_1 + z_2)/2$. By (3.8), it is clear that

$$\Lambda(S) \leq C_4 \Lambda(J_S),$$

where C_4 is independent of S . We define a piecewise constant function g_S on Γ_S by $g_S = C$ on I_S , and $g_S = -C + \frac{1}{\Lambda(J_S)} \int_S g d\Lambda$ on J_S , where $C = 2C_4$. By this definition, it is clear that

$$(3.9) \quad \int_{\Gamma_S} g_S d\Lambda = \int_S g d\Lambda$$

and, on Γ_S ,

$$(3.10) \quad 1 < |g_S(x)| < C.$$

Let

$$b = \begin{cases} g & \text{on } K' \cap K \\ g_s & \text{on } \Gamma_S, \quad S \in \mathcal{S}. \end{cases}$$

We show that b is a dyadic para-accretive function.

First of all, we have to define a dyadic system $\mathcal{D}(K')$ associated to K' . Let

$$\mathcal{D}_1(K') = \{Q' : Q' = (Q \setminus \cup S) \cup (\cup_{S \subset Q} \Gamma_S), \quad Q \in \mathcal{D}(K) \setminus \mathcal{S}\},$$

which is called the dyadic cube class of type 1. Since Γ_S is an interval, we define by $\mathcal{D}(\Gamma_S)$ to be all bisecting subintervals of Γ_S . It is clear that I_S and J_S are in $\mathcal{D}(\Gamma_S)$. Let

$$\mathcal{D}_2(K') = \cup_{S \in \mathcal{S}} \mathcal{D}(\Gamma_S),$$

which is called the dyadic cube class of type 2. Define $\mathcal{D}(K') = \mathcal{D}_1(K') \cup \mathcal{D}_2(K')$.

We choose $Q' \in \mathcal{D}(K')$ which is of type 1. Choose $Q \in \mathcal{K}$ associated to Q' . Then Q is not a stopping time cube. By (3.9) and (3.6),

$$\left| \int_{Q'} b d\Lambda \right| = \left| \int_Q g d\Lambda \right| \geq c'_0 \Lambda(Q'),$$

where c'_0 is independent of Q' . Choose $Q' \in \mathcal{D}(K')$ which is of type 2, i.e. $Q' \in \mathcal{D}(\Gamma_S)$ for some $S \in \mathcal{S}$. Let $R = Q'$, if $Q' \neq \Gamma_S$, and let $R = I_S$, if $Q' = \Gamma_S$. Since either $R \subset I_S$ or, $R \subset J_S$, by (3.10),

$$\left| \int_R b \, d\Lambda \right| = \left| \int_R g_S \, d\Lambda \right| \geq \Lambda(R).$$

Hence, b is a dyadic para-accretive function.

To show that b is a dyadic BMO function, it suffices to show that

$$(3.11) \quad \int_Q |\mathcal{C}(b\chi_Q)| \, d\Lambda \leq C_0\Lambda(Q).$$

Choose $Q' \in \mathcal{D}(K')$. Note that, if Q' is of type 2, say $Q' \in \mathcal{D}(\Gamma_S)$, for some $S \in \mathcal{S}$, since the Cauchy integral operator is bounded on $L^2(I_S)$ with a constant independent of S , we can easily show (3.11) is true for Q' . Thus, we need only to consider the case when Q' is of type 1. The following two estimates will be used:

$$(3.12) \quad \int_Q |\mathcal{C}(g\chi_Q)| \, d\Lambda \leq C_5\Lambda(Q)$$

and

$$(3.13) \quad \int_{Q \setminus S} \int_{S'} \left| \frac{1}{x-y} - \frac{1}{x_S-y} \right| \, d\Lambda(x) \, d\Lambda(y) \leq C_5\Lambda(S),$$

where S' is S or Γ_S and x_S satisfies $\text{dist}(x_S, Q \setminus S) > c\Lambda(S)$. They can be proved by using the fact that $|f(z)| \leq 1, \forall z \in \mathbb{C} \setminus K$ and (i)-(vi) in Definition 3.13. Since Q' is of type 1, and by (3.9),

$$\begin{aligned} \mathcal{C}(b\chi_Q)(y) &= \int_{Q \setminus (U \cup S)} \frac{g(x)}{x-y} \, d\Lambda(x) + \int_{U \cup S \subset Q \cap \Gamma_S} \frac{g_S(x)}{x-y} \, d\Lambda(x) \\ &= \mathcal{C}(g\chi_Q)(y) + \sum_{S \subset Q} \int_{\Gamma_S} g_S(x) \left\{ \frac{1}{x-y} - \frac{1}{x_S-y} \right\} \, d\Lambda(x) \\ &\quad + \sum_{S \subset Q} \int_S g(x) \left\{ \frac{1}{x_S-y} - \frac{1}{x-y} \right\} \, d\Lambda(x). \end{aligned}$$

Hence, using (3.12) and (3.13), we have

$$\begin{aligned}
 \int_Q |\mathcal{C}(b\chi_Q)(y)| d\Lambda(y) &\leq C_6\Lambda(Q) + C_6 \sum_{S \subset Q} \Lambda(S) \\
 &\quad + \sum_{S \subset Q} \int_{Q \setminus S} \int_{\Gamma_S} \left| \frac{1}{x_S - y} - \frac{1}{x - y} \right| d\Lambda(x) d\Lambda(y) \\
 &\quad + \sum_{S \subset Q} \int_{Q \setminus S} \int_S \left| \frac{1}{x_S - y} - \frac{1}{x - y} \right| d\Lambda(x) d\Lambda(y) \\
 &\leq C_7\Lambda(Q) + C_8 \sum_{S \subset Q} \Lambda(S) \\
 &\leq C_0\Lambda(Q)
 \end{aligned}$$

and (3.11) is proved. Therefore, Theorem 3.12 is proved. □

Proof of Theorem II. Since K is AD-regular, without lose of generality, we may assume K is of finite one-dimensional Hausdorff measure. By Theorem 3.12, we can find a locally flat K' such that $\Lambda(K' \cap K) > 0$ and \mathcal{C} is bounded on $L^2(K')$. Fix an arbitrary small positive number δ . We claim that $K = Z \cup (\cup_j K_j)$, $\Lambda(Z) = 0$ and, for each j , K_j is AD-regular and satisfies

$$\beta_{K_j}(Q) \leq \delta, \quad \forall Q \in \mathcal{D}.$$

Let $\mathcal{D}(K') = \{Q_j^k\}$. Let $Z_k = K' \setminus (\cup_j Q_j^k)$ and $Z = \cup_k Z_k$. Since, by (i) of Definition 3.13, $\Lambda(Z_k) = 0, \forall k, \Lambda(Z) = 0$. For $x \in K' \setminus Z$, there exists $\{Q_{j_k}^k\}$ such that $x \in \cap_j Q_{j_k}^k$, and, since K' is locally flat, there exists $Q_{j_{k_x}}^{k_x}$ containing x such that, $\forall Q \in \mathcal{D}$ satisfying

$$\ell(Q) < \text{diam}(Q_{j_{k_x}}^{k_x}) \quad \text{and} \quad Q \cap Q_{j_{k_x}}^{k_x} \neq \phi,$$

we have

$$\beta_{K'}(Q) \leq \delta.$$

Letting $K_x = Q_{j_{k_x}}^{k_x}$, this yields

$$\beta_{K_x}(Q) \leq \delta, \quad \forall Q \in \mathcal{D}.$$

Since K_x is a dyadic cube, K_x is AD-regular by the Remark following Definition 3.13. Using a standard covering argument, we obtain

our claim. Since \mathcal{C} is bounded on $L^2(K')$, \mathcal{C} is uniformly bounded on $L^2(K_j)$, $\forall j$ with bound independent of δ . Hence, if we choose δ to be small enough, then, by Theorem I, K_j is a subset of the chord-arc curve Γ_j for all j (therefore, a subset of rectifiable curve). Hence, there must be Γ_{j_0} such that $\Lambda(K \cap \Gamma_{j_0}) > 0$. Theorem II is proved. \square

COROLLARY. *If K is locally flat, $\Lambda(K) < \infty$, and B -irregular, then $\gamma(K) = 0$.*

The proof of this corollary is obvious and we omit it.

An Example of Locally Flat Set: the Snowflake. The snowflake set E constructed by G. David and S. Semmes (see [11], 135-137) is defined as follows: given a sequence $\{\alpha_n\}$ of small real numbers, say less than $\frac{1}{100}$, we construct E_n recursively according to the following recipe. We take E_0 to be the unit interval on the x -axis. Suppose E_{n-1} has been constructed. To construct E_n we replace each line segment L of E_{n-1} by four segments L_1, L_2, L_3, L_4 with the following properties. (See Figure 0.)

(3.14) The length of L_i is 4^{-n} , $i = 1, 2, 3, 4$.

(3.15) The endpoint of L_i is the initial point of L_{i+1} , $i = 1, 2, 3$.

(3.16) The L_i 's make the angles $0, \alpha_n, \pi - \alpha_n$, and 0 , respectively, with L .

(3.17) The midpoint of L is also the midpoint of the segment that joins the initial point of L_1 to the endpoint of L_4 .

Let E be the limiting set of the E_n 's in the Hausdorff metric. In [11] they prove the following properties of E :

(i) E is AD-regular.

(ii) E is B-regular iff $\sum \alpha_n^2 < \infty$.

Note, using their construction of the snowflake set E , it not hard to see, if $\lim_{n \rightarrow \infty} \alpha_n = 0$, E is locally flat. So, we cannot use Mattila's theorem to characterize its analytic capacity. But, using Theorem II and (ii), we obtain, immediately, the following result:

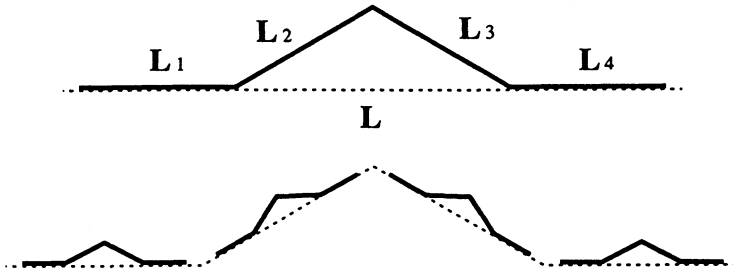


FIGURE 0. \cdots the old curves
 $—$ the new curves.

PROPOSITION 3.17. *Suppose the snowflake set E satisfies $\lim_{n \rightarrow \infty} \alpha_n = 0$. Then $\gamma(E) > 0$ iff $\sum \alpha_n^2 < \infty$.*

4. A Characterization of Subsets of Some Quasiconformal Circles. In this section we prove Theorem 1.2. Let K be a compact set (that may not be AD-regular) in the complex plane which satisfies the condition in Theorem 1.1

$$(4.0) \quad \beta(K) \leq \delta$$

with $\delta = 2^{-\pi \varepsilon^{-1}}$ and $\varepsilon < \frac{1}{100}$. Without loss of generality we can assume $K \subset [1/4, 3/4] \times [1/4, 3/4]$, because (4.0) and the three points condition are dilation and translation invariant.

Some lemmas. To construct an s-quasicircle with constant ε containing K , we begin with some simple lemmas.

LEMMA 4.1. *Suppose $\beta(K) \leq \delta$, $\delta < \frac{1}{10}$ and suppose $x, y, z \in K$ satisfy*

$$(4.1) \quad |x - z| \geq \frac{1}{2} \max\{|x - y|, |y - z|\}.$$

Then

$$(4.2) \quad \text{dist}(y, L) < 148\delta|x - z|,$$

where L is the straight line containing $[x, z]$.

Proof. Let $|x - z| \in [2^{-k-1}, 2^{-k}]$. Choose $Q \in \mathcal{D}$ such that $\ell(Q) = 2^{-k+1}$ and $y \in Q$. It is clear that $\ell(Q) \leq 4|x - z|$. Since (4.1), $x, y, z \in 3Q$. Let L_0 be the straight line such that

$$\sup_{u \in 3Q} \text{dist}(u, L_0) = \beta_K(Q)\ell(Q);$$

in particular,

$$\text{dist}(w, L_0) \leq \beta_K(Q)\ell(Q), \quad w = x, y, z.$$

Let L be the straight line containing $[x, z]$. If L_0 is parallel to L it is easy to prove (4.2). Otherwise, let $L_0 \cap L = \{x_0\}$. If $x_0 \in [x, z]$, without loss of generality we can assume $|x - x_0| < |x_0 - z|$ which implies $|x_0 - z| \geq 1/2|x - z|$. If $x_0 \notin [x, z]$, $\max\{|x - x_0|, |x_0 - z|\} \geq |x - z|$. Without loss of generality we can assume $|x_0 - z| \geq 1/2|x - z|$. Thus, for $x_l \in 3Q \cap L_0$,

$$\begin{aligned} \text{dist}(x_l, L) &= \frac{\text{dist}(z, L_0)}{|x_0 - z|} |x_0 - x_l| \\ &\leq \frac{\beta_K(Q)\ell(Q)}{\frac{1}{8}\ell(Q)} 3\sqrt{2}\ell(Q) \\ &\leq 144\delta|x - z|. \end{aligned}$$

Therefore,

$$\begin{aligned} \text{dist}(y, L) &\leq \text{dist}(y, L_0) + \sup_{x_l \in 3Q \cap L_0} \text{dist}(x_l, L) \\ &\leq \beta_K(Q)\ell(Q) + 144\delta|x - z| \\ &\leq 148\delta|x - z|. \end{aligned}$$

Lemma 4.1 is proved. □

LEMMA 4.2. Suppose $\beta(K) \leq \delta$, $\delta < \frac{1}{10}$ and x, y, z satisfy

$$\begin{aligned} |x - z| &\geq \frac{1}{2} \max\{|x - y|, |y - z|\} \\ C^{-1} &\leq \frac{|x - y|}{|y - z|} \leq C, \end{aligned}$$

where C is independent of x, y, z . Then

$$\begin{aligned}\theta_x &= |\arg(z - x) - \arg(y - x)| \leq C_1\delta \\ \theta_z &= |\arg(x - z) - \arg(y - z)| \leq C_1\delta,\end{aligned}$$

where $C_1 = 19\pi(1 + C)$.

Proof. By Lemma 4.1,

$$\text{dist}(y, L) \leq 148\delta|x - z|,$$

where L is the straight line containing $[x, z]$. So, by our assumption,

$$\sin(\theta_x) = \frac{\text{dist}(y, L)}{|x - y|} \leq 148(1 + C)\delta$$

and this yields

$$\theta_x \leq 19\pi(1 + C)\delta.$$

Similarly, we can also show

$$\theta_z \leq 19\pi(1 + C)\delta.$$

Lemma 4.2 is proved. □

LEMMA 4.3. *Suppose x, y, z satisfy*

$$|x - y| + |y - z| \leq (1 + \varepsilon)|x - z|,$$

then

$$\text{dist}(y, L) \leq 2\varepsilon^{\frac{1}{2}}|x - z|,$$

where L is a straight line containing $[x, z]$.

Proof. Let L be a straight line containing $[x, z]$. By the Pythagorean theorem,

$$2(\text{dist}(y, L))^2 \leq (|x - y| + |y - z|)^2 - |x - z|^2,$$

and, then, Lemma 4.3 follows immediately, from our assumption. □

LEMMA 4.4. *Suppose $K_1 \subset K$ and $K_2 \subset \mathbb{C}$. Let $K' = (K \setminus K_1) \cup K_2$. Then*

$$\beta_{K'}(Q) \leq \frac{1}{\ell(Q)} \sup_{x \in K_2 \cap 3Q} \text{dist}(x, K \cap 3Q) + \beta_K(Q),$$

where Q is any dyadic square.

Proof. Without loss of generality we can assume that K is compact. For any $x \in K_2 \cap 3Q$, where Q is a dyadic square, there is $x_Q \in K \cup 3Q$ such that $|x - x_Q| = \text{dist}(x, K \cap 3Q)$. Thus,

$$(4.2) \quad \text{dist}(x, L) \leq \text{dist}(x, K \cap 3Q) + \text{dist}(x_Q, L),$$

for any straight line L . By the definition of $\beta_K(Q)$, there is L_Q such that

$$\ell(Q)\beta_K(Q) = \inf_L \sup_{y \in K \cap 3Q} \text{dist}(y, L) = \sup_{y \in K \cap 3Q} \text{dist}(y, L_Q)$$

and, then, using (4.2), we obtain

$$(4.3) \quad \sup_{y \in K_2 \cap 3Q} \text{dist}(y, L_Q) \leq \sup_{y \in K_2 \cap 3Q} \text{dist}(y, K \cap 3Q) + \ell(Q)\beta_K(Q).$$

Thus, if there exists $\{x_j\} \subset K_2 \cap 3Q$ such that

$$(4.4) \quad \lim_{j \rightarrow \infty} \text{dist}(x_j, L_Q) = \sup_{x \in K' \cap 3Q} \text{dist}(x, L_Q),$$

where $K' = (K \setminus K_1) \cup K_2$, then, by (4.2),

$$\ell(Q)\beta_{K'}(Q) \leq \sup_{y \in K' \cap 3Q} \text{dist}(y, L_Q) = \sup_{y \in K_2 \cap 3Q} \text{dist}(y, K \cap 3Q).$$

Hence, because of (4.3), Lemma 4.4 follows immediately. We assume now there is no $\{x_j\} \subset K_2 \cap 3Q$ such that (4.4) holds, which means that there exists $\{x_j\} \subset (K \setminus K_1) \cap 3Q$ such that (4.4) holds. Thus, we have

$$\begin{aligned} \ell(Q)\beta_{K'}(Q) &\leq \sup_{x \in K' \cap 3Q} \text{dist}(y, L_Q) \\ &\leq \sup_{x \in K \cap 3Q} \text{dist}(y, L_Q) = \ell(Q)\beta_K(Q). \end{aligned}$$

Lemma 4.4 now follows. □

LEMMA 4.5. *Suppose Γ is a Jordan curve satisfying (4.0) with constant $\varepsilon < \frac{1}{100}$. Then Γ is an s -quasicircle with constant $C_0\varepsilon$.*

Proof. To show Γ is a s -quasicircle with constant $C_0\varepsilon$, we need to verify that, for $x, z \in \Gamma$,

$$|x - y| + |y - z| \leq (1 + C_0\varepsilon)|x - z|, \quad \forall y \in \Gamma(x, z).$$

Without loss generality we assume $x = 0, z > 0$, and $|x - y| \leq |y - z|$. Choose $y \in \Gamma(x, z)$. If $\Re(y) \geq 0$, by (4.0) and Lemma 4.1, it is easy to see that

$$|x - y| + |y - z| \leq (1 + 148\varepsilon)|x - z|.$$

We now assume $\Re(y) < 0$. Lemma 4.5 follows immediately if we can prove:

CLAIM. *If $y \in \Gamma(x, z)$ satisfies $\Re(y) < 0$, then $|x - y| \leq 50\varepsilon|x - z|$.*

To prove this Claim, we observe that, if the Claim is false, i.e., there is $y_0 \in \gamma(x, z)$ satisfying $\Re(y_0) < 0$ such that $|x - y_0| > 50\varepsilon|x - z|$, then, since Γ satisfies (4.0) with constant ε , we have $|\arg(y_0)| > 3/4\pi$. We choose $Q_0 \in \mathcal{D}$ containing y_0 and satisfying

$$|x - y_0| < \ell(Q_0) \leq 2|x - y_0|.$$

Then, $x \in 3Q_0$, and $\Gamma(y_0, x)$ (and, thus, $\Gamma(y_0, z) \cap 3Q_0$) is contained in a strip of width less than $2\varepsilon\ell(Q_0)$.

Next, since Γ is a Jordan curve, we can choose $Q_1 \in \mathcal{D}$ such that $\ell(Q_1) < 4\varepsilon\ell(Q_0)$

(i) $\text{dist}(y_0, 3Q_1) > 0,$

$Q_1 \cap \Gamma(x, y_0) \neq \emptyset$ and $3Q_1 \cap \Gamma(y_0, z) \neq \emptyset$. By (4.0), $\Gamma(y_0, x) \cap 3Q_1$ and $\Gamma(y_0, z) \cap 3Q_1$ are contained in a strip of width less than $2\varepsilon\ell(Q_1)$ (see Figure 1). So, we can repeat the above process again. Recursively using (4.0) with constant ε and the fact that Γ is a Jordan curve, we can find $\{Q_n\} \subset \mathcal{D}$ such that

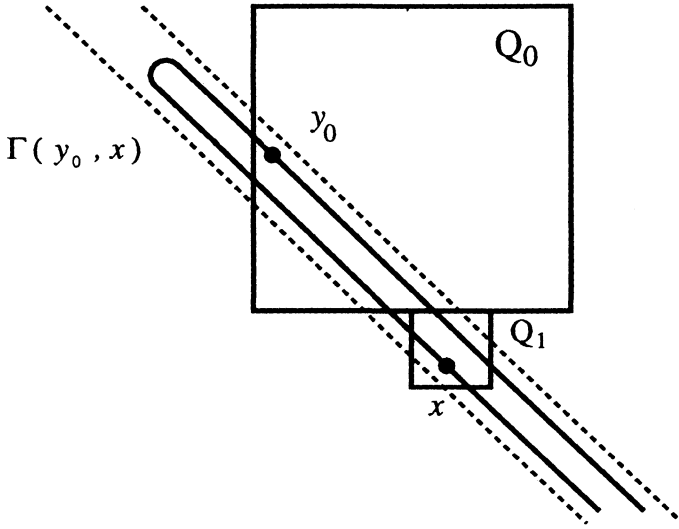


FIGURE 1.

- (ii) $3Q_{n+1} \subset 3Q_n, \quad \forall n,$
- (iii) $\ell(Q_{n+1}) < 4\varepsilon\ell(Q_n), \quad \forall n,$
- (iv) $Q_n \cap \Gamma(x, y_0) \neq \emptyset$ and $Q_n \cap \Gamma(y_0, z) \neq \emptyset, \quad \forall n.$

Since $\varepsilon < \frac{1}{10}$, taking limits, we see that $\Gamma(x, y_0) \cap \Gamma(y_0, z) \neq \{y_0\}$, which contradicts the fact that Γ is a Jordan curve. The Claim is, thus, proved. Therefore, Lemma 4.5 is proved. □

Proof of Theorem 1.2. The strategy we use essentially follows [20]. Using Lemma 4.3, it is easy to show the converse part of Theorem 2.1. To prove the rest of Theorem 1.2, we choose $\mathcal{Z}_n = \{z_j^n\} \subset K$ satisfying

$$(4.6) \quad \begin{aligned} |z_i^n - z_j^n| &\geq 2^{-n}, \quad i \neq j, \\ K &\subset \cup_{z_j^n \in \mathcal{Z}_n} D(z_j^n, 2^{-n}) \end{aligned}$$

and, also, let $\mathcal{K}_n = \mathcal{Z}_n \setminus \mathcal{Z}_{n-1}$. It is clear that $\mathcal{Z}_n \subset \mathcal{Z}_{n+1}$. and $\cup_n \mathcal{Z}_n$ is dense in K . If we can construct a Jordan curve containing

$\cup_n \mathcal{Z}_n$, then, by continuity, the curve will contain the set K . To construct such a curve, by Lemma 4.5, it is enough to construct Γ_n containing \mathcal{Z}_n with the uniform estimate: $\beta(\Gamma_n) \leq C_0\varepsilon, \forall n$.

Before we give the details of the construction of Γ_n , let us describe the idea of the construction. By (4.0), we can see that the points of K are distributed in a strip-shaped region at any scale. So, at the fixed scale 2^{-n} , because of (4.6), we may think of \mathcal{Z}_n to consist of groups of points such that the points in the one group are close to each other, while points from different groups are sufficiently separated. Hence, we may use Construction-A (see below) to join the points in the same group, and use Construction-B (see below) to join different groups, and, by (4.0), essentially, we can control the estimate $\beta(\Gamma_n)$ uniformly.

Now, let us start the construction of Γ_n . Our construction is based on the following:

Construction-A(x, y). Suppose $x, y \in \mathcal{Z}_n$ satisfy $|x - y| \leq 2^{-n+10}$. Without loss of generality we may assume $x = 0$ and $y > 0$. Taking all possible $x_j \in \mathcal{K}_{n+1} \cap D(x, \delta^{-1}2^{-n-2}), j = 1, \dots, m$ which satisfy $\Re(x_j) \in [x, y]$ and $\Re(x_j) < \Re(x_{j+1})$, we set

$$\gamma_{[x,y]} = \cup_{j=0}^m [x_j, x_{j+1}],$$

where $x_0 = x, x_{m+1} = y$, and the construction is completed. (See Figure 2-(1).) □

Construction-B(x_1, x_2, x_3). Suppose $x_1, x_2, x_3 \in \mathbb{C}$ satisfy

$$|x_1 - x_2| < |x_2 - x_3| \quad \text{and} \quad \text{dist}(x_2, L) \leq 2^{25}\delta|x_1 - x_3|,$$

and, up to a rigid transformation, $x_1 = 0, x_3 > 0$ and $\arg(x_2) \in [0, \frac{3\pi}{4}]$. Then,

- If $\arg(x_2) \leq \varepsilon$, we choose $z \in (x_1, x_3)$ such that $|x_1 - x_2| = |x_2 - z|$, and set

$$\gamma_{[x_1,x_3]} = [x_1, x_2] \cup [x_2, z] \cup [z, x_3].$$

- If $\arg(x_2) > \varepsilon$, we choose z_0, z_1, \dots, z_s such that $z_0 = x_1, z_1 = x_2$, and

$$\arg(z_j) - \arg(z_{j+1}) = \varepsilon \quad \text{and} \quad \arg(z_{s-1}) - \arg(z_s) = \varepsilon_0, \tag{4.7}$$

$$|z_j - z_{j+1}| = |z_j|, \quad j = 0, \dots, s - 1,$$

where $0 < \varepsilon_0 \leq \varepsilon$, $z_s \in (x_1, x_3)$. By (4.7), it is clear that

$$(4.8) \quad \begin{aligned} |z_{j+1}| &= |z_j|2 \cos \varepsilon, & 0 \leq j \leq s-2, \\ |z_s| &= |z_{s-1}|2 \cos \varepsilon_0, & \text{and} \\ s\varepsilon + \varepsilon_0 &= \arg(x_2). \end{aligned}$$

Let

$$\gamma_{[x_1, x_3]} = \cup_{j=0}^s [z_j, z_{j+1}], \quad z_{s+1} = x_3.$$

The construction is completed. (See Figure 2-(2), $s = 5$.)

□

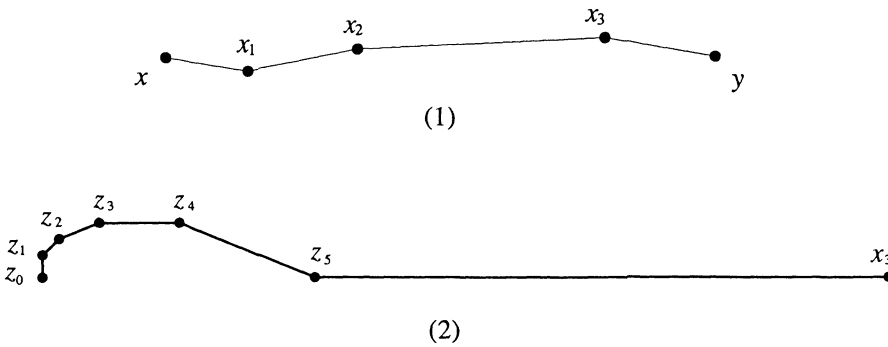


FIGURE 2.

We need the following lemma:

LEMMA 4.6. *Suppose γ is constructed by the above constructions. Then $\beta_\gamma(Q) \leq C_0\varepsilon$, for all $Q \in \mathcal{D}$. Moreover,*

(i) *If γ is constructed by Construction-A, then*

$$\sup_{z \in \gamma} \text{dist}(z, [x, y]) \leq 148\delta|x - y|.$$

(ii) *If γ is constructed by Construction-B, i.e.*

$$\gamma_{[x_1, x_3]} = \cup_{j=0}^s [z_j, z_{j+1}], \quad z_0 = x_1, \quad z_1 = x_2 \quad \text{and} \quad z_{s+1} = x_3,$$

then, let θ be the smaller angle between $[x_1, x_2]$ and $[x_1, z_s]$,

$$\sup_{z \in \gamma} \text{dist}(z, L) \leq \varepsilon 2^{\theta\varepsilon^{-1}} |x_1 - x_2| \quad \text{and} \quad |x_1 - z_s| \leq 2^{\theta\varepsilon^{-1}} |x_1 - x_2|.$$

where L is the straight line containing $[x_1, x_3]$.

Proof. Using (4.0), Lemma 4.1, Lemma 4.2 and the assumption of Construction-B, it is easy to prove $\beta_\gamma \leq C_0\varepsilon$. (i) follows from (4.0) and Lemma 4.1.

Let $\gamma = \cup_{j=0}^m [z_j, z_{j+1}]$, $z_0 = x_1$, $z_1 = x_2$ and $z_{n+1} = x_3$. Without loss of generality we assume $x_1 = 0$, $x_3 > 0$. Note that

$$\sup_{w \in \gamma} \text{dist}(w, \mathbb{R}) = \max_{0 < j < s} |\Im(z_j)|.$$

Also, by Construction-B, if $\arg(z_j) > 2\varepsilon$, then $\Im(z_{j+1}) > \Im(z_j)$. Thus, if we assume z_{j_0} is maximal, $\arg(z_{j_0}) \leq 2\varepsilon$. Hence, using (4.7), and (4.8),

$$\begin{aligned} |\Im(z_{j_0})| &= |x_1 - x_2| (2 \cos \varepsilon)^{j_0-1} \sin(\arg(z_{j_0})) \\ &\leq |x_1 - x_2| 2^{s-1} \varepsilon \\ &\leq \varepsilon 2^{\theta\varepsilon-1} |x_1 - x_2|. \end{aligned}$$

Here we used $\varepsilon(s-1) \leq \theta$. Similarly, we have

$$|x_1 - z_s| \leq |x_1 - x_2| 2^{s-1} \leq 2^{\theta\varepsilon-1} |x_1 - x_2|.$$

Thus, (ii) is proved. \square

We now use the induction on n to construct the Jordan curve Γ_n containing \mathcal{Z}_n and satisfying the estimate: $\beta(\Gamma_n) \leq C_0\varepsilon$. The construction of Γ_1 is trivial. We omit it. We assume that we have constructed Γ_n which satisfies the following conditions:

A-1. Γ_n contains \mathcal{Z}_n and consists of intervals such that the smaller angle between two adjacent intervals is at least $\pi - 2\varepsilon$. Also, $\Gamma_n = \cup_I \gamma_I$, where $I = [z_1, z_2]$, $z_1, z_2 \in \mathcal{Z}_n$, $z_1 \neq z_2$ such that $\gamma_I \cap \mathcal{Z}_n = \{z_1, z_2\}$ and, if γ_I is not an interval, *i.e.*,

$$\gamma_I = [z_1, v_1] \cup [v_1, v_2] \cup \dots \cup [v_m, z_2].$$

Then there exists $z \in \mathcal{Z}_n$ such that either $z_1 \in (z, v_1)$, or, $v_1 \in (z, z_1)$, and

$$|z_1 - v_1| \geq \max \left\{ 2^{-n+2}, \frac{1}{2^9} |z - z_1| \right\}.$$

(See Figure 5, $z_1 = u_m$). Let $L_n = 2^{\frac{3}{4}\pi\varepsilon^{-1}}2^{-n-1}$, the next condition is

A-2. For $Q \in \mathcal{D}$, if $\ell(Q) > L_n$, then

$$(i) \quad \beta_{\Gamma_n}(Q) \leq C_0\varepsilon \frac{L_n}{\ell(Q)} + \beta_{\Gamma_{n-1}}(Q),$$

and, if $2^{-n} \leq \ell(Q) \leq L_n$, then either

$$(ii) \quad \beta_{\Gamma_n} \leq C_0\varepsilon \frac{2^{-n}}{\ell(Q)} + \beta_{\Gamma_{n-1}}(Q), \quad \text{or} \quad \beta_{\Gamma_n} \leq C_0\varepsilon,$$

and, finally, if $\ell(Q) < 2^{-n}$, then

$$(iii) \quad \beta_{\Gamma_n}(Q) \leq C_0\varepsilon.$$

Construction of Γ_{n+1} . To construct Γ_{n+1} , we pick $w \in \mathcal{K}_{n+1}$ and choose $u_0 \in \mathcal{Z}_n$ such that $|u_0 - w| = \text{dist}(w, \mathcal{Z}_n)$. and choose $u_{-1}, u_1 \in \mathcal{Z}_n$ such that u_{-1} is next to u_0 on the left side of u_0 on Γ_n , and u_1 is next to u_0 on the right side of u_0 on Γ_n .

Let $I = [u_{-1}, u_0]$, $J = [u_0, u_1]$ and $\gamma_I, \gamma_J \subset \Gamma_n$. The construction around w will be considered by several cases.

Case I. One of the intervals is of length less than 2^{-n+10} .

Without loss of generality we assume $\ell(J) < 2^{-n+10}$. Let us begin with the construction in the direction of the right side of u_0 . Since $|u_0 - u_1| < 2^{-n+10}$, we use Construction-A(u_0, u_1) to obtain a curve denoted by $P_{[u_0, u_1]}$ and, choose $u_2 \in \mathcal{Z}_n$ at the right side of u_1 on Γ_n , and next to u_1 . If $|u_1 - u_2| < 2^{-n+10}$, we repeat the above process to obtain $P_{[u_1, u_2]}$ and pick $u_3 \in \mathcal{Z}_n$ such that u_3 is next to u_2 and at the right side of u_2 on Γ_n . We can keep this process going until, say, at m th step,

$$(4.9) \quad |u_m - u_{m+1}| \geq 2^{-n+10}.$$

We are now going to use Construction-B to construct the curve $P_{[u_m, u_{m+1}]}$ and finish our construction in the direction of the right side of w . (See Figure 3, $m=2$.)

It will be helpful for understanding our construction if we keep the following fact in mind: by (4.6) and (4.9), points in \mathcal{K}_{n+1} that

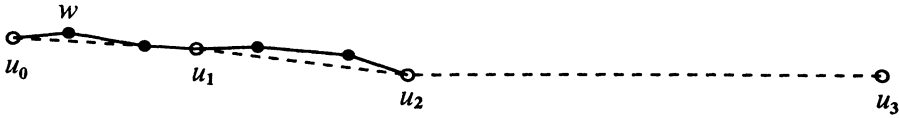


FIGURE 3.

have not been constructed yet, are either “close” to u_m , or “far away” from u_m . Let

$$(D(u_m, 2^{-n}) \cap \mathcal{K}_{n+1}) \cup \{u_m\} = \{y_j\}_{j=1}^s.$$

For convenience, we assume $u_{m-1} < 0$, *i.e.*, $\arg(u_{m-1}) = \pi$, $u_m = 0$ and $\Re(y_j) < \Re(y_{j+1})$, for $j = 1, \dots, s - 1$.

Case I-1. $s > 1$.

If $y_s \neq u_m$, we choose $v \in \mathbb{C}$ such that

$$y_s \in (u_m, v) \quad \text{and} \quad |y_s - v| = 2^{-n+1}.$$

(See Figure 4-(1).) If $y_s = u_m$, we choose $v \in \mathbb{C}$ such that

$$u_m \in (y_{s-1}, v) \quad \text{and} \quad |u_m - v| = 2^{-n+1}.$$

(See Figure 4-(2).) We are now going to verify the conditions permitting the use of Construction-B. The considerations are divided into two cases.

Case I-1.1. $\gamma_{[u_m, u_{m+1}]} = [u_m, u_{m+1}]$. (See Figure 4.)

We will perform Construction-B(u_m, v, u_{m+1}). Since y_s, u_m, u_{m+1} are in K , using Lemma 4.1,

$$\begin{aligned} \text{dist}(v, [u_m, u_{m+1}]) &\leq \\ &2 \text{dist}(y_s, [u_m, u_{m+1}]) \leq 296\delta |u_m - u_{m+1}|. \end{aligned}$$

By (4.9), it is clear that

$$|u_m - v| < |v - u_{m+1}|.$$

By (4.6), $2^{-n-1} \leq |u_m - y_s| < 2^{-n}$. Note

$$|u_{m-1} - u_m| < 2^{-n+10} \quad \text{and} \quad u_{m-1}, u_m, y_s \in K,$$

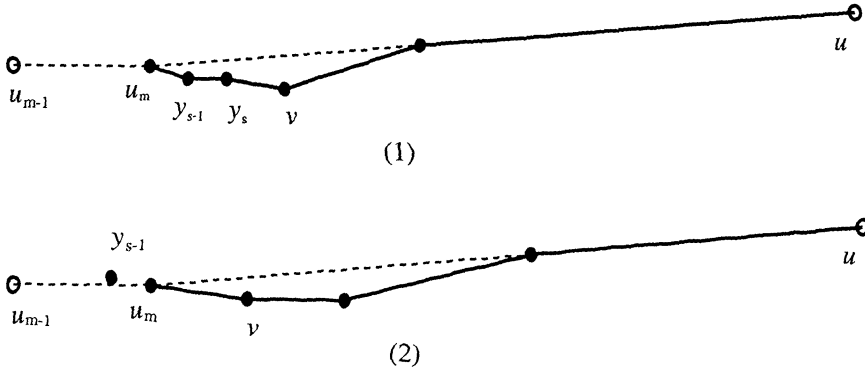


FIGURE 4.

and, by Lemma 4.2 and (4.0), it is easy to see $|\arg(y_s)| < \varepsilon$. Since $\arg(v) = \arg(y_s)$, and, by A-1, the smaller angle between $[u_{m-1}, u_m]$ and $[u_m, u_{m+1}]$ is at least $\pi - 2\varepsilon$,

$$(4.10) \quad |\arg(v) - \arg(u_{m+1})| < 3\varepsilon.$$

Thus, we obtained the condition for Construction-B(u_m, v, u_{m+1}). Therefore, we apply Construction-B(u_m, v, u_{m+1}) and obtain $P'_{[u_m, u_{m+1}]}$. Let $y_{s_0} = u_m$ and let

$$P_{[u_m, u_{m+1}]} = \left(P'_{[u_m, u_{m+1}]} \setminus [u_m, y_s] \right) \cup \left(\bigcup_{j=s_0}^s [y_j, y_{j+1}] \right).$$

(See Figure 4.)

Case I-1.2. $\gamma_{[u_m, u_{m+1}]} \neq [u_m, u_{m+1}]$. (See Figure 5.)

We will perform Construction-B(u_m, v, v_1). Let

$$\gamma_{[u_m, u_{m+1}]} = [u_m, v_1] \cup \dots \cup [v_k, u_{m+1}], \quad k \geq 1.$$

By induction A-1, there is $z \in \mathcal{Z}_n$ such that either $u_m \in (z, v_1)$ (see Figure 5-(1)) or, $v_1 \in (u_m, z)$, (see Figure 5-(2)) and

$$(4.11) \quad |u_m - v_1| \geq \max \left\{ 2^{-n+2}, \frac{1}{2^9} |u_m - z| \right\}.$$

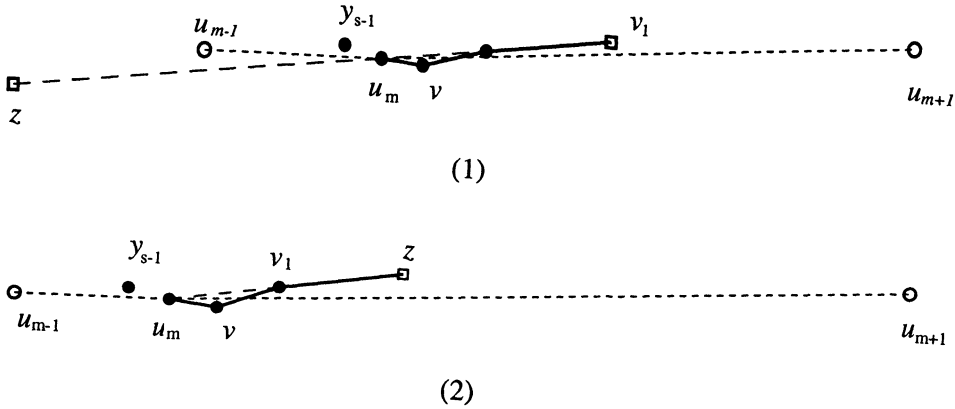


FIGURE 5. \cdots the old curves
 $—$ the new curves.

Let us consider only in the case that $u_m \in (z, v_1)$, because the same argument works for the other case. To verify the conditions needed to perform Construction-B, we recall

$$y_s \in D(u_m, 2^{-n}) \cap \mathcal{K}_{n+1} \quad \text{and} \quad z, u_m \in \mathcal{Z}_n.$$

By (4.6), $|z - u_m| > |y_s - u_m|$ and, then, $|y_s - z| < 2|z - u_m|$. Thus, if L is the straight line containing $[u_m, z]$,

$$\begin{aligned} \text{dist}(v, L) &\leq 4 \text{dist}(y_s, L) \\ &\leq 2^{10} \delta |u_m - z| && \text{by Lemma 4.1} \\ &\leq 2^{19} \delta |u_m - v_1| && \text{by (4.11)}. \end{aligned}$$

By the choice of v and (4.11), it is clear that

$$|u_m - v| < |u_m - v_1|.$$

Using the same argument as in Case I-1.1, we can prove

$$(4.12) \quad |\arg(v) - \arg(v_1)| < 3\varepsilon.$$

We can, therefore, use Construction-B(u_m, v, v_1) and obtain a curve $P'_{[u_m, u_{m+1}]}$. Let

$$P_{[u_m, u_{m+1}]} = (P'_{[u_m, u_{m+1}]} \setminus [u_m, y_s]) \cup \left(\bigcup_{j=s_0}^{s-1} [y_j, y_{j+1}] \right)$$

where $y_{s_0} = u_m$.

Case I-2. $s = 1$.

If there is no $x \in \mathcal{K}_{n+1}$ such that $\Re(x) \in (u_{m-1}, u_m)$, we let

$$P_{[u_m, u_{m+1}]} = \gamma_{[u_m, u_{m+1}]}$$

and, otherwise, we choose a point $x \in \mathcal{K}_{n+1}$, $\Re(x) \in [u_{m-1}, u_m)$ such that x is nearest to u_m . We may only consider the case $\gamma_{[u_m, u_{m+1}]} \neq [u_m, u_{m+1}]$, because the same argument works for the other case. Let θ be the smaller angle between $[u_m, v_1]$ and $[u_m, x]$, where v_1 is as in Case I-1.2. We note that, if $\theta > \pi - 2\varepsilon$, we are done by letting

$$P_{[u_m, u_{m+1}]} = \gamma_{[u_m, u_{m+1}]}$$

Let us now assume that $\theta \leq \pi - 2\varepsilon$, *i.e.*,

$$|\arg(x) - \arg(v_1)| \leq \pi - 2\varepsilon.$$

We choose $v \in \mathbb{C}$ such that $u_m \in (x, v)$ and $|u_m - v| = 2^{-n+1}$. (See Figure 6.)

Since $x \neq u_{m-1}$, by (4.6), $2^{-n-1} \leq |x - u_{m-1}| < 2^{-n}$, and $|u_{m-1} - u_m| < 2^{-n+10}$, then, by Lemma 4.2, $|\arg(x) - \arg(u_{m-1})| < \varepsilon$. Hence, by A-1 and $|\arg(v) - \arg(x)| = \pi$,

$$(4.13) \quad |\arg(v) - \arg(v_1)| < 3\varepsilon.$$

Using the same argument as we did in Case I-1.2, we can prove

$$\text{dist}(v, L) \leq 2^9 \text{dist}(x, L) \leq 2^{26} \delta |u_m - v_1|, \quad \text{and} \quad |u_m - v| < |v - v_1|$$

where L is a straight line containing $[u_m, v_1]$. The condition for Construction-B is, thus, verified. Hence, we apply Construction-B(u_m, v, v_1) and obtain $P'_{[u_m, v_1]}$. Let

$$P_{[u_m, u_{m+1}]} = P'_{[u_m, v_1]} \cup \left(\bigcup_{j=1}^k [v_j, v_{j+1}] \right).$$

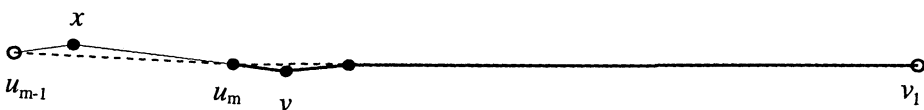


FIGURE 6.

Here, we assume

$$\gamma_{[u_m, u_{m+1}]} = \cup_{j=0}^k [v_j, v_{j+1}],$$

where $v_0 = u_m$ and $v_{k+1} = u_{m+1}$. Similarly, we can construct $P_{[u_m, u_{m+1}]}$ when $\gamma_{[u_m, u_{m+1}]} = [u_m, u_{m+1}]$. We omit the details. Let

$$S_{[u_0, u_{m+1}]} = \cup_{j=0}^m P_{[u_j, u_{j+1}]}.$$

We thus complete the construction for the right side of u_0 . The construction in the other direction is exactly same and we omit it. Assume we end up at the $(m' - 1)$ th step. Let

$$S_{[u_{-m'}, u_0]} = \cup_{j=0}^{m'-1} P_{[u_{-j}, u_{-j-1}]}.$$

We set

$$\gamma_{new,1} = S_{[u_{-m'}, u_0]} \cup S_{[u_0, u_{m+1}]}, \quad \text{and} \quad \gamma_{old,1} = \Gamma_n(u_{-m'} u_{m+1}).$$

We therefore completed the construction in Case I.

Case II. The length of both I and J are greater or equal to 2^{-n+10} .

Let

$$\gamma_{[u_0, u_1]} = [u_0, v_1] \cup \dots \cup [v_m, u_1],$$

and

$$\gamma_{[u_0, u_{-1}]} = [u_0, x_1] \cup \dots \cup [x_{m'}, u_{-1}].$$

Without loss of generality we can assume $u_0 = 0$, $v_1 > 0$ and $0 < \arg(w) < \frac{\pi}{2} + \varepsilon$. Indeed, if $\arg(w) \geq \frac{\pi}{2} + \varepsilon$, then by A-1, since the smaller angle between $[x_1, u_0]$ and $[u_0, v_1]$ is larger than $\pi - 2\varepsilon$, $|\arg(w) - \arg(x_1)| < \frac{\pi}{2} + \varepsilon$, and, so, we may exchange u_{-1} and u_1 , and thus, exchange x_1 and v_1 . Let

$$(D(u_0, 2^{-n}) \cap \mathcal{K}_{n+1}) \cup \{u_0\} = \{y_j\}_{j=1}^s.$$

It is clear that $w \in \{y_j\}_{j=1}^s$ and $s > 1$. We assume the index j is chosen so that

$$\Re(y_j e^{-i \arg(w)}) < \Re(y_{j+1} e^{-i \arg(w)}), \quad \forall j.$$

Since $w \in \{y_j\}_{j=1}^s$,

$$\Re(y_1 e^{-i \arg(w)}) \leq 0 < \Re(w e^{-i \arg(w)}) \leq \Re(y_s e^{-i \arg(w)}).$$

Choose w_1 such that $y_s \in (u_0, w_1)$ and $|y_s - w_1| = 2^{-n+1}$. Choose w_2 such that if $y_1 \neq u_0$, $y_1 \in (w_2, u_0)$, otherwise, $y_1 \in (w_2, y_2)$ and $|w_2 - y_1| = 2^{-n+1}$. We will use Construction-B(u_0, w_1, v_1) and Construction-B(u_0, w_2, x_1) to construct the curve.

Using the same method as we used in Case I-1, we can show

$$(4.14) \quad \text{dist}(w_1, L) \leq 2^{19}\delta|u_0 - v_1|$$

where L is the straight line containing $[u_0, v_1]$ and it is easy to see $|u_0 - w_1| < |u_0 - v_1|$. Thus, applying Construction-B (u_0, v, v_1), we obtain $P'_{[u_0, u_1]}$. Let

$$P_{[u_0, u_1]} = (P'_{[u_0, u_1]} \setminus [u_0, y_s]) \cup (\cup_{j=s_0}^s [y_j, y_{j+1}])$$

where $y_{s_0} = u_0$.

The same argument can be used to construct the curve $P_{[u_{-1}, u_0]}$ between u_{-1} and u_0 , we omit the details. (See Figure 7.) Let

$$\gamma_{new,1} = P_{[u_{-1}, u_0]} \cup P_{[u_0, u_1]} \quad \text{and} \quad \gamma_{old,1} = \Gamma_n(u_{-1}, u_1).$$

Therefore, the construction in Case II is finished.

Let

$$\Gamma_{n+1,1} = (\Gamma_n \setminus \gamma_{old,1}) \cup \gamma_{new,1}.$$

REMARK 1. The construction is always finished by Construction-B(x_1, x_2, x_3). Let $[y_s, x_3]$ be the last interval in Construction-B. We then have

$$(4.15) \quad |y_s - x_3| \geq \frac{3}{4}|x_1 - x_3|.$$

Indeed, by Lemma 4.6, if $\theta \leq 3\epsilon$, by our choice of x_2 , $|x_1 - x_2| \leq$

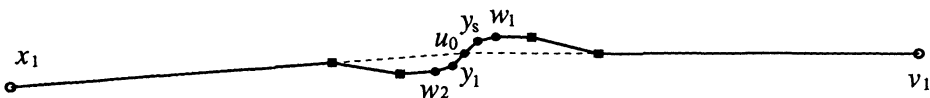


FIGURE 7.

$2^{-9}|x_1 - x_3|$, then

$$\begin{aligned} |y_s - x_3| &= |x_1 - x_3| - |x_1 - y_s| \\ &\geq |x_1 - x_3| - 2^{\theta\epsilon^{-1}}|x_1 - x_2| \\ &\geq (1 - 2^{-6})|x_1 - x_3| \\ &\geq \frac{3}{4}|x_1 - x_3|, \end{aligned}$$

if $\theta > 3\epsilon$, (which happens only in Case II) then, by (4.14), we have

$$\text{dist}(x_2, L) \leq 2^{19}\delta|x_1 - x_3|.$$

Then, since $\theta < \frac{3}{4}\pi$,

$$|x_1 - x_2| \leq \frac{\text{dist}(x_2, L)}{\sin(3\epsilon)} \leq 2^{19}\epsilon^{-1}\delta|x_1 - x_3|.$$

Thus,

$$\begin{aligned} |y_s - x_3| &\geq |x_1 - x_3| - 2^{\theta\epsilon^{-1}}|x_1 - x_2| \\ &\geq |x_1 - x_3| - 2^{\frac{3}{4}\pi\epsilon^{-1}}|x_1 - x_2| \\ &\geq (1 - \delta^{\frac{1}{4}}2^{18})|x_1 - x_3| \\ &\geq \frac{3}{4}|x_1 - x_3|. \end{aligned}$$

REMARK 2. In Case I, by (4.0), (4.10)-(4.13) and Lemma 4.6, it is easy to prove

$$(4.16) \quad \sup_{z \in \gamma_{new,1}} \text{dist}(z, \gamma_{old,1}) \leq C_0\epsilon 2^{-(n+1)}$$

for a numerical constant C_0 . In Case II, we have more to say. Let us use the same notations as before. Recall $\arg(w_1) = \arg(y_s)$ and $\arg(w_2) = \arg(y_1)$, or, $\arg(y_2)$. If $\arg(w_1) \leq 4\epsilon$, $|\arg(w_2) - \arg(x_1)| \leq 7\epsilon$. Here, we used (4.0) and A-1. Hence, by Lemma 4.6, (4.16) is also true. If $\arg(w_1) > 4\epsilon$, $|\arg(w_2) - \arg(x_1)| > \epsilon$. Here, we also used (4.0) and A-1. Since $\arg(w_1) < \frac{\pi}{2} + \epsilon$,

$$|\arg(w_2) - \arg(x_1)| \leq \frac{\pi}{2} + 4\epsilon < \frac{3}{4}\pi.$$

Thus, by (4.14),

$$|u_0 - w_1| \leq 2^{19} \varepsilon^{-1} \delta |u_0 - v_1|,$$

$$|u_0 - w_2| \leq 2^{19} \varepsilon^{-1} \delta |u_0 - x_1|.$$

and, let $L_{n+1} = 2^{\frac{3}{4}\pi\varepsilon^{-1}} 2^{-n}$, then

$$(4.17) \quad L_{n+1} \leq \frac{1}{4} \min\{|u_0 - v_1|, |u_0 - x_1|\}.$$

Therefore, using Lemma 4.6, it is easy to prove that, for $Q \in \mathcal{D}$, $\ell(Q) < L_{n+1}$,

$$(4.18) \quad \beta_{\gamma_{new,1}}(Q) \leq C_0 \varepsilon.$$

To continue our construction of Γ_{n+1} , we pick $w \in \mathcal{K}_{n+1} \setminus \Gamma_{n+1,1}$. Repeat the above construction, we obtain $\gamma_{new,2}$ and $\gamma_{old,2}$. Let

$$\Gamma_{n+1,2} = (\Gamma_n \setminus (\gamma_{old,1} \cup \gamma_{old,2})) \cup (\gamma_{new,1} \cup \gamma_{new,2}).$$

In general, at the k th step, we obtain

$$\Gamma_{n+1,k} = \left(\Gamma_n \setminus \bigcup_{j=1}^k \gamma_{old,j}\right) \cup \left(\bigcup_{j=1}^k \gamma_{new,j}\right)$$

and, we keep doing this until \mathcal{K}_{n+1} is exhausted. We obtain $\{\gamma_{new,j}\}$ and $\{\gamma_{old,j}\}$. Let

$$\gamma_{new} = \cup\{\gamma_{new,j}\} \quad \text{and} \quad \gamma_{old} = \cup\{\gamma_{old,j}\}$$

and let

$$\Gamma_{n+1} = (\Gamma_n \setminus \gamma_{old}) \cup \gamma_{new}.$$

It is clear that $\Gamma_{n+1} = \Gamma_{n+1,k_0}$, for some k_0 , since \mathcal{K}_{n+1} is finite, and $\mathcal{Z}_{n+1} \subset \Gamma_{n+1}$. We now verify A-1 and A-2 for Γ_{n+1} . By our construction, it is easy to see A-1 is true for Γ_{n+1} . We need to check A-2. Choose any $Q \in \mathcal{D}$. If $\ell(Q) < 2^{-(n+1)}$, by (4.6), it is easy to prove

$$\beta_{\Gamma_{n+1}}(Q) \leq C_0 \varepsilon$$

which is A-2-(iii). By Lemma 4.4,

$$(4.19) \quad \beta_{\Gamma_{n+1}}(Q) \leq \frac{1}{\ell(Q)} \sup_{z \in \gamma_{new} \cap 3Q} \text{dist}(z, \gamma_{old}) + \beta_{\Gamma_n}(Q).$$

By Remark 1, (4.15), it is easy to see that the sets $\{\gamma_{new,k} \setminus \gamma_{old,k}\}$ are separated sufficiently far away from each other so that there exists k_1 such that

$$(4.20) \quad \sup_{z \in \gamma_{new} \cap 3Q} \text{dist}(z, \gamma_{old}) = \sup_{z \in \gamma_{new, k_1} \cap 3Q} \text{dist}(z, \gamma_{old, k_1}).$$

Without loss of generality we may assume $k_1 = 1$ and $3Q \cap (\gamma_{new,1} \setminus \gamma_{old,1}) \neq \emptyset$. So, for $\ell(Q) \geq 2^{-(n+1)}$, if $\gamma_{new,1}$ is constructed by Case I, by (4.16) and (4.19)-(4.20),

$$(4.21) \quad \beta_{\Gamma_{n+1}}(Q) \leq C_0 \varepsilon \frac{2^{-(n+1)}}{\ell(Q)} + \beta_{\Gamma_n}(Q),$$

which implies A-2(i)-(ii), and, if $\gamma_{new,1}$ is constructed by Case II, then either (4.16) holds which yields (4.21), or, (4.18) holds if $2^{-(n+1)} < \ell(Q) \leq L_{n+1}$. But, (4.17) implies $\Gamma_{n+1} \cap 3Q = \gamma_{new,1} \cap 3Q$, thus, by (4.18), we obtain

$$\beta_{\Gamma_{n+1}}(Q) \leq C_0 \varepsilon.$$

So, A-2-(ii) is verified for Case II. Finally, we need to verify A-2-(i) when $\gamma_{new,1}$ is constructed by Case II. Since $\gamma_{new,1}$ is built by Construction-B, using Lemma 4.6-(ii), it is easy to obtain

$$\sup_{z \in \gamma_{new,1} \cap 3Q} \text{dist}(z, \gamma_{old,1}) \leq 2^4 \varepsilon L_{n+1},$$

and, then, by (4.19)-(4.20), A-2-(i) is verified. Therefore, we completed the construction of the desired Γ_{n+1} . \square

Let n tend to infinity, we obtain a Jordan curve Γ which contains K . For $Q \in \mathcal{D}$, let $\ell(Q) = 2^{-s}$, $s \geq 0$, we choose n_0 large enough such that, for any $n > n_0$, $\ell(Q) > L_n$. Recall $L_n = 2^{\frac{3}{4}\pi\varepsilon^{-1}} 2^{-n-1}$. We choose m such that

$$L_m < \ell(Q) \leq L_{m-1}.$$

Since $2L_k = L_{k-1}$,

$$L_n + L_{n-1} + \dots + L_m = L_m(2^{-(n-m)} + \dots + 1) \leq 2\ell(Q).$$

Thus, using A-2-(i) repeatedly,

$$\begin{aligned} \beta_{\Gamma_n}(Q) &\leq C_0\varepsilon \frac{1}{\ell(Q)}(L_n + L_{n-1} + \dots + L_m) + \beta_{\Gamma_{m-1}}(Q) \\ &\leq 2C_0\varepsilon + \beta_{\Gamma_{m-1}}(Q). \end{aligned}$$

Now, we need A-2-(ii). Let $t < m$ be the index such that Γ_t is the first one such that

$$\beta_{\Gamma_t} \leq C_0\varepsilon.$$

By A-2-(ii) and (iii), it is clear that $t \geq s$. Using A-2-(ii) recursively,

$$\begin{aligned} \beta_{\Gamma_{m-1}}(Q) &\leq C_0\varepsilon \frac{1}{\ell(Q)}(2^{-m+1} + \dots + 2^{-(t+1)}) + \beta_{\Gamma_t}(Q) \\ &\leq 3C_0\varepsilon. \end{aligned}$$

We therefore obtain

$$\beta_{\Gamma_n}(Q) \leq 5C_0\varepsilon, \quad \forall n > n_0.$$

Since the estimate is independent of n ,

$$(4.22^*) \quad \beta_{\Gamma}(Q) \leq 5C_0\varepsilon.$$

Let $Q_0 = [0, 1] \times [0, 1]$. It is easy to see that Γ we just constructed is contained in Q_0 . Then, for $Q \in \mathcal{D}$, $\ell(Q) = 2^{-s}$ with $s < 0$, by (4.22),

$$\beta_{\Gamma}(Q) \leq \beta_{\Gamma}(Q_0) \leq 5C_0\varepsilon.$$

Therefore, Theorem 1.2 is proved. □

REMARK 3. The curve Γ we constructed here does not cross infinity. However, using our construction, it is easy to extend Γ to be the Jordan curve Γ' which crosses infinity and satisfies $\beta_{\Gamma'}(Q) \leq C_0\varepsilon$, and therefore, which is an image of \mathbb{R} under a quasiconformal mapping. We leave this to reader.

Acknowledgements. I would like to thank Professor P. W. Jones, for his encouragement and for being so generous with both his time and ideas. Next, I would like to thank Professor R. R. Coifman for his very helpful suggestions. I am also grateful to Professors M. Christ, G. David, T. Murai and S. Semmes for their valuable comments. I also thank Professor Guido Weiss for reading this paper and correcting my mistakes in English.

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Received August 10, 1992, revised March 1, 1993 and accepted for publication
March 16, 1993.

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PACIFIC JOURNAL OF MATHEMATICS

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0030-8730(1994)166:2;1-F